‘Home Sweet Home’
Holmesburg native John McAroy, 33, had to wait nearly nine months at Jefferson for the right match to receive a new heart.
“He was with us for so long it was like Jefferson had become his second home,” says Eric Hobson, RN, MSN, Heart Transplant Coordinator.
“He was a joy to have in the unit,” adds Barbara Ebert, CRNP Heart Transplant Coordinator. “But we were as happy as he was when he was finally able to go home with his new heart.”

Paul J. Mather, MD, Director of Jefferson’s Advanced Heart Failure and Cardiac Transplant Center, explains why it took so long for Mr. McAroy’s successful heart transplantation:

“Nationwide fewer donor organs are available, increasing numbers of patients wait for organs, and waits for transplant are longer. Sophisticated technology available at Jefferson’s state-of-the-art center makes the difference for patients like Mr. McAroy.”
The photos show the happy moments of Mr. McAroy’s discharge. From left are Barbara Ebert, CRNP; Mr. McAroy, Paul Mather, MD, and Eric Hobson, RN, MSN. Then, a happy Mr. McAroy gives a thumbs-up as his mother, Frances, drives the Turnersville, NJ, resident to his parents’ Northeast home to recuperate.

Jefferson Now Responsible for Wills Eye Inpatient and Residency Programs
Wills Eye Hospital of Philadelphia has transferred responsibility for its inpatient and ophthalmology residency programs to its longstanding partners, Thomas Jefferson University and Thomas Jefferson University Hospital, effective July 1.

“Jefferson and Wills have been affiliated for more than 30 years,” said Thomas J. Lewis, President and Chief Executive Officer, Thomas Jefferson University Hospital. “So we are pleased to be able to strengthen our commitment to quality medical education, clinical care and research through the management of the inpatient and residency programs and at the same time continue to provide patients with high quality inpatient eye care.”

James Mulvihill, Chief Executive Officer of Wills Eye Hospital, agreed, saying, “This move reflects the changing delivery model for eye care, in which increasing numbers of patients can be treated on an out-patient basis.” Mr. Mulvihill added, “Wills will continue to operate as an independent outpatient network, providing the world-class eye care its founder James Wills envisioned back in 1832.”

Inpatient ophthalmology services will continue to be offered at 900 Walnut St. by Thomas Jefferson University Hospital. In addition, the Wills Eye Emergency Department will remain open at its current location at 900 Walnut St. for at least two years.

The transaction was approved by regulatory authorities including the Pennsylvania Department of Health.

Subject to the terms of a License Agreement, the inpatient program will be known as Wills Eye at Jefferson and the residency program will be known as Wills Eye Residency Program at Jefferson. Wills physicians providing inpatient ophthalmology services will serve as faculty members at Thomas Jefferson University and medical staff members at Thomas Jefferson University Hospital.

For the 17th consecutive year, Wills was ranked as one of the top three Ophthalmology centers in the nation by U.S. News and World Report.

U.S. News & World Report Ranks Jefferson Best Hospital in Philadelphia for Orthopaedics and Rehabilitation Medicine
Thomas Jefferson University Hospital has been ranked as the top hospital in Philadelphia for orthopaedics and rehabilitation medicine by U.S. News & World Report in their 2006 Best Hospitals survey. Jefferson University Hospital was ranked 19th in the nation and the top medical center in Philadelphia for orthopaedics. Jefferson Hospital, which includes the Rothman Institute at Jefferson, serves as the Department of Orthopaedics for Thomas Jefferson University Hospital and Jefferson Medical College of Thomas Jefferson University, was again ranked as third in the nation and first in Philadelphia for ophthalmology. Jefferson Hospital President and CEO Thomas J. Lewis said Jefferson and its staff are gratified to be recognized for providing among the best specialized care in this region and the United States.

“The U.S. News and World Report rankings reaffirm that our efforts to excel at performing difficult procedures, treating challenging medical conditions and pioneering new treatments and research are succeeding,” Mr. Lewis said.

It’s Almost Time Again for the Annual Employee Service Recognition Celebration
The Employee Service Recognition Program for 2006 is part of Jefferson’s continuing acknowledgement of the accomplishments and commitment of its employees. Once again the program will be honoring employees who celebrated their five-year (5, 10, 15, etc.) anniversaries during the fiscal year ending June 30, 2006. The annual Service Recognition Celebration will be held on Wednesday, October 11, from 4:30 to 7:30 p.m., at the “Ballroom at the Ben” in the Benjamin Franklin Hotel. The event will include a reception with food and beverages, entertainment and gifts.
Watch for further details in the September issue of JeffNEWS. Invitations are being prepared for honorees. For more information, call Randy McLaughlin in Human Resources at 215-503-8373.

