

Autism Center of Excellence

A Resource Guide for Individuals and Families



Autism Center of Excellence

RESOURCE GUIDE

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Overview:**Why this guide?**

This guide provides information on services in the tri-state area, connecting the community with resources (diagnostic, therapeutic, support groups, etc)

Who are we? (JeffACE) (what we do, and our focus on the community) and add website

Jefferson Autism Center of Excellence (JeffACE); [JeffACE](#)

What do we do?

The Jefferson Autism Center of Excellence (JeffACE) works to help people with autism by doing important research, teaching others, helping communities, and creating programs that make a difference around the world.

What is Occupational Therapy?

Occupational Therapy (OT) helps children develop the skills they need for everyday activities - or 'occupations' - like playing, learning, getting dressed, and interacting with others.

Why Might a Child Need OT?

Children may benefit from OT if they need help with: - Fine motor skills - holding a pencil, using scissors, buttoning clothes - Gross motor skills - balance, coordination, strength - Sensory processing - reacting to sounds, textures, or movement in helpful ways - Self-care - dressing, feeding, brushing teeth - Emotional

regulation - managing big feelings and staying calm - Attention and focus - staying on task at home or school

What Does an Occupational Therapist Do?

OTs work with children through fun, play-based activities to build important skills. They also support families and teachers with strategies that help kids succeed at home and school.

In Simple Terms:

Occupational Therapy helps your child gain independence, build confidence, and do the things they need and want to do every day.

Diagnostic Locations:

Pennsylvania

ORGANIZATION NAME	CONTACT INFORMATION	RELEVANT SERVICES/ NOTES	LOCATION
The Center for Autism	Telephone: 215-220-2121 Email: intake@cfa.phmc.org Website: https://www.thecenterforautism.org/	Offers services to: - Children - Teenagers - Adults Additional services: - Occupational Therapy - Physical Therapy	4601 Market St., Philadelphia PA 19139 2801 Grant Ave., Philadelphia PA 19114
Philadelphia Integrative Psychiatry	Telephone: 610-999-6414 Email: info@phillyintegrative.com Website: https://phillyintegrative.com/	Offers services to: - Children - Teenagers - Adults	400 W Lancaster Ave Devon, PA 19333
Children's Hospital of Philadelphia: Autism Integrated Care Program	Telephone: 215-590-7500 Website: https://www.chop.edu/centers-programs/autism-integrated-care-program	Offers services to: - Children - Teenagers Additional Services: - Occupational Therapy - Speech Therapy	4601 Market St., Third Floor, Philadelphia, 19139 3550 Market St., Philadelphia, 19104

Dr. Robin Lowey & Associates Psychological Services	Telephone: 215-625-9655 Email: office@drlowey.com Website: https://drlowey.com/	Offers services to: - Children - Teenagers - Adults	1700 Sansom St., 6th Floor Philadelphia, PA 19103 261 Old York Road, Suite 801 Jenkintown, PA 19046
The Center for ADHD	Website: https://www.thecenterforadhd.com	Offers services to: - Adults	255 S 17th Street, Suite 603 Philadelphia, PA 19103
Child Guidance Resource Centers	267-713-4100 (Philadelphia) 484-454-8700 (Havertown) 215-590-0413 (Karabots Center) 610-383-5635 (Coatesville) Website: https://www.cgrc.org/	Offers services to: - Children - Teenagers - Adults Additional services: - ABA Therapy	2901 Island Ave Philadelphia, PA 19153 2000 Old West Chester Pike Havertown, PA 19083 Karabots Center at CHOP 4865 Market St. Philadelphia, PA 19104 28 Chester Ave Coatesville, PA 19320
Northeast Treatment Center (NET)	Telephone: 215-408-4944 (N 5th Street) 215-451-7000 (State Road) Website: http://netcenters.org/	Offers services to: - Children - Teenagers	499 North 5th Street, Philadelphia, PA 19123 7520 State Road Philadelphia, PA 19136

