

It's a Record: *U.S. News & World Report* Ranks TJUH Among the Best in 11 Specialty Areas

Thomas Jefferson University Hospitals has again been ranked a leading hospital in Philadelphia by *U.S. News & World Report* in its 2011 Best Hospitals survey. This year, TJUH ranked among the top two hospitals in the Philadelphia metro area and among best in the nation in a record-setting 11 specialty areas.

U.S. News & World Report this year named Thomas Jefferson University Hospitals 14th in the nation for orthopedics and 12th in the nation for rehabilitation medicine. Jefferson was also nationally ranked in nine other specialties, including **cancer; diabetes and endocrinology; ear nose and throat; gastroenterology; geriatrics; gynecology; neurology and neurosurgery; pulmonology; and urology.**

Jefferson also ranked as high-performing, or in the top 25 percent of hospitals, in **cardiology and**



cardiac surgery; nephrology; and rheumatology.

U.S. News & World Report also notes that Jefferson "scored high in patient safety, demonstrating commitment to reducing accidents and medical mistakes."

"This recognition is a testament to the commitment of our clinicians

and staff whose dedication is evident in the superb, high-quality care they provide for our patients every day," said Tom Lewis, Jefferson Hospitals' President and CEO.

See the overview of Jefferson's rankings on the *U.S. News & World Report* website (look for the Best Hospitals report).

Wills Eye Institute and TJU Create Innovative Center for Vision Research

A new vision research center based in Philadelphia will foster regional, national and global collaboration among a diverse group of exceptional clinicians and researchers working to better diagnose, treat and prevent visual diseases.

Wills Eye Institute and Thomas Jefferson University recently announced the creation of the Wills Vision Research Center at Jefferson, representing more than 15 scientific disciplines. The multidisciplinary team approach will draw upon extensive knowledge and outstanding clinical expertise in the fields of ophthalmology, oncology, pathology, neurology, and endocrinology, to name a few.

The new center will be directed by Julia Haller, MD, Ophthalmologist-in-Chief, Wills Eye Institute and Professor and Chair of the Department of Ophthalmology, Jefferson Medical College, Thomas Jefferson University, and A. Sue Menko, PhD, Professor of Pathology, Anatomy, and Cell Biology.

"This new center brings together some of the brightest minds in vision research and clinical care from different, yet complementary, disciplines. Their collaboration, fostered by these two renowned institutions, will only lead to better ways to diagnose and treat vision diseases that affect so many patients today," said Dr. Menko.

Research projects already in development include: understanding the genetics of congenital abnormalities; preventing neurodegenerative diseases such as age-related macular degeneration and the impact of Parkinson's on the visual system; developing new treatments for cancers in the visual system, such as retinoblastoma and uveal melanoma; studying the connection between low vision and depression, especially in the elderly; and understanding the effects of diabetes on visual health (diabetic retinopathy).

Leading the Way to Stroke Awareness and Prevention



Congratulations to Team Jefferson, recognized as the Largest Corporate Team and Highest Fundraising Team at the annual Strides for Stroke.

\$1 Million Grant Awarded to Jefferson for Novel Research on the Human Genome

The W.M. Keck Foundation has awarded the Computational Medicine Center at Jefferson its highly prestigious and competitive Medical Research Grant, funding a multidisciplinary team for research entitled "*The Uncharted 98% of the Human Genome: Role in Health and Disease.*"

Scientists at Thomas Jefferson University have been awarded a \$1 million medical research grant from the W.M. Keck Foundation for an ambitious project looking at the little explored 98 percent of the human genome and what role it may play in the onset and progression of diseases.

The multidisciplinary team, led by Isidore Rigoutsos, PhD, Director, Computational Medicine Center at Jefferson, will soon begin studying a particular group of DNA motifs – genomic combinations of letters that repeat more frequently than expected by chance – called pyknons. Researchers and physicians will be looking at what function they serve in the context of several types of cancers, platelet aggregation properties, two autoimmune disorders and type-1 diabetes.

Dr. Rigoutsos, a world-renowned computational biologist, originally discovered pyknons in 2005 using computational analyses. In the time since their discovery, evidence has been slowly accumulating that these pyknon motifs mark transcribed, non-coding RNA sequences with potential functional relevance in human disease.

