

Jeffnews

September • October 2008

U.S. News & World Report Ranks Jefferson Best in Philadelphia for Orthopedics and Rehabilitation

Thomas Jefferson University
Hospitals has again been ranked as
the top hospital in Philadelphia for
orthopedics and rehabilitation
medicine by *U.S. News & World*Report in its 2008 Best Hospitals
issue. This ranking translates into
the 15th best hospital in the nation
for orthopedic surgery and the 12th
best in the U.S. for rehabilitation
medicine.

U.S. News & World Report also named Jefferson as among the best in the nation this year in five other specialties – cancer, endocrinology, gastrointestinal disorders, geriatric care and respiratory disorders.

In addition, Wills Eye, which serves as the Department of Ophthalmology for Thomas Jefferson University Hospitals and Jefferson Medical College, was ranked third in the nation and the top medical center in Philadelphia for ophthalmology.

Jefferson Hospitals' President and CEO Tom Lewis said Jefferson and its staff are again honored to be among a select number of medical centers of excellence in the nation.

"Being recognized in this way by *U.S. News & World Report* reflects the extraordinary efforts of all the talented doctors, nurses and staff

who are dedicated to providing exceptional patient care here at Jefferson every day," said Tom. See the complete rankings at

www.usnews.com.

28th in U.S. for Cancer Care

Jefferson continues to steadily climb the annual cancer care rankings list in *U.S. News and World Report*. Its ascent is strongly supported by the Kimmel Cancer Center's reputation for excellence as one of approximately 60 National Cancer Institute-designated cancers centers in the U.S., and its ranking as sixth in the nation for year-over-year growth in terms of NCI funding.

"Cancer care is a strategic priority for Jefferson," said University President Robert Barchi, MD, PhD. "In the coming years, I expect even greater success as our scientists and clinicians continue to make groundbreaking discoveries in cancer diagnosis and treatment."

In addition to its high level of medical care and research, KCC offers ongoing support programs to those facing cancer and educational events and screenings that provide information on cancer prevention. Jefferson Journaling for women facing cancer, breast cancer risk factors information sessions, the Celebration of Life and the annual prostate cancer screening for men in September are just some of KCC's programs.

Jefferson Doctors Awarded \$3.7 Million Grant from National Eye Institute

The National Eye Institute has awarded Barry W. Rovner, MD, and Robin J. Casten, PhD, a \$3.7 million grant to fund the "Low Vision Depression Prevention Trial." This clinical trial will test the efficacy of an intervention to prevent depression and disability in older persons with

age-related macular degeneration (AMD).

AMD is the leading cause of blindness in older persons in the United States. If successful, this intervention will help to guide the overall health system as it attempts to care for the growing population of older adults with multiple chronic diseases and disabilities.

Dr. Rovner is Professor of Psychiatry and Neurology at Jefferson Medical College; Robin J. Casten, PhD, is Associate Professor of Psychiatry and Human Behavior.



Vijay Rao, MD, was recently invested as the David C. Levin, MD, Professor and Chair of the Department of Radiology. She is the first named Chair in the 100-plus-year history of the department. The endowed Chair was made possible by a gift from Mr. and Mrs. Arthur Penn of New York City.

Healthy Reminders

September is Prostate Cancer Awareness Month **October** is Breast Cancer Awareness Month

Schedule an exam or mammogram today.

To find a Jefferson physician, call **1-800-JEFF-NOW**.



Neurosurgeon Develops New Approach to Brain Surgery in Uganda



This summer, *The Philadelphia Inquirer* featured Ben Warf, MD, and his alternative to brain shunt surgery for treating hydrocephalus ("water on the brain").

"Shunt dependence puts the patient in a very precarious situation," notes Dr. Warf in the newspaper article. His alternative technique involves using an instrument to gain entry to the brain, sealing up excess-fluid-producing tissue and freeing trapped cerebrospinal fluid, allowing it to absorb

normally in the body.

Dr. Warf developed the hydrocephalus treatment out of need while in Uganda, where he helped to build and run a pediatric neurosurgical hospital for nonprofit group, CURE International. Because of the scarcity of emergency care in this region and the risks involved in shunt surgery – many children

care in this region and the risks involved in shunt surgery – many children experience blockages and need subsequent surgeries – he created a new technique by blending two separate procedures. The result: more than 70 percent of his hydrocephalus patients who received this procedure did not need to have a shunt inserted afterwards.

Dr. Warf, is a pediatric neurosurgeon at Alfred I. duPont Hospital for Children and Clinical Professor of Neurological Surgery at Jefferson Medical College.

Food Network Show Featuring Jefferson Staff, Patients Airs October 22



Photo: Robert Ner

"Dinner: Impossible" host Michael Symon (second from right) and former Jefferson patients (pictured here) served a four-course "thank-you" dinner to more than 230 nurses and doctors at Jefferson earlier this year. Shown from left to right are Andrea Gillespie, Marquita Cunningham and Gaetan Sgro.

