

DIDACTIC SPORTS MEDICINE CURRICULUM 2008-09

Title

- 8-Jul Concussion
- 15-Jul SCD in Athletes
- 22-Jul PPE
- 29-Jul Female Athlete Triad

- 5-Aug Low back Pain
- 12-Aug Tendinosis
- 19-Aug Cervical spine practicum
- 26-Aug EIB

- 2-Sep Meniscus pathology
- 9-Sep Research/Training room
- 16-Sep Patellofemoral pain syndrome
- 23-Sep Articular cartilage lesions
- 30-Sep ACL injuries

- 7-Oct Achilles tendon injuries
- 14-Oct Research/Training room
- 21-Oct Ankle injuries
- 28-Oct Athletic Foot injuries

- 4-Nov Rotator cuff Part I (tendinopathy/impingement)
- 11-Nov Research/Training room
- 18-Nov Rotator cuff Part II (tear/partial tear)
- 25-Nov Labral pathology

- 2-Dec Shoulder Instability
- 9-Dec Match Meeting
- 16-Dec SC/AC injuries
- 23-Dec Merry Christmas
- 30-Dec Happy New Year

- 6-Jan Snapping Hip/Bursitis/Tendinosis
- 13-Jan Research/Training Room
- 20-Jan FAI/Hip labral injuries
- 27-Jan Pelvic stress fx/trauma

- 3-Feb Elbow tendinopathy
- 10-Feb Research/Training Room
- 17-Feb Cervical spine trauma
- 24-Feb Elbow disorders in throwers

- 3-Mar Elbow loose bodies/intraarticular pathology
- 10-Mar Research/Training room
- 17-Mar Biceps/Triceps injury
- 24-Mar Wrist/carpal injuries
- 31-Mar Sports Dermatology

- 7-Apr Doping in Sports

14-Apr Research/Training Room
21-Apr Facial injury in Sports
28-Apr Infectious disease in Sports

5-May Ethics in Sports Medicine
12-May CECS
19-May NSAIDs: Friend or Foe?
26-May Heat/Cold Injury