Along with Dr. Rigoutsos, 10 Jefferson staff members will join the research team, in addition to researchers from Children's Hospital of Philadelphia, MD Anderson Cancer Center in Texas, and the University of North Carolina at Chapel Hill. Other researchers represent institutions in Philadelphia, Texas and North Carolina.

Visit www.jeffersonshospital.org/news (see July 2011) to learn more about the research and the Keck Foundation.



Healthy Reminders

September is Prostate Cancer Awareness Month
October is Breast Cancer Awareness Month

Register Now for: Prostate Cancer Screening Day
September 21 (Jefferson's Kimmel Cancer Center, Center City)
September 28 (Methodist Hospital, South Philadelphia)
For more information, call 215-955-9954.

Schedule a prostate exam or mammogram today.
To find a Jefferson physician, call 1-800-JEFF-NOW.

VITAL SIGNS: JUNE 2011

TJUH, Methodist,
Geriatric Psychiatry,
Jefferson Hospital for
Neuroscience

	Budget	Actual	Prior Year
Admissions	3,867	3,990	3,826
Length of Stay	5.25	5.59	5.51
Patient Days	20,290	21,637	20,145
Outpatient Visits	37,285	42,041	39,798
Patient Satisfaction Score (combined average): 86.1			

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www.Jefferson.edu
www.JeffersonHospital.org

A Tradition of Strong Leadership Continues



Photo: Robert Neroni

Lorraine C. King, MD, (right) outgoing President of the TJUH Medical Staff, welcomed the incoming president, John H. Moore, Jr., during the tradition of "passing on the gavel." Dr. Moore became president effective July 1.

'Outstanding Investigator Award' for Heart Research Goes to Jefferson's Walter Koch



Walter J. Koch, PhD, FAHA, the W.W. Smith Professor of Medicine and Director of the Center for Translational Medicine at Thomas Jefferson University, was awarded the prestigious *Outstanding Investigator Award for 2011* by the International Society for Heart Research (ISHR) for his work in heart failure gene therapy.

The purpose of this award is to recognize an outstanding scientist who is making major and independent contributions to the advancement of cardiovascular science, and is leading a growing research program likely to play a major role in the future.

The award is presented at the meeting of the ISHR section to which the winner belongs. Titled "Developing Novel Heart Failure Therapeutics," the ISHR's 32nd North American Section Meeting was held in Philadelphia and presented by Jefferson's Center for Translational Medicine and Temple University School of Medicine's Cardiovascular Research Center.

Dr. Koch received the award in May, and gave a lecture on his work with cardiovascular adrenergic receptors and the role they play in heart disease: "Is it translation or perseverance? GRK2 and S100A1 as targets for heart failure gene therapy."

"It's a great honor to receive this award and be recognized for the work my laboratory has accomplished," Dr. Koch said. "We're uncovering the roles of various molecular mechanisms to help develop new heart failure therapies for patients. This acknowledgement by the ISHR highlights those important efforts and enables us to take our work in genetically-targeted therapy even further."

ISHR's goal is to promote the discovery and dissemination of knowledge in the cardiovascular sciences on a world-wide basis through publications, congresses and other media.

In addition, the ISHR awarded **Thomas Force, MD**, the Janice Pfeiffer Distinguished Lecture. Dr. Force is the James C. Wilson Professor of Medicine at Jefferson Medical College and Clinical Director at the Center for Translational Medicine. He will present his lecture at the Japanese Section meeting in Tokyo in December.

Read more at www.jeffersonhospital.org/news (see May 2011).



This spring, Jefferson hosted the 19th Annual Paul Brucker Lecture. Pictured is Howard Rabinowitz, MD, the Ellen M. and Dale W. Garber Professor, Department of Family and Community Medicine; Len Nichols, PhD, invited speaker and Professor of Health Policy, Director of the Center for Health Policy Research and Ethics, George Mason University; Paul Brucker, MD, President Emeritus of Thomas Jefferson University; Richard Wender, MD, Alumni Professor and Chair, Department of Family and Community Medicine; and Mark Tycocinski, MD, Dean of Jefferson Medical College.