Departments on the Move

More spacious surroundings and expanded services are part of the many positive changes underway at Jefferson. Please visit us in these new settings:

I	,	•
	Department	New Location
	Jefferson Infusion Center	925 Chestnut Street Building, 2nd Floor
	Human Resources	833 Chestnut Street, 9th Floor
	Medical Oncology	925 Chestnut Street Building, 3rd Floor
	Kidney, Liver and Pancreas	
I	Transplant Program	833 Chestnut Street, Suite 610

VITAL SIGNS: JULY 2008

TJUH, Methodist, Geriatric Psychiatry, Jefferson Hospital fo Neuroscience

	Budget	Actual	Prior Year	
Admissions	3,870	3,964	3,875	
Length of Stay	5.68	5.74	6.04	
Patient Days	21,977	21,738	23,020	
Outpatient Visits	38,479	40,080	38,107	
Patient Satisfaction Overall Mean Score 95.2				

In This Issue:

JMC Receives \$7.5 Million Donation



Jouni Uitto, MD, PhD, Leader in Dermatology



Important Events



www.Jefferson.edu www.JeffersonHospital.org

Estate of Jefferson Alumnus Donates \$7.5 Million

The estate of Jefferson Medical College alumnus Dr. Robert (class of 1948) and Dorothy (nee Hitchon) Rector of Chambersburg, Pa. presented Thomas Jefferson University with a \$7.5 million bequest, adding to an earlier gift of \$10 million from the estate three years ago.

These monies will be used to further the educational mission of Jefferson Medical College and Thomas Jefferson University. This includes undergraduate medical education and the medical school's Dr. Robert and Dorothy Rector Clinical Skills Center, located in the Dorrance H. Hamilton Building, where interdisciplinary learning and an integrated curriculum is offered to medical, nursing, physical and occupational therapy students.

The Rector Clinical Skills Center is located on two floors of the six-story, state-of-the-art Hamilton Building. Dedicated last October as part of Thomas Jefferson University's \$60 million project to revitalize the campus, the Hamilton Building features virtual diagnostic and surgical suites, clinical training areas, classroom space and an audio-video studio for taping student interactions.

A Force of Excellence: Jefferson Nursing **Aims for Magnet Status**

This fall, Jefferson Nursing will submit an extensive application for the Magnet Recognition Program. If Magnet distinction is granted early next year, Jefferson will join an elite group: less than five percent of U.S. hospitals have achieved Magnet status, an accreditation developed by the American Nurses Credentialing Center (ANCC) to recognize high-quality patient care, nursing excellence and innovations in professional nursing practice.

"Thanks to the ongoing hard work and dedication of our documentation and nursing staff, Jefferson is well on its way to demonstrating that we are deserving of national recognition for our excellence," says Mary Ann McGinley, Senior Vice President, Patient Services and Chief Nursing Officer.

Drawing for 8GB iPod Nano at Blood Donor Center

All those who donate blood through October 24 will have a chance to win. The Center also offers thank-you gifts to all donors. Call 955-7791 weekdays from 8:30 a.m. to 4 p.m. to schedule an appointment or stop by 8230 Gibbon.



Alexandra Calvano of the School of Nursing won an iPod Nano in July. Awarding the prize

Nutrition/Dietitian Services Now Covered Under Four Insurance Plans

Nutrition/dietitian services offered by Jefferson's Division of Gastroenterology and Hepatology are now covered under various forms of insurance: Personal Choice (6 free visits with no copay), Keystone Health Plan East (6 free visits, no copay, referral required), Aetna (unlimited visits, copay, referral required) and Medicare (diabetes and kidney disease only). In addition, the department offers discounted rates to those with other, non-applicable types of insurance.

The Division of Gastroenterology and Hepatology specializes in individual pediatric and adult nutrition education and counseling for the following:

- Weight Loss and Management
- Celiac Sprue Disease
- High Cholesterol and High Triglycerides
- Irritable Bowel Syndrome
- Crohn's Disease and Ulcerative Colitis
- Gastroesophageal Reflux Disease (GERD)
- Cirrhosis and Fatty Liver
- Lactose Intolerance
- Food Allergies
- Weight Gain
- Eating Disorders

To schedule an appointment, speak with your doctor or contact the Division's dietitian, Emily Rubin, RD, LDN, directly at 955-4152 or 955-8900, option 3.

Jefferson Professor Receives Award for Lifetime of Innovative Research in Nuclear Medicine



was recently honored with the *Benedict* Cassen Prize, known as the "Nobel Prize" of Nuclear Medicine. Dr. Thakur, Professor of Radiology and

Radiation Oncology/Nuclear Medicine at Jefferson Medical College, received the award in recognition of his outstanding contributions to the science and practice of Nuclear Medicine. The award, given by the Society of Nuclear Medicine's

Mathew Thakur, PhD, Education and Research Foundation, was recently presented to Dr. Thakur at the Society's annual meeting in New Orleans, Louisiana where he presented the Cassen Lecture to a ballroom full of his colleagues on "Genomic Biomarkers for Molecular Imaging: Predicting the Future."

With a career spanning more than 35 years, Dr. Thakur has produced numerous accomplishments and inventions that have benefited millions of patients worldwide. Throughout his career, he has developed several widely-used

radiopharmaceuticals (radioactive compounds administered for purposes of diagnosis or therapy) that have improved diagnostic accuracy and ultimately improved patient care. Known nationally and internationally, he is a widely-published researcher with more than 300 articles, 36 book chapters, four books and several patents to his name.

