U.S. News & World Report Ranks Jefferson Best in Philadelphia for Orthopedics and Rehabilitation

Thomas Jefferson University Hospitals has again been ranked as the top hospital in Philadelphia for orthopedics and rehabilitation medicine by U.S. News & World Report in its 2008 Best Hospitals issue. This ranking translates into the 15th best hospital in the nation for orthopedic surgery and the 12th best in the U.S. for rehabilitation medicine.

U.S. News & World Report also named Jefferson as among the best in the nation this year in five other specialties – cancer, endocrinology, gastrointestinal disorders, geriatric care and respiratory disorders. In addition, Wills Eye, which serves as the Department of Ophthalmology for Thomas Jefferson University Hospitals and Jefferson Medical College, was ranked third in the nation and the top medical center in Philadelphia for ophthalmology. Jefferson Hospitals’ President and CEO Tom Lewis said Jefferson and its staff are again honored to be among a select number of medical centers of excellence in the nation.

Jefferson Doctors Awarded $3.7 Million Grant from National Eye Institute

The National Eye Institute has awarded Barry W. Rovner, MD, and Robin J. Casten, PhD, a $3.7 million grant to fund the “Low Vision Depression Prevention Trial.” This clinical trial will test the efficacy of an intervention to prevent depression and human behavior disorders.

28th in U.S. for Cancer Care

Jefferson continues to steadily climb the annual cancer care rankings list in U.S. News and World Report. Its ascent is strongly supported by the Kimmel Cancer Center’s reputation for excellence as one of approximately 60 National Cancer Institute-designated cancer centers in the U.S., and its ranking as sixth in the nation for year-over-year growth in terms of NCI funding.

“Cancer care is a strategic priority for Jefferson,” said University President Robert Barchi, MD, PhD. “In the coming years, I expect even greater success as our scientists and clinicians continue to make groundbreaking discoveries in cancer diagnosis and treatment.”

In addition to its high level of medical care and research, KCC offers ongoing support programs to those facing cancer and educational events and screenings that provide information on cancer prevention. Jefferson Journaling for women facing cancer, breast cancer risk factors information sessions, the Celebration of Life and the annual prostate cancer screening in September are just some of KCC’s programs.

Neurosurgeon Develops New Approach to Brain Surgery in Uganda

This summer, The Philadelphia Inquirer featured Ben Warf, MD, and his alternative to brain surgery for treating hydrocephalus (“water on the brain”).

“Shunt dependence puts the patient in a very precarious situation,” notes Dr. Warf in the newspaper article. His alternative technique involves using an instrument to gain entry to the brain, sealing up excess-fluid-producing tissue and freeing trapped cerebrospinal fluid, allowing it to absorb normally in the body.

Dr. Warf developed the hydrocephalus treatment out of need while in Uganda, where he helped to build and run a pediatric neurosurgical hospital for nonprofit group, CURE International. Because of the scarcity of emergency care in this region and the risks involved in shunt surgery – many children experience blockages and need subsequent surgeries – he created a new technique by blending two separate procedures. The result: more than 70 percent of his hydrocephalus patients who received this procedure did not need to have a shunt inserted afterwards.

Dr. Warf, a pediatric neurosurgeon at Alfred I. duPont Hospital for Children and Clinical Professor of Neurological Surgery at Jefferson Medical College.

Food Network Show Featuring Jefferson Staff, Patients Airs October 22

“Dinner: Impossible” host Michael Symon (second from right) and former Jefferson patients (pictured here) served a four-course “thank-you” dinner to more than 230 nurses and doctors at Jefferson earlier this year. Shown from left to right are Andrea Gillespie, Marquita Cunningham and Gia San.

Departments on the Move

More spacious surroundings and expanded services are part of the many positive changes underway at Jefferson. Please visit us in these new settings:

<table>
<thead>
<tr>
<th>Department</th>
<th>New Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jefferson Infusion Center</td>
<td>925 Chestnut Street Building, 2nd Floor</td>
</tr>
<tr>
<td>Human Resources</td>
<td>833 Chestnut Street, 9th Floor</td>
</tr>
<tr>
<td>Medical Oncology</td>
<td>925 Chestnut Street Building, 3rd Floor</td>
</tr>
<tr>
<td>Kidney, Liver and Pancreas Transplant Program</td>
<td>833 Chestnut Street, Suite 610</td>
</tr>
</tbody>
</table>

Important Events

- **JMC Receives $7.5 Million Donation**
- **Jouini Ullo, MD, PhD, Leader in Dermatology**
- **Important Events**

Healthy Reminders

- **September** is Prostate Cancer Awareness Month
- **October** is Breast Cancer Awareness Month

Schedule an exam or mammogram today.

