Leadership LIVE 2015 2016

A series of workshops, special events, and community service opportunities designed to further your leadership development.

Jefferson.edu/LeadershipLIVE
“The community service aspect was a true highlight. Service brings people together in a unique way. Reflecting afterward helped me identify why this experience was so meaningful. I learned how leadership can take on different forms in different individuals. All of us are capable of this greatness.”

— Samantha Melonas, Jefferson College of Health Professions, Department of Physician Assistant Studies
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The Leadership Team expresses its thanks to the Farber Foundation for its generous continued support of the Leadership LIVE program.
Leadership LIVE Guiding Statements

Philosophy/Key Assumptions
• Leadership development should be accessible and inclusive
• Leadership is a process rather than a position
• The program is informed by the Leadership Identity Development Model
• Each individual has the capacity to develop and practice leadership within multiple contexts

Mission
The mission of Leadership LIVE is to promote leadership as an integral aspect of higher education. We strive to empower students to be ethical leaders in the healthcare industry and the global community, teaching them that leadership is a process, not just a position. Leadership LIVE fosters an awareness of self and others, the value of teamwork, and an understanding of living and leading in diverse contexts.

Learning Outcomes
By participating in this program students will be able to:
• Increase awareness of self and others in relation to leadership
• Demonstrate the skills necessary to work collaboratively
• Discuss theoretical and practical knowledge about leadership
• Understand leadership as a process
• Identify opportunities to enhance leadership development
• Engage in leadership behaviors
Curriculum

The Leadership Team designs the Leadership LIVE program each academic year to ensure that all of the core concepts below are integrated. While individual sessions may reflect one or more of the core concepts, the program as a whole reflects the curriculum in its entirety.

I. DIVERSITY
   Diversity in leadership styles • Diversity among team members • Collaborating in a global workforce

II. INTEGRITY
   Excellence • Ethical standards • Professionalism • Respect

III. PERSONAL AND PROFESSIONAL DEVELOPMENT
   Self-awareness • Leadership as a learned behavior • Networking • Motivation of self and others • Professional organizations • Mentoring

IV. PRINCIPLES OF LEADERSHIP
   Creativity • Stylization • Qualities of a leader

V. SERVICE
   Commitment to leadership outside of the workplace • Community service • Being a role model

VI. TEAMWORK
   Communication • Assertiveness • Conflict resolution • Being a change agent • Working with strengths

Register for Leadership LIVE!

To register, simply visit: http://jefferson.edu/LeadershipLIVE

• Many sessions are offered twice, once in the afternoon and once in the evening. Please attend whichever offering accommodates your schedule.
• There is no charge to participate in Leadership LIVE
• Program is open to all matriculated students at Thomas Jefferson University
## Leadership LIVE Program Calendar

Please refer to the corresponding sections in this brochure for detailed information on sessions and service activities.

<table>
<thead>
<tr>
<th></th>
<th>Session Time 12-1 pm</th>
<th>Special Event 5:30-7:45 pm</th>
<th>Service Activity</th>
<th>Leadership Portfolio Submission Deadline</th>
<th>Leadership Ceremony 5-8 pm</th>
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Leadership LIVE Participation

Five Year Snapshot of Student Participation

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<th>Academic Year</th>
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<td>2014-2015</td>
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Leadership LIVE Participation

Recognition Opportunities

Leadership Certificate

Participants who earn at least eight leadership credits during the 2015-16 academic year will receive a Leadership Certificate. Earning your Leadership Certificate is a great accomplishment to highlight on your resume and reference in your future job interviews. Even more importantly, your participation in the Leadership LIVE program can benefit you throughout your professional career.

Leadership Ceremony

Participants who earn at least eight leadership credits during the 2015-16 academic year will be invited to attend the Leadership Ceremony on Monday, April 18, 2016, where Leadership Certificates will be presented.

Leadership Transcript

All participants will have the option of receiving a Leadership Transcript at the end of the academic year. The Leadership Transcript will provide you with a detailed record of your participation in the program, listing the specific sessions you attended during the year.

Leadership Credits do not transfer over from one academic year to the next.
Leadership LIVE Sessions Information

Room locations for the spring semester will be communicated via email and will be posted on the Leadership LIVE website.

The abbreviation “LC” indicates the number of Leadership Credits for each session. Leadership Credits are determined by the content of a session in relation to the length of the session. Some sessions may be the same length of time but be worth a different number of Leadership Credits as they are weighted differently due to the content and learning experience.