The Cassen Prize is named in honor of the physicist who invented the rectilinear scanner, which allowed the early applications of nuclear medicine in imaging patients.

Patients Donate Thousands to Support Scleroderma Research at Jefferson

The Department of Dermatology and Sergio Jimenez, MD, Director of the Scleroderma Center and Co-Director of the Jefferson Institute of Molecular Medicine, received two significant gifts this summer to support research in the field of scleroderma.

Lindsay's Hope, established by Dr. Jimenez' patient, Lindsay Weierbach, raised \$40,000 this year. In June, the 17-year-old founder and her family presented a check to Dr. Jimenez and Jouni Uitto, MD, PhD, Chairman of the Department of Dermatology and Cutaneous Biology.

Cathy Datz, also a patient of Dr. Jimenez, has raised more than \$300,000 with her family and friends in support of Dr. Jimenez and the fight against scleroderma. Their most recent fundraising event, sponsored by Cathy's family foundation, the John J. Murray Foundation, raised \$20,000 for Jefferson. The Datz family presented their donation in



Cathy Datz (second from right) presented a check for \$20,000 to (left to right) Drs. Uiotto, Jimenez and Del Galdo on behalf of the John J. Murray Foundation.

July to Drs. Jimenez, Uitto, and Francesco Del Galdo (Associate Director of the Scleroderma Center). Dr. Jimenez has devoted his entire career to helping patients with scleroderma, a chronic, degenerative disease that affects the joints, skin and internal organs and is associated with blood vessel abnormalities. More than 150,000 Americans have the condition.

Jefferson Specialists Use Revolutionary Procedure to Treat Sinusitis

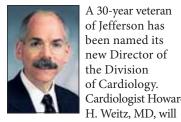
Otolaryngologists at Jefferson Hospital are using a revolutionary new procedure to give chronic sinusitis sufferers an option that brings lasting relief and doesn't involve cutting or removing tissue. The use of Balloon Sinuplasty[™] has recently emerged as an alternative to conventional medical and surgical management in select instances of chronic sinusitis and sinus outflow obstruction.

"Balloon Sinuplasty is similar to angioplasty and in fact, the technology for this procedure was inspired by the use of balloon catheters in cardiologic, vascular and urologic procedures," says Marc Rosen, MD, Assistant Professor of Otolaryngology-Head and Neck Surgery, Jefferson Medical College.

Along with Jefferson Otolaryngology colleagues Douglas Leventhal, MD, and Ryan Heffelfinger, MD, Dr. Rosen co-authored an article last vear highlighting the benefits of using image guidance technology during the balloon procedure.

As a middle ground between medication and surgery, Balloon Sinuplasty is less invasive than endoscopic sinus surgery - there's no cutting, so there is less scarring. Recovery is also quicker because there is less pain and bleeding. And a preliminary study of 125 patients shows that the sinus openings become significantly wider, and more than 80 percent stay open.

JMC Names Howard Weitz, MD, Director of Cardiology



A 30-year veteran of Jefferson has been named its new Director of the Division of Cardiology. Cardiologist Howard

head the division in the Department of Medicine at Jefferson Medical College. He was also named Director of the Jefferson Heart Institute.

Dr. Weitz replaces Bernard L. Segal, MD, who, after 10 years as director, will become Director Emeritus of the division, while continuing his active practice in cardiovascular medicine.

"As head of the department I am looking forward to implementing new and innovative ways to treat cardiovascular disease and to continue to foster relationships among the physicians of different cardiovascular disciplines," said Dr. Weitz.

As a clinical cardiology expert, Dr. Weitz has received numerous awards and honors such as being named one of "America's Top Doctors" and being included as one of Philadelphia magazine's "Top Docs," as well as "Teacher of the Year" in the Department of Medicine in 1989 and 2002. In addition, he was elected an Alumnus Member to Alpha Omega Alpha in 1988.

PEOPLE

Intekhab Ahmed, MD, FACP, FACE, Jefferson's Program Director for Endocrine Fellowship, was recently elected president of the Philadelphia Endocrine Society.

Jasmine Arfaa has joined the Jefferson staff as Director, Service Improvement and Volunteer Services. Prior to her post at Jefferson, she was employed by Johns Hopkins Bayview Medical Center.

Daniel B. Brown, MD, has been appointed Director of the Division of Cardiovascular and Interventional Radiology within the Department of Radiology of Thomas Jefferson University Hospitals. His primary area of interest is minimally invasive cancer therapy. Dr. Brown joins Jefferson from the Washington University School of Medicine in St. Louis.

The Philadelphia County Medical Society has elected **Theodore A. Christopher, MD, FACEP**, as president. Dr. Christopher, is Professor and Chair of the Department of Emergency Medicine at Jefferson Medical College.

Michael G. Curry, MBA, Vice President, Physician Operations and Support Services, Methodist Hospital Division of Thomas Jefferson University Hospital, has been re-elected to the Board of Trustees of the American Red Cross Blood Services, Penn-Jersey Region and has been named Secretary of the Executive Committee.