To find a Jefferson physician, call 1-800-JEFF-NOW.

VITAL SIGNS: JULY 2008

<table>
<thead>
<tr>
<th></th>
<th>Budget</th>
<th>Actual</th>
<th>Prior Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions</td>
<td>3,870</td>
<td>3,904</td>
<td>3,879</td>
</tr>
<tr>
<td>Length of Stay</td>
<td>5.68</td>
<td>5.68</td>
<td>5.64</td>
</tr>
<tr>
<td>Patient Days</td>
<td>21,977</td>
<td>21,738</td>
<td>23,020</td>
</tr>
<tr>
<td>Outpatient Visits</td>
<td>38,479</td>
<td>40,080</td>
<td>38,107</td>
</tr>
</tbody>
</table>

Patient Satisfaction Overall Mean Score 85.2

In This Issue:

- **JMC Receives $7.5 Million Donation**
- **Jouini Ullo, MD, PhD, Leader in Dermatology**
- **Important Events**

www.Jefferson.edu

www.JeffersonHospital.org

THOMAS JEFFERSON UNIVERSITY AND HOSPITALS
Estate of Jefferson Alumnus Donates $7.5 Million

The estate of Jefferson Medical College alumnus Dr. Robert (class of 1948) and Dorothy (nee Hitchon) Rector of Chambersburg, Pa. presented Thomas Jefferson University with a $7.5 million bequest, adding to an earlier gift of $10 million from the estate three years ago.

These monies will be used to further the educational mission of Jefferson Medical College and Thomas Jefferson University. This includes undergraduate medical education and the medical school’s Dr. Robert and Dorothy Rector Clinical Skills Center, located in the Dorrance H. Hamilton Building, where interdisciplinary learning and an integrated curriculum is offered to medical, nursing, physical and occupational therapy students.

The Rector Clinical Skills Center is located on two floors of the six-story, state-of-the-art Hamilton Building. Dedicated last October as part of Thomas Jefferson University’s $60 million project to revitalize the campus, the Hamilton Building features virtual diagnostic and surgical suites, clinical training areas, classroom space and an audio-video studio for tape student interactions.

A Force of Excellence: Jefferson Nursing Aims for Magnet Status

This fall, Jefferson Nursing will submit an extensive application for the Magnet Recognition Program. If Magnet designation is granted early next year, Jefferson will join an elite group: less than five percent of U.S. hospitals have achieved Magnet status, an accreditation developed by the American Nurses Credentialing Center (ANCC) to recognize high-quality patient care, nursing excellence and innovations in professional nursing practice.

“Thanks to the ongoing hard work and dedication of our documentation and nursing staff, Jefferson is well on its way to demonstrating that we are deserving of national recognition for our excellence,” says Mary Ann McGinley, Senior Vice President, Patient Services and Chief Nursing Officer.

Drawing for 8GB iPod Nano at Blood Donor Center

All those who donate blood through October 24 will have a chance to win. The Center also offers thank-you gifts to all donors. Call 955-7791 weekdays from 8:30 a.m. to 4 p.m. to schedule an appointment or stop by 8230 Gibbon.

Nutrition/Dietitian Services Now Covered Under Four Insurance Plans

Nutrition/dietitian services offered by Jefferson’s Division of Gastroenterology and Hepatology are now covered under various forms of insurance: Personal Choice (6 free visits with no copay), Keystone Health Plan East (6 free visits, no copay, referral required), Aetna (unlimited visits, copay, referral required) and Medicare (diabetes and kidney disease only). In addition, the department offers discounted rates to those with other, non-applicable types of insurance.

The Division of Gastroenterology and Hepatology specializes in individual pediatric and adult nutrition education and counseling for the following:

- Weight Loss and Management
- Celiac Sprue Disease
- High Cholesterol and High Triglycerides
- Irritable Bowel Syndrome
- Crohn’s Disease and Ulcerative Colitis
- Gastroesophageal Reflux Disease (GERD)
- Cirrhosis and Fatty Liver
- Lactose Intolerance
- Food Allergies
- Weight Gain
- Eating Disorders

To schedule an appointment, speak with your doctor or contact the Division’s dietitian, Emily Rubin, RD, LDN, directly at 955-4152 or 955-8900, option 3.