Cancer Cells Accelerate Aging and Inflammation in the Body to Drive Tumor Growth

Researchers at Jefferson's Kimmel Cancer Center have shed new light on the longstanding conundrum about what makes a tumor grow – and how to make it stop. Interestingly, cancer cells accelerate the aging of nearby connective tissue cells to cause inflammation, which ultimately provides "fuel" for the tumor to grow and even metastasize.

This revealing symbiotic process, which is similar to how muscle and brain cells communicate with the body, could prove useful for developing new drugs to prevent and treat cancers. In this simple model, our bodies provide nourishment for the cancer cells, via chronic inflammation.

"People think that inflammation drives cancer, but they never understood the mechanism," said Michael P. Lisanti, MD, PhD, Professor and Chair of Stem Cell Biology & Regenerative Medicine at Jefferson Medical College of Thomas Jefferson University and a member of the Kimmel Cancer Center. "What we found is that cancer cells are accelerating aging and inflammation, which

is making high-energy nutrients to feed cancer cells."

In normal aging, DNA is damaged and the body begins to deteriorate because of oxidative stress. "We are all slowly rusting, like the Tin-man in the Wizard of Oz," Dr. Lisanti said. "And there is a very similar process going on in the tumor's local environment." Interestingly, cancer cells induce "oxidative stress," the rusting process, in normal connective tissue, in order to extract vital nutrients.

Dr. Lisanti and his team previously discovered that cancer cells induce this type of stress response (autophagy) in nearby cells, to feed themselves and grow. However, the mechanism by which the cancer cells induce this stress and, more importantly, the relationship between the connective tissue and how this "energy" is transferred was unclear.

"Nobody fully understands the link between aging and cancer," said Dr. Lisanti, who used pre-clinical models, as well as tumors from breast cancer patients, to study these mechanisms. "What we see now is that as you age, your whole body becomes more sen-

sitive to this parasitic cancer mechanism, and the cancer cells selectively accelerate the aging process via inflammation in the connective tissue."

This helps explain why cancers exist in people of all ages, but susceptibility increases as you age. If aggressive enough, cancer cells can induce accelerated aging in the tumor, regardless of age, to speed up the process.

The researchers' findings were published in the June 1 issue of *Cell Cycle* in three separate papers.

One paper analyzes the gene profiles of the laser-captured connective tissue, associated with lethal tumors, in human breast cancer patients. In this paper, lethal cancers show the same gene expression pattern associated with normal aging, as well as Alzheimer's disease. In fact, these aging and Alzheimer's disease signatures can identify which breast cancer patients will undergo metastasis. The researchers find that oxidative stress is a common "driver" for both dementia and cancer cell spreading.

Learn more. Visit www.jefferson-hospital.org/news (see June 2011).

Jefferson Celebrates 20th Anniversary of the National Transplantation Pregnancy Registry

This spring, the National Transplantation Pregnancy Registry (NTPR) celebrated its 20th anniversary at an event with families and children of organ transplant recipients, as well as Jefferson transplant

surgeons and staff. The registry was established in 1991 at Thomas Jefferson University to study the outcomes of pregnancies in female transplant recipients and those fathered by male transplant recipients.

The NTPR is an ongoing study. Children at the anniversary event video-Skyped with Nobel Prize winner Joseph Edward Murray, MD, 92, the first person to successfully perform a kidney transplant in 1954.



Vincent Armenti, MD, PhD (third from the left), of the Departments of Surgery and Pathology, Anatomy and Cell Biology, celebrated at the May NTPR event along with staff members, children of transplant recipients and their families. Also pictured is Howard Nathan, President and CEO of the Gift of Life Donor Program (fourth from the right). Dr. Armenti and his colleagues established the NTPR in 1991.

New Office Locations

Jefferson Outpatient Imaging (JOI) is pleased to announce the opening of its newest imaging center in East Norriton. One West Germantown Pike, East Norriton, PA 19401. 610-277-3202.

Oral & Maxillofacial Surgery has opened a satellite office in Bryn Mawr. 950 Haverford Road, Suite 307 Entrance B, Bryn Mawr, PA 19010. 1-800-JEFF-NOW.

