

Jefferson Center for Applied Research on Aging and Health
A New Age in Dementia Care
Turning Evidence into Practice
September 17, 2008

FACULTY

Christine Arenson, MD

Associate Professor
Director, Division of Geriatric Medicine
Director, Eastern-Pennsylvania-Delaware Geriatric Education Center
Co-Director, Jefferson InterProfessional Education Center
Department of Family and Community Medicine
Jefferson Medical College
Thomas Jefferson University



Christine Arenson, MD is Associate Professor, Division of Geriatric Medicine in the Department of Family and Community Medicine, Thomas Jefferson University. Dr. Arenson graduated from the University of Delaware in 1986 and Jefferson Medical College in 1990. She completed her residency training at Thomas Jefferson University Hospital where she was chief resident in 1993. Post-residency, Dr. Arenson completed a two-year geriatric fellowship at Jefferson.

In 2003, Dr. Arenson became Director of the Division of Geriatric Medicine and in 2006, Administrative Director of the Jefferson Palliative Care Consultation Service. In 2007 she became Co-Director of the new Jefferson InterProfessional Education Center. Her interests include management of chronic conditions in older adults, improving geriatric education of health professionals, and developing novel strategies for interprofessional education.

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FACULTY

Louis D. Burgio, PhD

Harold R. Johnson Endowed Chair in Gerontology, Professor of Social Work
Research Professor, Institute of Gerontology, School of Medicine
Adjunct Professor, School of Nursing and Department of Psychology
University of Michigan
Ann Arbor, MI



Dr. Burgio received a Ph.D. from the University of Notre Dame in 1981 in Applied Developmental Psychology, followed by a one-year Post-doctoral Fellowship in Behavioral Medicine from the Johns Hopkins University School of Medicine. He has been a licensed, practicing psychologist since 1983, and held full-time faculty positions at the University of Maryland School Of Medicine, University of Pittsburgh School of Medicine, The University of Alabama at Birmingham School of Medicine, the University of Alabama at Tuscaloosa, and now the School of Social Work at the University of Michigan, Ann Arbor. He served as a Senior Research Scientist at the Gerontology Research Center, National Institute on Aging from 1984-1987. Dr. Burgio received tenure in the Department of Medicine at the University of Pittsburgh in 1992, and was promoted to Full Professor with tenure in the Department of Medicine at the University of Alabama in Birmingham in 1995.

He has held numerous leadership positions including Director, Intensive Behavior Management Program (1982-1984); Co-Director, Behavioral Sciences Section; Associate Director, Center for Aging; Director, Long Term Care Initiatives, and Director of the Behavior Gerontology Program (1992-1998), all at UAB. He revived the Center for Mental Health and Aging (CMHA) at the University of Alabama and served as Co-Director and then Director from 2002- December 2006. From 1995 until August 31, 2008, Dr Burgio was Professor of Clinical Psychology and Nursing, and was conferred the honor of University Distinguished Research Professor by the University of Alabama Board of Trustees in February, 2004. He is now the Harold R. Johnson Professor of Gerontology and Social Work and Research Professor at the Institute of Gerontology, University of Michigan, Ann Arbor.

Dr. Burgio has authored over 150 papers that have appeared in such journals as [The Gerontologist](#), [Journals of Gerontology](#), and the [Journal of the American Geriatrics Society](#), and the [Annals of Internal Medicine](#). Although Dr Burgio has published papers in various areas of aging research, most of his research has focused on the development of interventions to improve the quality of care and quality-of-life of aging individuals with AD and their caregivers.

Dr Burgio was one of the Principal Investigators of the REACH I and II initiatives (Resources for Enhancing Caregiver Health) funded by the National Institutes of Health. REACH was funded from 1995-2006. .

Most of Dr Burgio's current research is focused on translating best practices for use in community settings. He has received grant funding from NIA, NINR, AoA, the Alzheimer's Association, the Retirement Research Foundation, and the Roselyn Carter Institute for Caregiving. He has received continuous funding from NIH since 1990, and is the 2007 recipient of the Roselyn Carter Institute Award for Excellence in Caregiving Research.

