

TRAINING PACKAGE DETAILS

Best Practice in Dementia Care training provides participants with the knowledge and skills to meet the needs of individuals with dementia and their families. The package is customized for each agency/facility to provide basic understanding of dementia and related challenges and build mastery of specific approaches that are appropriate to the setting. Trainers are licensed occupational therapists and other health providers who are experts in dementia care.

The training package includes:

- Needs assessment with customized programming
- Six hours of instruction and practice opportunities scheduled over two or three modules
- Educational materials and resources

FEE

\$1,500 for up to 20 participants

FOR MORE INFORMATION

Catherine Verrier Piersol, PhD, OTR/L, FAOTA

Associate Professor

Department of Occupational Therapy

Director, Jefferson Elder Care

catherine.v.piersol@jefferson.edu



Best Practice in Dementia Care

Skills Training Provided
by Jefferson Elder Care

Best Practice in Dementia Care
is a training package that can change
how staff work with individuals with
dementia and their families.

HIGHLIGHTS

- On-site team-based training that increases the confidence of staff to achieve positive outcomes
- Hands-on, experiential learning that includes demonstration, practice, and supportive feedback in all sessions
- Specific approaches for developing strategies that meet unique needs of individuals with dementia
- Opportunities to share stories and learn from other participants



KEY CONTENT AND LEARNING OBJECTIVES

FOUNDATIONAL KNOWLEDGE

Key Content Areas

- Understanding Alzheimer's Disease and Related Dementias (ADRD)
- Addressing challenging behaviors in people with dementia

Learning Objectives

Participants will be able to:

1. List the causes of dementia
2. Describe why challenging behaviors occur
3. Recognize the higher risk for falls in people with dementia
4. Identify the differences between medication-managed and activity-based approaches to care

SKILL DEVELOPMENT

Key Content Areas

- Understanding a step-by-step approach to address problem behaviors
- Developing strategies to promote daily function and minimize behaviors

Learning Objectives

Participants will be able to:

1. Describe a problem-solving approach to address challenging behaviors and maximize participation in daily living activities
2. Explain strategies for communication, simplifying the environment and tasks, and engaging people with dementia in activities
3. Recognize the influence of the environment on daily routines and behavior
4. Discuss the importance of culture when working with people with dementia and their families

APPLICATION OF KNOWLEDGE AND SKILLS

Key Content Areas

- Practicing problem-solving approach
- Working as a team to apply strategies

Learning Objectives

Participants will be able to:

1. Apply the step-by-step problem-solving approach in actual care situations
2. Demonstrate and use effective communication strategies for people with dementia and their families
3. Implement strategies that simplify the environment and task, and facilitate activity engagement
4. Operate as a team to achieve positive outcomes