

CERTIFICATE OF ADVANCED STUDIES: CHILD TRAUMA AND PLAY THERAPY
FOUNDATIONS: CHILD-CENTERED PLAY THERAPY

Instructor: Katharine Wenocur, DSW, LCSW, RPT-S™

COURSE DESCRIPTION

This course provides students with an in-depth grounding in the theory and practice of Child Centered Play Therapy (CCPT). Framed in its historical context, CCPT will be introduced as the foundational model upon which most subsequent play therapy models are based. Students will engage with contemporary CCPT literature and develop competencies in the core skills of structuring, empathic listening, supporting child centered play, and limit setting. This course will call upon students' understanding of client social and cultural contexts, and challenge students to think critically about the implementation of CCPT in a variety of practice settings. Student learning will be facilitated by a combination of lecture, discussion, and skills practice. As part of play therapy sequence, this course will introduce students to knowledge and skills that can be applied across play therapy frameworks.

LEARNING OBJECTIVES

- Develop competency in the four core skills of CCPT
- Articulate the impact of child-directed play on the therapeutic process
- Relate the historical context of play therapy to the evolution of the field over time



COURSE DETAILS (Fall 2025)

Thursdays 7:30-9:30 PM onsite in Philadelphia, PA
8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6,
11/13, 11/20, 12/4

This course meets criteria for 28 CONTACT CE hours of Play Therapy Specific Education.

REFERENCES

- Godino-láñez et al., (2020). Play therapy as an intervention in hospitalized children: A systematic review. *Healthcare*, 8(3), 239
- Lee, R. et al. (2020). Systematic review of the impact of unstructured play interventions to improve young children's physical, social, and emotional well-being. *Nursing & Health Sciences*, 22(2), 184-196.
- Woolleet, N. et al. (2020). Trauma-informed art and play therapy: Pilot study outcomes for children and mothers in domestic violence shelters in the United States and South Africa. *Child Abuse & Neglect*, 107.



APT Approved Provider 20-608

Participants will be notified via e-mail of any changes to programming. In the event of cancellation, registration costs will be refunded in full.

Participants may cancel for a full refund up to 48 hours before the program start. Please contact Neil.Andress@jefferson.edu to notify of cancellation and request a refund.

Contact Katharine.Wenocur@jefferson.edu for more information about play therapy at Jefferson