

# Honors at Jefferson

## What Are The Honors Cornerstones?

The Cornerstones: **CONTRIBUTE**, **ADAPT**, **ACT**, and **QUESTION**, are four important co-curricular components of your experience and personal development as a Philadelphia University Honors Institute at Jefferson! The Cornerstones inspire, encourage, and empower you to develop:

- ◆ ◆ Courage to **CONTRIBUTE** ideas that make a difference
- ◆ ◆ Empathy to **ADAPT** with respect to diverse perspectives
- ◆ ◆ Confidence to **ACT** and apply knowledge in real-world conditions
- ◆ Curiosity to pursue your own **QUESTIONS**

Each Cornerstone requires twenty (20) hours of engagement, plus submission of a reflection at the conclusion of the experience you've selected to fulfill that Cornerstone. **GOOD NEWS:** there are many ways to fulfill the Cornerstones! Check the Honors Canvas page for news about Cornerstone - eligible activities.

Listed below are some examples:

### CONTRIBUTE

- \*Honors Student Association
- \*Great Hostel Give Back
- Campus Club Officer/ Chair
- Community Service
- SGA Officer/ Chair

### ADAPT

- \*Honors Literary Salon
- American Sign Language Club
- Spoken Language Course
- Study Away (short or semester)
- Global Brigades
- Elective course outside of major/college

### ACT

- \*Conference Attendance
- Professional Certification
- Internship/ Shadow
- Resident / Teaching Assistant
- LEAD completion / Orientation Leader
- Pre-Professional Org membership
- Toastmasters

### QUESTION

- \*NRHC Conference Presentation
- \*Publication Activity: 1884, Rambler
- \*Research Assistantship
- Industry/ Major Project
- Graduate Course elective
- Grant Application
- Research Methods Seminar