

TJUH Among First in U.S. to Treat Mild Heart Failure with Implantable Cardiac Device

Thomas Jefferson University Hospital is one of the first hospitals in the United States to treat high-risk asymptomatic or mild heart failure patients with cardiac resynchronization therapy defibrillators (CRT-Ds), which have been clinically proven to reduce death and heart failure events, such as hospitalization. Seventy percent of all heart failure patients in the U.S. are asymptomatic or mildly symptomatic. As one of 110 trial sites worldwide, Thomas Jefferson University Hospital, participated in a landmark clinical trial called MADIT-CRT that led to the

U.S. Food and Drug Administration's September approval for expanded use of CRT-Ds for early-phase heart failure.

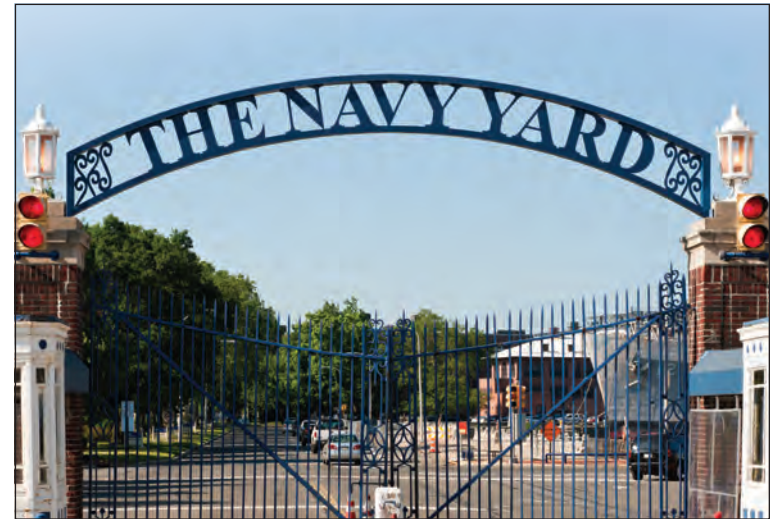
Mild heart failure typically is treated with lifestyle changes and medicines. However, new research has shown the use of CRT-Ds in asymptomatic or mild heart failure patients (high-risk New York Heart Association Class I and II patients) with a Left Bundle Branch Block (LBBB) reduces death and heart failure events. CRT-Ds previously were only available to patients in the late phases of the condition. Non-LBBB patients

did not show evidence of benefit.

Heart failure results in about 300,000 deaths each year, according to the National Heart Lung and Blood Institute. In 2010, heart failure will cost the United States nearly \$40 billion. Heart failure cannot be cured but early diagnosis and treatment can improve quality of life and life expectancy for people suffering from heart failure.

Learn more at www.jeffersonhospital.org/news.

Jefferson Now Open at the Navy Yard



Patients in the tri-state area now have quick access to specialists in medical oncology, otolaryngology, pain management and urology. Jefferson's new location at the Philadelphia Navy Yard is close to all major highways, including Rt. 76, I-95 and the Walt Whitman and Ben Franklin bridges. In addition, Jefferson's Surgical Center at the Navy Yard offers a safe and comfortable environment to receive surgical care. Free parking, cable TV and wifi are available. Learn more at www.jeffersonhospital.org/About-Us/jefferson-navy-yard.

JAMA Publishes CARAH Research on Intervention for Dementia Patients and Their Caregivers

In September, the *Journal of the American Medical Association* (JAMA) showcased research from Laura N. Gitlin, PhD, and her colleagues at CARAH – the Jefferson Center for Applied Research on Aging and Health.

The JAMA article reported results from a randomized trial of the program Care of Persons with Dementia in their Environment (COPE) which aims to support patient capabilities by reducing environmental stress and to enhance caregiver skills.

In the study, entitled "Effects of a Nonpharmacologic, Bio-behavioral Home-based Intervention on Functional Status and Quality of Life of Patients with Dementia and Well-being of their Caregivers: A Randomized Trial," participants received up to 10 sessions with an occupational therapist and two interactions with a nurse. (Read details of the study online – visit

www.jefferson.edu/carah and look for the "Spotlight on CARAH" section.)

After four months of COPE intervention, Gitlin's team observed improvement in functional dependence for patients, most notably for such activities as using the telephone, shopping, preparing meals and doing housework. Caregivers who were undergoing COPE treatment reported improvement in well-being and confidence using activities.

Also at four months, 37 percent of patients in COPE had an underlying medical condition that was not previously treated and which may contribute to poor quality of life. Dr. Gitlin notes that one unanswered question is how frequently a person with dementia should undergo routine medical testing to catch these conditions and treat them in a timely manner. She continues, "A related question is that while we know that pain is highly prevalent in

dementia patients, we do not as yet have adequate approaches to detecting and managing pain."