Jefferson Professor Receives Award for Lifetime of Innovative Research in Nuclear Medicine

Mathew Thakur, PhD, was recently honored with the Benedict Cassen Prize, known as the “Nobel Prize” of Nuclear Medicine. Dr. Thakur, Professor of Radiology and Radiation Oncology/Nuclear Medicine at Jefferson Medical College, received the award in recognition of his outstanding contributions to the science and practice of Nuclear Medicine. The award, given by the Society of Nuclear Medicine’s Education and Research Foundation, was recently presented to Dr. Thakur at the Society’s annual meeting in New Orleans, Louisiana where he presented the Cassen Lecture to a ballroom full of his colleagues on “Genomic Biomarkers for Molecular Imaging: Predicting the Future.”

With a career spanning more than 35 years, Dr. Thakur has produced numerous accomplishments and inventions that have benefited millions of patients worldwide. Throughout his career, he has developed several widely-used radiopharmaceuticals (radioactive compounds administered for purposes of diagnosis or therapy) that have improved diagnostic accuracy and ultimately improved patient care. Known nationally and internationally, he is a widely-published researcher with more than 300 articles, 36 book chapters, four books and several patents to his name.

The Cassen Prize is named in honor of the physicist who invented the rectilinear scanner, which allowed the early applications of nuclear medicine in imaging patients.

Patients Donate Thousands to Support Scleroderma Research at Jefferson

The Department of Dermatology and Sergio Jimenez, MD, Director of the Scleroderma Center and Co-Director of the Jefferson Institute of Molecular Medicine, received two significant gifts this summer to support research in the field of scleroderma.

“Thanks to ongoing hard work and dedication of our documentation and nursing staff, Jefferson is well on its way to demonstrating that we are deserving of national recognition for our excellence,” says Mary Ann McGinley, Senior Vice President, Patient Services and Chief Nursing Officer.

Jefferson Specialists Use Revolutionary Procedure to Treat Sinusitis

Otolaryngologists at Jefferson Hospital are using a revolutionary new procedure to give chronic sinusitis sufferers an option that brings lasting relief and doesn’t involve cutting or removing tissue. The use of Balloon Sinuplasty™ has recently emerged as an alternative to conventional medical and surgical management in select instances of chronic sinusitis and sinus outflow obstruction.

“Balloon Sinuplasty is similar to angioplasty and in fact, the technology for this procedure was inspired by the use of balloon catheters in cardiologic, vascular and urologic procedures,” says Marc Rosen, MD, Assistant Professor of Otolaryngology-Head and Neck Surgery, Jefferson Medical College.

Along with Jefferson Otolaryngology colleagues, Dr. Rosen co-authored an article last year highlighting the benefits of using image guidance technology during the balloon procedure.

JMC Names Howard Weitz, MD, Director of Cardiology

Dr. Weitz replaces Bernard L. Segal, MD, who, after 10 years as director, will become Director Emeritus of the division, while continuing his active practice in cardiovascular medicine.

As head of the department I am looking forward to implementing new and innovative ways to treat cardiovascular disease and to continue to foster relationships among the physicians of different cardiovascular disciplines,” said Dr. Weitz.
Intekhab Ahmed, MD, FACP, FACE, Jefferson’s Program Director for Endocrine Fellowship, was recently elected president of the Philadelphia Endocrine Society.

Jasmine Afroz has joined the Jefferson staff as Director, Service Improvement and Volunteer Services. Prior to her post at Jefferson, she was employed by Johns Hopkins Bayview Medical Center.

Daniel B. Brown, MD, has been appointed Director of the Division of Cardiovascular and Interventional Radiology within the Department of Radiology of Thomas Jefferson University Hospitals. His primary area of interest is minimally invasive cancer therapy. Dr. Brown joins Jefferson from the Washington University School of Medicine in St. Louis.

The Philadelphia County Medical Society has elected Theodore A. Christopher, MD, FACEP, as president. Dr. Christopher, is Professor and Chair of the Department of Emergency Medicine at Jefferson Medical College.

Michael G. Curry, MBA, Vice President, Physician Operations and Support Services, Methodist Hospital Division of Thomas Jefferson University Hospital, has been re-elected to the Board of Trustees of the American Red Cross Blood Services, Penn-Jersey Region and has been named Secretary of the Executive Committee.