Four Thomas Jefferson University students have recently been awarded Albert Schweitzer Fellowships, allowing each of them to dedicate more than 200 hours of community service to enhance access to adequate health services for low-income communities where the need is greatest. **Elizabeth Daly, Cameron Bass, Carrie Zaslow**, and **Megan Riley** are committed to serve with Project HOME and the Ridge Avenue Shelter in Philadelphia, to develop various projects to meet the medical needs of the community.

Michael A. DellaVecchia MD, PhD, FACS, has been appointed vice president of the metro Philadelphia chapter of the American College of Surgeons. Dr. DellaVecchia is Director of the Wills Eye Emergency Department at Jefferson.

Flemming Forsberg, PhD, Professor of Radiology at Jefferson Medical College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era of Hope meeting in Baltimore this summer. SHI – a new breast cancer imaging technique – appears to improve the diagnosis of breast cancer relative to conventional ultrasound and mammography and may reduce needless biopsies.

Wayne Bond Lau, MD, has been awarded a \$50,000 Career Development Grant from the Emergency Medicine Foundation to study cardiovascular disease in patients with diabetes. Dr. Lau is an instructor of emergency medicine at Jefferson Medical College.

Jefferson has named **Bohdan Minczak, MS, MD, PhD, FAAEM, FACEP**, as Interim Vice Chairman in the Department of Emergency Medicine at the Methodist Hospital Division. He is an assistant professor in the Department of Emergency Medicine and Medical Director of Emergency Medical Services (EMS) at Methodist.

Alfred O. Moon, MD, has won the Leon Peris Medical Records Award. The Senior Resident in the Department of Medicine earned the honor by having the best overall record of timely, accurate and complete dictations for inpatient care.

Jefferson Medical College welcomes **Jeffrey Rihn, MD**, to the staff as an assistant professor of spine surgery. Dr. Rihn will see patients at the Rothman Institute's King of Prussia and Media locations.

Hallgeir Rui, MD, PhD, of Jefferson's Kimmel Cancer Center recently accepted an invitation to serve as a member of the Tumor Progression and Metastasis Study Section for the Center for Scientific Review at the National Institutes of Health.

Richard Pestell MD, PhD, Director of the Kimmel Cancer Center at Jefferson recently met with Australian Prime Minister Rudd and shared with him the scope of the research and treatment capabilities at Jefferson's Kimmel Cancer Center. Dr. Pestell later participated in the plenary panel session of the 2020 Summit, telecast live in Australia, highlighting the importance of cooperation and knowledge-sharing in the fight against cancer.

PEOPLE

The Department of Surgery recently appointed new staff members:

- **Kristin Brill, MD**, Instructor of Surgery at Jefferson Medical College. Specialty: surgical treatment of benign and malignant breast conditions.
- **Michel Haddad, MD**, Assistant Professor of Surgery at JMC. Specialty: cardiac surgery and critical care medicine.
- **Jay Jenoff, MD**, Assistant Professor of Surgery at JMC Specialty: trauma surgery, general surgery and surgical critical care.
- **Niels Douglas Martin, MD**, Assistant Professor of Surgery at JMC. Specialty: acute care surgery, which encompasses trauma surgery, general surgery and surgical critical care.
- Benny Weksler, MD, Assistant Professor of Surgery at JMC. Specialty: thoracic surgical oncology, especially procedures for lung and esophageal cancer, as well as several different types of minimally invasive chest procedures.

This summer, **Yan Yu, PhD, MBA**, was elected Fellow of the American Association of Physicists in Medicine (AAPM) and **James M. Galvin, DSc**, received the Award for Achievement in Medical Physics. Members of Jefferson's Department of Radiation Oncology presented a total of 20 scientific papers at the AAPM conference, making Jefferson one of the most prolific institutions at the annual meeting.

ACHIEVEMENTS

Jefferson is the first hospital in Philadelphia to offer the next generation of drug eluting stents, recently approved by the FDA, for the treatment of coronary artery disease (CAD). The XIENCE V stent is more easily delivered to the site of the blockage, thus paving the way for better treatment of CAD.

Two breast cancer pilot program grants were awarded recently at Jefferson's Kimmel Cancer Center, thanks to money raised by the Ladies of Port Richmond.

"Novel models of Disparity in Breast Cancer" will focus on the differences in survival of breast cancer patients of African American and Caucasian descent. The research team will develop novel statistical models to better understand the contributions of genetics and other biomarkers versus the contributions of socioeconomic disparity to the development of more aggressive tumors in breast cancer patients.

"Identification of Genes that Cooperate with the Loss of Cav1 in Breast Cancer," is an extension of an important discovery made at Jefferson's Kimmel Cancer Center. The project will focus on the interaction of other genes with mutated Cav1 gene in the development of breast cancer.

Researchers at the Center for Translational Medicine at Thomas Jefferson University have found a second signaling molecule they believe "turns on" genes that lead to heart failure.

The Medical Physics Residency Program in the Department of Radiation Oncology received full accreditation from the Commission on Accreditation of Medical Physics Education Programs (CAMPEP).

Thomas Jefferson University will join a prominent list of 15 other U.S. institutions (21 worldwide) to offer fully accredited residency training in clinical medical physics in therapeutic radiology.