After nine months, caregivers involved in COPE reported a great deal of improvement in their quality of life, including better understanding of the disease, more confidence in managing behaviors, improved caregiving and ability to keep the person with dementia at home.

"This study reinforces other recent findings that nonpharmacologic, biopsychosocial-environmental interventions may positively contribute to disease management of patients with dementia who live at home with their caregivers," shares Dr. Gitlin. "It also highlights the important role of occupational therapists and nurses as part of the dementia care team."

Learn more about CARAH and the study at www.jefferson.edu/carah.

New Adult Celiac Center Opens at Jefferson

Celiac disease is on the rise and its complications pose a serious health threat – including a high risk of cancer – for its sufferers. Jefferson specialists have a long history of expertise in diagnosing and managing celiac disease, and recently formalized their care services under the auspices of a new clinical and academic center – the Jefferson Celiac Center.

The new center brings together experts in gastroenterology, nutrition, rheumatology, endocrinology, dermatology and infertility, who provide state-of-the-art care influenced by leading-edge research conducted at Thomas Jefferson University. Jefferson Celiac Center's mission is to: improve diagnosis and management of adult celiac disease and associated conditions by centering care around a core network of specialists; advance scientific knowledge of celiac disease through extensive research and clinical trials; educate physicians, patients and families about celiac disease; and support patient advocacy by increasing public awareness.

Recent studies show that diagnoses of celiac disease have quadrupled in the United States since the 1950s. The disease can cause fertility problems among other side effects, and, left undiagnosed, patients with celiac disease are at an increased risk of getting cancers in the esophagus, intestine and lymph glands (lymphoma). Although it affects more than three million Americans (one in every 133 adults), celiac disease is often misdiagnosed and misunderstood.

"We diagnose anywhere from one to three new patients a week with celiac disease. That's a substantial number of new patients," said Anthony J. DiMarino, Jr., MD, Director, Division of Gastroenterology and Hepatology at TJUH, and Director of the Jefferson Celiac Center.

Learn more about the disease and how it is diagnosed and treated at www.jeffersonhospital.org/departments-and-services/ceciac-center. The staff is also available at 215-9-CELIAC.

Tackling Breast Cancer with the Philadelphia Eagles



Jefferson volunteers sold caps and ties in support of the Tackling Breast Cancer (TBC) campaign at two Eagles games this fall. The sale raised awareness of breast cancer and proceeds were donated to the Jefferson Breast Care Center. The Philadelphia Eagles have teamed up with Jefferson for seven years to raise awareness of the disease and the need for screening. In partnership with fans and sponsors, the Eagles have been able to raise more than \$1,000,000 through generous donations and the sale of TBC merchandise.

VITAL SIGNS: SEPTEMBER 2010		Budget	Actual	Prior Year
TJUH, Methodist, Geriatric Psychiatry, Jefferson Hospital for Neuroscience				
Admissions		3,792	3,726	3,692
Length of Stay		5.20	5.79	5.00
Patient Days		19,736	21,251	18,742
Outpatient Visits		37,498	39,517	37,449
Patient Satisfaction Score (combined average): 84.7				

Congratulations to the 2010 Miles Mack Jefferson Community Service Award Winner and Nominees



This year's winner, Madeline Tymes, RN, of Medical Oncology, (center, front) was honored along with fellow nominees at a reception in September. The 2010 nominees pictured are: (standing) Dwayne Bowser, Larry Lawhorn, William Cella, Jarrad Gholston, Joyce Stout, Kristin Romeo, Front row: Pamela Harrod-Smith, Madeline Tymes and Nicole Byrd. Not pictured: Ronald Wright and Amy McClarnon. The award was established in 2009, in memory of longtime Jefferson colleague, Miles Mack, who was passionate about serving his community. Tragically, Miles was taken away by the crime and violence he so desperately worked to prevent.

Prostate Cancer Screenings Draw More than 450



Photo: Dave Super

Hundreds of men were screened for prostate cancer in September at two Jefferson locations – the Kimmel Cancer Center/ Bodine Building and the Methodist Hospital campus in South Philadelphia. Pictured are screening participant, Eugene Burroughs (left), and Jefferson's Emily Feeney, RN (far right). Also pictured, assisting at the screening, are Dolores Shupp-Byrne, PhD, and Tricia Gomella, MD. During September, Prostate Cancer Awareness Month, proceeds from sales of "P-" shaped pretzels at the Philly Pretzel Factory's 11th Street location were donated for prostate cancer research and patient care at the Kimmel Cancer Center. Prostate cancer shows no signs in its earliest stages and men age 35 and older should be screened.

