



## US Government Awards Jefferson Medals of Honor for Organ Donation

Congratulations to our Jefferson staff for being recognized for their invaluable role in saving lives by coordinating organ and tissue transplants. Efforts by staff members have led to important recognition by the US Department of Health and Human

Services, resulting in a Silver Medal of Honor for Jefferson Hospital for Neuroscience (JHN) and a Bronze Medal for Thomas Jefferson University Hospital (TJUH). The medals were presented to 19 area hospitals and the Gift of Life

program at the recent 7th National Learning Congress, recognizing successful donation and transplant outcomes. Learn about transplantation at [www.jeffersonhospital.org](http://www.jeffersonhospital.org).

## State of PA Honors Jefferson Physician During Black History Month



Photo: Michael Robinson

Congratulations to Deborah Witt, MD, recognized by Governor Corbett as an "Everyday Hero" for her contributions to the Commonwealth. The honor was presented during Black History Month for her commitment and excellent service to the community. An assistant professor and family physician at Jefferson, Dr. Witt was one of two honorees from Philadelphia who was nominated and chosen for the recognition by members of the Governor's Advisory Commission on African American Affairs. As CFO and Medical Director of Glory Unlimited Evangelistic Ministries International, she has organized volunteer medical teams to travel abroad and provide medical services to impoverished communities. Dr. Witt also serves on numerous boards and is a volunteer for the American Diabetes Association and the American Cancer Society.

## Saving Lives on the Go: Jefferson Caregivers to the Rescue

*A snapshot of some recent "off-duty" heroics...*

### Jefferson Physicians Fly to Aid of Fellow Passenger Aboard Airline

On a flight out to Denver, en route to a conference, three Jefferson anesthesiologists heard commotion in the cabin – a 71 year-old woman had fallen in the aisle and hit her head on the floor. Drs. Kishor Gandhi, Eric Schwenk and

Benjamin Vaghari, jumped into action.

They promptly initiated CPR on the unconscious woman. Drs. Schwenk and Gandhi alternated between chest compressions. They also asked for the plane's emergency medical supplies and oxygen mask. After the woman

regained consciousness, Dr. Vaghari then measured her blood pressure, which was stable at 90/60.

"As the woman lay on the floor, we made sure she was neurologically intact – asking her a series of simple questions – before moving her," added Dr. Gandhi.

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Photo: Joanna Jurich

Congratulations to Jefferson recipients of the 2013 *Paradigm Scholarship for Working Women*, awarded by the Philadelphia Chamber of Commerce. The scholarships are awarded to full-time working women who are pursuing their degrees. This year the Chamber awarded 10 scholarships, and five went to Jefferson employees. Pictured are Cherry Moragne, Occupational Health and Safety Officer; Jill Albright, RN, Labor and Delivery; Michelle Gaspari, RN, 9CN; Janice Reid-Clarke, Access Services Coordinator Supervisor; and Esther Andreessen, RN, 9CN.



On March 7, Jefferson was awarded the 2013 Yitzhak Rabin Public Service Award for its extensive and innovative research and medical collaborations with Israel. Accepting the award given to Jefferson by the Philadelphia-Israel Chamber of Commerce, are Thomas Jefferson University President Richard C. Gozon and Thomas Jefferson University Hospitals President David P. McQuaid, FACHE.

## TJUH Makes '100 Great Hospitals in America' List

Becker's Hospital Review has named Thomas Jefferson University Hospitals on its recently released list, 100 Great Hospitals in America. To develop this list, the Becker's Hospital Review editorial team analyzed data from sources including *U.S. News & World Report*, Truven Health Analytics' 100 Top Hospitals, HealthGrades, Magnet Recognition by the American Nurses Credentialing Center, the Studer Group and the Baldrige Performance Excellence Program.

*TJUH is also listed on the Becker's Hospital Review "101 Hospitals With Great Spine and Neurosurgery Programs" and "101 Hospitals With Great Orthopedic Programs."*



Congratulations to the 75 Jefferson physicians who have been named to Philadelphia magazine's annual list!

See more info at [www.phillymag.com](http://www.phillymag.com).

