A New Heart at 26

Two years ago, at age 26, Matt Hoffa of Montgomery County came to Jefferson’s Advanced Heart Failure and Cardiac Transplant Center for a heart transplant. Since his successful surgery and recovery, he has been just as active in the community as he was before the procedure – if not more – and the past two years of his life have been what he calls “inspirational.”

“Transplant is not just about taking,” says Matt, who is an Eagle Scout, a volunteer with the Skippack Fire Department and teaches people with Downs Syndrome. “It is also about giving to others,” says Paul Mather, MD, Director of Jefferson’s Advanced Heart Failure and Cardiac Transplant Center. “And I am proud of our entire staff at the Advanced Heart Failure and Cardiac Transplant Center for all they do every day to help patients like Matt regain the ability to lead rewarding lives.”

Matt was one of many heart transplant recipients and their families attending the recent celebration marking the Center’s third anniversary.

Center has completed more than 33 total transplants, and also specializes in artificial heart devices as a bridge to transplant. The Advanced Heart Failure and Cardiac Transplant Center is the only one in Pennsylvania using the “Jarvik-2000” heart assist system as part of a large national study.

Patient Testing Center Relocates to 925 Chestnut Street

The Patient Testing Center previously located in the Foerderer Pavilion has moved to 925 Chestnut Street, making way for 21 new Emergency Department bays – part of “Jefferson 2010,” a three-year, $137 million investment plan to improve and expand services at the hospital.

To help with the transition, Center staff will make their routine calls to patients prior to their

Patient Testing Center appointments, providing them with information about both the new location and the accessible parking at the 10th and Chestnut Street Self-Park Garage. The completion of the Patient Testing Center is the first in a series of projects, collectively referred to as “Jefferson 2010,” which over the next 36 months will focus on increasing Emergency Department and Critical Care capacity.

An Evening with Olivia Newton-John

Singer, actress and breast cancer survivor, Olivia Newton-John, was the main attraction at a November 11 fundraising benefit for Jefferson’s Kimmel Cancer Center (KCC). Billed as “An Evening with Olivia,” the event began with a cocktail reception where Newton-John mingled with guests and concluded with a show-stopping concert of her musical hits. Proceeds from the benefit will help fund cancer research and clinical programs at KCC and at the Olivia Newton-John Cancer Centre Appeal in Australia.

Albert Receives Rothman Chair of Orthopaedic Surgery

Todd J. Albert, MD, PhD, was named the first Richard H. Rothman Chair of Orthopaedic Surgery at an investiture ceremony held in November. The chair, which has been established through the generosity of the Annenberg Foundation and Mrs. Leonore Annenberg, President and Chair of the foundation, honors internationally renowned orthopaedic surgeon and field pioneer, Richard H. Rothman, MD, PhD. Besides endowing the chair in perpetuity, the funds will also support orthopaedic research and research-related purposes.

VITAL SIGNS:

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<tr>
<th></th>
<th>Budget</th>
<th>Actual</th>
<th>Prior Year</th>
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<tbody>
<tr>
<td>Admissions</td>
<td>3,737</td>
<td>3,850</td>
<td>3,693</td>
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<tr>
<td>Length of Stay</td>
<td>5.91</td>
<td>5.82</td>
<td>5.83</td>
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<tr>
<td>Patient Days</td>
<td>22,100</td>
<td>22,172</td>
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<tr>
<td>Outpatient Visits</td>
<td>39,220</td>
<td>37,737</td>
<td>38,889</td>
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Patient Satisfaction Overall Mean Score (Oct-Dec) 84.3
Third Annual Simenhoff Lecture Held

In November Executive Vice President and Chief Executive Officer of the American College of Physicians, John Tooer, MD, MBA, delivered the third annual Simenhoff Lecture entitled “Assessing the Quality of Care: The Physician and the System.”

