Thomas Jefferson University Establishes School of Health Policy and Population Health

Thomas Jefferson University has established an important new academic initiative: the founding of the Jefferson School of Health Policy and Population Health (JSHOPPH). This new school, which will begin enrolling students in September 2009, builds on Jefferson’s strengths in health policy and population health and reaffirms our position as a leading, innovative academic medical center. JSHOPPH will provide graduate academic programming, continuing education courses and conferences and sustained research and consulting in areas of health policy, healthcare quality and safety and chronic care management. Jefferson will be the only university in the nation to offer a Master’s Degree in Chronic Care Management. Students will also be able to pursue a Master’s in Health Policy and in Healthcare Quality and Safety, as well as doctorates in Health Policy (PhD or DrHP) and Population Health Sciences (PhD).

David B. Nash, MD, MBA, a board-certified internist, has been named the School’s Founding Dean. Dr. Nash, the Dr. Raymond C. and Doris N. Grandon Professor of Health Policy, is internationally recognized for his work in outcomes management, medical staff development and quality-of-care improvement. He has been with Jefferson since 1990, when he founded the original Office of Health Policy. Most recently Dr. Nash served as Chair of the Department of Health Policy.

Dr. Nash’s tenure at Jefferson mirrors the growing recognition that providers must be educated with a global view of healthcare in order improve the health of populations in the U.S. Focused on policy and population health, with an interdisciplinary curriculum that allows medical, nursing and allied health students to take classes together, the JSHOPPH fills a critical need in public health education.

Hospital Trauma Program Granted Level 1 Accreditation

Jefferson Hospital President and CEO, Tom Lewis, recently announced that the TJUH trauma program has received a full two-year accreditation as a Level 1 Regional Trauma Center by the Pennsylvania Trauma System Foundation. Accreditation was granted after a site visit by the organization. Jefferson is one of only 18 hospitals in the U.S. that are both an official Trauma Center and a Regional Spinal Cord Injury Center. Patients with the most serious injuries are brought to Jefferson by the emergency medical squads and by physician-initiated transfer from other hospitals. As a Level 1 Center, Jefferson also conducts research and continuing education programs for health professionals in trauma care. For more information, call 215-955-4960.

Komen Awards Jefferson Over $1.5 Million in Grants to Study Breast Cancer

With the goal of delivering cures to patients sooner, Susan G. Komen for the Cure® recently announced an unprecedented $100 million in grants to American and international scientists, including four Jefferson researchers. Drs. Jasmin, Witkiewicz, Rui and Frank are recipients.

“We’ve revamped Komen’s research program, challenging the best minds to solve the most difficult issues in breast cancer,” said Hala Moddelmog, President and CEO of Susan G. Komen for the Cure. “These grants are geared to results – finding cures, tailoring treatments and resolving the issues that have stymied the search for a breast cancer cure.”

The grants awarded to Thomas Jefferson University and Jefferson’s Kimmel Cancer Center include:

- Diagnostic and Prognostic Biomarkers Jean-Francois Jasmin, PhD: $450,000
- Diagnostic and Prognostic Biomarkers Agnieszka Witkiewicz, MD: $450,000
- Pathobiology, Hallger Rui, MD, PhD: $180,000
- Nutritional Prevention, Philippe Frank, PhD: $450,000

Jefferson Forms Vital Partnerships with Leading Regional Institutions

This fall, Thomas Jefferson University joined forces with Christiana Care Health System, Nemours/Alfred I. duPont Hospital for Children and the University of Delaware to form a consortium that will allow patients to more quickly benefit from research. The Delaware Valley Institute for Clinical and Translational Science (DVICT) brings together the capabilities of four primary medical and educational institutions with close affiliations to three other academic institutions, 33 hospitals, more than 130 research and clinical specialty centers, and 14 schools and colleges.

Through the Institute, innovative collaborations will be established between experts in medical practice, health economics and policy, population sciences, public health, and biomedical and materials sciences. Joint projects of member institutions are already underway.