1. Getting Started: Beginning Your Leadership Journey (1 LC)*

*Note: Some content for this first session will be similar to last year, so you may not wish to repeat this session if you previously attended.

As a medical student we often hear about leadership being teamwork and working with other medical professionals who are not doctors, but we rarely get to have that actual interaction. Leadership LIVE gave me that opportunity at a time that worked for me, to really learn about working well with groups."

– David Halpern, Sidney Kimmel Medical College
2. Servant First, Leader Second: The Case for Servant Leadership in Healthcare (1 LC)

Presenters: Kenneth Lastowka, MS and Anna Miller, MBA

Leadership Curriculum: Integrity, Principles of Leadership, Service, Teamwork

Monday, October 5 – 5:30 pm to 6:30 pm – JAH, Center Cafeteria
Tuesday, October 6 – 12 pm to 1 pm – JAH, Room 207

By virtue of your role as a future healthcare professional, you are educated on how best to serve your patients. But how do you exhibit leadership through service to the members of your interprofessional team and throughout your organization? This session will discuss servant leadership, specifically in relation to healthcare, and its usefulness in strengthening interprofessional teams and inspiring trust in patients to improve perceived quality of care. Participants will leave the session understanding what servant leadership is, how it applies to them, and how to develop and exhibit the qualities of a servant leader.

3. Inclusive Leadership: Effectively Leading Diverse Teams (1 LC)

Guest Presenter: Joseph B. Hill, MA, Senior Vice President and Chief Diversity Officer
Facilitators: Jennifer Ravelli, MPH, and Lisa VanCoppenolle, MPA

Leadership Curriculum: Diversity, Personal and Professional Development, Principles of Leadership

Monday, October 19 – 12 pm to 1 pm – JAH, Brent Auditorium
Tuesday, October 20 – 5:30 pm to 6:30 pm – JAH, Brent Auditorium

As a leader it is essential to understand how to effectively manage diverse teams. Individual, group, and organizational performance can all be enhanced by an inclusive approach to leadership. This presentation will explore challenges, opportunities, skills and behaviors associated with fostering an environment of respect and engagement.
4. Oxfam Hunger Banquet (2 LC)

*Presenters: Kaitlyn Delengowski, MPA, Rebecca LeFevre, BS, and Jennifer Ravelli, MPH*

**Leadership Curriculum: Diversity, Integrity, Personal and Professional Development**

**Wednesday, November 4 – 5:30 PM to 7:45 PM – JAH, Center Cafeteria**

This interactive and impactful session will include a dining experience where participants are randomly assigned to upper, middle, or lower class income groups representing the actual current distribution of wealth in our country. Participants will learn more about hunger, poverty, socioeconomics, the distribution of wealth in the United States, and resource access and its impact on nutrition. This event is designed to give students a deeper understanding of these issues to foster their ability to demonstrate an important leadership quality, empathy, when encountering individuals from different socioeconomic backgrounds.

5. Defining Moments: Reflect to Discover Your Strengths (1 LC)

*Presenter: Katie D. Scheuer, MSEd*

**Leadership Curriculum: Diversity, Principles of Leadership, Personal and Professional Development**

**Monday, November 16 – 12 PM to 1 PM – JAH, Brent Auditorium**

**Tuesday, November 17 – 5:30 PM to 6:30 PM – JAH, Solis-Cohen Auditorium**

How do our past experiences prepare us for the future? In this session we’ll explore that question by having participants create a journey line to pinpoint their defining moments, and identify their strengths by reflecting on personal and career experiences. By recognizing your leadership qualities, you’ll learn how to boost your confidence at work, lead great teams, and prepare for interviews…all through the power of reflection. As philosopher and educator John Dewey said, “We do not learn from experience; we learn from reflecting on experience.”
6. Did You Hear About...? How the World Impacts Your Career as a Health Care Professional (1 LC)

*Presenter: Marybeth E. Pavlik, MSN, RN*

**Leadership Curriculum: Diversity, Integrity, Personal and Professional Development**

**Tuesday, December 1 – 12 PM to 1 PM – JAH, Center Cafeteria**

**Wednesday, December 2 – 5:30 PM to 6:30 PM – JAH, Center Cafeteria**

Everyday there are new reports making headlines. Have you ever thought about how those occurrences affect your profession? From interacting with patients and families, to understanding and implementing new legislation, to developing an increased awareness and empathy for others, current events can both directly and indirectly have an impact on your day to day professional life. This session will explore how events taking place both in your local community and the world at large affect the field of health care, why you need to be aware of what’s going on, and how you can stay informed.