Building Bridges Between Researchers and Communities



Several Jefferson staff members participated in the symposium "Building Bridges that Last: Fostering Productive and Ongoing Relationships Between Researchers and Communities" this fall in Philadelphia. Steven McKenzie, MD, PhD, Vice President for Research at Jefferson's Cardeza Foundation for Hematologic Research (pictured at right), led one of the panels. Pictured next to Dr. McKenzie is Kyle Conner, Associate Director, Division of Human Research Protection at Jefferson. Also pictured (left to right) are Dr. Daniel Conway, Chair, Pediatric IRB, St. Christopher's Hospital for Children; Dr. Mark Schreiner, Children's Hospital of Philadelphia; and Dr. Emma Meagher, University of Pennsylvania.

Pill Cam Studies Aim to Better Diagnose and Treat Digestive Disorders

While diagnosing and treating current patients' illnesses are the most important aspect of two new capsule-based tests, the physicians at Jefferson's Digestive Disease Institute also hope to advance the technology far enough that one day the possibility of a pill capsule that can photograph and evaluate the function of the entire gastrointestinal tract will be possible.

The first of the two studies is the MiroCam study, being led by David Kastenberg, MD, Associate Professor of Medicine in the Department of Gastroenterology and Hepatology at Jefferson Medical College of Thomas Jefferson University. This pill capsule has been approved in both Europe and Asia and is now being tested for United States Food and Drug Administration approval in six centers around the country. The key aspect of the study is the battery life of the pill capsule. A standard pill capsule battery lasts about eight hours. Studies show that

eight hours is not sufficient enough time for a pill capsule to photograph the whole small bowel in 15 percent of outpatient cases and in one third of inpatient cases. This can put a patient at risk because if the pill capsule battery expires, then a patient can be misdiagnosed or not diagnosed at all. The pill capsule being used in this study lasts up to 12 hours, a significant step in the overall goal of creating a pill capsule that will be able to evaluate the entire gastrointestinal tract.

"This study has several important implications," said Kastenberg. "Not only are we helping the patients for whom the study was designed, those suffering from anemia and undiagnosed gastrointestinal bleeds but we are also pushing the technology within the pill capsule forward. These devices have become an indispensable part of diagnosing all kinds of gastrointestinal problems but are limited by their size. You can only fit so much into a

device the size of a multivitamin. But as technology adapts and shrinks we are starting to realize that a pill cam that can be swallowed and photograph the whole digestive tract is a very real possibility. What we are learning from this pill capsule will be contributing in a big way to this eventual 'whole-gut' pill capsule."

The second capsule test is being evaluated by Jefferson's Mitchell Conn, MD, MBA, Associate Professor of Medicine. This is the SmartPill, which is the first capsule-based technology that measures gastrointestinal motility and function. The SmartPill has been approved for evaluation of patients with suspected gastroparesis (delayed gastric emptying) and chronic constipation.

Learn more about the Jefferson Digestive Disease Institute at www.jeffersonhospital.org/departments-and-services/digestive-disease-institute.

NIH Awards Jefferson Researcher \$2.8 Million Grant to Develop New Breast Cancer Treatment

The National Institutes of Health (NIH) has awarded Thomas Jefferson University a five-year \$2,824,075 R01 grant for a project titled "Development of VN/14-1 and Related Analogs for Breast Cancer Therapy." The principal investigator of the grant is Vincent C. O. Njar, PhD, Professor of Medicinal Chemistry and Oncopharmacology in the Department of Pharmaceutical Sciences at Jefferson School of Pharmacy (JSP) and member of TJU's Kimmel Cancer Center. This is the first R01 grant awarded to a JSP faculty member.

VN/14-1 is a multi-target retinoic acid metabolism blocking agent (RAMBA) invented by Dr. Njar. It is in further development by Cancer Research UK for breast cancer therapy. The goal of this NIH-funded project is to develop new, metabolically more stable and efficacious analogs of VN/14-1 (i.e., 2nd generation atypical RAMBAs) for breast cancer therapy.

To effectively tackle this project Dr. Njar is collaborating with a multi-disciplinary team of investigators at TJU, including Mathew Thakur, PhD,

Professor, Department of Radiation Oncology; Paolo Fortina, MD, PhD, Professor, Department of Cancer Biology; and Constantine Daskalakis, ScD, Associate Professor, Division of Biostatistics, Department of Pharmacology & Experimental Therapeutics. Other investigators in Dr. Njar's lab working on this project are Lalji Gediya, PhD, Instructor; Purushottamchar Puranik, PhD, Senior Postdoctoral Fellow; and Abhijit Godbole, MBBS, a graduate student.

College of Graduate Studies Appoints New Dean



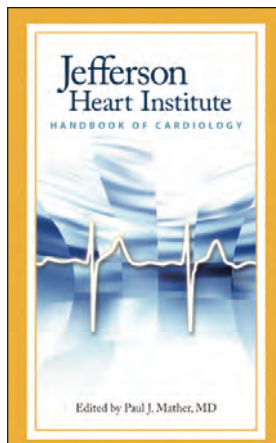
Distinguished researcher, training developer and instructor, Gerald B. Grunwald, PhD, has been appointed as Dean of the Jefferson College of Graduate

Studies of Thomas Jefferson University. A 25-year veteran of Jefferson, Dr. Grunwald is currently

Senior Associate Dean for Academic Affairs, Jefferson College of Graduate Studies, and has been serving as the Acting Dean of the College since February 2010. In his role as Dean, Dr. Grunwald will serve as the chief academic and administrative officer of the college, with responsibility for the planning and execution of its education and training mission.