Jefferson's Pulmonary Function Lab is open in its new location at 1100 Walnut St., Ground Floor, Philadelphia, PA 19107. 215-955-7062.

The Travel Medicine Office at Jefferson has moved to 833 Chestnut Street, Suite 205, Philadelphia, PA 19107. 215-955-0860.

PEOPLE

Christopher Chang, MD, PhD, has been appointed Director of the Division of Allergy, Asthma and Immunology in the Department of Pediatrics at Thomas Jefferson University Hospitals and was named Clinical Professor of Pediatrics at Jefferson Medical College of Thomas Jefferson University. Dr. Chang's research interests include food allergies and osteoimmunology.

The National Brain Aneurysm Foundation awarded **Luis Fernando Gonzalez, MD**, a \$12,000 grant to study brain aneurysm formation and rupture. He is Assistant Professor of Neurosurgery at Jefferson Medical College.

Karen Knudsen, PhD, was recently presented with the *Ron Ross Award* at 5th Pacific Rim Breast and Prostate Cancer Meeting. The award recognizes her significant contributions in hormonal carcinogenesis. Dr. Knudsen is Professor of Cancer Biology, Urology, and Radiation Oncology and a member of Jefferson's Kimmel Cancer Center.

Haisong Liu, PhD, DABR, of the Department of Radiation Oncology at Thomas Jefferson University Hospitals, has been named Director of Radiosurgery Physics for the Division of Stereotactic Radiosurgery at Jefferson Hospital for Neuroscience (JHN). Jefferson's Division of Stereotactic Radiosurgery is dedicated to treat malignant or benign tumors and lesions of the brain or spine using minimally invasive and highly effective radiation beams.

Steven Mandel, MD, spoke at the 2011 Sjögren's Syndrome Foundation National Patient Conference in Reston, Virginia in April, lecturing "Neurological Manifestations of Sjögren's." Dr. Mandel also co-authored an article in the Clinician's Corner of the *Sjögren's Quarterly* (volume 5, issue 4, Fall 2010) about "Cognitive Impairment and Neuropsychological Testing in Sjögren's." As a member of our volunteer faculty, he is Clinical Professor of Neurology at Jefferson Medical College.

Cheryl Marco, RD, LDN, CDE, was recognized by OPTIFAST/Nestle with the *Inspire Award*. Since 1997 Cheryl has been successfully administering Jefferson University Hospitals' OPTIFAST Program. Nominated by several of her patients, Cheryl is described as an "exceptional mentor" whose "passion for patients makes her an inspiration." They credit her ability to support, educate and nurture as the driving force that helped them lose unwanted weight and improve their health.

The Healthcare Financial Management Association has elected **Jean McNeil** as president. She is Senior Director for Financial Analysis and Planning for Thomas Jefferson University Hospitals.

National Leader in Geriatrics and Palliative Medicine to Head Jefferson Division

Susan Parks, MD, has been named the first Director of the newly renamed Division of Geriatric Medicine and Palliative Care, replacing Christine Arenson, MD, the Founding Director of the Division of Geriatric Medicine.

Jefferson's Department of Family and Community Medicine has long been a leader in geriatric medicine (see story about *U.S. News & World Report* rankings on page 1) and now takes the next step in the evolution of the Division as it formally changes the name to ensure that Jefferson's commitment and expertise in palliative care has the academic home that it warrants.

Dr. Parks is regarded as a national leader in geriatric education, having served as Fellowship Director at Jefferson since 2001. She is also a national leader in palliative care and is one of the two Family Medicine faculty members to receive R level NIH funding as a principal investigator. In concert with Dr. Arenson and the entire Division faculty, Dr. Parks will establish a rich academic and clinical environment to provide improved care for elderly individuals, and those of all ages facing serious illness, as well as comfort and communication for patients and families around end-of-life and advanced care planning and decision making.

Congratulations to Dr. Arenson, who has shepherded the Division through a period of enormous growth and has helped to establish Jefferson as one of the nation's leaders in geriatric medicine, palliative care, and interprofessional education. Her work continues in her role as Vice Chair for Academic Affairs in the department.

PEOPLE

Juan Palazzo, MD, is editor of *Difficult Diagnosis in Breast Pathology*. The book summarizes the challenges and difficult breast cases facing pathologists in their daily practices and includes many authors who are renowned authorities in the field of breast pathology.

