

Delta Rho Newsletter

President's Message

Dear Delta Rho Members:

This year has gone by quickly. Delta Rho had a great year! The many activities noted in our last newsletter kept the Chapter moving with good momentum. This year as you will note, our *Toy Drive* will be held in fall 2009, and our *Pajama Drive* is set for Valentine's Day. Please help us support these two community activities, which I know will be successful and serve children and families in our community. We have several new board members in leadership positions. Warm congratulations to Julia Ward, *Vice President and President Elect*, Felicia Haskins, *Research Chair* and Sharon Rainer, *Scholarship Chair*. Their support and contribution have already been significant to the Delta Rho Chapter. Continuing in their leadership roles are Kathleen Sibre, *Treasurer*, and Nicole Brown, *Recording Secretary*, Marilyn McHugh & Kellie Smith *Nomination Committee*, Cecilia Borden & David Jack, *Class Counselors*, and Kathryn Shaffer, *Fundraising Committee*, have made the success of Delta Rho possible, many thanks to you all! An appreciative thank you to Julia Ward and Marilyn McHugh for getting our Delta Rho helping to create our fall newsletter! I encourage all members to support Delta Rho and participate in our activities, especially our fundraisers. Sigma Theta Tau International encourages Chapters to submit for a *Chapter Key Award*. The *Chapter Key Award* was established by STTI in 1991, to honor chapters who excel in chapter-related activities such as: membership recruitment and retention, publicity and programming, professional and leadership development and local, national and international collaboration. We will be notifying you in the next few months to share with us information to use for this process. We hope you will be willing to support Delta Rho with this endeavor. To all Delta Rho members – may you and your families be well and safe. I will continue to do my best to serve Delta Rho in the upcoming year!

Warm wishes,
Ksenia Zukowsky, Ph.D, APRN, NNP-BC
Chapter President

Awards Corner

At the Induction Ceremony this past May, four students received awards. **Mini Trainson** received the Community Award; **Anthony Angelow** and **Marian Nowak** shared the Leadership Award; and **Desiree Fleck** received the Research Award. On receiving the award, Marian Nowak, RN, BS, BSN, CSN, FCN, MEd, MPH wrote:

"The letters after my name may seem unusual to some, however to me it exemplifies my lifelong commitment to learning and service. My first attempt at improving quality patient care was during a position as an emergency department nurse at Jefferson. I initiated a patient health education program which eventually developed into the computerized discharge plans seen today. I also developed the first patient education series used in the ED. Currently, I am an MSN student and a full time school nurse. I have been fortunate to combine my love of school nursing and public health by developing programs such as: The Teen Star Program, the V Free Program, and a Substance Abuse Prevention and Education Program. Nowak also volunteers as a Faith Community Nurse and for the NJ Emergency Medical Reserve Corp. What motivated me to return to Jefferson for an advanced degree? Every time I mentor nursing students during their clinical rotations, they have encouraged me to teach. I chose Jefferson because of their commitment to quality patient care and excellence in education. In May, I received a Leadership award for my work. When I received the Delta Rho's leadership award I was both honored and surprised. Honored to be recognizing by such a committed group of nurses and surprised because the co-recipient was a former high school student who I encouraged to attend Jefferson University."

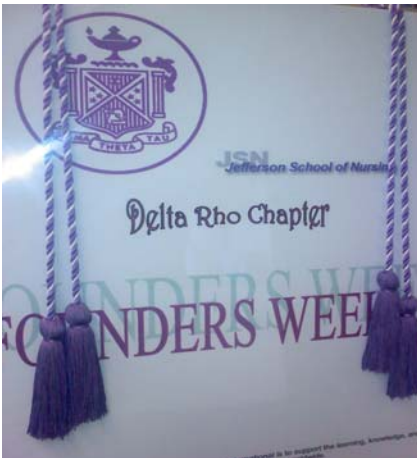
Special Points of Interest:

- ✦ 2010 Induction Ceremony
- ✦ Fundraising Events
- ✦ Awards Corner
- ✦ Scholarships
- ✦ Key Chapter Award

Tri-State Consortium Brunch

The Tri-state Consortium is an annual event sponsored by STTI. It was held on October 18, 2010 at the Embassy Suites Hotel in Philadelphia, PA. The purpose of the Consortium is to assemble STTI members from the tri-state region (DE, NJ, PA) to learn about the opportunities and resources available through the International organization. It is an opportunity to network with members from 22 area nursing schools and to strategize on areas of concern with the Chapters. Our newsletter Editors, Marilyn McHugh and Julia Ward, and Chapter President, Ksenia Zukowsky, were there to represent Delta Rho along with our regional mentor Anne Muller. The keynote speaker was Kim Noble, PhD, RN, CPAN. She spoke on the "Beginning Gardening: American Society of Perianesthesia Nurses, Grassroots Evidence-Based Practice Program."

SAVE THE DATE! Next year's Tri-State Consortium will be held on October 17, 2010 at the Embassy Suites (PA Airport). Please plan to attend and support our Chapter. The keynote speaker will be **Linda Aiken**, PhD, FAAN, FRCN, RN.