He is currently tenured Professor

in the Department of Pathology, Anatomy and Cell Biology, and also holds a secondary faculty appointment in the Department of Biochemistry and Molecular Biology at Jefferson Medical College. In addition to serving as JCGS Dean, he will maintain his activities in education, research and administration within his department.



Jefferson Cardiologists Write Comprehensive Guide on Heart Care

The new, comprehensive guide on heart care – *Jefferson Heart Institute Handbook of Cardiology* – was developed for medical students, residents and fellows, internists and cardiologists, offering a concise guide of cardiac disorders and how to treat them.

"The Jefferson Heart Institute has such a compilation of expertise that it is an ideal community of cardiologists to write a textbook on the clinical care of the patient," said Paul Mather, MD, Director, Advanced Heart Failure and Cardiac Transplant Center at the Jefferson Heart Institute, and editor of the book. "Our Institute treats thousands of patients each year with every kind of cardiac disorder. We have some of the nation's thought leaders in the diagnosis and treatment of cardiac disorders represented in this book. We thought it was a good fit to share our knowledge with the next generation of medical care providers."

PEOPLE

Orthopedic surgeon **John A. Abraham, MD**, has joined the Rothman Institute at Jefferson. He has also been named an assistant professor of Orthopedic Surgery at Jefferson Medical College of Thomas Jefferson University and joins the faculty after serving for the past four years as a musculoskeletal oncology surgeon at the Dana-Farber Cancer Center at Harvard Medical School.

TJUH Clinical Laboratories congratulates **Frank Bordash, MT(ASCP)**, Point of Care Testing (POCT) Coordinator, for completing the Point-of-Care Specialist Certificate Program offered by the American Association for Clinical Chemistry. Frank joins a relatively small number of POCT specialists nationwide (fewer than 500) who have obtained this certification.

Michael A. DellaVecchia, MD, PhD, FACS, was elected President-Elect of the Metropolitan Philadelphia Chapter of the American College of Surgeons for 2010-2011. Dr. DellaVecchia is Director of the Wills Eye Institute's Emergency Department. He is an attending surgeon at Wills Eye and Thomas Jefferson University Hospitals.

Robert Den, MD, a resident in Radiation Oncology, was presented with the *Resident Digital Poster Discussion Award* by the American Society for Radiation Oncology. The award was presented at ASTRO's 52nd Annual Meeting in San Diego.

The Emergency Medicine Resident's Association (EMRA) has awarded an EMRA Research Grant to **Thomas Gilmore, MD**, a second-year resident in Jefferson's Department of Emergency Medicine.

Jefferson's Urology Department Chair, **Leonard Gomella, MD, FACS**, has been appointed to the editorial council at *Urology Times*. He will represent the area of urologic cancer on the editorial council. Dr. Gomella is the Bernard W. Godwin, Jr. Professor of Prostate Cancer, and Associate Director for Clinical Affairs at the Kimmel Cancer Center (KCC) at Jefferson.

Third-year Jefferson School of Pharmacy student, **Hassan Hammoud** was awarded a grant by the Pennsylvania Pharmacists Association's Special Interest Group for Independent Pharmacy. The grant funded Hammoud's attendance at the National Community Pharmacists Association (NCPA) Annual Convention in the fall.

Amy Harrison, MS, Director, Medical Physics Residency Program, has been appointed as a board member at large for the Society of Directors of Academic Medical Physics Programs. The Society is a nonprofit organization whose objective is the advancement of education in the scientific field of medical physics.

David Jack, PhD, RN, CPN, CNE, took first place in the research category at the National Pediatric Nursing Conference held in Philadelphia July 16-18. He is an assistant professor at Jefferson School of Nursing.

The Muscular Dystrophy Association has recognized Jefferson post-doctoral investigator **Dena Jacob, PhD**, as an "outstanding young researcher," awarding her with a \$180K grant to study amyotrophic lateral sclerosis (ALS) – also known as Lou Gehrig's disease. Dr. Jacob's research will test the hypothesis that previously developed drug trials involving mice have failed because a protein called P-glycoprotein (P-gp) has contributed to ALS drug resistance.

Walter J. Koch, PhD, was among the leading cardiovascular physicians and researchers who presented new science in heart failure prevention at a New York Academy of Sciences translational medicine symposium in September. He is the W. W. Smith Professor of Medicine, Director, Center for Translational Medicine, and Vice Chair for Research, Department of Medicine, Thomas Jefferson University.