SPIN Behavioral Health & Autism Services	Telephone: 1-844-SPIN-CAN Website: https://spininc.org/	Offers services to: - Children - Teenagers - Adults Additional services: - ABA Therapy	Philadelphia office (Headquarters) 10501 Drummond Rd Philadelphia, PA 19154 Lehigh Valley Office 2158 Avenue C, Bethlehem, PA 18017 SPIN Community & Fitness 10980 Norcom Rd, Philadelphia, PA 19154 Early Childhood Center (Northeast) 10521 Drummond Rd, Philadelphia, PA 19154 Early Childhood Center (Northeast) 10541 Drummond Rd, Philadelphia, PA 19154 Early Childhood Center (Orthodox) 1616 Orthodox St, Philadelphia, PA 19124 Early Childhood Center (Orthodox) 1642 Orthodox St, Philadelphia, PA 19124 Autism Center for Excellence 10501 Drummond Rd, Philadelphia, PA 19154 Real Property and Community Access 10501 Drummond Rd, Philadelphia, PA 19154 Training and Health Services Center 10475 Drummond Rd, Philadelphia, PA 19154
Philadelphia Mental Health Center	Telephone: 215-735-9379 Email: info@pmhccares.org Website: https://pmhccares.org/	Offers services to: - Children - Teenagers	1235 Pine St., Philadelphia, PA 19107

Malvern Community Health Services (formerly Progressions)		Offers services to: - Children (4+) - Teenagers - Adults	Philadelphia (Philadelphia County): Fall Centers Three: 3300 Henry Avenue Suite 302 Philadelphia, PA 19129 Episcopal Community Services: ECS Saint Barnabas 6006 W. Girard Ave Philadelphia, PA 19151 Reading (Berks County): 2395 Lancaster Pike Reading, PA 19607 Trevose (Bucks, Chester, Delaware, Lehigh, and Montgomery Counties): 4610 Street Rd, Trevose, PA 19053
Juvenile Justice Center (JJC Family Services)	Telephone: 215-849-2112 ext.5221 Email: Jglasgow@juvenilejustice.org Website: https://juvenilejustice.org/	Offers services to: - Children - Teenagers	100 West Coulter St Philadelphia PA 19144
Jefferson Health: Center for Autism and Neurodiversity	1-800-JEFF-NOW (484)-380-2167 Website: https://www.jeffersonhealth.org	Offers services to: - Children - Teenagers - Adults	1084 E. Lancaster Ave, Units 101 104, Bryn Mawr, PA 19010 Navy Yard: 3 Crescent Drive Philadelphia, PA 19112

COMHAR	Telephone: 267-861-4382 (West Lehigh Ave.) 215-739-2669 (Latino Treatment Center) 215-425-9212 (Vanderwoude Center) 215-427-5750 (Children's Services) 215-427-5800 (Welcome Center) Website: https://comhar.org/	Offers services to: - Children (5+) - Teenagers - Adults	100 W. Lehigh Ave, Philadelphia PA 19133 Latino Treatment Services: 2600 N. American St., Philadelphia PA 19133 Vanderwoude Center: 3825 Whitaker Avenue Philadelphia, PA 19124 Children's Services: 401 East Hunting Park Avenue Philadelphia PA, 19124 The Welcome Center: 2055 E. Allegheny Avenue Philadelphia, PA 19134
Autism Spectrum Diagnostics & Consulting	Phone: 215-230-3616 Website: https://www.autismdiagnostics.com/	Offers services to: - Children - Teenagers - Adults	301 Farm Lane Doylestown, PA 18901
Helping Hands Family	Telephone: (484) 965-9966 Website: https://hhfamily.com	Offers services to: - Children Additional services: - ABA Therapy	Multiple locations across PA. For more information visit the website
Fernandes Psych	Telephone: (484) 535-4441 Website: https://fernandespsych.com/	Offers services to: - Teenagers - Adults	In-home PA

NeurAbilities Healthcare	Telephone: 856-346-0005 Website: https://neurabilities.com/	Offers services to: - Children - Teenagers - Adults Additional services: - ABA Therapy	Locations across PA and NJ. For more information visit the website
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New Jersey

ORGANIZATION NAME	CONTACT INFORMATION	RELEVANT SERVICES/NOTES	LOCATION
Autism Spectrum Diagnostics & Consulting	Telephone: 856-267-5852 Website: https://www.autismdiagnostics.com/	Offers services to: - Children - Teenagers - Adults	975 Route 73 N. Suite C Marlton, NJ 08053
RWJ Barnabas Health	Telephone: 888-724-7123 (General information) Website: https://www.rwjbh.org/	Offers services to: - Children - Teenagers Additional services: - Occupational Therapy - Physical Therapy - Speech Therapy	Multiple locations across NJ. For more information visit the website.
Thriving Wellness Center	Telephone: 201-632-3050 Email: info@thrivingwellnesscenter.com Website: https://www.thrivingwellnesscenter.com/	Offers services to: - Adults	45 N Broad St. Ridgewood, NJ 07450