Founders Week

A long time Delta Rho tradition at Jefferson School of Nursing is Founders Week, held this past September. A poster was created by Kathryn Shaffer and displayed in the lobby on the 12th floor, Edison Building. Board members, Ksenia Zukowsky, David Jack, Kathryn Shaffer, Marilyn McHugh, and Julia Ward provided JSN baccalaureate, masters, and doctoral students an overview of STTI, a complimentary FACT sheet, and membership information. The information session was delivered to students in-class and online for our distance students.

Membership

The Delta Rho Chapter of STTI has inducted 938 members since 2000! We value your comments and encourage members' participation. We would like to improve our active membership participation. Please forward us your suggestions. Contact our Chapter President: Ksenia Zukowsky, PhD, APRN, NNP-BC at ksenia.zukowsky@jefferson.edu.

Visiting Scholar's Day

Visiting Scholar's Day was held on October 13, 2009. This annual event was sponsored by TJUH and Delta RHO. CE units were awarded. This year's keynote speaker was Laura Hayman, PhD, FAAN, RN. She presented "Obesity – A Life Course Ecological Perspective and Call to Action." The auditorium was packed; in attendance were JSN Faculty, TJUH Staff, Administrators, Visitors from other Schools, and JSN students. Dr. Hayman's lecture was well received and can be accessed at http://jeffline.jefferson.edu/videos/jsn_visiting_scholar/

Key Chapter Award

Delta Rho will be applying for a Chapter Key Award in 2010.

The Chapter Key Award, established in 1991, honors Chapters who excel in Chapter-related activities such as:

- membership recruitment and retention
- publicity and programming
- professional and leadership development
- local, national and international collaboration

Eligibility: All active Sigma Theta Tau International Chapters in good standing are eligible for this award. The award is for Chapter excellence in activities covering the period from **July 1, 2009 to June 30, 2010**.

Please support us with the submission of the award.



Biennium Convention

Sigma Theta Tau International 40th Biennium Convention was held over four days starting October 31 and ending November 3. The Convention was held in Indianapolis, Indiana, at the original site of the founding members. The theme of the Convention was “**I am a Nurse ... and I am a Member of a Global Nursing Community.**” Board members, Ksenia Zukowsky and Marilyn McHugh were the delegates to the conference representing Delta Rho.

Delta Rho 2009 Induction

On May 13, 2009, Delta Rho hosted the 29th annual induction ceremony for the nursing graduates from Jefferson School of Nursing. The keynote speaker, Kathleen Brogan, MSN, MBA, RN, is the CNO and Director of Education New Courtland Elder Services. Her speech on “**Caring for the Geriatric Patient in Long Term Care**” was well received. Seventy six new members were inducted from the undergraduate program, 8 new members from the RN/BSN program, and 9 new members from the Masters program.

Delta Rho Scholarship Fund

Delta Rho provides scholarship funding for academically outstanding nursing students who desire to advance knowledge in the areas of nursing science and practice. Funding is awarded to active members of Delta Rho who are students in the Masters of Science in Nursing Program with scholarship monies (\$1,000). If you are interested, please contact Sharon Rainer, MSN, FNP, RN at Sharon.rainer@jefferson.edu. **Note: The scholarship is awarded at the STTI Delta Rho Induction Ceremony in the Spring, 2010. A letter of interest is**

Fundraising Events

HOLIDAY TOY DRIVE: The annual holiday toy drive will run from Thanksgiving until December 22, 2009. The drive is hosted by Delta Rho with the help of the FACT BSN students.




WARM HEARTS AND HANDS VALENTINE DRIVE: This fundraiser which featured warm pajamas for local women’s shelters was held last year with great response from JSN and appreciation from the community. This year will include along with pajamas, additional warm items such as hats, scarves, gloves and mittens.

For more information on these events, please contact:

Kathryn.shaffer@jefferson.edu.

Nursing Research Conference

Delta Rho, along with Thomas Jefferson University Hospital, Nemours/A.I. DuPont, Christiana Care Health System, and the University of Delaware are sponsoring the 4th annual Nursing Research Conference on November 6, 2010 “Advancing Nursing: Developing Excellence in Evidence-Based Practice and Research.” Delta Rho members, Ksenia Zukowsky, PhD, APRH NNP-BC will present “Writing for Publication”, David Jack, PhD, RN, CNE will present “Aggression in School-Aged Children”, Julia Ward, PhD, RN, will present “A Measurement of Empathy in Undergraduate Nursing Students: Psychometric Testing of the Jefferson Scale of Empathy”, and Beth Ann Swan, PhD, CRNP, FAAN will present, “EBP Protocols.”



Delta Rho 2010 Chapter Induction

Date: May 12, 2010

Time: 6:00pm to 8:30pm

Location: Connelly Auditorium, Hamilton Building,
10th and Walnut Streets, Philadelphia, PA, 19107

Reception to follow the ceremony.



Delta Rho 2009-2010 Leadership

Ksenia Zukowsky

President

Julia Ward

President Elect

Kathy Sibre

Treasurer

Nicole Brown

Recording Secretary

Marilyn McHugh

Kellie Smith

Nomination Committee

Cecilia Borden

David Jack

Class Counselors

Kathryn Shaffer

Fundraising Committee

Felicia Haskins

Research Chair

Sharon Rainer

Scholarship Chair

How to find us:

The Delta Rho Chapter has its own web link within the Jefferson School of Nursing webpage. Stay connected with the Chapter through this web resource by bookmarking the page:

<http://www.jefferson.edu/jchp/nursing/deltarho.cfm>