Philadelphia Business Journal to Survey Jefferson Employees August 7-23 as One of ‘Best Places to Work’
Jefferson employees will be asked to fill out an online survey by the Philadelphia Business Journal gauging Jefferson as one of the “Best Places to Work” in Philadelphia. Check Pulse and the hospital intranet for web address and Jefferson code for the survey, to be conducted between August 7 and 23.

In This Issue: Richard W. Hevner Named New Chair of Methodist Hospital Foundation

Jefferson Hospital Wins NAPPSI and ICT Primary Prevention Safety Award

Wanted! Jeff Team Captains for 2006 Big Walk for Little Feet
Mother of Date Rape Victim Speaks Out for Victims

Andrea Cooper of Texas came to Jefferson to tell "Kristen's Story," a mother's tale of her daughter's date rape, in recognition of Rape Awareness Month. The event was sponsored by the Jefferson Student Organization Against Rape (SOAR).

A 20-year-old Alpha Chi Omega sorority member, Kristin Cooper committed suicide shortly after she was raped by a friend in 1995. Her mother, Andrea, decided to share her daughter's tragedy with college students across the nation.

"I'm sharing this because I hope by telling Kristin's story that other lives will be saved, and other young women will not be victims of acquaintance rape, and that those suffering from depression, for ANY reason, will get help," Andrea explained.

The accompanying photos are from the event.

In Memoriam
Nathan Marks Smukler, MD, JMC '47

The Jefferson community mourns the death July 1 from pancreatic cancer of Nathan Marks Smukler, 84, of Wyndmoor, JMC '47 and 1959 founder of Jefferson's Rheumatology Division within the Department of Medicine.

Dr. Smukler treated patients with muscular-skeletal diseases, wrote papers on the disorders, and taught students about their derivation and treatment.

"He taught numerous generations of prominent rheumatologists," said Sergio A. Jimenez, MD, the Dorrance H. Hamilton Professor of Medicine and Director of Rheumatology at Jefferson. Dr. Smukler won a series of awards for teaching excellence at JMC and directed the Rheumatology Division for more than 22 years.

Born in Philadelphia, Dr. Smukler wanted to be a doctor from the time he was a child growing up with a father who was a physician. He continued to treat patients and study rheumatology even after the time he was a child growing up with a father who was a physician.

Memorial donations may be made to Thomas Jefferson University Hospital, Division of Rheumatology, 1020 Locust St., Room M41, Philadelphia 19107.

Richard W. Hevner Named New Chair of Methodist Hospital Foundation

Richard W. Hevner has been appointed as the new Chair of the Methodist Hospital Foundation, the fundraising arm of Methodist Hospital Division of Thomas Jefferson University Hospital. Mr. Hevner assumes the position from Reverend Charles Sayre, who has led the Foundation since 1997.

Methodist Hospital CEO James Robinson said, "We are honored to have Mr. Hevner as the new Chair of the Methodist Foundation. With Mr. Hevner's breadth of expertise in organizational leadership and investment management, we think he is perfect to expand on the Foundation’s role in the South Philadelphia community."

Supporting the healthcare needs of the South Philadelphia community, the Foundation enables Methodist Hospital to offset medical costs for the care of uninsured and under-insured patients, providing free health classes, seminars, screenings and immunizations, and funding special diagnostic units, intercultural mediators and scholarships.

"I am truly looking forward to taking a larger role in serving the healthcare needs of our community," said Mr. Hevner.

His vision is for the Foundation to assist Methodist Hospital in countering the challenges of the rising pressures of Medicare, Medicaid and other forms of insurance. One of his goals is to enlist local support for the hospital to acquire the best technologies, in order to provide state-of-the-art care in the South Philadelphia community and surrounding region.

Pamela and Neonatology Garner Several Awards

Members of Jefferson's Department of Pediatrics and Division of Neonatology have been honored by several awards recognizing their clinical accomplishments.

