

**CERTIFICATE OF ADVANCED STUDIES: CHILD TRAUMA AND PLAY THERAPY**  
**HISTORICALLY SIGNIFICANT APPROACHES: DIRECTIVE PLAY THERAPY**

Instructor: Katharine Wenocur, DSW, LCSW, RPT-S, CAAPT

**COURSE DESCRIPTION**

Building on students' foundational knowledge of play therapy and child trauma, this course introduces several models of directive play therapy. Developed in response to classical, child-centered models, directive approaches feature varying degrees of therapist-initiated interventions. Often, directive interventions are implemented when treatment is time-limited, when clinicians are targeting specific goal areas, or when clients' spontaneous play is inhibited. This course will provide students with base-level knowledge of frameworks of particular significance to the field of play therapy. Students will have several opportunities to engage in hands-on practice of skills that are specific to the models covered in this course and will continue to develop competencies in engaging clients with play therapy materials. Particular attention will be paid to integration of play therapy techniques into brief treatment including in educational and medical settings.

**LEARNING OBJECTIVES**

- Distinguish between directive, non-directive, and prescriptive approaches to play therapy
- Articulate theoretical underpinnings and application of four major approaches to directive play therapy
- Develop skills in case conceptualization and treatment planning using play therapy modalities



**COURSE DETAILS**

Thursdays 7:30-9:30 pm  
January 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>; February 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>;  
March 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>; April 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>

This course will be held in person and has been approved by APT for 30 CONTACT CE Hours.

**REFERENCES**

- Badamian, R. & Moghaddam, N.E. (2017). The effectiveness of cognitive-behavioral play therapy on flexibility in aggressive children. *Fundamentals of mental health*, 19(3), 133-138.
- Marzieh, H. (2018). The effectiveness of ecosystemic play therapy in reducing symptoms of attention deficit-hyperactivity disorder. *Journal of Clinical Psychology*, 12(49), 77-85.
- Shen, Y.J. (2017). Play therapy with adolescents in schools: Counselors' firsthand experiences. *International Journal of Play Therapy*, 26(2), 84-95



APT Approved Provider 20-608

Participants will be notified via e-mail of any changes to programming. In the event of cancellation, registration costs will be refunded in full. Participants may cancel for a full refund up to 48 hours before the program start. Please contact [Neil.Address@jefferson.edu](mailto:Neil.Address@jefferson.edu) to notify of cancellation and request a refund.

Contact [Katharine.Wenocur@jefferson.edu](mailto:Katharine.Wenocur@jefferson.edu) for more information about play therapy at Jefferson