“With our strengths, sharing our data, involving the communities and eliminating the usual compartmentalized infrastructure to open the doors to new ideas,” said Robert L. Barchi, MD, PhD, President, Thomas Jefferson University.

Jefferson formed another partnership with the University of Delaware in September of this year.

In the academic area, this partnership will support successful implementation of existing collaborations in the Medical Scholars Program (which leads to a bachelor’s degree from UD and a medical degree from Jefferson), occupational therapy and pharmacy, as well as the possible development of expanded collaboration in such areas as nursing, health policy, population health, rehabilitation sciences, physical therapy and biomedical engineering. In addition, policies and procedures will be developed to allow students to enroll in courses and gain academic credit at either institution.

Building on the shared educational opportunities of both institutions, the partnership also will facilitate the development and submission of joint proposals for externally funded research in areas of shared priority, and procedures will be developed to facilitate research collaboration and processing of joint initiatives.

Earlier this year, both institutions signed an agreement for the creation of a new degree program that offers a Bachelor of Science degree and a doctor of pharmacy degree.

Employee Appreciation Days at Jefferson

John Lackey of Radiology and Udomchai Techavipoo, a Neuroscience research fellow, get “SWOOPed” up in the fun in the Jefferson Hospital Atrium on October 29. Of course, more excitement was on the way – that night, the Phillies won the World Series!
Jefferson Hosts First InterProfessional Education Conference

On October 23, leaders in education and healthcare as well as social services professionals, policy makers, researchers and interested stakeholders gathered together to exchange information on interprofessional care learning models.

In addition to speakers, “InterProfessional Care for the 21st Century: Redefining Education,” featured a Network at Lunch and Poster Session/Connections Event, allowing participants to forge new partnerships and stimulate dialogue to develop novel approaches in interprofessional curricular and scholarly activities.

The event was an initiative of the Jefferson InterProfessional Education Center, whose mission is to promote excellence in healthcare through interprofessional education and scholarship. More information is available online at http://jeffline.jefferson.edu/ipce or by calling JCIPE at 215-955-0639.

A Gift in Remembrance: Kelly Kroll Raises $5,000 for Melanoma Research

Before her mother, Bonnie, passed away in 2001, Kelly Kroll vowed to raise awareness of skin cancer and to raise money for the melanoma research conducted by Takami Sato, MD, at Jefferson’s Kimmel Cancer Center. Kelly went on to establish the Bonnie Kroll Melanoma Memorial fund after Bonnie lost her battle with ocular metastatic melanoma.

“Dr. Sato extended her life with quality for as long as he possibly could. He is talented, compassionate and dedicated to delivering the highest degree of care to his patients,” said Kelly.

Kelly’s establishment of the memorial fund appeared in a newsletter distributed by Gettysburg College, her Alma Mater, and touched a 90-year-old alumnus. He contacted Kelly and pledged a $2,500 donation. Kelly and her husband Richard then matched his donation, and presented Dr. Sato with a check for $5,000.

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A 'New Age in Dementia Care' at Jefferson

The Jefferson Center for Applied Research on Aging and Health (CARAH) invited health professionals, family caregivers and students to an exciting one-day summit at the state-of-the-art Hamilton Building in September.

“A New Age in Dementia Care: Turning Evidence into Practice” brought together nationally recognized experts who presented innovative models for clinical services, considerations for training health professionals in new approaches to care and new directions in research to support non-pharmacologic dementia care.

The program emphasized evidence-based approaches that support culturally diverse persons with dementia and their families in the home and community.

The event celebrated the opening of CARAH’s new virtual Living Laboratory for Elder Care. The Laboratory embraces a new vision for closing the research-practice gap by providing evidence-based clinical services in the varied life spaces of older adults and their families, training health professionals in these evidence-based programs and informing new directions in research to improve the lives of older adults and their caregivers.

For more information on CARAH, please call 215-503-4716.