### VITAL SIGNS: APRIL 2013

TJUH, Methodist, Geriatric Psychiatry, Jefferson Hospital for Neuroscience

	Budget	Actual	Prior Year
Admissions	3,903	4,038	3,857
Length of Stay	5.14	5.26	5.30
Patient Days	20,050	20,082	20,438
Outpatient Visits	40,100	41,875	40,061

## Jefferson Researchers Aim to Overcome Prostate Cancer Stigma in Ghana and Improve Outcomes

Infectious diseases in Ghana tend to capture the most attention, but a quiet crisis may soon take over as the country's most threatening epidemic: cancer.

A new study published in January in the journal *BMC Cancer*, led by Kosj Yamoah, MD, PhD, a resident in the Department of Radiation Oncology at Thomas Jefferson University and Hospitals takes aim at the issue by investigating prostate cancer diagnoses and treatment delivery in black men living in the West African region, in order to devise research strategies to help improve health outcomes.

Overall, many men are diagnosed at a later stage, with more than half opting out of treatment, they found. The researchers point to stigmas about cancer as a root of the problem.

"Cancer could eclipse infectious diseases as an epidemic if more awareness and intervention doesn't come about," said Dr. Yamoah, who grew up in Ghana until age 20, when he came to the US. "Cancer can be very hush-hush because of cultural and financial issues and social stigmas associated with the disease. We need to bring awareness and address the needs of the population and barriers to care."

"Cancer is still perceived as a death sentence," he added. "People are scared to go to their doctor to find out if they have it, let alone to follow through with treatment."

In a retrospective analysis of 379 patients referred for treatment at the National Center for Radiotherapy and Nuclear Medicine at the Korle Bu Teaching Hospital (KBTH) from 2003 to 2009, the team found that 33 percent were diagnosed with metastatic disease and 70 percent had a prostate-specific antigen (PSA) score four times higher than men in the US or Europe at time of diagnosis.

PSA screening rates in Ghana are low, the authors explain, and many men opt out of radiation therapy and other therapies after diagnosis. Out of the 251 patients eligible for radiation therapy, only 141 patients actually received external beam radiation therapy.

Learn more by reading the news release at [www.jefferson.edu](http://www.jefferson.edu).

## Jefferson Nurses Launch 'Walk a Lot, Prevent a Clot'



During March, DVT Awareness Month, Jefferson nurses on Gibbon 7CNC and 7NNE, JHN 7S and 7N, and Methodist B6 and CCU/SICU spearheaded "Walk a Lot, Prevent a Clot" – a campaign that encourages patients to walk regularly while in the hospital. Pictured is Deana Krajirovic, RN, BSN, walking with patient Brian McGaulley, who recently underwent abdominal surgery. Photo: John Aquino

## ED Staff - Donation to Sandy Hook First Responders & Danbury Hospital ED



To recognize American Heart Month and support the American Heart Association, members of Jefferson's Emergency Department (some of whom are pictured) sold decorated hearts and used them to adorn the ED lobby. They also took a portion of the proceeds to recognize the Sandy Hook and Danbury, CT, first responders. Thirty pizzas were bought and delivered to the police/fire rescue units and the Danbury Hospital Emergency Department, along with a giant card and framed Rocky picture which was engraved, "In the Real Ring of Life, You Are All Champions – Love, Your Philly Friends at Jefferson's Emergency Department."

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## Saving Lives on the Go: Jefferson Caregivers to the Rescue



Jefferson anesthesiologists Eric Schwenk, MD, Kishor Gandhi, MD, and Benjamin Vaghari, MD, saved a woman's life aboard a plane bound for Denver.

### Jefferson Physicians Fly to Aid...

"At this point, an air marshal came forward and assisted us with moving the woman to a clear row at the back of the airplane."

With limited options and the long flight still ahead, the Jefferson team used the plane's medical supplies, administering aspirin for cardiac prophylaxis, and glucose infusion with saline for hypoglycemia. She responded promptly to therapy and improved dramatically over the course of the flight.

After landing in Denver, the physicians also accompanied the passenger off the plane, transferring her care to the local emergency medical services technicians, who were waiting at the gate.

"I'm just glad we were able to help," said Dr. Gandhi.

### Jefferson ED Nurse Revives High School Student on Track

While watching her daughter play field hockey at Villa Maria Academy High School in Malvern recently, Jennifer Meluskey, a nurse in Jefferson's Emergency Department, witnessed a 16-year old cross country runner collapse on the school's track during practice. Jennifer raced over to find that the student athlete was not moving or breathing.