Dr Burgio has served on 10 journal editorial boards and numerous ad hoc grant review panels for NINR, NIMH, and the Alzheimer's Association, including a Special Emphasis Panel for the Resource and Coordinating Centers for Minority Aging Research. He was a member of the National Advisory Council of the National Institute for Nursing Research, NIH from 2002-2006., and has served, or is serving on a number of Consensus Panels and Committees on various aging issues for NIH and professional organizations.

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FACULTY

Janice P. Burke, PhD, OTR/L, FAOTA

Dean, School of Jefferson Health Professions
Chair and Professor, Department of Occupational Therapy
Co-Executive Director, Living Laboratory for Elder Care
Jefferson College of Health Professions
Thomas Jefferson University



Janice P. Burke, PhD, OTR/L, FAOTA is Dean of the Jefferson School of Health Professions, and Professor and Chair in the Department of Occupational Therapy Thomas Jefferson University. The University's mission of educating professionals who will form and lead the integrated healthcare delivery and research teams of tomorrow is embodied in the School of Health Professions (JSHP) which provides educational programs in Bioscience Technologies, Couple and Family Therapy, Occupational Therapy, Physical Therapy and Radiologic Sciences. Dr. Burke has served as the founding Dean since 2006.

As Chair in the Department of Occupational Therapy Dr. Burke oversees educational programs at the entry (master's degree) and advanced (doctoral and post professional master's) levels. The Department of Occupational Therapy is ranked in the top 10% of OT programs in the U.S. with faculty expertise across a wide continuum of specialization (young children through older adults) and offers specialty courses and certificates including an older adult concentration. As an educator, Dr. Burke has developed innovative education/training programs designed to prepare students to provide state of the art intervention for patients and families. By emphasizing the intersection of practice, research and training - students are given opportunities to develop the requisite skills and knowledge for their future while becoming prepared to move their own practice as well as the health care system forward toward a broad and comprehensive brand of health delivery. Experienced practitioners who wish to improve their skills are enrolled in advanced certification and post professional coursework. Dr. Burke has received federal funding for targeted training programs in occupational therapy for over 15 years.

As a qualitative researcher Dr. Burke has served as co-investigator on federally funded and pilot research projects addressing the use of tailored activities to manage disruptive behaviors in individuals with dementia; the experience of older African Americans living in the community and receiving health care services; and the verbal and nonverbal behaviors used by medical students and residents during standardized patient encounters with older African Americans.

Dr. Burke serves as a Board Director for the American Occupational Therapy Association and is a fellow in the American Occupational Therapy Association.

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FACULTY

Christopher M. Callahan, MD

Cornelius and Yvonne Pettinga Professor of Aging Research
Director, Indiana University Center for Aging Research
Investigator, Regenstrief Institute, Inc.



Christopher M. Callahan, MD, is the Cornelius and Yvonne Pettinga Professor in Aging Research, a scientist in the Regenstrief Institute, Inc. and the Founding Director of the Indiana University Center for Aging Research.

Dr. Callahan's research focuses on strategies to improve the care of older adults by generalist physicians. This research explores patient, provider, and systems-level interventions to improve the care of older adults with depression, dementia, and related conditions.

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FACULTY

Robert Egge
Project Director
Center for Health Transformation
Washington, DC



Robert Egge is the executive director of the Alzheimer's Study Group (ASG). The ASG is an independent task force co-chaired by former Speaker Newt Gingrich and former Senator Bob Kerrey, charged with developing transformational solutions to the mounting Alzheimer's crisis. He also serves as the director of the Alzheimer's Project and Long Term Living Project at the Center for Health Transformation.

Mr. Egge's health policy essays and articles have appeared in a variety of publications including The New York Times, The Financial Times, and Business Week, as well as academic journals. He has also been interviewed on Alzheimer's and other policy topics for a range of print publications, radio, and television. He speaks frequently on health policy, and has testified before Congress on the importance of Alzheimer's-related research and innovation.

Mr. Egge has served as an associate faculty member with George Mason University, and as a Lecturer at the University of Chicago's Harris School of Public Policy where he is currently completing his doctoral dissertation on healthcare policy.