7. Breaking Down the Barriers to Care: Developing Cultural Competence in Your Healthcare Team (1 LC)

*Presenter: Anna Miller, MBA*

**Leadership Curriculum: Diversity, Integrity, Principles of Leadership**

**Tuesday, January 12 – 5:30 PM to 6:30 PM – Room Location TBD**

**Wednesday, January 13 – 12 PM to 1 PM – Room Location TBD**

Since the emergence of the Affordable Care Act, more people have had access to healthcare than ever before. As a result, the range of cultures seeking care has increased requiring health professionals to become more skilled in practicing cultural competence. In this session, participants will learn to identify how to utilize cultural competency and take a leadership role in guiding other members of their healthcare team to do the same in order to reduce disparities and access to quality care.

“I was happily surprised to find out how much self-reflection and thought provoking activity could be accomplished in short one hour sessions. Not only did I learn about myself and how I behave or want to behave as leader, I learned about the diversity of students around me at Jefferson and in our Philadelphia community.”

— Jennifer Polo, Jefferson College of Nursing
8. Embracing Glossophobia – The First Step to Controlling Communication Anxiety (1 LC)

*Guest Presenter: Julie D. Phillips, PhD, Assistant Director, Center for Teaching & Learning*

*Facilitator: Jennifer Fogerty, MSEd*

*Leadership Curriculum: Personal and Professional Development, Principles of Leadership, Teamwork*

**Monday, January 25 – 12 PM to 1 PM – Room Location TBD**

**Tuesday, January 26 – 5:30 PM to 6:30 PM – Room Location TBD**

For much of the American public, glossophobia, or the fear of public speaking, ranks at or near the top of personal fears. As a future healthcare provider, you may be required to present information at meetings, a professional conference, or simply within an interpersonal context, and to be effective, you must be able to communicate in a number of different contexts and with a wide number of audiences. This interactive session intertwines findings about the importance of communication skills, consequences of poor communication, a framework for re-thinking personal communication habits and techniques to assist you with your next communication interaction.


*Presenter: Colleen Dempsey, MS, RT(R)*

*Leadership Curriculum: Diversity, Personal and Professional Development, and Principles of Leadership*

**Monday, February 8 – 5:30 PM to 6:30 PM – Room Location TBD**

**Tuesday, February 9 – 12 PM to 1 PM – Room Location TBD**

Organizations can sometimes be seen as “factories, families, jungles, or carnivals.” Having multiple frames in which to view a situation helps leaders to make sense of the world around them. With the world changing rapidly, it is imperative that leaders be able to see and understand a situation, effectively analyze it, and take action. Bolman and Deal’s Four-Frame Model helps leaders in this process and gives them the tools to move their organization forward.

—I am confident that what I learned from Leadership LIVE will help me in my future career as a pharmacist and in my interactions with other health care professionals.‖

—Ashley Maister, Jefferson College of Pharmacy
10. Learning from Alumni Experiences: Leadership Skills, Career Paths, and More (2 LC)

*Facilitators: Anna Miller, MBA, Jennifer Ravelli, MPH, and Katie D. Scheuer, MSEd*

**Leadership Curriculum: Integrity, Personal and Professional Development, Principles of Leadership**

**Tuesday, February 23 – 5:30 PM to 7:45 PM – Room Location TBD**

Meet our Jefferson alumni from our many academic programs as they share the key moments, decisions and skills that brought them to their current role in the fields of healthcare or research. What has led to their success? What can you do now as a student to prepare for your career? How do you transition from follower to leader? Alumni will first answer questions in a facilitated panel and then break out into smaller group sessions each with their own specific topic. Expand your network and meet potential mentors. Career biographies are provided, along with a complimentary reception.