Jay S. Greenspan, M.D., M.B.A., Professor of Pediatrics, Vice Chair of Pediatrics at Jefferson and A.I. duPont Hospital for Children and Director, Division of Neonatology at Jefferson/AI duPont Children’s Health Program, received the 2005 Nemours Academic Award. This is the latest of several recent awards to Dr. Greenspan, including the David S. Smith Award for Excellence in Residency Teaching at St. Christopher’s Hospital for Children and the Beggs Award for Outstanding Research from The Philadelphia Perinatal Society.

Ksenia Zukowsky, CRNP, PhD, Assistant Professor and Neonatal Nurse Practitioner Coordinator, Graduate Programs, Department of Nursing, and formerly a Nurse Practitioner for the Division of Neonatology, has been selected as the "Reality Awards 2006 Not Your Average Joe Professional Education" award winner. The award is presented on behalf of the March of Dimes New Jersey Chapter, who feel she exemplifies the maternal child nurse in New Jersey.

Pauline Corso, Director of Operations for Nemours Pediatrics Pennsylvania Sites, Jefferson Department of Pediatrics, was selected by Nemours (A.I. duPont Hospital for Children) as "Manager of the Year" for 2005.

Pediatrics’ Lindsey Lane, MD, Wins Outstanding Teaching Award

Lindsey Lane, MD, Director, Undergraduate Medical Education-Pediatrics, Jefferson Medical College (JMC), has been awarded the 2006 Outstanding Teaching Award from the Ambulatory Pediatric Association (APA). She is being recognized for her excellent work and dedication to implementing and evaluating innovative teaching methods in the Pediatric Clerkship at JMC.

Established in 1972, the Outstanding Teaching Award is given to deserving programs only when the APA committee agrees that a program is exceptional. To be considered, a program must demonstrate excellence in educational teaching methods, acceptance by students and/or residents, acceptance by the community and the institution, innovations and adaptability, or outstanding quality of the individuals trained in the program.

The Pediatric Clerkship at JMC was developed by a team from JMC and affiliated institutions led by Dr. Lane.

In the photo, Claiborne I. Dungy, MD, MPH, President Elect of the Ambulatory Pediatric Association, presents the award to Dr. Lane.

About SAPHE

Jeff Safety Awareness and Public Health Education (SAPHE) is composed of students in the Master of Science in Public Health program at the Jefferson College of Graduate Studies. The SAPHE award was presented as part of National Public Health Week events.

Jeff SAPHE Students Honor Sister Mary Scullion, Project H.O.M.E. Director and Co-founder

H.O.M.E., receives the Third Annual Excellence in Community Service Award by Jefferson’s Safety Awareness and Public Health Education (SAPHE), a Jefferson student organization. Presenting the award is Richard C. Wender, MD, Chair, Family and Community Medicine.

Robert L. Barchi, MD, PhD, President, Thomas Jefferson University, and David B. Nanth, MD, MBA, Chair in Health Policy, and Dr. Raymond C. and Doris N. Grandon Professor of Health Policy, offered remarks recognizing Sister Mary Scullion for her tireless efforts on behalf of homeless people in the City of Philadelphia.

In the photo, Ahmad B. Naim, MD, SAPHE President, presents the award to Sister Mary Scullion.

Nathan Marks Smukler, MD, JMC '47

Born in Philadelphia, Dr. Smukler wanted to be a doctor from the time he was a child growing up with a father who was a physician. He continued to treat patients and study rheumatology even after the time he was a child growing up with a father who was a physician.

Memorial donations may be made to Thomas Jefferson University Hospital, Division of Rheumatology, 1020 Locust St., Room M41, Philadelphia 19107.

Juana Kamen Photography
Vascular surgeon Paul J. DiMuzio, MD, FACS, Assistant Professor of Surgery and Radiology, Jefferson Medical College (JMC), has been awarded grants from the National Institutes of Health (NIH), American Vascular Association and American Heart Association totaling $975,000. These funds will further his team’s research to use tissue engineering and stem cell technology to develop a novel bypass graft to help thousands of patients, including those suffering with atherosclerosis, a common condition known as “hardening of the arteries.” The novel graft would bypass blood vessels in the heart and legs clogged by atherosclerosis.

Dr. DiMuzio explains, “Today, the gold standard for creating these grafts is using the patient’s saphenous vein or another artery. When those are unavailable because they are diseased, too small or have been previously used for surgery, the current alternative is plastic grafts, which typically clog up quickly. Our goal is to create a new, readily available graft starting with saphenous vein taken from tissue transplantation donors.” Because blood vessel transplants may be rejected by recipients, however, Dr. DiMuzio has developed a novel two-step process to get around this problem.