The Pancreas Club invited **Theresa Yeo, PhD, MPH, ACNP**, Associate Professor, Coordinator, Adult Oncology Program, JSN, to give a poster presentation at their 45th Annual Meeting. Dr. Yeo presented "Fatigue, physical functioning, and quality of life in patients with pancreatic and periampullary cancers following surgery and/or adjuvant therapy: A prospective, randomized controlled trial."

ACHIEVEMENTS

Jefferson Hospitals earned several awards for its marketing from the Health Information Resource Center, including a Silver Award (Resource - Interactive Map), two Bronze Awards (Hospital Website, E-Newsletter: Keep in Touch), and two Merit awards (Blog: The Daily Dose, Mobile Website).

This year, Thomas Jefferson University Hospitals celebrates its fifth anniversary using a leading-edge therapy pioneered at Jefferson – radiofrequency ablation – that has transformed the treatment of Barrett's Esophagus, a condition caused when digestive acid backs up from the stomach into the esophagus, causing damage and the growth of abnormal cells. Left untreated, Barrett's Esophagus can in rare cases lead to esophageal cancer, an aggressive cancer that is typically fatal.

Jefferson physicians have strengthened the case for a high-dose radiotherapy technique – intensity-modulated radiotherapy (IMRT) – after radical prostatectomy. Their study was published in *Practical Radiation Oncology*.

Cancer researchers at the Kimmel Cancer Center at Jefferson and an international team of collaborators have discovered a biomarker in breast cancer that may help identify which women will respond to anti-estrogen therapy. Anti-estrogen drugs, most notably tamoxifen, are widely used in patients diagnosed with estrogen receptor-positive breast cancer. However, as many as a third of the women given tamoxifen fail to respond.

Reporting in *Nature Immunology*, Jefferson neuroscientists have identified a driving force behind autoimmune diseases such as multiple sclerosis (MS), and suggest that blocking this cell-signaling molecule is the first step in developing new treatments to eradicate these diseases.

A new treatment at Jefferson – photodynamic therapy (PDT) – extends life for bile duct cancer patients. Research at Jefferson has shown PDT to increase inpatient survival dramatically, more than with chemotherapy or radiation.

Cardiology researchers at Thomas Jefferson University and the University of Heidelberg in Germany are close to testing gene therapy aimed at reversing heart failure in patients. The gene therapy is produced at Jefferson and the animal studies were conducted in Germany. The scientists presented final laboratory and animal testing on the therapy at the annual meeting of the American Heart Association in November.

Metastatic prostate cancer patients who received an investigational vaccine made from their own frozen immune cells lived 10 months longer than those not treated with it, according to data presented by researchers from the Kimmel Cancer Center at Jefferson at the 2011 American Society of Clinical Oncology (ASCO) annual meeting in Chicago.

Penny Wise Reopens September 6

Proceeds from the shop fund TJUH Women's Board initiatives that provide for care and comfort of Jefferson patients.

Penny Wise Thrift Shop
57 East Lancaster Avenue
Ardmore, PA 19003

Hours
Monday - Friday: 9:30 a.m. - 4:30 p.m.
Saturdays: 9:30 a.m. - 3 p.m.
Phone: 610-642-7239

Consigned goods and donations are welcome.
Store is closed during July and August.



Hope for Those with Early-Stage Pancreatic Cancer

The Pancreatic, Biliary Tract and Related Cancer Center at Jefferson offers lifesaving treatment for those in the early stages of the disease. Led by Charles Yeo, MD, FACS, the Center offers a multidisciplinary approach to the diagnosis and treatment of patients with these difficult-to-treat cancers. Its internationally renowned experts in treating cancers of the pancreas and biliary tract provide personalized treatment that address every aspect of care. To learn more, call **1-877-673-1366** or visit www.jeffersonhospital.org.



Jefferson School of Nursing (JSN) was awarded ten \$10,000 scholarships through the Robert Wood Johnson Foundation's Careers in Nursing grant. JSN graduate recipients include Ryan Solot, John Steinmacher, Sheena Ching and Marangely Diaz.