Presented by the Hobart Amory Hare Honor Medical Society of the Department of Medicine of Thomas Jefferson University, the lecture is named in honor of beloved Jefferson physician Michael Simenhoff, MD, who passed away in 2004. Dr. Simenhoff joined the staff at Thomas Jefferson University Hospital in 1964 and initiated a teaching program in nephrology. He was Co-Director of the Clinical Research Center and was credited with setting up one of the first research units in the region. Dr. Simenhoff is also credited with discovering that certain water treatment methods used in dialysis units actually added a carcinogenic chemical to the dialysate.

JMC Annual Fund Phonathon a Success

This fall, 10 alumni and 17 students volunteered their time during the JMC Annual Fund Phonathon hosted by the Jefferson Foundation. The phonathon resulted in a total of 65 alumni pledging $34,700. These unrestricted dollars will support student financial aid, technological advancements, facilities enhancements and day-to-day operations.

Jefferson Medical College Alumni Association President Lorraine C. King, MD, OBC’75, REN’77, joined fellow volunteers Craig T. Haytmanek, MD’72, Gregory D. Marhefka, MD’98, Louis M. Giangullo, MD’99, M. Dean Kinsey, MD’69, Steven R. Peikin, MD’74, Jerome M. Cotler, MD’52, Gregary D. Marhefka, MD’98, Louis M. Giangullo, MD’99, M. Dean Kinsey, MD’69, Steven R. Peikin, MD’74, Jerome M. Cotler, MD’52, Max M. Koppel, MD’37, Shikummar S. Haig, MD, PSY’80, and John H. Moore Jr., MD, POS’84.

Special thanks to the many generous community groups and businesses that provided refreshments and prizes for the volunteers. The Foundation also hosts a phonathon in the spring.

Nutrition and Dietetics Staff Members Win Award from EPA

Two members of the Nutrition and Dietetics Department recently won an award from the U.S. Environmental Protection Agency for their efforts to improve Jefferson’s Dining Services. Shelley Chamberlain, RD, Assistant Director for Dining Services, and Mary Grant, Assistant Director for Production Services, received the Trailblazer Award for helping Jefferson Hospital achieve “regional leadership in commitment and implementation of sustainable food practices.”

Howard Weitz, MD, Professor of Cardiology at Jefferson Medical College, and Hospital President and CEO, Tom Lewis, have played a key role in supporting the department’s efforts to adopt sustainable practices at Jefferson.

“This was part of the reason why Dr. Weitz came to us at the beginning of the year and said he’d like to send his cardiology patients over to the Atrium knowing that they’d find healthy choices,” said Shelley.

This served as further motivation for she and Mary, who had already started making positive changes including developing seasonal menus for the Atrium cafeteria that incorporate locally grown foods, networking with local farmers and altering recipes to add healthier ingredients.

Shelley and Mary’s efforts came to the attention of the EPA after they signed a pledge designed by the Health Care Without Harm organization. The Healthy Food in Health Care pledge is a framework that outlines steps to improve the health of patients, communities, and the environment and lists recommendations to adopt a sustainable food program. These include, but are not limited to, hormone-free products, locally produced food, environmentally responsible food production, fair trade coffee, composting, and minimizing packaging and waste.

“We have to be Jefferson’s advocates” noted Mary. “We’re here to satisfy people’s tastes, but we’re also here to educate and influence eating habits, and to encourage people to try local, nutritious and sustainable foods they may not be familiar with.”

Look for more news soon on other changesJefferson is making to become more sustainable in its food practices and procedures.

Jefferson Sends Medicine to Clinic in Kenya

After years of anticipation, Jefferson Women’s Board member Lisa Brownstein finally got the birthday present of her dreams – a trip to Africa with her husband, P. Kenneth Brownstein, MD, Clinical Assistant Professor of Urology at Thomas Jefferson University. But three months later, little did she know she would give back almost as much as she had received.

While they were on safari, the couple visited local schools and took part in traditional ceremonies in the northern part of Kenya through Lewa, a non-profit wildlife conservancy and community development program that conducts annual physicals, dental exams and twice-yearly eye missions throughout the community.

