OUTPATIENT MEDICINE/FAMILY & COMMUNITY MEDICINE

Course Name
Med 402- Ambulatory

Q2: Location
Jeff (JIMA)

Q3: How many hours per week were you on duty?  
35

Q4: Call Schedule
None

Q5: Were there any required assignments  
Short PowerPoint presentation on pretty much anything related to outpatient medicine

Q6: Were you able to attend interviews? How many days off?  
Yes- you can take up to 5 or 6 days without making them up. I took 8 days off and just made up my time during the built-in "study time" that was built into the schedule

Q7: Did you get a letter of recommendation  
No

Q8: How would you rate your experience? Poor/Fair/Good/Very Good  
Good

Q9: How would you rate the difficulty of the elective? Easy/Average/Difficult  
Easy

Q10: Other comments, suggestions, tips  
The perfect rotation for interview season. You work directly with attendings and everyone is real laid back. The course director asks for your availability ahead of time and devises a schedule that fits for you, even if you need a lot of time off. Bread and butter outpatient medicine.

Course Name
Community Medicine / Obesity Control and Prevention (these are essentially the same rotation)

Q2: Location
Jefferson

Q3: How many hours per week were you on duty?  
10

Q4: Call Schedule
none

Q5: Were there any required assignments  
Yes, a 6-12 page paper.

Q6: Were you able to attend interviews? How many days off?  
Yes! I didn't have this during interview season, but it would have been very easy to schedule time off if needed.

Q7: Did you get a letter of recommendation  
No, but again this was because I didn't need one. Easily possible to ask Dr. Plumb who you work with in clinical/outpatient and academic settings.

Q8: How would you rate your experience? Poor/Fair/Good/Very Good  
Very Good

Q9: How would you rate the difficulty of the elective? Easy/Average/Difficult  
Easy

Q10: Other comments, suggestions, tips  
This is a fantastic way to see how health is being addressed outside the confines of the exam room in Philly (i.e. good introduction to public/community health). There are so many interesting/inspiring projects underway that you might not otherwise get to learn about. Your time spent in dedicated locations is minimal - 1 hour long morning meetings, a ~4 hour morning clinic at St. Elizabeth's, and helping out at DISH on Fridays. The rest of your time is spent researching whatever your topic of interest is. You'll have full support from the community med team in the best approaches/other avenues to consider. They may pull you into different activities throughout the city - non-smoking coalition, blood pressure clinics, etc.
**Course Name**  
*Community Medicine - FMED 407*

**Q2:** Location  
Jefferson

**Q3:** How many hours per week were you on duty?  
20

**Q4:** Call Schedule  
None

**Q5:** Were there any required assignments  
Yes, 10-page research paper.

**Q6:** Were you able to attend interviews? How many days off?  
Yes, I didn't take days off for interview, but you are mostly responsible for your own schedule. Dr. Plumb is very flexible.

**Q7:** Did you get a letter of recommendation  
No

**Q8:** How would you rate your experience? Poor/Fair/Good/Very Good  
Very good

**Q9:** How would you rate the difficulty of the elective? Easy/Average/Difficult  
Average

**Q10:** Other comments, suggestions, tips  
The only requirements for this rotation is a 10-page research paper on anything of your interest and attending St. Elizabeth's clinic on Tuesday morning with Dr. Plumb. On the other days, your hours are what you want them to be. I usually came in 9 AM - noon to work on the paper and left. You can participate in other community activities if they interest you. This is a very "chill" rotation and is a good option for Step 2 studying or interview season.