Researchers at Jefferson's Kimmel Cancer have found that thymoquinone, an extract of nigella sativa seed oil, blocked pancreatic cancer cell growth and killed the cells by enhancing the process of programmed cell death.

ACHIEVEMENTS

Reporting their findings in the *Proceedings of the National Academy of Sciences*, researchers at Jefferson's Kimmel Cancer Center showed that breast cancer cells secrete a common inflammatory protein, IL-8. When they blocked the protein in mice with an antibody, they found that it completely halted the spread of breast cancer to the lungs.

Thomas Jefferson University was one of six academic medical centers and hospitals in Philadelphia honored recently by the non-profit Center for Information and Study on Clinical Research Participation (CISCRP) for its work on behalf of the organization's mission of educating and empowering people to make informed decisions about clinical research participation.

Internationally renowned sculptor John Safer donated the "Spirit of Valor" sculpture that now stands in the atrium of the Bluemle Life Sciences Building. A miniature of the piece was presented as an award to Olivia Newton-John at last year's Concert for the Cure at the Kimmel Center for the Performing Arts.

Thomas Jefferson University Hospitals is at the forefront of institutions evaluating a "triple rule-out" protocol with coronary computed tomographic angiography (CCTA) for low-to-moderate risk patients presenting with symptoms suspicious for acute coronary syndrome (ACS). The "triple rule-out" CCTA provides a non-invasive, rapid and accurate approach for the proper diagnosis or exclusion of ACS.

Jouni Uitto, MD, PhD, Wins Award for Leadership in Dermatology



Dr. Jouni Uitto, MD, PhD, Professor and Chair, Department of Dermatology and Cutaneous Biology, and Professor of Biochemistry and Molecular Biology, has been awarded the first annual Albert M. Kligman/ Phillip Frost Leadership in

Dermatology Award. Presented by the Society for Investigative Dermatology, the award acknowledges significant contributions to the understanding of structure and function of skin. Dr. Uitto formally received the award in May at the International Investigative Dermatology Meeting in Kyoto, Japan where he also lectured on the "Structure and Function of the Skin: Lessons from Heritable Diseases."

Dr. Uitto is internationally recognized for his research on connective tissue biochemistry and molecular biology in relation to cutaneous diseases. He has been Professor of Dermatology and Cutaneous Biology, and Biochemistry and Molecular Biology, and Chair of the Department of Dermatology and Cutaneous Biology at Jefferson Medical College since 1986. Dr. Uitto is also Director of the Jefferson Institute of Molecular Medicine at Thomas Jefferson University.

Health Mentors Needed

Are you an adult with one or more chronic conditions? Please volunteer to play an important role in training future health professionals at Jefferson. Call **215-955-8601**.

Watch the newsstands for the November/December issue of JeffNEWS Approved copy and calendar items are due by MONDAY, OCTOBER 27. Please submit calendar items dated through January 12.

SEMINARS/CONFERENCES

 Women's Health Source, Debra Dix. FIRST CALL, Employee Assistance Program, TJUH, "Laughing Matters," noon to 1 p.m., 925 Chestnut, 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Saturday, October 4

• Scleroderma Patient Education Workshop, 8:45 a.m. to 12:15 p.m., Hamilton Building (1001 Locust Street), Connelly Auditorium. Light refreshments will be served. Pre-registration is required by September 30. Call 866-675-5545 or email DVchapter@ scleroderma.org for more information.

Thursday, October 9

· Women's Health Source, Kristin L. Brill, MD, FACS, Breast Surgeon, Department of Surgery, Instructor, JMC, "Breast IQ: Understanding the Changes of Our Breast Throughout Our Life," noon to 1 p.m., 925 Chestnut, 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Wednesday, October 15

• Women's Health Source, Barbara C. Cavanaugh, MD, Director, Jefferson Breast Imaging, Radiology, "Breast Imaging: What is a Mammogram and Who Should Be Getting Them?" noon to 1 p.m., 925 Chestnut, 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Monday, October 20

• Jefferson School of Nursing, HRSA Grant, "Advanced Practice Oncology Nursing for Diverse and Underserved Populations, 2008 Oncology Symposium at the Kimmel Cancer Center at Jefferson, 9 a.m. to 3 p.m., 101 BLSB. Call 1-800-JEFF-NOW to register. (Send abstracts for poster session to theresa.yeo@jefferson.edu by October 1.)

Wednesday, October 22

 Women's Health Source, Rita M. Battaglini, RN, BSN, OCN, Breast Care Coordinator, Jefferson Breast Care Center, TJUH, "Breast Biopsy: A Breast Biopsy is Recommended. What Does This Mean and What Should You Do?" noon to 1 p.m., 925 Chestnut, 2nd fl. conference room area. Call 1-800-IEFF-NOW.

Thursday, October 23

• Jefferson Interprofessional Education Center, 1st Annual Conference - "InterProfessional Care for the 21st Century: Redefining Education." Explore synergies in education and healthcare through an interactive dialogue with distinguished educators and colleagues. 7 a.m. to 4:30 p.m., TJU. For more information, email Catherine.Mills@jefferson.edu.