MedPsych Behavioral Health	Telephone: (201) 995-1004 Website: https://www.medpsychhealth.com/	Offers services to: - Children - Teenagers - Adults	Ramsey, NJ Old Tappan, NJ Montclair, NJ Ridgewood / Glen Rock, NJ
ABA Centers of New Jersey	Telephone: (855) 613-0888 Website: https://www.abacentersnj.com/	Offers services to: - Children - Teenagers Additional services: - ABA Therapy	Multiple locations across NJ. For more information visit the website.
The Princeton Center for Mind Body Healing & TLP Consulting Group, LLC	Telephone: (609) 375-8727 Website: https://princetonmindbody.com/	Offers services to: - Adults	245C Nassau Street Princeton, NJ 08540
Helping Hands Family	Telephone: 484-393-4263 (Chatham) (908) 952-0232 (Edison) 856-955-0811 (Mt. Laurel) Website: https://hhfamily.com	Offers services to: - Children Additional services: - ABA Therapy	Chatham: 330 Main St, Chatham, NJ 07928 Edison: 4 Bridge Street Metuchen, NJ 08840 Mount Laurel: 1001 Briggs Rd, Suite 280, Mt. Laurel Township, NJ 08054
Inspira Autism Diagnostic Center Woodbury	Telephone: 856-575-4111 Website: https://www.inspirahealthnetwork.org	Offers services to: - Children (4+) - Teenagers - Adults Additional services: - Physical Therapy - Occupational Therapy	17 West Red Bank Avenue, 3rd floor, Suite 308, Woodbury, NJ 08096

Bancroft	Telephone: 800-774-5516 Website: https:// www.bancroft.org	Offers services to: - Children - Teenagers - Adults Additional services: - ABA Therapy	1255 Caldwell Road, Cherry Hill, NJ 08034
Sachs Center: ADHD & Autism Testing & Treatment	Telephone: (201) 350-3250 Website: https:// sachscenter.com/	Offers services to: - Children - Teenagers - Adults	95 Union Ave, Little Ferry, NJ 07643
NeurAbilities Healthcare	Telephone: (856)-346-0005 Website: https:// neurabilities.com/	Offers services to: - Children	Voorhees: 2050 Voorhees Town Center Voorhees, NJ 08043 Wall Township: 1451 State Route 34 #201 Farmingdale, NJ 07727

Bierman Autism Centers	Telephone: (888)-401-6823 (General) (908) 768-2333 (Berkeley) (732) 867-0234 (Eatontown) (609) 944-8431 (Princeton) (201) 308-3735 (Ramsey) Email: start@biermanautism.com Website: https://www.biermanautism.com/	Offers services to: - Children Additional services: - ABA Therapy - Occupational Therapy - Physical Therapy	Berkeley Heights Center: 550 Springfield Ave. Berkeley Heights, New Jersey 07922 Eatontown Center: 40 Christopher Way Suite 103 Eatontown, New Jersey 07724 Princeton Center: 746 Alexander Rd. Suite 100 Princeton, New Jersey 08540 Ramsey Center: 500 N Franklin Turnpike Suite 203 Ramsey, New Jersey 07446 West Orange Center: 300 Executive Drive Suite 070 West Orange, New Jersey 07052
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Delaware