PEOPLE

The American Cancer Society is proud to announce that **Richard Wender, MD**, Vice Chair and Clinical Professor of Family and Community Medicine at Jefferson Medical College, has been selected to the Board of Directors for its new East Central Division. Dr. Wender currently serves as a member of the National Board of Directors.

Jianke Zhang, PhD, has been selected to serve a five-year term on the editorial board of the *Journal of Biological Chemistry*. He is an associate professor in the Department of Microbiology and Immunology and Director, Flow Cytometry Facility.

ACHIEVEMENTS

A new iPhone/iTouch/iPad application developed by physicians from the Department of Family and Community Medicine will help medical students, residents and junior faculty improve their visual diagnosis skills and prepare for real cases, OSCEs or board examinations. Using "Top Doc: Visual Diagnosis Review," players must make the correct diagnosis as quickly as possible by viewing clinical photographs depicting a physical sign or symptom.

Scientists at Jefferson Medical College have received a four-year, \$3 million National Institutes of Health grant funded by the National Heart, Lung and Blood Institute to study variations of platelet function, specifically, the genetics of platelet gene expression. The study aims to find data that can be translated into novel therapeutic strategies and develop better predictors of cardiovascular disease.

The Kimmel Cancer Center at Jefferson has created a Multidisciplinary Senior Adult Oncology Center.

Patients 65 and older with an acute or chronic disease that makes treating their cancer challenging will get a comprehensive, individualized treatment plan, a second opinion regarding diagnosis or treatment, or advice on a particular problem related to cancer and aging.

Physicians, scientists and research professionals at Thomas Jefferson University have created the Jefferson Coordinating Center for Clinical Research (JCCCR) in an effort to foster and promote excellence in clinical research. The enterprise will develop, initiate and participate in advanced clinical research funded by industry, nonprofit organizations and the US government.

The drug buprenorphine relieves withdrawal symptoms in newborns, found TJU researchers. The researchers reported that using the drug in a dozen addicted infants was both safe and successful and reduced days of treatment by 40 percent, compared to use of morphine in 12 other infants randomized to this treatment. The difference was 23 days of treatment versus 38 days.

TJU researchers say that a molecule involved in heart failure is now implicated in heart attack damage. The research team's findings suggest that humans experiencing a heart attack might be helped with delivery of a therapeutic targeting inhibition of GRK.

Four key Jefferson studies now propose a new theory about how cancer cells grow and survive, allowing researchers to design better diagnostics and therapies to target high-risk cancer patients. These studies were conducted by a large team of researchers at Jefferson's Kimmel Cancer Center.

Reporting in the journal Urology, researchers at Thomas Jefferson University have found that a pre-emptive multimodal pain regimen that included pregabalin (Lyrica) decreased the use of opioid analgesics in patients undergoing robotic-assisted laparoscopic radical prostatectomy.

ACHIEVEMENTS

Antiviral therapy to silence the hepatitis B virus prevents recurrence of hepatocellular carcinoma (HCC) – liver cancer – and extends patients' lives, reported researchers from the Division of Gastroenterology and Hepatology at Thomas Jefferson University.

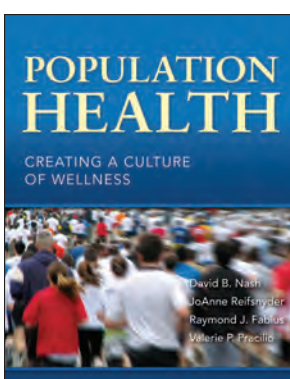


Jefferson's Troy DeRose, CRNP, RNFA, (left) and Gregory Artz, MD, Assistant Professor, of the Jefferson Hearing and Balance Center have co-authored a chapter on otorhinolaryngologic surgery in *Alexander's Care of the Patient in Surgery* (14th Edition). The book is a resource for nurses, physician assistants and medical students. Pictured with Troy at a book signing luncheon is Joseph Merek, RN, BSN, 9 Center staff nurse, whose "Trach Teaching" tool for hospitalized patients is included in the chapter. Also included in the chapter is Jefferson's Rapid Response Protocol.

JHN Neuroscience Network Promotes Collaboration Among Hospitals to Advance Care Throughout Region

Jefferson Hospital for Neuroscience recently launched the Jefferson Neuroscience Network (JNN) to promote collaboration among area hospitals to advance neuroscience care throughout the region. Chestnut Hill Hospital was the first hospital to join JNN, and now Doylestown Hospital, located in Bucks County is also part of the network. Through this collaboration, Jefferson, Chestnut Hill, and Doylestown will provide the most sophisticated care and expertise available to patients with time-sensitive neurovascular diseases. Now, Chestnut Hill and Doylestown patients will have access to: the latest clinical protocols and trials available; community education programs; priority transfers for acutely ill patients to JHN; and Jefferson Expert Teleconsulting (JET), the region's first university-based, high-tech mobile robotic system for neuroscience.