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FACULTY

Lynn Friss Feinberg, MSW

Deputy Director, National Center on Caregiving
Family Caregiver Alliance
San Francisco, CA



Lynn Friss Feinberg, MSW, is the Deputy Director of the National Center on Caregiving at the San Francisco-based Family Caregiver Alliance. The Center was established in 2001 to advance the development of high-quality, cost-effective policies and programs for family caregivers in every state in the country. Ms. Feinberg is a national expert in family-centered care for older adults with chronic or disabling conditions, with special expertise in developing and replicating caregiver support programs. In recent years, she directed the National Consensus Project for Caregiver Assessment and conducted the first 50-state study on publicly-funded caregiving programs in the U.S.

In 2007-2008, Ms. Feinberg was selected to serve as the John Heinz Senate Fellow in Aging. The fellowship program provides a unique experience to learn public policy as a member of the U.S. Senate staff. She served her fellowship in the office of U.S. Senator Barbara Boxer (D-CA).

Ms. Feinberg has nearly 30 years experience in the field of aging, with a focus on caregiving and long-term care issues. She is a Fellow of the Gerontological Society of America and a past member of the Board of Directors of the American Society on Aging. She has authored or co-authored over 50 publications and is currently on the Editorial Board of the American Society on Aging's journal, *Generations*.

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FACULTY

Laura N. Gitlin, PhD

Director, Jefferson Center for Applied Research on Aging and Health
Professor, Department of Occupational Therapy
Co-Executive Director, Living Laboratory for Elder Care
Jefferson College of Health Professions
Thomas Jefferson University



Laura N. Gitlin, PhD, is Professor in the Department of Occupational Therapy and founding Director of the Jefferson Center for Applied Research on Aging and Health (CARAH), Thomas Jefferson University. CARAH's mission is to advance the quality of life of older adults through research, training of health professionals and students in evidence-based programs, and innovative delivery and evaluation of evidence-based services. Dr. Gitlin's programs of research include developing and testing innovative approaches to helping older people with physical frailty remain at home, non-pharmacological approaches to enhancing life quality of persons with dementia and their family caregivers, developing and testing innovative approaches to addressing health disparities and reducing distress among older African Americans, translating evidence-based interventions, and understanding adaptive processes in old age including use of assistive devices and environmental modifications.

Dr. Gitlin is a nationally and internationally recognized and well-funded researcher, having received research and training grants from both federal agencies and private foundations, including the Alzheimer's Association and the National Institutes of Health. She has over 120 publications and has co-authored a research text on quantitative and qualitative research methodologies, a book on an innovative intervention for family caregivers, a book on grant writing for health professionals, and is the author of a book on physical function in older adults. Dr. Gitlin is the recipient of the 2008 Barry Reisberg/Hearthstone Award for Non-pharmacological Research, Theory, and Clinical Practice in Dementia Care.

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FACULTY

Barry J. Jacobs, PsyD

Licensed Psychologist
Director of Behavioral Sciences
Crozer-Keystone Family Medicine
Residency Program
Springfield, PA



Barry J. Jacobs, PsyD, Clinical psychologist, and family therapist, has worked with family caregivers in physical medicine rehab, sub-acute rehab, and family medicine for the past 20 years. He is currently the Director of Behavioral Sciences for the Crozer-Keystone Family Medicine Residency Program in Springfield, PA where he provides psychotherapy to medically involved patients and their family caregivers and also teaches family medicine residents and medical students about behavioral issues, including families and health.

Dr. Jacobs is the author of *The Emotional Survival Guide for Caregivers--Looking After Yourself and Your Family While Helping an Aging Parent*, published by Guilford Press in 2006, and writes the advice column for "Take Care!", the newsletter of the *National Family Caregivers Association*, and edits the "In Sickness & Health" column for the APA journal *Families, Systems and Health*. He is also the national spokesperson on family caregiving for the American Heart Association. In the past two years, he has given over 175 regional and national presentations on family caregiving to caregivers, physicians, nurses, and mental health and social service professionals.