ORGANIZATION NAME	CONTACT INFORMATION	RELEVANT SERVICES/NOTES	LOCATION
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Swank Autism Center – Al DuPont Hospital for Children	Telephone: 302-651-4000 Website: https://www.nemours.org/services/swank-autism-center.html	Offers services to: - Children Additional services: - Physical Therapy - Occupational Therapy - Speech Therapy	Wilmington: 1600 Rockland Road Wilmington DE 19803
Christiana Care	Telephone: 302-320-2100 ext. 3 Website: https://christianacare.org	Offers services to: - Children - Teenagers - Adults Additional services: - Physical Therapy - Occupational Therapy - Speech Therapy - ABA Therapy - Feeding Therapy - Spanish Speaking Services	Wilmington Suite 1E40, Gateway Building Wilmington Hospital 501 W. 14th Street Wilmington, DE 19801
LifeStance Health	Phone number varies by location Website: https://lifestance.com	Offers services to: - Children - Teenagers - Adults	10 offices across Delaware See website for more information
ABA Centers of Delaware	Telephone: (844) 789-9929 Website: https://www.abacentersde.com	Offers services to: - Children Additional services: - ABA Therapy	Serves the Wilmington, Delaware Area. Visit website for more information.

Ayres Sensory Integration:**Pennsylvania**

ORGANIZATION NAME	CONTACT INFORMATION	RELEVANT SERVICE/NOTES	LOCATION
A Total Approach	Telephone: 484-840-1562 Email: info@atotalapproach.com Website: https://atotalapproach.com	Offers services to: - Children - Teenagers - Adults Additional services: - Speech - Spanish Speaking Services	Glen Mills, PA 9 Lacrue Ave # 103, Glen Mills, PA 19342, United States
Bloom & Grow Therapy Services	Telephone: 610-947-0404 Email: intake@bloomandgrowtherapy.com Website: https://www.bloomandgrowtherapy.com	Offers services to: - Children - Teenagers - Adults Additional Services: - Occupational Therapy - Speech Therapy - Early Intervention	Kennett Square, PA 148 West State Street Suite 304, Kennett Square, PA 19348

Totally Sense-sational	Telephone: 610-941-6101 Email: jodie@totalsensation.com Website: https://totalsensesational.com	Offers services to: - Children Additional Services: - Occupational Therapy - Speech Therapy - Art Therapy	Blue Bell, PA 5 Sentry Parkway East Ste. 110, Blue Bell, PA 19422
My Child's Therapy	Telephone: 215-344-2044 Email: contact@mychildstherapy.com Website: https://www.mychildstherapy.com	Offers services to: - Children Additional Services: - Occupational Therapy - Speech Therapy - Spanish Speaking Services	Plymouth Meeting, PA 920 Germantown Pike, Suite 103 Plymouth Meeting, PA 19462 Levittown, PA 44 Sweetbriar Lane Levittown, PA 19055 Feasterville, PA 210 East Street Road, Suite 2A Feasterville, PA 19053
Schreiber Center for Pediatric Development	Telephone: 717-393-0425 Email: info@schreiberpediatric.org Website: https://www.schreiberpediatric.org	Offers services to: - Children Additional Services: - Occupational Therapy - Physical Therapy - Speech Therapy - Spanish Speaking Services	Lancaster, PA 625 Community Way Lancaster, PA 17603
Growing in Motion	Telephone: 717-506-5668 Website: https://www.growinginmotion.org	Offers services to: - Children Additional Services: - Occupational Therapy - Physical Therapy - Speech Therapy - Play Therapy - Feeding Therapy	Camp Hill, PA 1226 Market Street Camp Hill, PA 17011 Mechanicsburg, PA 2104 Aspen Drive Mechanicsburg, PA 17055

Therapy Central	Telephone: 610-747-0600 Email: info@therapycentralpa.com Website: https:// www.therapycentralpa.com	Offers services to: - Children Additional Services: - Speech Therapy	Narbeth, PA 822 Montgomery Ave. Suite 306 Narberth, PA 19072
Early Bird Therapy	Telephone: 717-516-1505 Website: https:// www.earlybirdtherapy.org	Offers services to: - Children Additional Services: - Speech Therapy; Spanish Speaking Provider - Occupational Therapy - Feeding Therapy - Physical Therapy	Camp Hill, PA 255 N 29th Street Camp Hill, PA