Thursday, October 30

 Women's Health Source, Anne L. Rosenberg, MD, FACS, Breast Surgeon, Department of Surgery, Clinical Professor, JMC, "Breast Cancer: Treating Breast Cancer in 2009," noon to 1 p.m., 925 Chestnut, 2nd fl. conference room area. Call 1-800-JEFF-NOW.

UPCOMING SEMINARS/CONFERENCES Wednesday, November 5

• Women's Health Source, Vivian Fineman, MSN, RN and Diane C. Lucente, Esquire, Office of General Counsel and Department of Risk Management, TJUH, "Advance Directives: It's Up to You!" noon to 1 p.m., 925 Chestnut, 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Friday, November 7

 Jefferson-Myrna Brind Center of Integrative Medicine, "Mindfulness-Based Stress Reduction for Professionals," Mental Health Care Professionals Workshop, 9:30 a.m. to 5 p.m., BLSB, Call 1-800-IEFF-NOW.

Friday, December 5

 Jefferson-Myrna Brind Center of Integrative Medicine, "Mindfulness-Based Stress Reduction for Professionals," Medical Professionals Workshop, 9:30 a.m. to 5 p.m., BLSB. Call 1-800-JEFF-NOW.

FORUMS

Wednesday, October 8

 Health Policy, Louis Diamond, MD, ChB, FACP, Vice President and Medical Director, Medstat Group, "Assessing Physician

Performance Challenges and Opportunities," 8:30 to 9:30 a.m., 218 Curtis. Call 215-955-6969.

Wednesday, November 5

 Health Policy, Leslie Stiles, Executive Director. Commonwealth of Pennsylvania, Commission for Women, "The Women's Wellness Guide," 8:30 to 9:30 a.m., 218 Curtis, Call 215-955-6969.

GRAND ROUNDS

Thursday, September 25

• Department of Surgery, Charles J. Yeo, MD, Samuel D. Gross Professor of Surgery and Chairman of the Department, "Regionalization for Complex Operations: A Controversial Topic," 7 to 8 a.m., Gross Conference Room, 605 College.

 Medicine, Sally Wenzel, MD, Director, Asthma and Allergic Disease Programs, Professor of Medicine, University of Pittsburgh Medical Center, "Severe Asthma and Its Phenotypes," noon, DePalma.

Friday, September 26

• Neurosurgery, Journal Club, 7 a.m., DePalma Aud.

Wednesday, September 27

• Family and Community Medicine, Richard C. Wender, MD, Chairman, Department of Family Medicine, TJU, "Town Meeting," 8 to 9 a.m., 105/107 BLSB.

Wednesday, October 1

- Family and Community Medicine, Jeffrey Panzer, MD, PGY 3, Family and Community Medicine, TJU, "Refugee Health," 8 to 9 a.m., 105/107 BLSB.
- Kimmel Cancer Center, Hillard Lazarus, MD, PhD, Professor of Medicine, Ireland Cancer Center, Case Western Reserve University, University Hospitals of Cleveland, "Mesenchymal Stem Cells: From the Bench to the Bedside," noon, Room 101/12 BLSB.
- Psychiatry and Human Behavior, Roger Kathol, MD, Academy of Psychosomatic Medicine Visiting Professor, Adjunct Professor of Internal Medicine and Psychiatry, University of Minnesota, "Delirium Prevention and Intervention," 11 a.m. to noon, DePalma.
- Methodist Hospital, Medical Grand Rounds, Joseph McEvoy, MD, Associate Professor of Psychiatry, Duke University Medical Center, "Schizophrenia: Optimizing Patient Medication Adherence for Improved Outcomes," noon, Morgan Conference Center, Methodist Hospital.

Thursday, October 2

 Department of Surgery, Charles J. Yeo, MD, Samuel D. Gross Professor of Surgery and Chairman of the Department, "Regionalization for Complex Operations: A Controversial Topic," 7 to 8 a.m., Gross Conference Room, 605 College.

Medicine, Benny Weksler, MD, Assistant Professor of Surgery, TJUH, "Minimally Invasive Esophagectomy: A New Standard of Care," noon, DePalma.

• Neurosurgery, Peter Campbell, MD, topic t/b/a, 7 a.m., DePalma Aud.

Wednesday, October 8

- Kimmel Cancer Center, Frank McCormick, PhD, FRS, Director USCF Helen Diller Family Comprehensive Cancer Center and Research Institute, Associate Dean, UCSF School of Medicine, topic t/b/a, noon, Room 101/12 BLSB.
- Psychiatry and Human Behavior, Dilip Ramchandani, MD, Professor of Psychiatry, Drexel University College of Medicine, "Fooling Others or Oneself? A History of Therapeutic Fads and Its Current Relevance," 11 a.m. to noon, DePalma

Friday, October 10

 Neurosurgery, Sanjay Yadla, MD, topic t/b/a, 7 a.m., DePalma Aud.

Wednesday, October 15

- Family and Community Medicine, Julia Lou, MD, PGY2, Department of Family and Community Medicine, TJU, "Morbidity and Mortality," 8 to 9 a.m., 105/107 BLSB.
- Kimmel Cancer Center, Joachim Yahalom. MD, Department of Radiation Oncology, Memorial Sloan-Kettering Cancer Center, topic t/b/a, noon, Room 101/12 BLSB.