Four Thomas Jefferson University students have recently been awarded Albert Schweitzer Fellowships, allowing each of them to dedicate more than 200 hours of community service to enhance access to adequate health services for low-income communities where the need is greatest.

Elizabeth Daly, Cameron Bass, Carrie Zaslow, and Megan Riley are committed to serve with Project HOME and the Ridge Avenue Shelter in Philadelphia, to develop various projects to meet the medical needs of the community.

Michael A. DellaVecchia MD, PhD, FACS, has been appointed vice president of the metro Philadelphia chapter of the American College of Surgeons. Dr. DellaVecchia is Director of the Wills Eye Emergency Department at Jefferson.

Flemming Forsberg, PhD, Professor of Radiology at Jefferson Medical College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College, presented updated results on the effect of using subharmonic imaging (SHI) in determining a breast cancer diagnosis at the fifth Era College.

Wayne Bond Lau, MD, has been awarded a $5,000 Career Development Grant from the Emergency Medicine Foundation to study cardiovascular disease in patients with diabetes. Dr. Lau is an instructor of emergency medicine at Jefferson Medical College.

Jefferson has named Bohdan Miniczak, MS, MD, PhD, FAAEM, FACEP, as Interim Vice Chairman in the Department of Emergency Medicine at the Methodist Hospital Division. He is an assistant professor in the Department of Emergency Medicine and Medical Director of Emergency Medical Services (EMS) at Methodist.

Alfred O. Moon, MD, has won the Leon Peris Medical Records Award. The Senior Resident in the Department of Medicine earned the honor by having the best overall record of timely, accurate and complete dictations for inpatient care.

Jefferson Medical College welcomes Jeffrey Rihn, MD, to the staff as an assistant professor of spine surgery. Dr. Rihn will see patients at the Rothman Institute’s King of Prussia and Media locations.

Hallegeir Rui, MD, PhD, of Jefferson’s Kimmel Cancer Center recently accepted an invitation to serve as a member of the Tumor Progression and Metastasis Study Section for the Center for Scientific Review at the National Institutes of Health.

Richard Pestell MD, PhD, Director of the Kimmel Cancer Center at Jefferson recently met with Australian Prime Minister Rudd and shared with him the scope of the research and treatment capabilities at Jefferson’s Kimmel Cancer Center. Dr. Pestell later participated in the plenary panel session of the 2020 Summit, telecast live in Australia, highlighting the importance of cooperation and knowledge-sharing in the fight against cancer.

The Department of Surgery recently appointed new staff members:

- Michel Haddad, MD, Assistant Professor of Surgery at JMC. Specialty: cardiac surgery and critical care medicine.
- Jay Jenoff, MD, Assistant Professor of Surgery at JMC. Specialty: trauma surgery, general surgery and surgical critical care.
- Niels Douglas Martin, MD, Assistant Professor of Surgery at JMC. Specialty: acute care surgery, which encompasses trauma surgery, general surgery and surgical critical care.
- Benny Wessler, MD, Assistant Professor of Surgery at JMC. Specialty: thoracic surgical oncology, especially procedures for lung and esophageal cancer, as well as several different types of minimally invasive chest procedures.

This summer, Yan Yu, PhD, MBA, was elected Fellow of the American Association of Physicians in Medicine (AAPM) and James M. Galvin, DSc, received the Award for Achievement in Medical Physics. Members of Jefferson’s Department of Radiation Oncology presented a total of 20 scientific papers at the AAPM conference, making Jefferson one of the most prolific institutions at the annual meeting.

Jefferson is the first hospital in Philadelphia to offer the next generation of drug eluting stents, recently approved by the FDA, for the treatment of coronary artery disease (CAD). The XIENCE V stent is more easily delivered to the site of the blockage, thus paving the way for better treatment of CAD.

Two breast cancer pilot program grants were awarded recently at Jefferson’s Kimmel Cancer Center, thanks to money raised by the Ladies of Port Richmond.

“Novel models of Disparity in Breast Cancer” will focus on the differences in survival of breast cancer patients of African American and Caucasian descent. The research team will develop novel statistical models to better understand the contributions of genetics and other biomarkers versus the contributions of socioeconomic disparity to the development of more aggressive tumors in breast cancer patients.

“Ideification of Genes that Cooperate with the Loss of Cav1 in Breast Cancer,” is an extension of an important discovery made at Jefferson’s Kimmel Cancer Center. The project will focus on the interaction of other genes with mutated Cav1 gene in the development of breast cancer.