Jefferson Miles Mack Community Service Award Established

At a memorial service for long-time employee Miles Mack held on September 25, Executive Vice President and COO David McQuaid announced the establishment of the Jefferson Miles Mack Community Service Award. The award will be given annually to a deserving employee who is making a difference in the community – and displaying the exceptional character and commitment to service that Miles embodied every day.

More than a hundred people attended the service to honor Miles, who had been with Jefferson for 16 years in the Patient Transportation Department. His tragic and untimely death has affected many throughout Jefferson.

“It is truly a sad day at Jefferson when someone from our family is unexpectedly taken away from us in this way,” says David. “And while we may seem like a large organization, when tragedy strikes, we see how closely we are connected to one another.”

The Jefferson Miles Mack Community Service Award will honor the deeds of a truly inspirational member of the Jefferson and Philadelphia community. Every day, Miles touched the lives of staff, patients and the kids of Philadelphia who were part of the X-Tra Miles Youth Basketball League he founded. To those who knew him, Miles was an extraordinary man who stepped up to make a difference in the lives of many. He made personal sacrifices and expected little in return.

“This is Jefferson’s way to honor Miles’s spirit of service in a very meaningful way,” says David. “And we hope it will inspire others to follow his good example.”

Department of Surgery Establishes Pancreas Tumor Registry

Jefferson’s Charles J. Yeo, MD, has announced the creation of a longitudinal pancreatic cancer study.

The new Jefferson Pancreas Tumor Registry (JPTR) will allow participants to engage in long-term follow-up and receive information regarding scientific and epidemiological breakthroughs.

“The purpose of the registry is to further study whether pancreatic cancer occurs more frequently in families with a history of the disease,” said Dr. Yeo. Samuel D. Gross Professor and Chair, Department of Surgery at Jefferson Medical College, and principal investigator of JPTR.

“It will also be used to determine the environmental and occupational risk factors to which pancreatic cancer patients have been exposed.”

Participants in the JPTR are asked to complete a detailed questionnaire and may be asked to submit a blood sample and/or cheek swab. The questionnaires are designed to elicit the family health history of a patient with pancreatic cancer or a non-affected family member, and to document exposure to occupational and environmental factors, such as residential radon, asbestos and second-hand tobacco smoke.

Research has shown that certain rare genetic conditions are associated with an increased risk of pancreatic cancer, including familial breast-ovarian cancer, familial melanoma, familial colon cancer, hereditary pancreaticitis and Peutz-Jeghers syndrome (a rare hereditary condition that results in gastrointestinal polyps). “While we have not identified a causative gene yet to allow predictive testing for pancreatic cancer, we can offer risk assessments and surveillance via imaging, blood tests and endoscopic ultrasound for patients with a strong family history of pancreatic cancer,” adds Dr. Yeo.

Learn more about the Registry by calling 215-955-9402 or visit http://www.jeffersonhospital.org/pancreas/article16736.html.

Hospital Information Systems Staff Help Kids on ‘Day of Caring’

As part of the United Way’s Day of Caring, members of Hospital Information Systems volunteered on September 10 at the Sally Watson Center Crisis Nursery in Philadelphia. Rick Kleindienst, Marie O’Connor, Autumn Rugletic, Larry Lawhorn, and Jarrad Gholston worked with the children, participated in a flower planting project and organized donations made by the public. To participate in an upcoming community service project with IS staff members, please contact Rick at 215-503-1611 or email Richard.Kleindienst@jeffersonhospital.org.
**PEOPLE**

**Todd Albert, MD** was recognized for his excellence and achievement in the field of orthopedics by the Arthritis Foundation of Eastern Pennsylvania. The foundation honored him with the Sir John Charnley Award in October. Dr. Albert is the Richard H. Rothman Professor and Chair, Department of Orthopedics, and Professor of Neurosurgery, Thomas Jefferson University Hospitals and The Rothman Institute.

**Gregory J. Artz, MD**, recently joined the Department of Otolaryngology – Head and Neck Surgery at TJUH. He was named an assistant professor at Jefferson Medical College. He specializes in hearing, balance and facial nerve disorders. He is also specialty trained in skull base surgery and the treatment of acoustic neuromas, meningiomas and glomus tumors.