Antibiotics are crucial to providing quality care at any clinic. However, there is a lack of antibiotics in the area. “One week, the couple quickly enlisted the help of Janine Tabas, MD, Associate Surgeon, Cataract and Primary Eye Care Service at Wills Eye Institute, Mary Stefanyszyn, MD, specialist in Oculoplastic Surgery at Wills Eye Institute, and William Balas, RPh, Assistant Director, Department of Pharmacy, Outpatient Services. Together, the group collected thousands of dollars worth of antibiotics that can be used to treat ocular infections and common illnesses. In December, Jefferson’s donation was officially presented to Lewa trustee Richard Buthe, who has since returned to Kenya with the welcomed gift.

Visited by over 500 patients a week, the Lewa Clinic cares for individuals on the premises while maintaining an outreach program that conducts annual physicals, dental exams and twice-yearly eye missions throughout the community.
Researchers at Jefferson Medical College and Jefferson’s Kimmel Cancer Center have used PET imaging to see hyperactive cancer genes inside breast tumors in laboratory animals, marking the first time such gene activity has been observed from outside the body. This technology might help physicians detect and classify cancer, enabling them to find cancerous breast tumors as early as possible, and determine the appropriate treatment. The findings of Eric Wickstrom, PhD, and Mathew Thakur, PhD, were reported in the Journal of Nuclear Medicine.

An immune system messenger molecule that normally helps quiet inflammation could be an effective tool against multiple sclerosis (MS). Neurology researchers led by Abdolmohamad Rostami, MD, PhD, Professor and Chair of the Department of Neurology at Jefferson Medical College and the Jefferson Hospital for Neuroscience, have found that the protein interleukin-27 (IL-27) helped block the onset or reverse symptoms in animals with an MS-like disease. The results suggest that IL-27 may someday be part of a therapy to temper over-active immune responses, which are thought to be at the heart of MS. Findings were reported in the November 11 issue of Nature Immunology.

44th Annual Martin Rehfuss Lecture Held

Jefferson hosted the 44th Annual Martin Rehfuss Lecture on December 6. Pictured are James H. Koen, PhD, Dean, Jefferson College of Graduate Studies, Rehfuss lecturer Howard A. Rockman, MD, of Duke University Medical Center and Jefferson’s Arthur Feldman, MD, PhD, Magee Professor of Medicine and Chairman of the Department. Dr. Rockman holds the medal given to Rehfuss awardees.

Rothman Initiates Exchange with Colleagues in China

In November, Richard H. Rothman, MD, PhD, the James Edwards Professor of the Department of Orthopaedic Surgery at Jefferson Medical College, traveled to China to kick off an exchange program between the Rothman Institute at Jefferson and the orthopaedics department of Shanghai Municipal Hospital #6. The research and educational relationship will consist of week-long visiting professorships in Shanghai for Jefferson faculty and a year-long learning opportunity at Jefferson for selected Chinese surgeons. Joint and spine will be the primary areas of focus, but all sub-specialties of orthopaedics will be covered.

Jefferson Nursing Website Wins Awards for Design and Recruitment

Thomas Jefferson University Hospital’s Nursing website was selected from more than 1,100 entries to receive two eHealthcare Leadership Awards. The site won the Gold Award for Best Site Design and the Silver Award for Best Employee Recruitment Site. The panel of 101 judges assessed the websites “based on a standard of Internet excellence and how they compared with others in their group classification. Jefferson’s award was recognized in an issue of eHealthcare Strategy & Trends as well as on its web site.
GRAND ROUNDS and VIDEO TELECONFERENCE will be broadcast from the LECTURE HALL, duPont Hospital for Children, 25 S. 9th St., Philadelphia.

GRAND ROUNDS, Service Program, "Update on Staph Aureus Infections," 8 a.m., DePaola Aud.
Wednesday, February 27
Family and Community Medicine, Michelle Fulson, MD, PGY-5, topic t/a, 11 a.m. to noon, DePaola Aud.