11. A Misplaced Trust in Autocorrect Professionalism in the Digital Age (1 LC)

*Presenter: Kenneth Lastowka, MS*

**Leadership Curriculum: Integrity, Personal and Professional Development, Principles of Leadership**

**Monday, March 14 – 12 PM to 1 PM – Room Location TBD**

**Wednesday, March 16 – 5:30 PM to 6:30 PM – Room Location TBD**

As society continues to advance and infuse technology into our daily routine, many informal or casual practices have become commonplace. However, while these practices have become increasingly prevalent, many professional and workplace standards remain the same. As future healthcare leaders, it is important to be able to successfully navigate this challenge and present your best professional self. Are you guilty of sending an email using “text-talk?” Has autocorrect ever failed you? As a professional, it is essential to understand what is considered acceptable and what is not when it comes to utilizing technology in your communications and daily professional activities.
The Quiet Revolutionary vs. The Socializer (1 LC)

Presenters: Rebecca LeFevre, BS and Lisa VanCoppenolle, MPA

Leadership Curriculum: Integrity, Personal and Professional Development, Principles of Leadership

Monday, March 28 – 12 PM to 1 PM – Room Location TBD

Tuesday, March 29 – 5:30 PM to 6:30 PM – Room Location TBD

Can you be a leader if you dislike attention? In this session, we’ll draw from Susan Cain’s book “Quiet: The Power of Introverts in a World That Can’t Stop Talking” and explore her ideas on how introverts can be effective leaders. We’ll explore what characteristics are viewed as necessary for building strong relationships and networks, and being a successful leader in today’s society. Through videos and discussion we’ll consider the perceptions of introverts and extroverts and whether each can lead effectively within our current healthcare system.

Leadership Portfolio (2 LC)

Leadership Curriculum: Personal and Professional Development, Principles of Leadership

The Leadership Portfolio option provides students with an opportunity to illustrate their leadership development through a compilation of their leadership learning and experiences. A Leadership Portfolio is an ongoing reflection of the individual accomplishments, skills, activities, programs and other related experiences that have contributed to personal leadership development. Students can use a leadership portfolio when they need to demonstrate their leadership abilities, such as in a job or internship interview. The portfolio will include a personal statement on leadership, resume, listing of leadership experiences, reflective essays on leadership experiences, and an essay on leadership growth. Students can access detailed information on the Leadership Portfolio by visiting www.jefferson.edu/LeadershipLIVE. The deadline for submission of the Leadership Portfolio is March 31st.

“I loved the opportunity to reflect upon my current leadership foundation and take experiences in Leadership LIVE and bring them into my future career as an OT.”

– Lauren Morosky,
Jefferson College of Health Professions
Leadership in Action: Serving the Community (2 LC)

Leadership Curriculum: Diversity, Integrity, Personal and Professional Development, Principles of Leadership, Service, Teamwork

Service is an important component of leadership. This session will provide participants with the opportunity to actively engage and reflect upon a service opportunity within the community. A variety of service opportunities will be offered during the fall and spring semesters. Students may select the one that best fits with their own goals and personal philanthropy.

Students completing a service activity, along with submitting a reflection response after the opportunity, will receive TWO Leadership Credits (2LC). Registration is on a first-come, first-serve basis; all students must sign-up in advance to participate. Due to popular demand, students may only participate in one service activity per academic year. However, if space is available in a service activity and no additional students are volunteering, a student may sign up for a second service activity.

Please note that a maximum of two Leadership Credits will be awarded regardless of the number of opportunities completed.

Fall Semester Service Activities

**Philly AIDS Thrift Store** | Monday, October 5 | 4:30 PM – 8 PM

**United by Blue Schuylkill River Clean-Up** | Tuesday, October 6 | 4:45 PM – 7 PM

**SHARE: Bagging Saturday** | Saturday, October 17 | 8:45 AM – 12 PM

**Ronald McDonald House of S. New Jersey** | Friday, October 23 | 4:30 PM – 7 PM

**Special Olympics Fall Festival** | Saturday, November 7 | 9 AM – 1 PM

**Mifflin Square Park** | Wednesday, November 11 | 3:30 PM – 6:30 PM

**Veterans Affairs Medical Center (VAMC)** | Saturday, December 5 | 1:45 PM – 4 PM

**Philabundance** | TBD

An email will be sent to all students registered for the Leadership LIVE program with additional details on each of the service activities and instructions on how to sign up.

Additional service opportunities, including those for the spring semester, will be announced at a later date.
2015 – 2016 Leadership Team

The Leadership LIVE program is coordinated by the Programming Team in the Office of Student Life and Engagement.

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To register, please visit: Jefferson.edu/LeadershipLIVE