Right Start Children's Services	Telephone: 610-236-0530 (Berks County) Telephone: 610-277-7176 (Montgomery County) Telephone: 717-274-3415 (Lebanon County) Telephone: 570-621-2700 (Schuylkill County) Telephone: 610-782-3125 (LeHigh County) Telephone: 610-344-5948 (Chester County) Website: https://www.rightstartservices.com	Offers services to: - Children Additional Services: - Speech Therapy - Occupational Therapy - ABA Therapy - Physical Therapy - Spanish Speaking Services	Berks County 19 N. 6th Street, Suite 300 Reading, PA Montgomery County Early Intervention Service Coordination 1430 Dekalb Street PO Box 311 Norristown, PA 19404 Lebanon County Mental Health/Intellectual Disability/Early Intervention 220 East Lehman Street Lebanon, PA 17046 Schuylkill County 590 Terry Reily Way Pottsville, PA 17901 Lehigh County Early Intervention 17 S. 7th Street Allentown, PA 18101 Chester County Mental Health/Intellectual and Developmental Disabilities (IDD) 601 Westtown Road, Suite 340 West Chester, PA 19380
Goldstar Rehabilitation	Telephone 215-220-2210 Email: info@goldstarrehab.com Website: https://www.goldstarrehab.com	Offers services to: - Children Additional Services: - Speech Therapy - Occupational Therapy - Feeding Therapy - Physical Therapy - Spanish Speaking Services	Nerberth, PA 822 Montgomery Ave. Suite 306 Narberth, PA 19072

Sensory Zone	Telephone: 215-968-1094 (Newtown) Telephone: 215-343-9999 (Warrington) Email: contact@thesensoryzone.com Website: https://www.thesensoryzone.com	Offers services to: - Children Additional Services: - Speech Therapy - Occupational Therapy - Behavioral Therapy	Newtown, PA 94 Richboro Rd, Newtown, PA 18940 Warrington, PA 968 Easton Rd, Warrington, PA 18976
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Pediatric Therapy Professionals	Allegheny County Telephone: 412-885-6000 Armstrong County Telephone: 724-545-1234 Beaver County Telephone: 724-891-2827 Butler County Telephone: 724-431-3748 Indiana County Telephone: 724-465-5576 Lawrence County Telephone: 724-498-0719 Mercer County Telephone: 724-662-2230 Washington County Telephone: 724-229-2620 Westmoreland County Telephone: 724-837-1898 Email: contact@pedtp.com	Offers services to: - Children Additional Services: - Speech Therapy - Occupational Therapy - Physical Therapy - Feeding Therapy	Multiple locations across PA see website for more information Website: https://www.pedtp.com
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Therapy Works for Kids	Telephone: 610-449-3580 Email: infor@twfk.net Website: https://www.twfk.net	Offers services to: - Children Additional Services: - Occupational Therapy	Havertown, PA 511 West Chester Pike Havertown, PA 19083
Ivy rehab network	Telephone: Varies by location Website: https://ivyrehab.com	Offers services to: - Children Additional Services: - Occupational Therapy - Physical Therapy - Speech Therapy - ABA Therapy - Spanish Speaking Services	Multiple locations across Pennsylvania, New Jersey, and Delaware. For more information visit the website

New Jersey

ORGANIZATION NAME	CONTACT INFORMATION	RELEVANT SERVICE/NOTES	LOCATION
Alta Pediatrics	Telephone: 908-312-9476 Email: info@altapediatrics.com Website: https://altapediatrics.com	Offers services to: - Children Additional services: - Occupational Therapy - Speech Therapy - Feeding Therapy	Scotch Plains, NJ 1801 E 2nd St. Scotch Plains, NJ 07076
Kool Kidz Pediatric Therapy	Telephone: 732-234-9364 Email: koolkidzpt@gmail.com Website: https://koolkidzpediatrictherapy.com	Offers services to: - Children Additional services: - Physical Therapy - Occupational Therapy	Manalapan Township, NJ 219 Taylors Mills Road, Manalapan NJ 07726
Pediatric Therapy Center of NJ	Telephone: 973-680-1971 Email: info@pedstherapynj.com Website: https://www.pedstherapynj.com	Offers services to: - Children Additional services: - Occupational Therapy - Speech Therapy - Spanish Speaking Services	Cedar Grove, NJ 912 Pompton Avenue Suite B1 Canfield Office Park, Cedar Grove, NJ 07009
Sensory Therapuetics NJ	Telephone: 973-637-0101 Email: admin@sensorytherapeuticsnj.com Website: https://sensorytherapeuticsnj.com	Offers services to: - Children Additional services: - Feeding Therapy	West Caldwell, NJ 1129 Bloomfield Avenue, Suite 202 West Caldwell, NJ 07006