Thomas Jefferson University Hospitals has been named to the 2011 Becker's Hospital Review/Becker's ASC Review list of the **Best Places to Work in Healthcare.**

Learn more about Jefferson research and news developments at www.jeffersonhospital.org/news.

JEFFCALENDAR

SEMINARS

Saturday, September 17

• Department of Ophthalmology, Wills Eye Institute, Carl D. Regillo, MD, Program Chair Faculty of Wills Retina Service, "Vitreoretinal Disease Update," 7:30 a.m. to noon, 840 Walnut, Auditorium. Contact: Lucia M. Manes at 215-440-3168 or email lmanes@willseye.org.

Saturday, September 24

• Department of Ophthalmology, Wills Eye Institute, Robert S. Bailey, MD, Program Chair Faculty of Wills CPEC Service and invited guest, "Advanced Anterior Segment Surgery Update," 8 a.m. to 12:30 p.m., 840 Walnut, Auditorium. Contact: Lucia M. Manes at 215-440-3168 or email lmanes@willseye.org.

Saturday, October 29

• Department of Ophthalmology, Wills Eye Institute, Christopher J. Rapuano, MD, Program Chair, Faculty of Wills Cornea Service, "Cornea Update: Controversies in Cornea, Anterior Segment and Refractive Surgery," 8 a.m. to 12:30 p.m., 840 Walnut, Auditorium. Contact: Lucia M. Manes at 215-440-3168 or email lmanes@willseye.org.

HEALTH POLICY FORUMS

Wednesday, September 14

• Jefferson School of Population Health, Michael A. Stoto, PhD, Professor, Health Systems Administration and Population Health, Georgetown University, "A Decade After 911, Are We Any Better Prepared for Public Health Emergencies?" 8:30 to 9:30 a.m. (Location to be determined.) For information, call 215-955-6969.

Wednesday, October 12

• Jefferson School of Population Health, Shiriki Kumanyika, PhD, MPH, Professor of Biostatistics and Epidemiology, University of Penn School of Medicine, "Health in All Policies: (How) Can We Make it Work?" 8:30 to 9:30 a.m. (Location to be determined.) For information, call 215-955-6969.

GRAND ROUNDS

Wednesday, August 17

• Methodist Hospital, Department of Medicine, Fred Rincon, MD, MSc, TJU, "Targeted Temperature Management After Brain Injury," Aug. 24: Richard Patt, MD, "Opportunities for Optimization: The Application of Blood-Pool Contrast

Agents in MRA," Aug. 31: Joseph M. Curry, MD, "Current Trends in Treatments of Head & Neck Cancers," noon, Morgan Conference Center. For more information, call 215-952-9197.

Wednesday, August 17

• Family and Community Medicine, Morbidity & Mortality, 8 to 9 a.m., 207 JAH.

Wednesday, September 14

• Family and Community Medicine, Morbidity & Mortality, 8 to 9 a.m., 207 JAH.

• Methodist Hospital, Department of Medicine, Avnish Bhatia, MD, "Cancer," noon, Morgan Conference Center. Also, same speaker and topic on Wed, Oct. 12. For more information, call 215-952-9197.

Wednesday, September 21

• Family and Community Medicine, Richard C. Wender, MD, Chairman, Family and Community Medicine, TJU, "State of the Department," Herbut Aud., Basement College, 8 to 9 a.m., 207 JAH.

Wednesday, September 28

• Family and Community Medicine, William Hsiao, MD, K.T. Li, Professor of Economics, Department of Health Policy and Management, Department of Global Health and Population: Harvard University, 207 JAH.

• Schwartz Center Rounds, noon to 1 p.m., Room 101, Bluemle Life Sciences Building. (Subsequent sessions on the fourth Wednesday of each month.)

MEETINGS

Monday, September 12

• TJUH Executive Committee of the Medical Staff, 5 p.m., 636 Scott. Also, Mon., Oct. 10.

Friday, September 16

• Department of Ophthalmology, Wills Eye Institute - Retina Club Meeting, Jerry A. Shields, MD, Program Chair, Faculty of Wills Oncology and Retina Services, 8 a.m. to 5 p.m., 840 Walnut Street (Auditorium). Registration by invitation. Contact: Lucia M. Manes at 215-440-3168 or email lmanes@willseye.org

SPECIAL EVENTS

Wednesday, August 17

• WXPN Musicians On Call plays for Jefferson patients. Also on Weds., Aug. 24 and 31; Sept. 7, 14, 21 and 28; Oct. 5, 12, 19 and 26.