"It was the last thing I expected to see on a Thursday afternoon, especially with a person so young," Jennifer said. "Since my own daughter is similar in age, I couldn't help but think that this was someone's baby."

Jennifer began to perform CPR, and used the school's automated external defibrillator (AED) to regulate her heart rhythm. In a matter of moments, the paramedics arrived.

After further evaluation, the teenager was diagnosed with having experienced sudden cardiac arrest causing a heart arrhythmia, and has since received a defibrillator. Fortunately, the student athlete survived without any neurological deficits due to the quick and successful resuscitation by Jennifer.

"I felt like I was having a heart attack myself as it was happening. Fortunately, the school staff remained calm as we tried to aid this student, who has since returned to playing basketball, running track, and horseback riding. All in all, it was quite phenomenal," said Jennifer.

### Lunchtime Rescue: Staffers, Residents and Interns Put Skills to the Test, On the Sidewalk, to Save Woman's Life

On a recent lunchtime walk on Chestnut Street, an Internal Medicine intern, Jacqueline Kraft, MD, saw that a woman had collapsed on the sidewalk. She immediately initiated CPR and called for help. Assisting her were Internal Medicine residents Jhoan Ledesma, MD, and Hasan Bayat, MD. Next on the scene were two Infectious Disease Fellows – Drs. Chris Miller and Jay Sellers.

"Chris and I were walking down Chestnut street and saw [the others] performing CPR on the sidewalk," said Dr. Sellers.

"We went over to help and I grabbed the AED at the Gibbon Building guard desk. We attached it to the patient and delivered a shock on the scene."

After this, the woman regained a pulse, and then JeffSTAT arrived on the scene. The Jefferson staff assisted the JeffSTAT crew with putting her on a stretcher and into the ambulance.

After being taken to the Jefferson Emergency Department, and then being treated in the Cardiovascular Intensive Care Unit (CVICU) and transferred to a regular room at Jefferson, the woman was eventually well enough to be discharged home.

"These house staff saved this woman's life," said Gregory Marhefka, MD, of Cardiology, who heads the CVICU. "She was lucky that these physicians happened to be there."

"She was definitely in the right place at the right time," said Dr. Sellers. "The team worked together

quickly and efficiently, and our internal medicine and critical care training kicked in."

### Jefferson Student Gives Her All At the Gym - To Save a Man's Life

Doctors say that Officer Anthony Radico of the Radnor Township Police Department wouldn't have survived had Amanda Beal, a third-year MS Occupational Therapy student at Jefferson, not given him CPR.

On a February Sunday afternoon at her gym in Delaware County, Amanda Beal was about to finish up her workout when she noticed a man sitting up against a wall inside the gym, struggling to breathe.

She approached the man – and seeing that he was turning blue, immediately called 911. Amanda monitored his pulse and applied a cool compress but when he suddenly lost consciousness and stopped breathing, she instantly began CPR and continued it until the paramedics arrived.

"Something inside of me switched into autopilot that day and even though I was surrounded by a gym packed with people watching me, it felt like it was just me and him and I was determined to give it my all," said Amanda. "I am CPR certified through school but never in a million years did I imagine I'd ever actually need to use it."

After a hard battle on life support in the hospital, Anthony is now home after having received a defibrillator and is on his way to recovery. Dana Trigg, Anthony's sister, expressed her gratitude about Amanda's lifesaving instincts.

"My brother Anthony is home safe and sound – thanks to Amanda Beal," said Dana. "Amanda came to our rescue. We can't thank her enough for saving my brother's life."

After the incident, Amanda was honored by the Upper Darby Police Department and interviewed by KYW Newsradio.

See Jefferson Hospitals' blog @Jeff for details on all these stories.

**PEOPLE**

**Robert Brent, MD, PhD**, was the subject of a recent feature story in *Health Physics News*, highlighting his role in pregnancy counseling with women and couples who have concerns about radiation exposure. For many years, Dr. Brent has been providing this type of scientific evaluation and counseling on a volunteer basis many times each week via the Health Physics Society (HPS) website. He is the Distinguished Louis and Bess Stein Professor of Pediatrics, Radiology, and Pathology and head of the Clinical and Environmental Teratology Laboratory at Jefferson Medical College and A.I. duPont Hospital for Children in Wilmington, Delaware.