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FACULTY

Katie Maslow, MSW

Associate Director, Quality Care Advocacy
Alzheimer's Association
Public Policy Division
Washington, DC



Katie Maslow is the associate director for quality care advocacy at the Alzheimer's Association. She has directed the Association's initiatives on managed care and hospital care for people with Alzheimer's disease and other dementias and its 6-site demonstration program, *Chronic Care Networks for Alzheimer's Disease*. Her current work focuses on improving medical care and the coordination of medical and non-medical services for people with Alzheimer's disease and other dementias.

Prior to coming to the Alzheimer's Association in 1995, Katie was a policy analyst and senior associate at the U.S. Office of Technology Assessment (OTA), a congressional research agency. At OTA, she worked on studies concerning aging, Alzheimer's disease, and case management. Prior to coming to OTA in 1983, Katie worked in public welfare, mental health, and nursing home settings. She has a bachelor's degree in sociology and psychology from Stanford University and a master's degree in social work from Howard University.

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FACULTY

Nancy B. O'Connor
Regional Administrator
Centers for Medicare and Medicaid Services
Philadelphia Regional Office
United States Department of Health and Human Services
Philadelphia, PA



Nancy O'Connor is the Regional Administrator of the Centers for Medicare and Medicaid Services' Philadelphia Office. In this position, Nancy oversees the external affairs operations of the Medicare, Medicaid, and SCHIP programs in the six-state region of Delaware, the District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia. As Regional Administrator, Nancy ensures that both Medicare and Medicaid beneficiaries receive the information that they need to make the right decisions about their health care choices. Nancy also works closely developing grassroots community partnerships that do outreach on behalf of CMS programs at the local level.

In 2007, Nancy served as the Acting Director for the Office of External Affairs in Washington, DC. As Acting Director, Nancy was the primary Advisor for the Administrator and the agency on public affairs matters and was responsible for the operations and management of eight divisions including media affairs, publications, speechwriting, stakeholder relations, video and graphic arts, intergovernmental relations, research, training and publications.

In 2006, Nancy directed the implementation of the Medicare prescription drug benefit, the single biggest expansion of the program since its inception. Over 90% of all people with Medicare enrolled in the Part D as a result of the outreach made by Region III and its grassroots partners.

Nancy has held various management positions including Deputy Regional Administrator. She joined the government as a Presidential Management Intern after working in health care administration at the Georgetown University Medical Center. Nancy received a Bachelor of Science in Nursing from Villanova University and a Master of Health Services Administration from the George Washington University.

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FACULTY

Catherine Verrier Piersol, MS, OTR/L

Clinical Director, Living Laboratory for Elder Care
Jefferson Center for Applied Research on Aging and Health
Jefferson College of Health Professions
Thomas Jefferson University



Catherine V. Piersol, MS, OTR/L is an occupational therapist with over 25 years of clinical practice in the area of adult rehabilitation; primarily with older adults. For the past 10 years, she has worked in the community and home health arenas with a focus on dementia care and family caregiver education. In addition to clinical work, her experience includes over 10 years of program administration, education, and training. She assumed the position of Clinical Director of the Living Laboratory for Elder Care at the Jefferson Center for Applied Research in Aging and Health in March, 2008. She is currently enrolled at Virginia Commonwealth University pursuing a PhD in Health Science.

Ms. Piersol has presented extensively on a variety of topics including in the areas of dementia care, community practice, and professional development. Her publications include a home care text, "Occupational Therapy in Home Health Care", which is widely used by students and practitioners. In addition, she is actively involved in both state and national occupational therapy associations.

Ms. Piersol has been affiliated with the Center for Applied Research on Aging and Health as an interventionist since 2003. She has contributed to three funded research projects and participated in presentations resulting from this work. In her role as Clinical Director, she has the opportunity to merge her interests and expertise in program development and administration, clinical practice, and education within the research arena.

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Susan C. Reinhard, PhD, RN, FAAN
Senior Vice President
Public Policy Institute
AARP
Washington, DC



Susan C. Reinhard is a Senior Vice President at AARP, directing its Public Policy Institute, the focal point for public policy research and analysis at the federal, state, and international levels. She also serves as the Chief Strategist for the Center to Champion Nursing in America at AARP, a national resource and technical assistance center created to ensure that America has the nurses it needs to care for all of us now and in the future. Dr. Reinhard is a nationally recognized expert in nursing and health policy, with extensive experience in translating research and developing coalitions to promote policy change.