Wednesday, August 24

• Nursing, Parent Education, Maternity Hospital Tour, 6 p.m. (promptly), lobby, Pavilion. Also, Weds., Sept. 14 and 28, Oct. 12 and 26, (Tour: 2nd and 4th Wed. of every month). For more information, call 1-800-JEFF-NOW.

Friday, September 9

• Activities Office, Taste of the Neighborhood Restaurant Expo, 11:30 a.m. to 1:30 p.m., Lubert Plaza, Hamilton Bldg. (Rain location, JAH Cafeteria). For more information, call 3-7743.

Wednesday, September 14

• Activities Office, Security Programming: Center City District Presentation, noon to 1 p.m. (Room to be determined).

Thursday, September 15

• Activities Office, "Sunrise Yoga," 6:30 a.m. to 7:30 a.m., Terrace, Hamilton Building.

Friday, September 16

• Activities Office, "Drive In" Movie: Pirates of the Caribbean: On Stranger Tides, 8 to 10:20 p.m., Lubert Plaza, Hamilton Building (Rain Location: Conrady Lobby, Hamilton Building)

Monday, September 19

• Activities Office, Constitution Day, 11:30 a.m. to 1:30 p.m., Lobby, JAH & Edison Building.

Tuesday, September 20

• TJUH Women's Board - Maternity Committee, "Electronics Sale," for all Hospital & University employees, students, visitors, family and friends, 7 a.m. to 5 p.m. Also, Wednesday, Sept. 21, 7 a.m. to 3 p.m. Location: Atrium Cafeteria (11th Street side). All are welcome to purchase items. (Inquire about payroll deductions for TJU/TJUH employees.)

Wednesday, September 21

• Jefferson's Kimmel Cancer Center, Prostate Cancer Screening Day, 9 a.m. to 3 p.m., Bodine. Also, on Wed., Sept. 28, Methodist Hospital, Radiation Oncology Pavilion. For more information, call Christine Hubert at 5-9954.

Tuesday, October 11

• Activities Office, October Monthly Social, "Beer Education Seminar," 7 to 9 p.m., 139 JAH.

RELIGIOUS

Thursday, August 25

• Inspirational Video Presentation/Bible Study, noon to 1 p.m., 139 JAH. Also, Thurs., Sept. 29. All are welcome. Call Ester at 215-955-5951.

Wednesday, September 7

• Come join our Wednesday Prayer and Bible Study Class, noon, 207 College. All are welcome. Please contact Annette Chesson at 215-955-8991 for more information or email annettechessonpraynow@gmail.com. Also, Tues., Sept. 14, 21 and 28; Oct. 5, 12, 19 and 26.

CLASSES

Thursday, August 17

• Nursing Parent Education, "Basics of Breastfeeding" classes meet twice a month, 6 to 8 p.m., 833 Chestnut, Suite 920. Call Parent Education at 215-955-6713 for more information. Free class. No RSVP needed. Also, Thurs., Sept. 1, Monday, Sept. 12, Tues., Oct. 11 and Wed., Oct. 19.

Tuesday, September 6

• Nursing, Parent Education, "Childbirth - 3 night series" beginning Tues., Sept. 6 or Thursday, Sept. 8; also, Monday, Oct. 3 or Thursday, Oct. 6 (7 to 9:30 p.m.); 2 morning series (Saturdays, Sept. 10 or Oct. 15) 9:30 a.m. to 1:30 p.m.). The fee for these programs is \$95. Maternity Tour is included. RSVP to 1-800-JEFF-NOW.

• Nursing, Parent Education, Breastfeeding and Pumping Mothers group meets every Tuesday, noon to 1 p.m., 833 Chestnut St., 3rd fl.,

Family Medicine Conference Room. All breastfeeding moms and babies, patients and employees are invited. Walk-ins and brown bags are welcome. Call Parent Education at 215-955-6713 for more information. Also every Tuesday in Sept. and Oct.