To learn more about this innovative bypass research or to make an appointment with a Jefferson vascular surgeon, call 1-800-JEFF-NEWS.

Paul DiMuzio, MD, Awarded $975,000 to Help Build A Better Vascular Bypass Graft

Jefferson Scientists Discover Mechanism Tying Obesity To Alzheimer’s Disease

If heart disease and diabetes aren’t bad enough, now comes another reason to watch your weight. According to a study just released, packing on too many pounds can increase the risk of developing Alzheimer’s disease.

A team led by researchers at the Farber Institute for Neurosciences at Thomas Jefferson University and Edith Cowan University in Joondalup, Western Australia, has shown that being extremely overweight or obese increases the likelihood of developing Alzheimer’s. They found a strong correlation between body mass index and high levels of beta-amyloid, the sticky protein substance that builds up in the Alzheimer’s brain and is thought to play a major role in destroying nerve cells and in cognitive and behavioral problems associated with the disease.

“But we’re at the levels of beta-amyloid and found a relationship between obesity and circulating amyloid,” says Sam E. Gandy, MD, PhD, Director of the Farber Institute for Neurosciences. “That’s almost certainly why the risk for Alzheimer’s is increased,” says Dr. Gandy, who is also Professor of Neurology, and Biochemistry and Molecular Biology, at Jefferson Medical College.

“Heightened levels of amyloid in the blood vessels and the brain indicate the start of the Alzheimer’s process.” The scientists reported their findings in the December 2005 Journal of Alzheimer’s Disease.

Jefferson Hospital Wins NAPPSI and ICT Primary Prevention Safety Award

Thomas Jefferson University Hospital is the winner of the 2006 National Alliance for the Primary Prevention of Sharps Injuries (NAPPSI) and Infection Control Today magazine (ICT) Primary Prevention Safety Award. Since early 2000, the hospital has been using a variety of sharps safety products hospital-wide with a particular focus on using primary prevention technologies, i.e., eliminate the needle – eliminate the risk.

The death and breadth of actions to minimize sharps injuries at Jefferson demonstrate an extremely proactive and effective sharps injury prevention culture that focuses not only on healthcare worker safety, but also patient safety, improved productivity and demonstrated cost savings. "Jefferson is honored to receive this award," said Thomas J. Lewis, President and Chief Executive Officer, Thomas Jefferson University Hospital. "Jefferson’s Sharps Injury Prevention Committee is dedicated to decreasing the incidences of accidental needlesticks, and this award is a reflection of their commitment to the care and safety of our patients and staff."

The Sharps Injury Prevention Committee is a multidisciplinary team that includes the following departments: Environmental Health and Safety, Nursing, Infection Control, Home Infusion, Supply Chain Management, Pharmacy, Biomedical, Anesthesia and Supply and Distribution.

Jefferson Master of Science Program in Public Health Receives National Accreditation

The Master of Science Program in Public Health (MSPH) at Thomas Jefferson University has received accreditation from the Council on Education for Public Health (CEPH), the nation’s accrediting body for public health programs.

“We are delighted to have received this important recognition of accomplishment by our young program,” says James H. Keen, PhD, Dean of Jefferson’s College of Graduate Studies. “We are now looking forward to developing the program further as an area leader in the public health education arena.”

The part-time MSPH program is geared for working professionals and has just completed its third year. The 40-credit program can be completed in two to four years. Some 52 students currently are enrolled, coming from a variety of backgrounds, ranging from the pharmaceutical industry and business to health departments and hospitals. Such programs are increasingly in demand, says Assistant Program Coordinator Jennifer Ravelli, MPH, because of the wide range of diverse disciplines students might study.

“Public health education and practice is a critical component of Jefferson’s future and the welfare of populations,” says program co-director Richard C. Wender, MD, Alumni Professor and Chair, Department of Family and Community Medicine. “We are so pleased that the outstanding work of our faculty and the high quality of our students have been recognized and validated by our public health accrediting body.”

Program co-director David B. Nash, MD, MBA, Professor and Chair, Department of Health Policy, agrees. “We are thrilled that our team was successful on the first try at getting the MSPH program fully accredited.”