Before coming to AARP in 2007, Dr. Reinhard served as a Professor and Co-Director of Rutgers Center for State Health Policy where she directed several national initiatives to work with states to help people with disabilities of all ages live in their homes and communities. She directed a national technical assistance center to assist 53 states and territories funded by the Centers for Medicare & Medicaid Services to re-design their long-term care systems. She also led a national effort to help states enroll more low-income older adults and people with disabilities in the Medicare Savings Programs.

In previous work, Dr. Reinhard served three governors as Deputy Commissioner of the New Jersey Department of Health and Senior Services, where she led the development of health policies and programs that gained national prominence. She also co-founded the Institute for the Future of Aging Services in Washington, DC and served as its Executive Director of the Center for Medicare Education. Her research and policy expertise includes nursing and health care workforce development and regulation, family caregiving, consumer choice and control in health and supportive care, development of assisted living and other community-based care options, quality improvement in long-term care, state pharmaceutical policy, and medication safety.

Dr. Reinhard is a former faculty member at the Rutgers College of Nursing and is a fellow in the American Academy of Nursing. She holds a master's degree in nursing from the University of Cincinnati, and a PhD in Sociology from Rutgers, The State University of New Jersey.

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FACULTY

Orien Reid, MSW

Immediate Past Chair, Alzheimer's Disease International

Orien Reid won the respect of business and local radio and television viewers for 26 years in broadcasting as a television and radio consumer reporter. She has an extensive background in communications, public affairs, special events and community relations. Nine years ago she formed a media consulting business, Consumer Connection and is proud to be consumer spokesperson for Wakefern Food Corporation, the parent company of Shop Rite Supermarkets. Orien began her broadcasting career at KYW Newsradio in 1972. She joined KYW-TV in 1973 and for several years gained the respect of Philadelphians with her investigative and service news reports on radio and television. She was the first broadcaster in the country to begin a monthly supermarket pricing survey monitoring food prices during the intense inflationary period of 1973-1974.



In 1979, she joined WCAU-TV where her investigative reports included specials on the personal care home industry, wreck chasing methods used by local auto body shops, risks in casino valet parking, home security fraud, taxicab overcharges, home and auto repair fraud, fortune teller swindles, and investigations of the poultry and seafood industry. Orien was also known for her service news reports which included a sensitive examination of issues affecting baby-boomers in the sandwich generation responsible for caring for elderly parents and young children. She also developed the Greater Philadelphia area's first weekly food pricing survey called "The Market Basket Report" which was very popular with television viewers and well respected by those in the food industry.

As a television reporter, Orien was frequently called upon to speak to a variety of civic and professional organizations. Professional Achievements include former President of the Philadelphia Consumer Council; former Board of Governors Member of the National Academy of Television Arts and Sciences; several Emmy nominations; Philadelphia Press Association Award for Best Investigative Reporting; Institute of Food Technologist Award for Excellence in Journalism; and a variety of other awards recognizing community and professional achievements.

Orien has also gained respect for her volunteer work with the Alzheimer's Association. In 1991, she organized the Alzheimer's Association of Southeastern Pennsylvania's first Memory Walk which raised \$120,000. As Chair of the 1997 Memory Walk for the Greater Philadelphia region she helped to raise \$436,000. This total was 74% higher than the prior year. From 1999-2002, Orien served as Chairman of the National Board of Directors of the Alzheimer's Association, headquartered in Chicago, IL. She is the first woman to chair one of the largest voluntary health associations in the United States. The November 2002 issue of Woman's Day magazine selected Orien as one of 4 women to receive the national "Women Who Inspire Us" award. In October 2005, at the 22nd International Conference of Alzheimer's Disease International in Istanbul, Turkey, Orien began her tenure as chairman of the 77-member organization with headquarters in London, UK.