**Robert L. Brent, MD, PhD**, was honored as the recipient of the prestigious 2008 Alfred I. duPont Award for Excellence in Children’s Health Care. He is the Richard H. Rothman Professor and Chair of the Department of Pediatric Surgery at Thomas Jefferson University Hospitals and The Rothman Institute.

**David M. Cognetti, MD**, recently joined the Department of Otolaryngology-Head and Neck Surgery at Thomas Jefferson University Hospital and was named an assistant professor at Jefferson Medical College. Dr. Cognetti specializes in head and neck oncologic surgery as well as thyroid and parathyroid disorders. His training includes endoscopic and open organ preservation surgery for laryngeal cancer and minimally invasive thyroid and parathyroid surgery.

**Anthony Doomer, MS**, physics resident in the Department of Radiation Oncology, recently received the 2008 Simon Kramer Society-BEST Medical International Fellowship Award. Presented at the American Society for Therapeutic Radiology and Oncology meeting in Boston, Anthony’s paper — entitled “Dosimetric Evaluation of Targets and Organs at Risk for Head and Neck Cancer Cases During an Adaptive Treatment Course” — was one of two recognized with the honor.

**Cataldo Doria, MD, PhD**, received the designation of “Transplant Surgeon of the Year” from the American Liver Foundation Delaware Valley Chapter (ALF). Dr. Doria is Director of the Division of Transplantation at Jefferson Hospital and Associate Professor of Surgery at Jefferson Medical College.

**Randy Haines** has been elected 2009 Vice President of Region I of the Association of Energy Engineers. Randy is Energy Manager for the Jefferson Health System and Thomas Jefferson University.

**Mary E. Hill** has been named Administrator for Hospitalists, Intensivists and TJUH Practices. She has served in senior positions at Voluntary Hospitals of America, Johns Hopkins Hospital and Duke University Medical Center.

**Sergio A. Jimenez, MD**, has been awarded the prestigious title of Master of the American College of Rheumatology for his outstanding contributions to the field of rheumatology through scholarly achievement and service to patients, students and profession. Dr. Jimenez is Co-Director, Jefferson Institute of Molecular Medicine, and Director of the Division of Connective Tissue Diseases in the Department of Dermatology and Cutaneous Biology at Jefferson Medical College.

**Harish Lavu, MD**, was named Assistant Professor of Surgery at Jefferson Medical College. He specializes in hepatobiliary and pancreatic surgery.

**Rajnish Mago, MD**, has been honored with a Young Investigator Award from NARSAD, the world’s leading charity dedicated to mental health research. The award provides research funding over two years to develop a novel, patient-rated, Internet-based rating scale for identification and assessment of side effects of psychiatric medications. Dr. Mago is Director of the Mood Disorders Program in the Department of Psychiatry and Human Behavior at Thomas Jefferson University.

**Edith Mitchell, MD**, won the Tree of Life Award from The Wellness of You, a local nonprofit organization. The award recognizes health professionals who are committed to making a difference in community health. Dr. Mitchell has also been accepted as a member of the 2008-2009 class of Fellows in the Hedwig van Ameringen Executive Leadership in Academic Medicine Program for Women. She is Clinical Professor, Department of Medical Oncology at Jefferson Medical College and Associate Director of Diversity Programs at Jefferson’s Kimmel Cancer Center.

**Catherine Verrier Pierrols, MS, OTR/L**, has been named the Clinical Director of the new Living Laboratory for Elder Care, part of the Jefferson Center for Applied Research on Aging and Health (CARAH) at Thomas Jefferson University.

**Glenn J.R. Whitman, MD**, Professor of Surgery, has been appointed Director of the Surgical Cardiac Care Unit at Thomas Jefferson University Hospital. He has been teaching at Jefferson since September 2007. Previously he was Director of Transplantation and Associate Hospital Director for Perioperative Services at Temple University Hospital.