Learn more about Jefferson research and news developments at www.jeffersonhospital.org/news.



Two members from the Jefferson School of Population Health have co-authored a new book on population health management. *Population Health: Creating a Culture of Wellness* features among its authors David B. Nash, MD, MBA, and Valerie P. Pracilio, MPH. Dr. Nash is Dean, Jefferson School of Population Health, and Valerie is Project Manager for Quality Improvement at JSPH.

AHA Heart Walk Fundraiser at Jefferson's Methodist Hospital



Caryn Karff, Radiology, and Joy Gould, Blood Bank, of Jefferson's Methodist Hospital raised \$750 for the American Heart Association and registered 30 more employees to participate in the November 13 AHA Heart Walk at a kick-off event in September.

JEFFCALENDAR

SEMINARS

Wednesday, November 10

• Women's Health Source, Sr. Bernadette Ravenstahl, MSN, RN, Clinical Nurse Specialist, Department of Nursing, TJUH, "Hand Washing: The First Step in Staying Healthy," noon, 925 Chestnut St., 2nd fl.

Wednesday, December 1

• Women's Health Source, Ryan Hoffelfinger, MD and Howard Krein, MD, and Jean Gallagher, Aesthetician, The Herbert Kean Center for Facial Aesthetics, TJUH, "Looking Your Best!" noon, 925 Chestnut St., 2nd fl. Also on Thurs., Dec. 9: Mary Vergara, MSN, RN, CNP, Clinical Nurse Specialist, Department of Nursing, TJUH, "Takotsubo/ Broken Heart Syndrome."

HEALTH POLICY FORUMS

Wednesday, November 10

• Jefferson School of Population Health, Winnie Heh, MA, Adjunct Professor, Monterey Institute of International Studies, "Breaking the Language Barrier: Healthcare Quality, Efficiency and Savings Through Professional Medical Interpretation," 8:30 to 9:30 a.m., 101 BLSB. Also, Wed., Dec. 8: Peter Raymond, President and Chief Innovator, Human Condition, "Transformative Technology Applications in Healthcare," 8:30 to 9:30 a.m., Curtis 218.

Friday, January 14

• Jefferson School of Population Health, 3rd Annual AMSA Patient and Quality Leadership Institute. For more information, contact borisrozenfeld@gmail.com (Continues through Jan. 16)

SYMPOSIUM

Monday, November 15

• TJU, Lennox K. Black International Prize for Excellence in Medicine/6th Symposium. Keynote Speaker on Mon., Nov. 15: Nobel Laureate, Professor Harald zur Hausen, MD, "Advances and Challenges in Infectious Diseases." (Continues through Tues., Nov. 16.) For more information and registration, please visit www.jefferson.edu/oies/symposium or contact jennifer.ravelli@jefferson.edu

GRAND ROUNDS

Friday, November 5

• Neurosurgery, Kim Williams, MD; Yaron A. Moshel, MD, Nov. 12; Sonia G. Teufack, MD, Nov. 19; Peter S. Amenta, MD, Dec. 3; Robert Hicks, PhD, "History of Neurosurgery @ Gettysburg, Dec. 17; Richard T. Daylai, MD, Jan. 7; George M. Ghobrial, MD, Jan. 14, John C. Styliaris, MD, Jan. 21, and Journal Club, Jan. 28, 7 a.m., DePalma Aud.

Wednesday, November 10

• Methodist, Gregory J. Artz, MD, "Technological Advances of Today's Hearing Aids," noon, Morgan Conference Center. Also, Wed., Nov. 17: E. Magnus Ohman, MD, Professor of Medicine, Duke Heart Center, "Acute Coronary Syndrome."

Thursday, November 11

• Medicine, Eric Holmboe, MD, FACP, FRCP, CMO, and Senior VP, American Board of Internal Medicine, "Competency-based Medical Education: Opportunities and Challenges; Nov. 18, The Sixth Annual Dr. Michael Simenhoff Lecture, Lisa Bellini, MD, Associate Professor of Medicine, Vice Chair for Education and Inpatient Services and Associate Dean for Graduate Medical Education at the University of Penn, "Duty Hours: The Saga Continues," noon to 1 p.m., DePalma.

Wednesday, November 24

• Schwartz Center Rounds at Jefferson, 12 to 1 p.m., 101 BLSB. Lunch is provided and will be available at 11:45 a.m. Subsequent sessions on the fourth Wednesday of each month. Also on Dec. 22 and Jan. 26.