**Geno Merli, MD, FACP**, and **Howard Weitz, MD, FACP, FACC**, were recognized as Masters of the American College of Physicians at the group's annual meeting in San Francisco. The "Master" designation is reserved for those physicians who are among the most outstanding internists and medical teachers of their day. Dr. Merli, an internist who has specialized in vascular medicine and is nationally recognized for his expertise in deep vein thrombosis, is Jefferson's Chief Medical Officer and Co-director of the Jefferson Vascular Center. A cardiologist, Dr. Weitz is Director of both the Division of Cardiology and the Jefferson Heart Institute.

**Jacqueline Tusman, MS**, Senior Learning Consultant in the Department of Human Resources, presented a program on Working in a Multi-Generational Workforce at the GMP TEA (Good Manufacturing Practices/Training Education Association) Mid-Atlantic Chapter Meeting in January. The interactive program highlighted the fact that this is the first time in history that four generations are working together in the workplace. The mission of the GMP TEA is to unite Life Science Training and Behavioral Education individuals in an effort to educate, collaborate and share best practices as we develop and prepare the workforce of the future.



Jefferson's Professional Development SNL Celebrated National Nursing Certification Day recently by organizing a "Certification Caravan." Nurses visited each unit in the Hospital bringing specialty certification information and encouraging staff to get certified. Jefferson boasts a 31.5 percent nursing certification rate, an 11.5 percent increase from 2009. Thanks to Lisa Moss, BSN, RN, CPAN, who organized the caravan as chair of the PD SNL Certification Subcommittee and all the members of the PD SNL who participated. Pictured are Dorothy Lang, RN, CAPA, and Susan Curcio, RN, CAPA, both of SPU; Lisa Moss, BSN, RN, CCRN, (caravan organizer); and caravan members Lynease Henderson, BSN, RN, and Tanya Jones, BSN, RN, CPN.



A Thomas Jefferson University graduate student in the Department of Cancer Biology was one of 10 students from leading cancer centers across the US to receive a \$10,000 Research Scholar Award from the Joanna M. Nicolay Melanoma Foundation (JMNMF) for his exceptional research work. Curtis Kugel's research focuses on targeting receptor tyrosine kinases in an attempt to prevent resistance to RAF inhibitors in melanoma and improve the efficacy of those inhibitors. For more information about JMNMF, please visit: <http://www.melanomaresource.org/>. Pictured with Curtis (right) is JMNMF President Greg Safko.

**PEOPLE**

**Jouni Uitto, MD, PhD**, has been recognized by the US Food and Drug Administration as one of the 30 rare disease heroes for basic research in rare diseases. These recognitions were part of the celebration of the 30th anniversary of passing the Orphan Drug Act by the United States Congress. Dr. Uitto is also the recipient prestigious *Eugene J. Van Scott Award for Innovative Therapy of the Skin* and *Phillip Frost Leadership Lecture* for 2012. His presentation (Progress in Genodermatoses – Towards Treatment and Cure) took place in March at the Annual Meeting of the American Academy of Dermatology. In addition, Dr. Uitto has been inducted as a member of the Finnish Academy of Science and Letters.

**ACHIEVEMENTS**

Physician-researchers at the Rothman Institute at Jefferson have developed a new, clinically meaningful scale of severity for diagnosing patients with cervical spinal stenosis. Their goal was to create a more accurate scale than the current "mild, moderate or severe" designations used for patients with this condition, a narrowing of the spinal canal in the neck. Researchers sought to create a reproducible, clinically validated classification of central cervical stenosis.

Congratulations to the Pulmonary Care Department, Jefferson Pulmonary Associates and Critical Care Medicine, recipient of a recognition from the American Association for Respiratory Care. Just 700 hospitals out of 5,000 nationally have received the Quality Respiratory Care Recognition certificate from the American Association for Respiratory Care.

A study by Rothman Institute at Jefferson suggests conventional thresholds for joint surgery inflammatory markers may need to be refined to improve their accuracy in diagnosing periprosthetic joint infection (PJI). The study was presented at the American Association of Orthopedic Surgeons annual meeting in March.

Researchers at Jefferson's Kimmel Cancer Center have discovered new pathways that drive metastatic prostate cancer. A team found that Cyclin D1b, a variant of the cell cycle regulator Cyclin D1a, functions independently of the cell cycle to promote metastasis both early and late stage prostate cancer.

