

OPT Benefits 2012 Service Provider Contact List

Vendor	Phone	Website
Aetna DMO Dental Coverage	800-THEDMO-1	www.aetna.com
Aetna Flexible Spending Account (2011)	888-238-6226	www.aetnafsa.com
Aetna Medicare Supplemental Plans	800-307-4830	www.aetna.com
AmeriHealth HMO Member Services	800-275-2583	www.amerhealth.com
Blue Cross Medicare Supplemental Plans	877-393-6733	www.ibx.com
Carebridge (Work-Life Support Services)	800-437-0911	www.myliferesource.com
Delta Dental (group #2564)	800-932-0783	www.deltadentalins.com
FirstCall Employee Assistance Program	800-382-2377	www.firstcalleep.org
Freedom Credit Union	215-612-5900	www.freedomcu.org
Independence Blue Cross (IBC) Consumer-Driven Health Plan (CDHP)	800-ASK-BLUE	www.ibx.com
JEFF NOW (Physician Referral Line)	800-JEFF-NOW	www.jeffersonhospital.org/finddoctor
JeffPLUS (Jefferson Health System's link to Physician Listings)		www.jeffplus.org
Keystone HMO Member Services	800-ASK-BLUE	www.ibx.com
LegalEASE Pre-Paid Legal Services	888-416-4313	http://jefferson.vsc-legelease.com
Matrix Absence Management (Short and Long Term Disability)	866-533-3438	www.matrixeservices.com
Mellon Bank Retiree Helpline	800-320-2495	
Personal Choice PPO Member Services	800-ASK-BLUE	www.ibx.com
Blue Card PPO Network (National Blue Cross Network)	800-810-BLUE	www.bcbs.com
Prescription Solutions	800-797-9791	www.prescriptionsolutions.com
Reliance Standard (Life Insurance and AD&D)	800-351-7500	www.reliancestandard.com
SHPS COBRA	800-778-0043	
SHPS Flexible Spending Account (2012)	800-778-0043	myspendingaccount.shps.com
Social Security Administration / Medicare	800-772-1213	www.ssa.gov
Standard Insurance (Long Term Disability for Physicians)	800-348-3226	
TIAA-CREF (TDAs and Retirement Plans)	800-842-2733	www.tiaa-cref.org
TIAA-CREF (to schedule individual counseling sessions)	800-842-2010	www.tiaa-cref.org
The Vanguard Group (TDAs and Retirement Plans)	800-523-1188	www.vanguard.com
Vanguard (to schedule individual counseling sessions)	800-662-0106 ext 14500	www.meetvanguard.com