Orien earned her Bachelor of Arts Degree from Clark College and a Masters Degree from the Atlanta University School of Social Work in Atlanta, Georgia. After graduation she worked for two years in a child guidance clinic where she received training as both an adolescent and adult group psychotherapist. She also spent two years as a social worker for the Follow Through Program for the School District of Philadelphia.

Orien resides with her husband, Charlie Nix in Laverock, Montgomery County, Pennsylvania. Her other civic activities include member, National Advisory Council on Aging (2007-2010), advisory board member, National Institutes of Health Council of Councils (2007-2010), Jefferson Hospital's Farber Institute for Neurosciences, University of Pennsylvania External Advisory Board for the Institute on Aging, Dickens Auxiliary Board of Abington Memorial Hospital, Charter Member, Montgomery County of Pennsylvania Chapter of Jack and Jill of America, Inc.; Member of Philadelphia Alumnae Chapter of Delta Sigma Theta Sorority, Incorporated.

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FACULTY

Barry W. Rovner, MD

Professor, Departments of Psychiatry and Neurology
Jefferson Hospital for Neuroscience
Director of Clinical Alzheimer's Disease Research
Farber Institute for Neurosciences
Thomas Jefferson University



Barry W. Rovner, M.D. is Professor of Psychiatry and Neurology, and Director of Clinical Alzheimer's Disease Research at the Farber Institute for Neurosciences at Thomas Jefferson University. Dr. Rovner graduated Jefferson Medical College in 1980 and completed his residency in Psychiatry and fellowship training at Johns Hopkins Hospital in 1985.

Dr. Rovner's clinical research concerns neurodegenerative disorders such as Alzheimer's disease and vision disorders such as Age-Related Macular Degeneration. The focus in both disorders is to test novel interventions to improve cognition, prevent depression, and enhance quality of life.

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FACULTY

Richard Schulz, PhD

Professor of Psychiatry, Epidemiology,
Sociology, Psychology, Community Health,
and Health and Rehabilitation Sciences
Director, University Center for Social and Urban Research
Associate Director, University of Pittsburgh Institute on Aging
Pittsburgh, PA



Richard Schulz is Professor of Psychiatry, Director of the University Center for Social and Urban Research, Director of Gerontology, and Associate Director of the Institute on Aging at the University of Pittsburgh. He earned his PhD in social psychology from Duke University.

Dr. Schulz has spent most of his career doing research and writing on adult development and aging. His work has focused on social-psychological aspects of aging, including the impact of disabling late life disease on patients and their families. He has been funded by the National Institutes of Health for more than three decades to conduct descriptive longitudinal and intervention research on diverse older populations representing illnesses such as cancer, spinal cord injury, stroke, Alzheimer's disease, heart disease, and arthritis. He has been a leading contributor to the literature on the health effects of caregiving, Alzheimer's disease caregiving, and intervention studies for caregivers of persons with Alzheimer's disease. This body of work is reflected in more than 200 publications, which have appeared in major medical, psychology, and aging journals including the *New England Journal of Medicine*, the *Journal of the American Medical Association*, and the *Archives of Internal Medicine*. He is also the author of numerous books including the *Handbook of Alzheimer's Caregiver Intervention Research*.

Dr. Schulz is the recipient of several honors, including the Kleemeier Award for Research on Aging from the Gerontological Society of America and the Developmental Health Award for Research on Health in Later Life from the American Psychological Association.

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FACULTY

Leslie M. Swann, PhD

Aging Program Management Specialist
United States Department of Health and Human Services
United States Administration on Aging
Washington, DC

Leslie Swann works for the Center for Planning and Policy Development at the U.S. Administration on Aging (AoA). She serves as one of the AoA Project Officers for the Aging and Disability Resource Center grant program designed to assist states in streamlining access to long-term care by creating a single point of entry for consumers over 60 and individuals of all ages with disabilities.

Leslie began her federal career with the Department of Health and Human Services in 2002 as an Emerging Leader Fellow. She was selected by The Health Resources and Services Administration (HRSA) in the Office of Administration and Financial Management as a Federal grants manager. In early 2005, she started her career at AoA.

Leslie has worked in the fields of aging and disability since 1987 and has a Ph.D. in African American Studies from Temple University.