Researchers at the Rothman Institute at Jefferson participated in a multi-center randomized prospective study to evaluate the clinical value of platelet rich plasma (PRP) versus an active control group to determine its effectiveness in managing the pain and tenderness associated with tennis elbow. The study found that PRP therapy is safe and results in improvements in pain scores and local tenderness compared to an active control group.

**Medical Oncology Awards First Endowed Professorship Honoring Two Distinguished Japanese Physicians**

Internationally-recognized cancer clinician and researcher Takami Sato, MD, PhD, who serves as the Director of the Metastatic Uveal Melanoma Program in the Department of Medical Oncology at Thomas Jefferson University, has been named the first K. Hasumi Professor of Medical Oncology. The endowed professorship is a generous gift of Kenichiro Hasumi, MD, a cancer immunotherapy specialist and long-time collaborator and supporter of Dr. Sato. The professorship is named in honor of both him and his late father, Kiichiro Hasumi, MD, a renowned physician-scientist who spent his career studying cancer vaccines.

**Congratulations to Our Nursing Awards Winners**



**Liz A. Gutwein-Guenther, BSN, RN**, Staff Nurse, 3E/NE, has been named the 2013 winner of the *Janet C. Hindson Award*.

**Clinical Nurse Excellence Award**

**Med/Surg**

Justine S. O'Connor, BSN, RN, OCN  
Staff Nurse, 3 West

**Specialty**

Ann Shober, BSN, RN  
Staff Nurse, Pediatrics

**Critical Care**

Christine M. Fletcher, BSN, RN  
Clinical Charge Nurse, ISICU

**Excellence in Nurse**

**Preceptorship/Mentorship Award**

Amy L. Edmonds, BSN, RN  
Staff Nurse, 7 West

**Rising Star Award**

Kevin T. Morgan, BSN, RN  
Staff Nurse, 9 Center

**Career Achievement Award**

Gabrielle Mangan, MSN, RN  
Staff Nurse, 3 East

**Community Service Award**

Kathleen Ashton, PhD, RN  
Staff Nurse, 5 Center

**Eileen Kelly Critical Care Nursing Award**

Jane D. Reiley, BSN, RN, CCRN  
Clinical Charge Nurse, MICU

**Advancing and Leading the Profession**

Suzanne Lagner, MSN, RN, NE-BC  
Nurse Manager, ICN

**2013 Nursing Spectrum**

**Excellence Awards Finalists**

**Winner:**

**Volunteerism & Service**

John Cibenko, BSN, RN, CNOR, ONC  
Specialty Team Supervisor  
Operating Room

**Other Finalists:**

**Home, Community & Ambulatory Care**

Margaret Trainer, BSN, RN  
Clinical Charge Nurse  
Ambulatory Acute Care  
Psychiatric Unit

**Clinical Nursing Inpatient**

Christine Cascone, RN, CCRN  
Staff Nurse  
Neuroscience Critical Care Unit

Learn more about Jefferson research and news developments at [www.jeffersonhospital.org/news](http://www.jeffersonhospital.org/news) and [www.jeffersonhospital.org/atjeff](http://www.jeffersonhospital.org/atjeff)

## JEFFCALENDAR



**Randall Culp, MD**, of The Philadelphia Hand Center at Jefferson, has been awarded the 2013 *Golden Apple Award* from Health Volunteers Overseas (HVO). Dr. Culp has volunteered for many years with the Honduras Hand Surgery program, performing surgeries and sharing his expertise in upper extremity surgery techniques. The *Golden Apple Award* is given annually to those who personify and have contributed extraordinarily to the agency's commitment to curriculum development, teacher training, didactic or clinical training, or the enhancement of educational resources. Dr. Culp will be presented with his award at a ceremony later this year in Washington, DC.

## Jefferson PA Program to Accept Applications in August 2013

The Department of Physician Assistant Studies in Jefferson School of Health Professions at Thomas Jefferson University will begin accepting applications in August for the new Master of Science in Physician Assistant Studies (MS-PAS) program, which will begin in Pre-Fall 2014.

