



# Integrative Health Graduate Programs for Health Professionals

offered by the Marcus Institute of Integrative Health in partnership with the Institute of Emerging Health Professions

Learn from the experts at the Marcus Institute of Integrative Health, where leading clinicians in the field combine the best of modern medicine with complementary, integrative health approaches designed to empower patients, add value to their treatment plans and enhance health and vitality. The faculty in this program primarily consist of the Department of Integrative Medicine and Nutritional Sciences at Sidney Kimmel Medical College physicians.

We offer three advanced practice certificates, which are stackable towards the Master of Science in Integrative Health Sciences.

## Advanced Practice Certificates

### Mind-Body Medicine (9 Credits)

This certificate brings a new dynamic to professional healthcare education, focusing on mind-body strategies to reduce stress and improve health-related quality of life.

- Foundations in Mind-Body Medicine\*
- Advances in Mindfulness-Based Stress Reduction\*
- Advanced Mind-Body Practice: The Neuro Emotional Technique

### Integrative Nutrition (9 Credits)

Gain knowledge to develop a patient-centered care plan using biometric data and evidence-based nutritional lifestyle approaches to improve patient outcomes.

- Foundations in Integrative Nutrition\*
- Functional Genomic, Proteomics and Metabolomics
- Advanced Concepts in Integrative Nutrition

### Integrative Health Education & Leadership (9 Credits)

Focus on the theories, evidence for and practice of integrative health education approaches.

- Foundations in Integrative Health Education
- Integrative Health Education for Wellness and Clinical Conditions
- Integrative Health Education Practicum

*This certificate requires a significant background in Integrated Health, unless taken as part of the master's degree program.*

## Master of Science in Integrative Health Sciences (30 credits)

This program includes the three nine-credit advanced practice certificates noted above – Mind-Body Medicine, Integrative Nutrition, and Integrative Health Education & Leadership– plus a 3-credit Capstone course.

### \*Not ready to commit to a full certificate or MS degree?

Take a course or two as a non-degree student.

For more information, email [Mary.GozzaCohen@jefferson.edu](mailto:Mary.GozzaCohen@jefferson.edu) or visit [Jefferson.edu/IntegrativeHealthEd](http://Jefferson.edu/IntegrativeHealthEd)