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**Course Name**  
*Outpt subl psych: Sleep medicine*

**Q2:** Location  
Jefferson campus

**Q3:** How many hours per week were you on duty?  
40

**Q4:** Call Schedule  
None

**Q5:** Were there any required assignments  
Yes, one 30 min presentation and one observation at night to see how a sleep study was performed

**Q6:** Were you able to attend interviews? How many days off?  
Yes! They were very understanding. I received 6 days off

**Q7:** Did you get a letter of recommendation  
No

**Q8:** How would you rate your experience? Poor/Fair/Good/Very Good  
Very good

**Q9:** How would you rate the difficulty of the elective? Easy/Average/Difficult  
Easy to average.

**Q10:** Other comments, suggestions, tips  
The presentation does take time to prepare esp during interview season but you have half day Wednesdays to prepare. First couple days you will shadow but you will be seeing most new patients on your own. However the hours are awesome (9-5 with lunch hr) and the attendings and fellows are fun to work with! Everyone is super nice. It is also easy to pick up the material and they provide plenty of reference articles and books for you to read while at work! I highly enjoyed my rotation, will be using the knowledge in the future, and recommend to anyone during a littler interview month!
Course Name
**Integrative Medicine (under emergency medicine)**

Q2: Location
Jefferson- Myrna Bryn Center for Integrative Medicine

Q3: How many hours per week were you on duty?
30 or less

Q4: Call Schedule
none

Q5: Were there any required assignments
informal powerpoint submitted, not presented

Q6: Were you able to attend interviews? How many days off?
yes, took 4 days off

Q7: Did you get a letter of recommendation
no

Q8: How would you rate your experience? Poor/Fair/Good/Very Good
very good

Q9: How would you rate the difficulty of the elective? Easy/Average/Difficult
easy

Q10: Other comments, suggestions, tips
Very flexible, all shadowing, see acupuncture, hormone implants, good hours, Dr. Rakel is the main person who evaluates you, so be sure to spend a good amount of time with her

Course Name
**MSK Outpatient Sub-I**

Q2: Location
Delaware County

Q3: How many hours per week were you on duty?
40

Q4: Call Schedule
no call

Q5: Were there any required assignments
FMcases, logging diagnoses

Q6: Were you able to attend interviews? How many days off?
Yes, as many as needed

Q7: Did you get a letter of recommendation
No

Q8: How would you rate your experience? Poor/Fair/Good/Very Good
Very Good

Q9: How would you rate the difficulty of the elective? Easy/Average/Difficult
Easy

Q10: Other comments, suggestions, tips
There are 3 different locations for this new rotation - I had the Delaware County location, which is mostly based out of the Novacare Complex by the stadiums (nice to be able to take the subway). Each day of the week is spent with a different physician (sports med, podiatry, ortho, PM&R). I saw all new patients and was able to do knee injections well by the end of the rotation. High recommend for someone going into IM, like myself, so to learn the joint exams.
**Course Name**

**Obstetrics in family medicine**

Q2: Location
Jefferson

Q3: How many hours per week were you on duty?
40-50

Q4: Call Schedule
call at least once a week, more if you want. call is home call so you only come in if a family medicine patient is laboring.

Q5: Were there any required assignments
yes - oral presentation on a topic of your choice at the end of the course

Q6: Were you able to attend interviews? How many days off?
no interviews scheduled during the course

Q7: Did you get a letter of recommendation
no

Q8: How would you rate your experience? Poor/Fair/Good/Very Good
very good

Q9: How would you rate the difficulty of the elective? Easy/Average/Difficult
average to difficult

Q10: Other comments, suggestions, tips
Lots of "independent study" time in the afternoons depending on the number of laboring patients (or not). The schedule got a little monotonous but the attendings are great and teach a lot. Great opportunity to not only attend/assist in several births, but also practice techniques like endometrial biopsy, colposcopy, gyn exam and Pap smear, and IUD/Nexplanon placement. Really great elective for anyone interested in obstetrics and women's health.

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**Course Name**

**Advanced physical diagnosis**

Q2: Location
Jefferson

Q3: How many hours per week were you on duty?
25 hours

Q4: Call Schedule
no call

Q5: Were there any required assignments
yes - major project presentation and paper

Q6: Were you able to attend interviews? How many days off?
yes, i took many days off for interviews, and this was not a problem at all

Q7: Did you get a letter of recommendation
no

Q8: How would you rate your experience? Poor/Fair/Good/Very Good
very good

Q9: How would you rate the difficulty of the elective? Easy/Average/Difficult
average

Q10: Other comments, suggestions, tips
very helpful and fun class with the Bergs. opportunity to help teach first and second years.