Volunteers Sought for Jefferson Study of Women with Cancer

If you’re a woman with cancer, please consider participating in a study being conducted by the Kimmel Cancer Center at Jefferson in Philadelphia and funded by the National Cancer Institute (NCI). The study’s purpose is to compare the benefits of participation in either of two free eight-week programs designed to alleviate distress caused by cancer.

Qualified women will be selected to participate in one program or the other on a randomized basis. They will be allowed to participate for free in the program for which they are randomly selected (comparable group programs charge a fee of several hundred dollars), and, at the end of their program, they may participate in the other program for free as well, if they wish. Group participants will also receive free parking or compensation for the cost of their public transportation.

Why This Study Is Important

“Patients with cancer often have high levels of stress and distress that can persist for years,” says Daniel Morit, MD, Director of the Jefferson-Mrynna Brind Center of Integrative Medicine at Thomas Jefferson University Hospital and Associate Professor of Psychiatry and Human Behavior at Jefferson Medical College of Thomas Jefferson University (TIU). “These persistently high stress levels have a negative effect on the patients’ illness outcomes.”

Recognizing that, the National Institutes of Health NCI Office of Cancer Survivorship has awarded TJU a $2 million grant for a study comparing how two different types of support group programs improve health-related quality of life and decrease stress in women with cancer.

How to Participate

To be interviewed for possible participation in one of the two support groups being compared in this study, or to complete a questionnaire explaining why you don’t wish to participate in a support group, please call 1-800-JEFF-NEWS.
To mark the fifth anniversary of her mother’s death from Parkinson’s disease, Debbie Goostrey wanted to do something that could offer hope for other people with the disease.

She decided to host a wine-tasting event/fundraiser at the Four Seasons to benefit the Michael J. Fox Foundation for Parkinson’s Research. Debbie’s mom was diagnosed with Parkinson’s at age 42 and suffered with it for almost 26 years.

All proceeds raised through ticket sales and a silent auction were delivered to the Fox Foundation – a nearly $20,000.

The featured guest who addressed the gathering was Ashwini Sharan, MD, Assistant Professor of Neurosurgery, Thomas Jefferson University Hospital.

Specializing in neurosurgical treatment, Dr. Sharan provides unique expertise in deep brain stimulation for Parkinson’s disease, essential tremor and dystonia.

He was recommended as the “ideal speaker” for Ms. Goostrey’s event by Robert H. Rosenwasser, MD, FACS, Professor and Chair, Department of Neurosurgery.

Ms. Goostrey, “My Mom had undergone the implantation of a neurologic stimulator and it appeared to be quite successful. I will never forget the day she called soon after the surgery to tell me she was able to bend over and tie her own shoes for the first time in several years!”

Jefferson Wins Dual Awards for Success in Improving Environmental Health

Thomas Jefferson University Hospital has received a dual honor from Hospitals and Health Networks for a Healthy En Vogue (H2E) for its success in improving environmental health and for eliminating mercury from the environment. H2E presented the hospital with two awards: Making Medicine Mercury Free and the 2006 H2E Partner for Change.

“We recognize your ongoing effort and thank you for changing the culture of your institution, by setting the standard for the way hospitals can and should improve the environment, while maintaining quality patient care,” Laura Brannen, H2E Director, said of Jefferson’s achievement.

Making Medicine Mercury Free is a one-time award given to facilities that have met the challenge of becoming virtually mercury-free. Mercury is a potent neurotoxin and developmental toxin which can impact human health at extremely low levels.

The H2E Partners for Change Award recognizes hospitals that acknowledge the impact of their health on families and health professionals. The award is given annually to facilities that have made significant efforts to prevent hospital-acquired infections and to hospitals that have met the challenge of becoming virtually mercury-free. Mercury

Living with Hot Flashes? You’re Not Alone

A clinical research trial conducted by Gregory Fishman, MD, and Thomas Jefferson University will compare a lower dose of an FDA-approved medication to placebo (inactive substance) for the relief of moderate to severe hot flashes.

To qualify for this study, you must:

- Be female, 30 to 80 years old
- Naturally or surgically postmenopausal
- Experiencing moderate to severe hot flashes daily

Participants will receive confidential study-related medical evaluations, study medication at no cost, and compensation for your time and travel. Call 215-955-4018.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.

JeffNEWS Classifieds – Free to Jeffersonians. Maximum 50 words. Thomas Jefferson University does not guarantee quality or reliability of property advertised.