

Parent Education Program & Breastfeeding Program

- **Parent Education**

Classes are discounted for Jefferson employees.

All mom and babies are welcomed. Call Parent Ed for more information 215-955-6713 or Lactation Office at 215-955-6665.

- **Jeff Parents Preparing for Birth**

Jefferson is pleased to offer programs to help your family prepare for the birth of a new baby. The Parent Education Program offers a range of prenatal and educational classes for the entire family. Our certified instructors teach important information about pregnancy, delivery and parenting.

- **Breastfeeding Support Program**

Jefferson recognizes that many new moms return to work while still breastfeeding their newborns and is supportive of breastfeeding mothers. TJUH provides six Lactation Lounges available for employee use. All are equipped with electric breast pumps (Ameda brand). Mom's need to bring their own "pump kit".

Location of Lactation Lounges:

- Methodist Location: Main Building, 1st floor, Corridor across from the repertory office.
- Jefferson Hospital for Neuroscience (JHN): 1st Floor (Opening Spring '2011)
- Foerderer Pavilion Bldg: 11th Floor, Room 1125, and 12th Floor, Room 1225A
- Gibbon: 7th Floor, (West Elevator Lobby)
- 833 Chestnut Street: Suite 205, University Health Services

The Parent Education Program offers Breastfeeding Classes twice each month. These classes are free of charge, and open to both expectant and new mothers. Nursing babies are also welcome! Breast pumps and additional breastfeeding aids are available through the program. The Breastfeeding Program is staffed by certified lactation consultants and can be reached by calling the Breastfeeding Warmline at 215-955-6665.