"Future graduates have a bright horizon," said Kathryn T. Janick, MSPAS, PA-C, the Department Chair. "Physician assistants have been named the fourth fastest growing profession in the country by the Bureau of Labor & Statistics, with an expected 39 percent increase in jobs by 2018. These are exciting and encouraging numbers."

Learn more at [www.jefferson.edu/pa](http://www.jefferson.edu/pa).



Bioscience Technologies students at Jefferson are serving as mentors to local high school students from Roxborough and Lincoln High Schools, providing them with academic support and shadowing opportunities in research labs, all as part of a new WorkReady Philadelphia pilot program. The Quest program focuses on teaching science, technology, engineering and math (STEM) skills.

### SEMINARS

#### Wednesday, May 29

• Women's Health Source, "Learning to Deal with Difficult Behavior." For most of us, there are times when we have to work or live with someone whose behavior is difficult, at best. Complaining doesn't help. Wishing doesn't, either. What can we do? This workshop examines ways of dealing with difficult behavior from a solution-oriented perspective and teaches you ways to deal with the difficult people in your life. Speaker: Paula Delong, MA, CEAP, Licensed Psychologist, Director, First Call, TJUH, noon to 1 p.m., 1100 Walnut St., 3rd fl. Conference Room. Register online at [www.JeffersonHospital.org/whs](http://www.JeffersonHospital.org/whs) or call 1-800-JEFF-NOW.

#### Wednesday, June 12

• Women's Health Source, "Follow Your Gut: Making Sense of Special Diets." Gluten-free? Lactose-free? High-fiber? Low-fiber? Learn about food allergies and how to prepare healthy meals when you or a family member are on a special diet for a GI (gastrointestinal)

or allergic problem. Creative cooking ideas and special recipes will be shared. Speaker: Monica H. Crawford, MA, RD, LDN, Outpatient Oncology Dietitian, Kimmel Cancer Center, Department of Medical Oncology, TJUH, noon to 1 p.m., 1100 Walnut St., 3rd fl. Conference Room. Register online at [www.JeffersonHospital.org/whs](http://www.JeffersonHospital.org/whs) or call 1-800-JEFF-NOW.

### FORUM

#### Wednesday, June 12

JSPH, Craig Tanio, MD, Chief Medical Officer, JenCare, "Managing Population Health in Low to Moderate Income Medicare Eligibles," 8:30 to 9:30 a.m., Curtis Building, 1015 Chestnut, Room 218, 2nd Floor.

### SYMPOSIUM

#### Monday, June 10

• The Jefferson Postdoctoral Association (JPA) and the Jefferson Graduate School of Biomedical Sciences' (JGSBS) Office of Postdoctoral Affairs, "8th Annual Jefferson Postdoctoral Research Symposium (PRS).

Keynote Speaker: Dr. Jonathan Yewdell, an eminent scientist in the Cellular Biology and Viral Immunology Sections of the Laboratory of Viral Diseases within the National Institute of Allergy and Infectious Diseases at the NIH. Timeline: First oral presentation, 11:30 a.m., Connelly Aud., Hamilton; second oral presentation, 1 to 2 p.m.; a poster session, 2 to 4 p.m., Hamilton Lobby; Dr. Yewdell's keynote address, 4 p.m., Connelly Aud., Hamilton.

### GRAND ROUNDS

#### Wednesday, May 29

• Pulmonary and Critical Care, Ricardo Restrepo, MD, TJUH, 7:30 to 8:30 a.m., Pulmonary Conference Room, 834 Walnut St. For information, call 215-955-1671. Also: June 5, Vanjul Agarwal, MD, TJUH; June 12, Ross Summer, MD, TJUH; June 19, Nikhil Madan, MD, TJUH; June 26, Ritu Grewal, MD, TJUH.

#### Thursday, May 30

• Medicine, Vijay M. Rao, MD, David C. Levin Professor and, Chair, Department of Radiology, TJUH, "The Overuse of Diagnostic Imaging;" June 6: Morbidity & Mortality Conference; June 13: "Chief Residents' Grand Rounds;" Christopher Henry, MD, Tasha Kouvatso, MD, Sanjay Linganna, MD, Michael Tobin, MD, noon, DePalma.

#### Wednesday, June 12

• Family and Community Medicine, Moderator: Robert Perkel, MD, Department of Family and Community Medicine, "Medical Jeopardy," 7 to 9 a.m., Foerderer Aud.