Wednesday, September 7

• Nursing, Parent Education, "Car Seat Safety Class." Join us for this free program. Did you know that 80 percent of all car seats are INCORRECTLY installed in cars? Learn important safety tips and keep your children and grandchildren safe. Time: 7 to 9 p.m. Location: 833 Chestnut St., Suite 920. RSVP to 1-800-JEFF-NOW.

Wednesday, September 14

• Nursing, Parent Education, "Pediatrician's Night." Babies are not just little people... learn practical tips from one of Jefferson's doctors on preparing and caring for your little one! Register for this FREE program at 1-800-JEFF-NOW. Time: 7 to 9 p.m. Location: 833 Chestnut, Suite 920.

Monday, September 19

• Nursing, Parent Education, "Infant and Child CPR for Family and Friends." Time: 6 to 9 p.m., 833 Chestnut, Suite 920. Registration is necessary. Fee \$35 /couples, \$60. Call 1-800-JEFF-NOW to reserve your spot. Also, Oct. 4.

Tuesday, September 21

• Nursing, Parent Education, "Getting Ready for Babies," class. Everything you wanted to know about your newborn. Time: 7 to 9:30 p.m. Location: 1840 Gibbon. RSVP Needed. Call 1-800-JEFF-NOW.

Saturday, September 24

• Nursing, Parent Education, "Siblings Class," young children are welcome to be part of the Big Sister/Big Brother class. Siblings to be (ages 3 to 7) participate in activities that help them learn about new babies and how to be a big sister or big brother. A tour of the maternity facilities is included. Time: 10 a.m. to noon, 1840 Gibbon. RSVP is necessary! Call 1-800-JEFF-NOW.

Saturday, October 1

• Department of Ophthalmology, Wills Eye Institute, Sponsored by the Department of Continuing Medical Education, "Coding Course: Ophthalmic Chart Documentation and Coding Requirements," 8 a.m. to 1 p.m., 840 Walnut, Auditorium.* Contact: Lucia M. Manes at 215-440-3168 or email lmanes@willseye.org.

Tuesday, October 5

• Nursing, Parent Education, "Grandparents Night!" (Grand parenting and what's new in the world of babies.) Time: 7 to 9 p.m., 1840 Gibbon. Free program. RSVP to 1-800-JEFF-NOW.

Jefferson Hospitals offers a wide range of support programs and counseling for patients and their families. Visit our website to learn more:

Cancer

www.jeffersonhospital.org/cancersupport

Aneurysm & AVM

www.jeffersonhospital.org/aneurysm-avmsupport

Stroke

www.jeffersonhospital.org/strokesupport

Swallowing Disorders, Spasmodic Dysphonia, Laryngectomee

www.jeffersonhospital.org/entsupport

Volunteers Needed for a Type-2 Diabetes Study

The Diabetes Research Center at Thomas Jefferson University is currently recruiting volunteers with type-2 diabetes for a number of different studies. To see if you qualify, please call John at 215-955-1978. A qualified research professional will discuss the research study and its requirements with you, determine if you qualify for participation, and answer questions you may have. If you choose to participate in our research program, you may be eligible to receive at no cost to you:

- Physical examinations
- Diabetes monitoring
- Laboratory testing
- Glucose meter and supplies
- Financial compensation

Make a Difference in Healthcare – Become a Health Mentor at Jefferson

Please call 215-955-3757 or visit <http://jeffline.tju.edu/jcipe/hmp>.

Be a Hero: Donate Blood

Please stop by the Jefferson Blood Center at 8230 Gibbon or call 215-955-7791.

Center hours are 8:30 a.m. to 4 p.m., Monday through Friday. **Monday blood donors receive a \$5 meal voucher.**



Tasty New Treats in the Newly Redesigned Atrium

Now the Atrium Cafeteria in the Gibbon Building (2nd floor) offers more menu choices, more healthier food options and extended hours for added convenience. Dine with us today!



Photo: Robert Neroni

Donald Jamison of Nutrition and Dietetics serves up some delicious gourmet pizza, a new menu item in the new and improved Atrium.

JeffNEWS

Robert L. Barchi, MD, PhD, President, TJU
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