• Psychiatry and Human Behavior, 3rd Annual Akhtar-Brenner Lecture on Psychoanalysis -Stuart Twemlow, MD, Professor of Psychiatry, Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine; Faculty, Houston-Galveston Psychoanalytic Institute, 11 a.m. to noon, DePalma.

Methodist Hospital, Medical Grand Rounds, Burton L. Eisenberg, MD, Deputy Director, Norris Cotton Cancer Center, Dartmouth Medical Center, "Optimizing Therapy in Gastrointestinal Stromal Tumor," no Morgan Conference Center, Methodist Hospital.

Thursday, October 16

 Medicine, "Mortality and Morbidity," conference, noon, DePalma.

Friday, October 17

• Neurosurgery, Anver Jameel, MD, topic t/b/a, 7 a.m., DePalma Aud.

Wednesday, October 22

- Family and Community Medicine, Joseph Spiegel, MD, Associate Professor, Department of Otolaryngology Head and Neck Surgery, TJU, "Vocal Cord Dysfunction," 8 to 9 a.m., 105/107 BLSB.
- Psychiatry and Human Behavior, Joseph Rogers, Mental Health Association of Southeastern Pennsylvania, "The Consumer Movement in Behavioral Health," 11 a.m. to noon, DePalma.
- Methodist Hospital, Medical Grand Rounds, Mark E. Molitch, MD, Professor of Medicine, Northwestern University, The Feinberg School of Medicine," noon, Morgan Conference Center, Methodist Hospital.

Thursday, October 23

• Medicine, Mark Molitch, MD, Professor, Division of Endocrinology, Northwestern University, The Feinberg School of Medicine, "Update on Evaluation and Treatment of Prolactinomas," noon, DePalma.

Friday, October 24

• Neurosurgery, Rohan Chitale, MD, topic t/b/a, 7 a.m., DePalma Aud.

Wednesday, October 29

- Family and Community Medicine, Valerie Pracilio, Research Study Coordinator, Department of Health Policy, TJU, "Smoking sation," 8 to 9 a.m., 105/107 BLSB.
- Kimmel Cancer Center, Robert H. Singer, MD, Professor and Chair, Anatomy, Structural Biology, Albert Einstein College of Medicine, Yeshiva University, "Spatial and Temporal Regulation of mRNA in Single Cells During Cell Migration and Metastasis," noon, 105/107 BLSB.
- Psychiatry and Human Behavior, Bryce Templeton, MD, Professor of Psychiatry, Drexel University College of Medicine, "Lowering the Drinking Age – What are the Data?" 11 a.m. to noon, DePalma.
- Methodist Hospital, Medical Grand Rounds, David W. Andrews, MD, Professor of Neurosurgery and Maria Werner-Wasik, MD, Associate Professor of Radiation Oncology, JMC, "Stereotacic Program," noon, Morgan Conference Center, Methodist Hospital.

Thursday, October 30

· Medicine, Michael Lim, MD, Associate Professor of Neurosurgery and Oncology, Johns Hopkins University, "Management of Metastatic Brain," noon, DePalma.

Friday, October 31

 Neurosurgery, Visiting Professor, Jeffrey Bruce, MD, topic t/b/a, 7 a.m., DePalma Aud.

UPCOMING GRAND ROUNDS

Wednesday, November 5

- Kimmel Cancer Center, Marc C. Chamberlain, MD, Professor, Department of Neurology and Neurological Surgery, Chief, Division of Neuro-Oncology, University of Washington Fred Hutchinson Cancer Center and Research Institute, Seattle Cancer Care Alliance, "Leptomeningeal Metastasis," noon, 101 /12 BLSB.
- Methodist Hospital, Medical Grand Rounds, Gary A. Emmett, MD, Clinical Professor of Pediatrics, JMC, "Infant Mortality," noon, Morgan Conference Center, Methodist Hospital

Thursday, November 6

JEFFCALENDAR

Medicine, "Mortality and Morbidity," conference, noon, DePalma.

Friday, November 7

Neurosurgery, Karl Doghramji, MD, "Overcoming Physician Fatigue," 7 a.m., DePalma Aud.

Monday, October 13

 Executive Committee of the Medical Staff. TJUH, 5 p.m., 636 Scott.

Thursday, October 16

• Thomas Jefferson University Hospitals Inc. Board, 8 a.m., 101 BLSB.

Thursday, October 23

• Office of Research Administration, Basic Science Research Administrators Specialization, 10 to 11:30 a.m., 505 Hamilton. Refreshments will be served. Open to all interested in research administration.

SPECIAL EVENTS

Wednesday, October 1

· WXPN Musicians On Call plays for Jefferson patients. Also, Wednesdays, Oct. 8, 15, 22 and 29; Nov. 5, 12, 19 and 26.

Friday, October 17

 Jeff-IBC Wellness Center, Health and Wellness Fair, 11 a.m. to 2 p.m., Lubert Plaza, Hamilton (rain location, JAH Cafeteria). For more information, call 3-9059. This event is FREE!