### SPECIAL EVENTS

#### Wednesday, June 5

• WXPN Musicians On Call plays for Jefferson patients. (Musicians also play through July and August.) Also, every Wednesday in June and July.

• "Celebration of Life" event – Celebrating Cancer Survivors and the people that care about them: Patients, caregivers, survivors, families, physicians and staff are all welcome to attend this inspirational event, (3 p.m., Health Fair; 4 to 7 p.m., Art Exhibit, fun activities, survivor's stories and special guest speakers), Hamilton Building. Registration Info: Call 1-800-JEFF-NOW.

#### Thursday, June 6

• Nursing, Parent Education, "Infant and Child CPR for Family and Friends" Time: 6 to 9 p.m., 833 Chestnut, Suite 920. Registration is necessary. Fee \$35 /couples, \$60. Call 1-800-JEFF-NOW to reserve your spot. Also, July 10.

#### Saturday, June 8

• Methodist Hospital, Annual Health Expo: Free Health Screenings, Free Health Information and Consultations, and Family Fun, 10 a.m. to 1 p.m., Methodist Hospital, Broad Street Entrance. For more information, call 1-800-JEFF-NOW.

#### Monday, June 24

• Wills Eye, Ophthalmology residents will graduate at 3 p.m., 8th fl. Auditorium of Wills Eye Institute.

### CLASSES

#### Wednesday, June 12

Maternity Hospital Tour, 6 p.m. (promptly), Pavilion Lobby. Also, June 26. (Tour: 2nd and 4th Wed. of every month). For more information, call 1-800-JEFF-NOW.

#### Wednesday, June 26

• Nursing, Parent Education, "Pediatrician's Night" - Babies are not just little people... learn practical tips from one of Jefferson's doctors on preparing and caring for your little one! Register for this FREE program at 1-800-JEFF-NOW. Time: 7 to 9 p.m., 1840 Gibbon.

## Babies Have a Safe Haven at Jefferson

Jefferson offers confidential protective shelter and medical care to abandoned newborn infants less than 28 days of age and offers and encourages the infants' mothers to accept medical assessment and treatment.

To learn more, please contact the Emergency Department at **215-955-6840**, 24 hours a day.



## Parent Education

Featuring:

- Getting Ready for Babies
- Childbirth Classes
- Maternity Ward Tours
- Breastfeeding Classes
- Breastfeeding "Drop-In" Center (including a lactation consultant)
- Breastfeeding and Pumping Mothers Group
- Infant and Child CPR for Family and Friends

Plus, classes and info sessions for siblings and grandparents

[www.jeffersonhospital.org/parenteducation](http://www.jeffersonhospital.org/parenteducation)

**1-800-JEFF-NOW**

## Make a Difference in Healthcare – Become a Health Mentor at Jefferson



Please call **215-955-3757** or visit <http://jeffline.tju.edu/jcipe/hmp/>

### SUPPORT GROUPS

**Jefferson Hospitals offers a wide range of support programs and counseling for patients and their families. Visit our website to learn more:**

#### Cancer

[www.jeffersonhospital.org/cancersupport](http://www.jeffersonhospital.org/cancersupport)

#### Aneurysm & AVM

[www.jeffersonhospital.org/aneurysm-avmsupport](http://www.jeffersonhospital.org/aneurysm-avmsupport)

#### Stroke

[www.jeffersonhospital.org/strokesupport](http://www.jeffersonhospital.org/strokesupport)

#### Swallowing Disorders, Spasmodic Dysphonia, Laryngectomy

[www.jeffersonhospital.org/entsupport](http://www.jeffersonhospital.org/entsupport)

## Clean Out Your Closets, Help Jefferson Patients

### Penny Wise Thrift Shop

benefitting patient programs at TJUH

57 E. Lancaster Avenue  
Ardmore, PA 19003  
Phone: 610-642-7239



#### Hours:

Monday-Friday:  
9:30 a.m. to 4:30 p.m.  
Saturdays: 9:30 a.m. to 3 p.m.

**Store is closed during July and August.**

## Save a Life: Give Blood



Please stop by the Jefferson Blood Center at 8230 Gibbon or call 215-955-7791.

Center hours are 8:30 a.m. to 4 p.m., Mon. – Fri.

**Monday blood donors receive a \$5 meal voucher.**

## JeffNEWS

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