The Jefferson Health Mentors Program Curriculum Roadmap - 1.5 Years

**Jefferson Health Mentors Program**

**Year 1**

**Module 1: Individual Life & Wellness History**
- Fall
- (team meets on campus)

**Module 2: Influence of the Environment on Personal Wellness**
- Spring
- (team meets at Health Mentor’s home)

**Year 2**

**Module 3: Influence of Society/Policy on Community & Personal Wellness**
- Fall
- (team checks in with Health Mentor)