

Preferred Work Style

Major & Career Exploration

Your work style is made up of your personality and work environment preferences. Most people find work to be the most satisfying when their preferences are complemented by what they do and where they work. It is helpful to consider your work style when you are evaluating major and/or career options by investigating how your preferences may or may not be complemented by what you will be doing or how the environment is arranged.

Check the box that corresponds to where you see yourself on each of the scales below. Try to resist choosing the middle and take a stand – the choices you make may yield useful insights for your major and career exploration.

Working extensively with others	3 strongly prefer	2 moderately prefer	1 somewhat prefer	0 prefer both equally	1 somewhat prefer	2 moderately prefer	3 strongly prefer	Working independently or one-on-one
---------------------------------	----------------------	------------------------	----------------------	--------------------------	----------------------	------------------------	----------------------	-------------------------------------

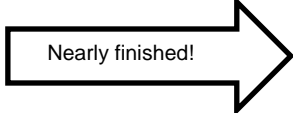
Working with ideas and data	3 strongly prefer	2 moderately prefer	1 somewhat prefer	0 prefer both equally	1 somewhat prefer	2 moderately prefer	3 strongly prefer	Working with people and processes
-----------------------------	----------------------	------------------------	----------------------	--------------------------	----------------------	------------------------	----------------------	-----------------------------------

Using concrete facts to solve problems	3 strongly prefer	2 moderately prefer	1 somewhat prefer	0 prefer both equally	1 somewhat prefer	2 moderately prefer	3 strongly prefer	Imagining possibilities to solve problems
--	----------------------	------------------------	----------------------	--------------------------	----------------------	------------------------	----------------------	---

Using logic and an objective approach to make decisions	3 strongly prefer	2 moderately prefer	1 somewhat prefer	0 prefer both equally	1 somewhat prefer	2 moderately prefer	3 strongly prefer	Using concern for others and a subjective approach to make decisions
---	----------------------	------------------------	----------------------	--------------------------	----------------------	------------------------	----------------------	--

Having a highly structured and scheduled environment	3 strongly prefer	2 moderately prefer	1 somewhat prefer	0 prefer both equally	1 somewhat prefer	2 moderately prefer	3 strongly prefer	Having a constantly changing and flexible environment
--	----------------------	------------------------	----------------------	--------------------------	----------------------	------------------------	----------------------	---

Playing it safe	3 strongly prefer	2 moderately prefer	1 somewhat prefer	0 prefer both equally	1 somewhat prefer	2 moderately prefer	3 strongly prefer	Taking risks (physical or intellectual risks)
-----------------	----------------------	------------------------	----------------------	--------------------------	----------------------	------------------------	----------------------	---



After tracking your preferences on the charts above, spend some time reflecting on your choices. Respond to the questions below to delve more deeply into how your preferences may influence the major and career decisions you make.

Why did you make each selection? Provide an explanation for each of the choices you made on each of the scales.

What experiences have you had that support the idea that you thrive when you are able to use your preferred way of doing something? For example, how do you know that you will be more satisfied taking risks as opposed to playing it safe?