Thursday, October 23

• TJUH Women's Board participates in "The Shopping Benefit" at Bloomingdale's (King of Prussia and Willow Grove). Tickets are \$10 each and entitle the bearer to storewide discounts, fashion features and entertainment (100% of the ticket price and a percentage of all sales benefit TJUH). Purchase tickets at 2210 Gibbon (see Rosemarie) or Jefferson Foundation Office, 925 Chestnut (see Terri).

RELIGIOUS

Thursday, September 25

· Christian Bible Study, Prayer and Fellowship group, 1 to 2 p.m., 302 MOB. Also Thursdays, Sept. 31; Oct. 2, 9,16, 23 and 30; Nov. 6, 13, 20 and 27. Call Doretha at 267-231-7463 or email DJohn91@yahoo.com

Friday, September 26

 Inspirational video presentation/Bible study, 3 separate sessions: noon, 12:30 p.m. and 1 p.m., 139 JAH. All welcome. Also Friday, Oct. 31. Call Luel at 610-717-2824, Ester at 215-955-5951.

Tuesday, September 30

 Come join our Tuesday Prayer and Bible Study Class, noon, JAH. All are welcome. Also Tuesdays, Oct. 7, 14, 21 and 28; Nov. 4, 11, 18 and 25. Please contact Annette Chesson at 215-955-8991 for more information or email annette@praynowministry.com

SUPPORT GROUPS

Thursday, September 25

 Kimmel Cancer Center, Radiation Therapy Information Session, 10 to 11 a.m., G-312 Bodine

Wednesday, October 1

• Jefferson Breast Care Center, Breast Cancer Awareness Month Kick-off "Awareness is Power." Educators: Jefferson Breast Cancer Center Staff, 10 a.m. to 2:30 p.m., 10th St. Atrium. Education booths open to the Jefferson and local community. Light refreshments provided.

Saturday, October 4

• Kimmel Cancer Center, "A Place for Me," a group program for children whose parent or grandparent has cancer, 10 a.m. to 1:30 p.m., BLSB. Call 215-955-8370 to register.

Thursday, October 9

• Jefferson Breast Care Center, Kristin L. Brill, MD, FACS, Breast Surgeon, Department of Surgery, Instructor, JMC, "Breast IQ: Understanding the Changes of Our Breast Throughout Our Life," noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. Call 1-800-JEFF-NOW to register.

Wednesday, October 15

• Jefferson Breast Care Center, Barbara C. Cavanaugh, MD, Director, Jefferson Breast Imaging, Department of Radiology, Clinical Associate Professor, JMC, "Breast Imaging: What is a Mammogram and Who Should Be Getting Them?" noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. Call 1-800-JEFF-NOW to register.

• Kimmel Cancer Center, The Delaware Valley Brain Tumor Support Group, a program for individuals diagnosed with a brain tumor and their families, 7 p.m. to 8:30 p.m., 105 BLSB. Call 215-955-4429 to register.

Thursday, October 16

• Rehabilitation Medicine, Nu-Voice Club of Center City, a support group for laryngectomee patients, family members and friends, noon to 1:30 p.m., 9490 Gibbon. Contact Addy Schultz, Speech-Language Pathologist, OP Rehab, at 215-955-0122 or adeline.schultz@mail.tju.edu.

Friday, October 17

• Kimmel Cancer Center, "Brain Tumor Caregiver Workshop," learn about treatments, symptoms, cognitive and personality changes legal issues, and more, 8 a.m. to 4 p.m., 101 BLSB. Call 1-800-JEFF-NOW to register.

Wednesday, October 22

 Jefferson Breast Care Center, Rita M. Battaglini, RN, BSN, OCN, Breast Care Coordinator, Jefferson Breast Care Center, "Breast Biopsy: A Breast Biopsy is Recommended. What Does This Mean and What Should You Do?" noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room, Call 1-800-JEFF-NOW to register.

Thursday, October 23

• Kimmel Cancer Center, Facing Breast Cancer with Information and Support, Barbara C. Cavanaugh, MD, Director, Breast Imaging, TJUH, Screening and Detection," noon to 1:30 p.m., 505 Hamilton. Call 215-955-8370 to register.

Thursday, October 30

- · Jefferson Breast Care Center, Anne Rosenberg, MD, FACS, Breast Surgeon, Department of Surgery, Clinical Professor, JMC, "Breast Cancer: Treating Breast Cancer in 2009," noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. Call 1-800-JEFF-NOW to register.
- Kimmel Cancer Center, Current Topics, Anne Delengowski, RN, MSN, AOCN, Oncology Clinical Nurse Specialist, TJUH, "End-of-Life Issues," noon to 1:30 p.m., 505 Hamilton. Call 215-955-8370 to register.

TJU Choir Prepares for Dec. 12 Holiday Concert

Join the Thomas Jefferson University Choir for rehearsals every Wednesday from 7 to 8:30 p.m. in Jefferson Alumni Hall's first-floor Solis-Cohen Auditorium. Open to all members of the Jefferson community and their friends and family, the group will meet through December 10 (except November 26). TJU Orchestra members are also needed. Call 215-790-5195 for more information.

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