Wednesday, December 1

• Methodist, Avnish Bhatia, MD, "Hem/Onc," noon, Morgan Conference Center. Also, Wed., Dec. 8: Goran Rakocevic, MD, "Stiff-person Syndrome & Anti-gad Antibody-associates Paraneoplastic Neurological Syndromes," Wed., Dec. 15:

• Intekhab Ahmed, MD, and Edmund Pribitkin, MD, "Differential Diagnosis and New Guidelines for Treatment of Hyperparathyroidism," noon, Morgan Conference Center.

Thursday, December 2

• Medicine, Anthony J. DiMarino, Jr., MD, Division Director, Gastroenterology and Hepatology, Professor of Medicine, TJUH, "Annual Update in Gastroenterology"; Dec. 9, Brett Worly, MD, Instructor, Dept. of Ob/Gyn, TJUH, "Cervical Cancer Screening and Guidelines"; Dec. 16, "Morbidity and Mortality Conference," noon to 1 p.m., DePalma.

MEETINGS

Monday, November 8

• TJUH Executive Committee of the Medical Staff, 5 p.m., 636 Scott. Also, Dec. 13 and Jan. 10, 2011.

Tuesday, November 16

• TJUH Women's Board, Executive Board Meeting, 9:30 a.m. Also, Dec. 14, General Board Meeting, 10 a.m., Jan., 18, Executive Board Meeting, 9:30 a.m., General Board Meeting, 10 a.m. and Luncheon, noon, 1645 Thompson.

SPECIAL EVENTS

Wednesday, November 10

• WXPN Musicians On Call plays for Jefferson patients. Also on Weds., Nov. 17, 24; Dec. 1, 8, 15, 22, 29; Jan. 5, 12, 19 and 26.

• Nursing, Parent Education, Maternity Hospital Tour, 6 p.m. (promptly), Lobby, Pavilion. Also, Weds., Nov. 24, Dec. 8, 22, and Weds., Jan. 12 and 26 (Tour: 2nd and 4th Wed. of every month). For more information, call 1-800-JEFF-NOW.

Monday, November 29

• Activities Office and University Art Committee, Jefferson Art Show (Jefferson faculty, students and staff are encouraged to display drawings, photographs, paintings, textiles, or jewelry in the Jefferson Art Show.) Opening reception, Monday, 5 to 7 p.m., Conrady Lobby, Hamilton. For information, call 215-503-7743 or visit the Activities Office page on PULSE. (Art Show continues through Fri., Dec. 3.)

Wednesday, December 1

• TJUH Women's Board (Martha Jefferson Dept.), For some great holiday shopping, come to the Jewelry Sale, 8 a.m. to 5 p.m., Lobby, Gibbon, 10th St. side. Proceeds benefit patient care projects. Payroll deduction is available (continues through Thurs., Dec. 2).

RELIGIOUS

Tuesday, November 9

• Come join our Tuesday Prayer and Bible Study Class, noon, 204 College. All are welcome. Please contact Annette Chesson at 215-955-8991 for more information or e-mail annettechessonpraynow@gmail.com Also, Tues., Nov. 16, 23, 30; Dec. 7, 14, 21, 28 and Jan. 4, 11, 18 and 25.

CLASSES

Sunday, November 7

• Nursing Parent Education, "Parent-Infant Massage" classes is free for pregnant moms and moms/families with babies 4-6 months, 6 to 8 p.m., 833 Chestnut, Suite 920. Please call to register or for more information at 1-800-JEFF-NOW. Also, Sun., Dec. 5.

Tuesday, November 9

• Nursing, Parent Education, "Car Seat Safety Class." Join us for this free program! Did you know that 80% of all car seats are INCORRECTLY installed in cars? Learn important safety tips and keep your children and grandchildren safe. Time: 7 to 9 p.m. Location: 833 Chestnut St., Suite 920. RSVP to 1-800-JEFF-NOW.

Wednesday, November 10

• Nursing, Parent Education, "Infant and Child CPR for Family and Friends." Time: 6 to 9 p.m., 1840 Gibbon. Registration is necessary. Fee \$35 /couples, \$60. Also, Thurs., Dec. 9. Call 1-800-JEFF-NOW to reserve your spot.

Tuesday, November 16

• Nursing Parent Education, "Basics of Breastfeeding" classes meet twice a month, 6 to 8 p.m., 833 Chestnut, Suite 920. Call Parent Education at 215-955-6713 for more information. Free class. No RSVP needed. Also, Thurs., Dec. 2, and Wed., Dec. 8.

Wednesday, November 17

• Nursing, Parent Education, "Pediatrician's Night!" Babies are not just little people... learn practical tips from one of Jefferson's doctors on preparing and caring for your little one! Register for this FREE program at 1-800-JEFF-NOW. Time: 7 to 9 p.m. Location: 1840 Gibbon.

Monday, November 22

• Nursing, Parent Education, "Getting Ready for Babies," class. Everything you wanted to know about your newborn. Time: 7 to 9:30 p.m. Location: 1840 Gibbon. RSVP Needed. Call 1-800-JEFF-NOW.