Friday, February 29
Psychiatry and Human Behavior, Speech and topic t/a, 11 a.m. to noon, DePaola Aud.

UPCOMING TOPICAL SESSIONS
Wednesday, March 5
AHPA/Philadelphia Network and Jefferson U. join forces with the Philadelphia Heart Network for an educational program for men facing prostate cancer. Patrick Shuster, MD, Assistant Professor of Urology, LVHN Health System, will discuss "Assessing the Quality of Care: prostate cancer - a new frontier." 8 a.m., 105/107 BLSB.
Thursday, March 6
Kimmel Cancer Center at Jefferson, Facing Breast Cancer with Information and Support, Kristin L. Brill, MD, FACP, Clinical Professor, Surgery, TJU. "Estrogen and Breast Cancer," noon to 1:30 p.m., G-312 Bodine. Call 215-955-4429 to register.

GOODS

Wednesday, March 6
Kimmel Cancer Center at Jefferson, Current Topics, Gerald A. Isernberg, MD, Associate Professor, Surgery, JBC, and Edith P. Mitchell, MD, FACP, Clinical Professor, Medical Oncology, TJU, "New Treatment Advances and Improved Surveillance," noon to 1:30 p.m., G-312 Bodine. Call 215-955-4429 to register.

PROGRAMS

Wednesday, March 6
Kimmel Cancer Center at Jefferson, Current Topics, Gerald A. Isernberg, MD, Associate Professor, Surgery, JBC, and Edith P. Mitchell, MD, FACP, Clinical Professor, Medical Oncology, TJU, "New Treatment Advances and Improved Surveillance," noon to 1:30 p.m., G-312 Bodine. Call 215-955-4429 to register.

NEWS

Tuesdays, January 15
Kimmel Cancer Center at Jefferson, Social Work Receives Co-Authorship and Co-Representer of Sociologists, Donald J. Seamon, PhD, Richard G. Prout, PhD, Bruce M. Spiegelman, PhD, Alison M. Lazzar, PhD, Xue-Min Zhang, PhD, Marja T. Nevalainen, PhD, Program in Laboratory Medicine, National Constitution Center, Philadelphia.

Wednesday, January 14
Radiology, Ethan Halpern, MD, Professor, Radiology and Urology, TJU, "Intro to Research Part II. 12:15 to 1:15 p.m., 101B Main.
Thursday, January 17
Kimmel Cancer Center at Jefferson, Sariendra K. Batta, PhD, Biochemistry and Molecular Biology, University of Nebraska Medical Center, College of Medicine, Eppley Cancer Institute, National Institutes of Health, Role of MUC1 in the Diagnosis and Prognosis of Pancreatic Cancer," noon, 105 BLSB.
Wednesday, January 23
Radiology, Ethan Halpern, MD, Professor, Radiology and Urology, TJU, "Intro to Research Part II. 12:15 to 1:15 p.m., 780-L Main.
Thursday, January 24
Radiology, Ethan Halpern, MD, Professor, Radiology and Urology, TJU, "Intro to Research Part II. 12:15 to 1:15 p.m., 780-L Main.

SPECIAL EVENTS

Thursday, January 17
Full Board of Trustees, 3:30 p.m., 636 Scott.

Thursday, January 17
Executive Committee of the Medical Staff, TJU, 5 p.m., 636 Scott.

Thursday, January 24
Kimmel Cancer Center, The Delaware Valley Brain Tumor Support group for individuals diagnosed with a brain tumor and their families, 7 to 8:30 p.m., 105 BLSB. Call 215-955-4429 to register.

Thursday, January 24
Kimmel Cancer Center, Man-to-Man, an educational program for men facing prostate cancer, Patrick Shuster, MD, Assistant Professor, Urology, TJU, "Managing Incontinence," noon to 1:30 p.m., G-312 Bodine. Call 215-955-4429 to register.

TOUGHER TIMES

Thursday, January 24

Thursday, January 25

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