Cardinal Kids Therapy	Telephone: 856-435-6023 Email: info@cardinalkidstherapy.com Website: https:// www.cardinalkidstherapy. com	Offers services to: - Children Additional services: - Occupational Therapy - Speech Therapy - Physical Therapy	Cherry Hill, NJ 1930 Route 70 East, Building I, Suite 48 Cherry Hill, NJ 08003
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Delaware

ORGANIZATION NAME	CONTACT INFORMATION	RELEVANT SERVICE/NOTES	LOCATION
Occupational Therapy of Delaware	Telephone: 302-200-9739 Website: https://www.otdelaware.com	Offers services to: - Children - Teenagers - Adults Additional services: - Occupational Therapy	Milford, DE 550 s. DuPont Blvd, Ste. E Milford, DE 19963 Telephone: 302-491-4813 Lewes, DE 17585 Nassau Commons Blvd, Ste 2 Lewes, DE 19958
Pediatric Therapy Partners	Telephone: 302-440-3914 Email: amanda@ptpmail.com Website: https://www.pediatrictherapypartnersde.com	Offers services to: - Children Additional services: - Occupational Therapy	Middletown, DE 108 Patriot Dr, Ste A, Middletown, DE 19709

Support Groups:

Philadelphia

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	LOCATION
ASPERation Philly	Greg Barnett Via email at gbarnett@gmail.com Meeting link; https://www.meetup.com/ASPERation-Philly/	ASPERation is a social support group and platform for adults on the autism spectrum to meet and discuss the ways neurodiversity influences their lives. -They seek to engage strengths, support each other with challenges, and come together to advocate and promote acceptance for autism. -All genders and all abilities are welcome! -They usually meet monthly on the 4th Sunday of the month from 2-4 PM.	1906 Rittenhouse Square Philadelphia, PA 19103
Autism Connection of PA: Late Diagnosis of Autism Support Group	Telephone: 412.781.4116 Website: https://autismofpa.org/events/	-Hosted by the Autism Connection of Pennsylvania. -This is a virtual support group meeting for adults diagnosed on the autism spectrum later in life. -This meeting is open to people who believe they are autistic, and don't know where to turn for help. -Check the Autism Connection of Pennsylvania's event page for the latest meeting dates and registration.	Virtual Meeting
JCHAI: Social Circle Rap Groups	Eric Mitchell Via email at info@NeurodiversityConsultants.com. Beth Rosenwasser Via email at bethrosenwasser@jchai.org Website: https://jchai.org/	- Both groups occur at the same time on Sundays from 4:30-5:30 PM at JCHAI's Swartz Education Center. - Neurodiverse Adults (ages 18+): Get together to chat, chill, meet others, learn about resources, and share what's going on. This is facilitated by a licensed professional. - Family Caregivers (of neurodiverse adults ages 18+): Join other family (parents, siblings, guardians) for resources and sharing experiences. This is facilitated by a licensed professional.	274 South Bryn Mawr Avenue Bryn Mawr, PA 19010
AJ Drexel Autism Institute: Fathers Autism Support Group	Telephone: 215-517-3401 Via email at autisminstitute@drexel.edu.	- This support group for fathers of autistic people is sponsored by the A.J. Drexel Autism Institute and co-facilitated by Dr. Robert Naseef and Dr. Michael Hannon - The group now runs virtually every month between September and June - The group attendance averages between 15 and 20 fathers and father figures of autistic people each month.	Virtual Meeting