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**Science Park in Poland Renamed After Polio and Rabies Vaccines Pioneer**

**Hilary Koprowski, MD**, one of the world’s outstanding biomedical researchers over the last half-century, was honored by his native country with the renaming of a major science and technology park in his honor. The multimillion-dollar Gdansk Science and Technology Park, located in the north central part of Poland, was officially opened and renamed the Hilary Koprowski Science and Technology Park during a ceremony in early September.

Dr. Koprowski’s ground-breaking work in polio and rabies has greatly advanced vaccine research. In the late 1940s, his efforts resulted in the production of the first oral polio vaccine that was used extensively to immunize people on four continents. In the 1970s, his passionate interest in the area of rabies led him to develop a new tissue culture-based vaccine that is more effective and less painful than the traditional Pasteur technique. “It is befitting that a scientist of his stature has a park dedicated to science and technology named after him,” said Richard Pestell, MD, PhD, Director of Jefferson’s Kimmel Cancer Center.

“Dr. Koprowski is a world-renowned virologist and immunologist whose dedicated research has left an indelible mark on humanity,” Dr. Pestell is also Professor of Cancer Biology at Jefferson Medical College and Jefferson’s Kimmel Cancer Center, and Director of both the Center for Neurovirology and the Biotechnology Foundation Laboratories at Thomas Jefferson University.

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**Jefferson Students: Sign up for JeffALERT**

Update your contact information in BannerWeb today to get campus emergency messages via text message, email and voicemail.

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**Jefferson ER Expands to Better Serve Community**

Jefferson’s Emergency Department recently expanded to offer more than 50 treatment rooms. We are proud to continue our highest level of care in what is now one of the largest emergency facilities in Philadelphia.

**Give the Gift of Blood**

Donors with all blood types are needed. Stop by the Jefferson Blood Donor Center at 8230 Gibbon or call 215-955-7791. Center hours are 8:30 a.m. to 4 p.m., Monday through Friday. Monday blood donors receive a $5 Atrium Cafeteria meal voucher.

**ACTIONS**

Researchers at Jefferson’s Kimmel Cancer Center have established a laboratory prostate cancer cell line they believe will become a valuable research tool in both understanding and treating prostate cancer. In a recent issue of Clinical Cancer Research, the researchers say these cells will provide a much needed new model system for development of diagnostics and therapeutics for prostate cancer.

Thomas Jefferson University Hospital is the first hospital in Pennsylvania, and one of the first in the U.S., to use the latest implantable cardiac device technology to treat patients who suffer from irregular heart beats and heart failure. The recently FDA-approved implantable cardioverter-defibrillators (ICDs) allow physicians more sophisticated remote monitoring over the Internet, cutting out needless trips to the hospital for those patients who suffer from arrhythmias, heart failure and those at risk for sudden cardiac arrest.

A research team led by investigators at the Department of Surgery at Jefferson Medical College and Jefferson’s Kimmel Cancer Center has achieved a substantial “kill” of pancreatic cancer cells by using nanoparticles to successfully deliver a deadly diphtheria toxin gene. The findings reflect the first time this unique strategy has been tested in pancreatic cancer cells, and the success seen offers promise for future pre-clinical animal studies, and possibly, a new clinical approach.

Drs. Parvizi, Hozack and Austin, orthopedic surgeons from the Rothman Institute at Jefferson, hosted a September webinar that presented current approaches to hip surgery for young and active older adults. The webinar featured demonstrations, discussions and interactive participation from viewers. To view the program visit www.jeffersonHospital.org/webcast.

The Jefferson Scleroderma Center and the Scleroderma Foundation recently held its Scleroderma Patient Education Workshop. Medical professionals from Jefferson, Georgetown University School of Medicine and Northwestern University spoke at the event.
Jefferson Staff Members Receive Honors

Edith Mitchell, MD, (second from left) received the Tree of Life Award from The Wellness of You, a non-profit health education and resource organization. Also pictured: John A. Rich, MD, MPH, Professor and Chair, Department of Health Management and Policy at Drexel University; Fastambahale, President of The Wellness of You, Inc.; Kenny Gamble, Chairman of all Universities; Edward S. Cooper, MD, Emeritus Professor of Medicine at the University of Pennsylvania School of Medicine and Patricia Kane, PhD, Director, Medical Research at BodyBio, Inc.