Tuesday, December 7

• Nursing, Parent Education, "Grandparents Night!" (Grand parenting and what's new in the world of babies.) Time: 7 to 9 p.m., 1840 Gibbon. Free program. RSVP to 1-800-JEFF-NOW.

SUPPORT/EDUCATION

Monday, November 8

• Rehabilitation Medicine, Swallowing Disorders Support Group for any person or family member who has a swallowing problem or is unable to eat by mouth because of the swallowing problem, meets the second Monday of the month, noon to 1 p.m., OP Rehab Conference Room, 25 S. 9th St., Philadelphia. Contact Addy Schultz, CCC-SLP/L at 215-955-0122 or e-mail: Adeline.Schultz@jeffersonhospital.org Also Mondays, Dec. 13 and Jan. 10.

Thursday, November 11

• Kimmel Cancer Center, Radiation Therapy Information Session, 10 to 11 a.m., G312 Bodine. Also, every Thursday in Nov., Dec. and Jan. 2011.

• Kimmel Cancer Center at Jefferson, Bone Marrow Transplant Survivors, a group designed for individuals who have completed a bone marrow transplant. Facilitated by an oncology social worker this monthly meeting (1st Thursday of every month) offers a wonderful opportunity to exchange information, validation and support with other people who have been through the same procedure, noon to 1:30 p.m., 602 BLSB. Lunch will be provided. (Subsidized parking is available at Interpark Garage, 10th and Chestnut Sts. - Enter on 10th or Sansom.) For more information or to RSVP contact Bonnie Crouthamel, LSW, at 215-503-7711. Also, Dec. 2 and Jan. 6.

Wednesday, November 17

• Neurosurgery, Aneurysm and AVM support group for individuals, family members-and friends who have been affected by a cerebral aneurysm, subarachnoid hemorrhage, or AVM, 6:30 p.m., 909 Walnut, 3rd fl. conference room. (Meets the third Wed. of the month.) If you have any questions, please call Jill Galvao at 215-503-1714. Also Weds., Dec. 15 and Jan. 19.

Thursday, November 18

• Rehabilitation Medicine, Nu-Voice Club of Center City, a support group for laryngectomee patients, family members and friends, meets the third Thursday of every month except July and August, noon to 1:30 p.m., 9490 Gibbon. Contact Barbara Baskin, MS, at 215-955-2554 or Barbara.Baskin@jeffersonhospital.org, or Nancy Travers, MA, at 215-955-2554 or Nancy.Travers@jeffersonhospital.org. Also, Thurs., Dec. 16 and Jan. 20.

Tuesday, November 23

Rehabilitation Medicine, Spasmodic Dysphonia support group meets the fourth Tuesday of every month except July and August, 4 to 5 p.m., Outpatient Rehab Medicine Offices, 25 S. 9th St. Contact Addy Schultz, CCC-SLP/L at 215-955-0122 or e-mail: Adeline.Schultz@jeffersonhospital.org Also, Tues., Dec. 28 and Jan. 25.

Wednesday, December 1

• Comprehensive Acute Rehabilitation Unit, Stroke Support Group, 12:30 to 1:30 p.m., Patient Lounge, 363 Main Bldg. (Group meets the first Wed. of every month.) Also, Jan. 5.

Make a Difference in Healthcare – Become a Health Mentor at Jefferson

Do you live with one or more chronic health conditions (i.e. diabetes, high blood pressure, asthma, arthritis, cancer or others) or disabilities (i.e. spinal cord injury, cerebral palsy or others)? Would you like to volunteer a little of your time to help students learn the importance of patient-centered care? Please call 215-955-3757 or visit <http://jeffline.tju.edu/jcipe/hmp>.

All Your Healthcare Needs at Your Fingertips

Visit www.Jeffersonhospital.org on your smartphone to get the resources you need quickly. With the tap of your fingertip, access emergency services, make an appointment, research doctors, find parking, get directions and much more.



Be a Hero: Donate Blood

Please stop by the Jefferson Blood Center at 8230 Gibbon or call 215-955-7791.

Center hours are 8:30 a.m. to 4 p.m., Monday through Friday.

Monday blood donors receive a \$5 meal voucher.



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Robert L. Barchi, MD, PhD, President, TJU
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STAFF: Carmiel J. Brown, Senior Vice President for Marketing, Public Relations and Communications
Barbara Henderson, Director of Communications and Managing Editor
Valerie DuPont, Editor
Ruth Stephens, Calendar Editor
Domenico Padula, Design: JeffGraphics

Article and photo ideas, contact: Valerie.DuPont@jefferson.edu or 215-955-7708

Calendar items, contact: Ruth.Stephens@jefferson.edu or 215-955-6204

Communications Department
Suite 300, 211 S. 9th Street,
Philadelphia, PA 19107

FAX: 215-923-1835
www.Jefferson.edu/jeffnews