Researchers at the Center for Translational Medicine at Thomas Jefferson University have found a second signaling molecule they believe “turns on” genes that lead to heart failure.

The Medical Physics Residency Program in the Department of Radiation Oncology received full accreditation from the Commission on Accreditation of Medical Physics Education Programs (CAPPEP). Thomas Jefferson University will join a prominent list of 15 other U.S. institutions (21 worldwide) to offer fully accredited residency training in clinical medical physics in therapeutic radiology.

Researchers at Jefferson’s Kimmel Cancer Center have found that thymoquinone, an extract of nigella sativa seed oil, blocked pancreatic cancer cell growth and killed the cells by enhancing the process of programmed cell death.

Reporting their findings in the Proceedings of the National Academy of Sciences, researchers at Jefferson’s Kimmel Cancer Center showed that breast cancer cells secrete a common inflammatory protein (IL-8). When they blocked the protein in mice with an antibody, they found that it completely halted the spread of breast cancer to the lungs.

Thomas Jefferson University was one of six academic medical centers and hospitals in Philadelphia honored recently by the non-profit Center for Information and Study on Clinical Research Participation (CISCRP) for its work on behalf of the organization’s mission of educating and empowering people to make informed decisions about clinical research participation.

Internationally renowned sculptor John Safer donated the “Spirit of Valor” sculpture that now stands in the atrium of the Bluemle Life Sciences Building. A miniature of the piece was presented as an award to Olivia Newton-John at last year’s Concert for the Cure at the Kimmel Center for the Performing Arts.

Thomas Jefferson University Hospitals is at the forefront of institutions evaluating a “triple rule-out” protocol with coronary computed tomographic angiography (CCTA) for low-to-moderate risk patients presenting with symptoms suspicious for acute coronary syndromes (ACS). The “triple rule-out” CCTA provides a non-invasive, rapid and accurate approach for the proper diagnosis or exclusion of ACS.

Jouni Uitto, MD, PhD, Wins Award for Leadership in Dermatology

Dr. Jouni Uitto, MD, PhD, Professor and Chair, Department of Dermatology and Cutaneous Biology, and Professor of Biochemistry and Molecular Biology, has been awarded the first annual Albert M. Kligman/ Philip Frost Leadership in Dermatology Award. Presented by the Society for Investigative Dermatology, the award acknowledges significant contributions to the understanding of structure and function of skin. Dr. Uitto formally received the award in May at the International Investigative Dermatology Meeting in Kyoto, Japan where he also lectured on the “Structure and Function of the Skin: Lessons from Heritable Diseases.”

Dr. Uitto is internationally recognized for his research on connective tissue biochemistry and molecular biology in relation to cutaneous diseases. He has been Professor of Dermatology and Cutaneous Biology, and Professor of Biochemistry and Molecular Biology, and Chair of the Department of Dermatology and Cutaneous Biology at Jefferson Medical College since 1986. Dr. Uitto is also Director of the Jefferson Institute of Molecular Medicine at Jefferson Thomas University.

Health Mentors Needed

Are you an adult with one or more chronic conditions? Please volunteer to play an important role in training future health professionals at Jefferson. Call 215-955-8601.
Wednesday, October 15
• Women’s Health Source, Barbara C. Cavanaugh, MD, Director, Jefferson Breast Imaging, Radiology: “Breast Imaging: What is a Mammogram and Who Should Get It?” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Thursday, October 16
• Women’s Health Source, Kristin L. Bell, MD, FACS, Breast Surgeon, Department of Surgery, Instructor, JMC, “Breast IQ: Understanding the Changes of Our Breast Throughout Our Life,” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Friday, October 17
• Neurosurgery, Aner Janev, MD, to discuss. For more information, send abstracts for poster session to theresa.yeo@jefferson.edu by October 1.)

Wednesday, October 22
• Women’s Health Source, Ritu M. Battaglino, RN, BSN, OCN, Breast Cancer Coordinator, Jefferson Breast Care Center, TUH, “Breast Biopsy: A Breast Biopsy is Recommended. What Does This Mean and What Should You Do?” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room area. Call 1-800-JEFF-NOW to register.

Thursday, October 23
• Jefferson Interprofessional Education Center, 1st Annual Conference - “InterProfessional Care for the 21st Century: Improving Healthcare Education.” Explore synergies in education and healthcare through an interactive dialogue with practitioners from across Center for Clinical Education’s “It’s Up to You!” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Friday, October 24
• Jefferson Interprofessional Education Center, 1st Annual Conference - “InterProfessional Care for the 21st Century: Improving Healthcare Education.” Explore synergies in education and healthcare through an interactive dialogue with practitioners from across Center for Clinical Education’s “It’s Up to You!” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room area. Call 1-800-JEFF-NOW to register.