SEMINARS/CONFERENCES

Thursday, December 4
• Women’s Health Source, Lynn Buscovec, Registered Dietician, Certified Diabetes Educator, TJUH, “Nutrition and Menopause: How to Avoid the Weight Gain” noon to 1 p.m., 925 Chestnut, 2nd fl. conference room.

Friday, December 5
• Jefferson-Mynn Brind Center of Integrative Medicine, “Mindfulness-Based Stress Reduction for Professionals,” Medical Health Professionals Workshop, 9:30 a.m. to 5 p.m., BL8S. Call 1-800-JEFF-SOW.

Thursday, December 11
• Continuing Medical Education - Patient Safety Considerations in Nutrition Support featuring nationally renowned speakers, 7 a.m. to 12:15 p.m., Mandeville Conference Room, 101 BL8S (continuing Medical Education credits).

FORUM

Wednesday, December 10
• Health Policy; Mollly A. Rose, RN, PhD, Christine Arendon, MD, Co-Directors, Center for InterProfessional Education, TJUH, “Jefferson Center for InterProfessional Education,” 8:30 to 9:30 a.m., 218 Chestnut.

GRAND ROUNDS

Wednesday, November 26
• Family and Community Medicine, David S. Tchakovsky, MD, FACS, Associate Professor of Surgery; Director, Minimally Invasive and Bariatric Surgery, Department of Surgery, and Janine Ayordas, MD, Department of Medicine, TJUH “Bariatric Surgery,” 8 to 9 a.m., 105/107 BL8S.
• Pediatrics, Departmental Meeting, Scottland Conference Room, 700 College, noon.
• Methodist Hospital, Medical Grand Rounds, Perry R. Weiner, DO, Clinical Assistant Professor, JMC, “BPHE, noon, Morgan Conference Center, Methodist Hospital.

Thursday, December 18
• Medicine, “Mortality and Morbidity,” conference, noon, DePalma.

Friday, December 19
• Neurosurgery, Journal Club, 7 a.m., DePalma Aud.

Friday, January 9
• Neurosurgery, Steven Falowski, MD, Research Summary, “ 7 a.m., DePalma Aud.

Friday, January 16
• Neurosurgery, Peter Amenta, MD, t/b/a, 7 a.m., DePalma Aud.

Friday, January 23
• Neurosurgery, Susan Salas, MD, t/b/a, 7 a.m., DePalma Aud.

Friday, January 30
• Neurosurgery, Journal Club, 7 a.m., DePalma Aud.

GRAND ROUNDS – VIDEO TELECONFERENCES WILL BE BROADCAST FROM LECTURE HALL, duPONT HOSPITAL FOR CHILDREN

Wednesday, November 26
• Pediatrics, John Shoﬀner, MD, President and CEO, Medical Neurosciences, LLC, VA Medical Center, Northside Hospital, Children’s Healthcare of Atlanta, Associate Director of Biology, Georgia State University, “Clinical and Research Advances in Mitochondrial Disease,” 8 a.m., (from duPont Hospital for Children to Jefferson, AtlanticCare, Christiana Care Health System, Bryn Mawr and Lanenker.

Wednesday, December 3
• Pediatrics, Joel A. Fein, MD, MPH, Attending Physician, CHOP; Director and Principal Investigator, Philadelphia Collaborative Violence Prevention Program; Associate Professor of Pediatrics and Emergency Medicine, University of Penn School of Medicine, “Violence Prevention in our Community: The Physician’s Perspective,” 8 a.m., (from duPont Hospital for Children to AtlanticCare, Christiana Care Health System, Bryn Mawr and Lanenker.

