



# CP-PRO

CP Profiles of Health and Function

Global Health Fatigue

Short Form version 1.0 (Parent/Caregiver Report)

Name/ID Number: \_\_\_\_\_

Date: \_\_\_\_\_

This short form is designed for parent/caregiver self-report. Items ask about your child's ability to physically perform different activities. Read each item and think about your child's level of difficulty in carrying out the activity. Using the responses below, select the response that best describes your child.

**Unable to do** = child cannot do this activity even with support or help

**With much difficulty** = child can do this activity some of the time; requires extra time and strong effort and a lot of caregiver help

**With some difficulty** = child can do this activity some of the time; requires extra time, modest effort and is likely to need some caregiver help

**With little difficulty** = child can do this activity; requires extra time and effort; rarely needs caregiver help

**Without any difficulty** = child can do this activity easily and without caregiver help

Note: If your child typically does not engage in the activity, try to estimate the anticipated level of difficulty. If you cannot estimate, you may skip the item and use the process described for scoring short forms with missing items.

Please select the best response for each item (Mark one box)	Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do	Item Score
1. School includes preschool, day care, camp or another group setting with other children. How often does your child miss school because he/she is physically tired?	<input type="checkbox"/> 4	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1	<input type="checkbox"/> 0	
2. Indoor recreational activities include activities that require little or no movement such as reading, using a computer, or playing board games. How often does being physically tired interfere with your child's participation in indoor recreational activities?	<input type="checkbox"/> 4	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1	<input type="checkbox"/> 0	
3. How often does your child have trouble holding his/her head up when he/she is physically tired?	<input type="checkbox"/> 4	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1	<input type="checkbox"/> 0	
4. How often does your child have difficulty getting around by him/herself because he/she is physically tired?	<input type="checkbox"/> 4	<input type="checkbox"/> 3	<input type="checkbox"/> 2	<input type="checkbox"/> 1	<input type="checkbox"/> 0	

Please select the best response for each item (Mark one box)	Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do	Item Score
5. How often does your child have difficulty concentrating on homework, reading, or quiet activities because he/she is physically tired?	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
6. Playing games and sports means activities that children play with other children such as tag, basketball or bowling. How often does your child have trouble playing games or sports with other children because he/she is physically tired?	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
<b>Total Raw (Summed) Score</b>						
<b>Standardized (T-Scale) Score*</b>						

\*Convert the Raw Score to the Standardized Score using the Conversion Table on the next page

### Global Health Fatigue Short Form Conversion Table

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The Short Form can be scored with missing values using the following process: 1.) calculate the mean score for the completed items; 2.) use the mean score value for the missing item(s) value; 3.) convert the raw score by using the conversion table as you would normally do. NOTE: if more than 50% of the items are missing, the score cannot be estimated.

#### **Convert Raw (Summed) Score to Standardized (T-Scale) Score**

Raw Score	T Score	T score SE
0	14.05	5.47
1	17.82	4.69
2	21.16	4.3
3	23.71	4.14
4	25.97	4.01
5	28.05	3.93
6	29.98	3.86
7	31.81	3.82
8	33.57	3.79
9	35.25	3.77
10	36.88	3.77
11	38.48	3.78
12	40.07	3.79
13	41.65	3.8
14	43.24	3.82
15	44.86	3.85
16	46.54	3.88
17	48.28	3.92
18	50.14	3.98
19	52.1	4.06
20	54.23	4.16
21	56.53	4.29
22	59.18	4.52
23	62.3	4.8
24	67.29	5.75