Thursday, October 30
• Women’s Health Source, Anne L. Rosenberg, MD, FACS, Breast Surgeon, Department of Surgery, Clinical Professor, JMC, “Breast Cancer: Treating Breast Cancer in 2009,” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Friday, October 31
• TJUH Women’s Board participates in “The Shoemaker’s Benefit” at Bloomberg’s/King of Prussia and Willow Grove.” Tickets are $10 each and entitle the bearer to storewide discounts, fashion features and entertainment (100% of the ticket price and a percentage of all sales benefit TJU). Purchase tickets at 2191 Gibson (see Drexel’s Office of Philanthropy and Development, 925 Chestnut (see Terr).

Wednesday, November 4
• TJUH Women’s Board participates in “The Shoemaker’s Benefit” at Bloomberg’s/King of Prussia and Willow Grove.” Tickets are $10 each and entitle the bearer to storewide discounts, fashion features and entertainment (100% of the ticket price and a percentage of all sales benefit TJU). Purchase tickets at 2191 Gibson (see Drexel’s Office of Philanthropy and Development, 925 Chestnut (see Terr).

Thursday, November 5
• Women’s Health Source, Vivian Fineman, MSN, RN and Diane C. Lucente, Esquire, Office of General Counsel and Department of Management, TJUH, “Advisory: Directives: It’s Up to You!” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room area. Call 1-800-JEFF-NOW.

Friday, November 6
• Jefferson Myers’s Brain Center of Integrative Medicine, “Mindfulness-Based Stress Reduction for Professionals,” Mental Health Care Professionals Workshop, 9:30 a.m. to 5 p.m., BLS. Call 215-955-8970.

Saturday, November 7
• Jefferson Myers’s Brain Center of Integrative Medicine, “Mindfulness-Based Stress Reduction for Professionals,” Mental Health Care Professionals Workshop, 9:30 a.m. to 5 p.m., BLS. Call 215-955-8970.

Saturday, November 7
• Jefferson Myers’s Brain Center of Integrative Medicine, “Mindfulness-Based Stress Reduction for Professionals,” Mental Health Care Professionals Workshop, 9:30 a.m. to 5 p.m., BLS. Call 215-955-8970.

Sunday, November 8
• Jefferson Myers’s Brain Center of Integrative Medicine, “Mindfulness-Based Stress Reduction for Professionals,” Mental Health Care Professionals Workshop, 9:30 a.m. to 5 p.m., BLS. Call 215-955-8970.

Wednesday, November 8
• Kimmel Cancer Center, Breast Care Center, “Breast Cancer: Treating Breast Cancer in 2009,” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. Call 1-800-JEFF-NOW to register.

• Kimmel Cancer Center, The Delaware Valley Brain Tumor Support Group, a program for individuals diagnosed with a brain tumor and their families, 7 p.m. to 8:30 p.m., 105 BLS. Call 215-955-8970 to register.

Thursday, November 9
• Rehabilitation Medicine, Nia Vu-Childress, PhD, Voice of Center City, a support group for language-impaired, family members and friends of people with aphasia, 9:30 a.m. to 1:30 p.m., 105 BLS. Call 215-955-8970 to register.

Friday, November 10
• TJUH Women’s Board participates in “The Shoemaker’s Benefit” at Bloomberg’s/King of Prussia and Willow Grove.” Tickets are $10 each and entitle the bearer to storewide discounts, fashion features and entertainment (100% of the ticket price and a percentage of all sales benefit TJU). Purchase tickets at 2191 Gibson (see Drexel’s Office of Philanthropy and Development, 925 Chestnut (see Terr).

Thursday, November 16
• Jefferson Interprofessional Education Center, “The Women’s Wellness Guide,” noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. Call 215-955-8970 to register.

Friday, November 17
• TJUH Women’s Board participates in “The Shoemaker’s Benefit” at Bloomberg’s/King of Prussia and Willow Grove.” Tickets are $10 each and entitle the bearer to storewide discounts, fashion features and entertainment (100% of the ticket price and a percentage of all sales benefit TJU). Purchase tickets at 2191 Gibson (see Drexel’s Office of Philanthropy and Development, 925 Chestnut (see Terr).