Wednesday, December 10
• Pediatrics, Gary A. Emmott, MD, PAAP, Director of Hospital Pediatrics, Pediatrics, TJUH, “Hyperibulobinemia,” 8 a.m., (from Jefferson to duPont Hospital for Children at AtlanticCare, Christiana Care Health System, Bryn Mawr and Lanenker.

Wednesday, December 17
• Pediatrics, Glenn Stryjerowski, MD, Associate Pediatric Residency Program Director, JMC, duPont Hospital for Children; Assistant Professor of Pediatrics, JMC and Steven Selbst, MD, Vice Chair for Education, Director of Residency Program, JMC, duPont Hospital for Children; Professor, Pediatric, JMC, “Holiday Rose” Medical Lawyop, 8 a.m., (from duPont Hospital for Children to Jefferson, AtlanticCare, Christiana Care Health System, Bryn Mawr and Lanenker.

MEETINGS

Monday, December 8
• Executive Committee of the Medical Staff, TJUH, 5 p.m., 436 Scott.

Thursday, December 18
• Thomas Jefferson University Hospitals, Inc. Board, 8 a.m., 101 BL8S.

Monday, January 12
• Executive Committee of the Medical Staff, TJUH, 5 p.m., 436 Scott.

Tuesday, January 20
• Women’s Board of TJUH, Executive Committee Meeting, 9:30 a.m. to 4:30 scott.

SPECIAL EVENTS

Wednesday, November 26

Thursday, December 17
• TJU Choir rehearsal, 7 to 8:30 p.m., 139 JAH. also, Wed, Dec. 10.

Friday, December 12
• TJU Choir and Orchestra 39th Annual Holiday Concert, featured work is Vivaldi’s “Gloria,” plus music of the season, 8 p.m., St. Luke’s and the Ephaphus Church, 350 South 16th Street, between Pine and Spruce Streets. The concert is free and open to the public. Call 215-790-5195 or 790-5194.

UPCOMING EVENTS

Mindfulness-Based Stress Reduction for Medical Health Professionals

December 5

Jefferson’s Diane Reibel, PhD, and her colleagues have conducted studies to examine the effects of mindfulness on health, and have provided mindfulness training to hundreds of individuals over the past 12 years. “I see many patients debilitated with chronic pain who, through mindfulness, are able to improve their quality of life and function in the world again,” says Diane. “I also see patients who are severely depressed tell me that mindfulness has helped them break out of old patterns, start new jobs, enter healthy relationships and make other positive changes.”

For further information and to register for a workshop, visit the Jefferson – Myrna Brind Center of Integrative Medicine website (www.jeffersonhospital.org/cim) or call 1-800-JEFF-Now.

Patient Safety Considerations in Nutrition Support

December 11

Physicians, nurses, dieticians, pharmacists and other providers are invited to learn the latest information on promoting patient safety in relation to nutrition support. Nationally renowned speakers will be featured and conference participants will learn both how to improve patient safety by providing optimum nutrition support and how to maximize patient safety in the delivery of nutrition support.

Continuing Education Credits available. Jefferson Medical College is accredited by the ACCME and ACPE. ADA credit pending.

Please contact the Office of Continuing Medical Education at 215-955-6992 or visit http://jeffline.jefferson.edu/jeffmc.

Free Holiday Concert

December 12

Join the Thomas Jefferson University Choir and Orchestra for an evening featuring Vivaldi’s “Gloria” and music of the season. See more information in the “Special Events” section on this page.

Jeffrey zijnah Smith, MD, PhD, President, TJU, Thomas J. Lewis, President and CEO, JMC, STAFF: Carrmilt J. Brown, Senior Vice President for Marketing, Public Relations and Communications Barbara Henderson, Director of Communications and Managing Editor Valerie Duffo, Editor Ruth Spleth, Calendar Editor Douglas Patrick, Design. jeffnebasisci.com

Article and photo ideas, contact: Valerie.Duffo@jeffersonhospital.org or 215-955-7708

Calendar and classified items, contact: ruth.spleth@jefferson.edu or 215-955-8046

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November/December 2008