Posibilidades Infinitas	Yovana Bustamante By phone at (267) 339-9872. Via email at Posibilidades2021@gmail.com	- A free virtual support group for families and individuals on the spectrum from different communities. - Families will share their experiences and have different topics, presenters and activities. - Meetings are the first and third Thursday of every month from 5:00 – 6:30 pm. - They also offer various free services to the Latino community in Pennsylvania.	Virtual Meeting - The registration link for the Zoom meetings changes with each meeting. The easiest way to register for meetings is to contact posibilidades2021@gmail.com or call (267) 339-9872.
New Horizons Club	Paul Gever By phone at 215-400-0970. Via email at offp@outlook.com Kathy Haley--Parent Dinners By phone at 610-649-7989 . Via email at kathyhaley@verizon.net	- The New Horizons Club provides mentored opportunities for adults on the Autism Spectrum to socialize, connect with their communities, and live life as fully as possible. - See website for more information on upcoming events; https://www.newhorizonsclub.org/	Location Varies
Autistic Art Coalition of Philadelphia	By phone at (267) 367-0821	- The goal of AACOPhilly is to serve autistic, neurodiverse, and intellectually disabled individuals. They provide a safe space to create art, share, and show work guided by art professionals.	Location Varies See website and social media for details on events Website: https://aacophilly.org/
Parent to Parent of Pennsylvania	General Inquiries By phone at 1-888-727-2706. Via email at info@parenttoparent.org	- Parent to Parent of PA matches parents, grandparents, guardians, and family members of children and adults with a disability or special need to a volunteer Peer Supporter, who is chosen to support based on the Referred person's criteria, such as condition and/or concerns. Peer Supporters offer a listening ear, their experience, time, heart, and share information based on their unique experiences.	Location Varies

New Jersey

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	LOCATION
Family Support Organization of Mercer County	By phone at (609)-586-1200	- Parents Anonymous Support Group - Parents can freely share their questions, concerns, problems & solutions about parenting in a safe & supportive atmosphere. - Meetings are free & onsite child supervision is available. - Food distribution every Tuesday - Peer-to-peer support available	3535 Quakerbridge Rd, Suite 400, Hamilton, NJ 08619 Website: https://mercerso.org/
Capital Health Hopewell Medical Center	Victoria Pena-Cardinali Via email at VPena-Cardinali@capitalhealth.org	- A newly formed group for the parents/caregivers which provides support, education, speakers and presentations on the topic of autism.	1 Capital Way, Pennington, NJ 08534
Capital Health Hopewell Medical Center	Victoria Pena-Cardinali Via email at VPena-Cardinali@capitalhealth.org	- Support, informational and education source for parent and caregivers of children in the Autism Spectrum. Quarterly guest speaker present on issues of interest to the community.	2 Capital Way, Pennington, NJ 08540, 4th floor Conference Room
Burlington County Human Services	Sue Dietz Via email at sdietz@BCCAP.org By phone at (609)-261-2323 ex. 5019	- Grandparent Support group offers a chance to talk with others who are raising their grandchildren (or great-grands, or great-nieces/nephews). Share resources, get emotional support, give yourself a chance to smile. Guest speakers on given topics may be arranged as group interests leads.	Building 795 Woodlane Road, Westampton, NJ 08060
The Arc of Bergen & Passaic/Mom 2 Mom	Annette By phone at (877)-914-6662	- Mom2Mom and The Arc of Bergen & Passaic Counties Inc. host a Support Group for ALL Caregivers of Special Needs Children & Adults. - RSVP Necessary	The Arc's Community Choices Center, 17-03 A Broadway, Fair lawn
Parent-to-Parent (Paramus)	Linda Wieseneck, LCSW Via Email at linwie@bergen.org By phone at (201)- 343-6000 Ex. 4067	- Parent-to-Parent - Monthly support group for caregivers/parents of individuals with developmental and other disabilities who are 14 years and over.	Bergen County Special Services Education Facility 540 Farview Ave., Paramus

Mom's Support Group (West Orange)	Rebecca Wanatick Via email at metrowestABLE@jfedg.org By phone at (973) -929-3129	- Free and Open to the Community. - Learn about how to be the best advocate. - Services and Resources available in the community.	JCC MetroWest, 760 Northfield Avenue, West Orange, 07051
The Arc of Union County	Via email at specialneedanything@yahoo.com	This group will offer: - Support and Guidance - Opportunity to network with other parents - Ways to advocate for your child - Discover services and resources available in the community	Arc Kohler School, 1137 Globe Ave, Mountainside, NJ 07092

Resources for young children and teens;

Early Intervention:

Pennsylvania

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	WEBSITE
Commonwealth of Pennsylvania	CONNECT Helpline: 1-800-692-7288 Office of Child Development and Early Learning: ra-ocdintervention@pa.gov	- The CONNECT Helpline assists families in locating resources and providing information regarding child development for children ages birth to age five. In addition, CONNECT can assist parents by making a direct link to their county Early Intervention program or local preschool Early Intervention program. If you are unable to connect with your EI program, or you have difficulty starting teleintervention services, please email the Office of Child Development and Early Learning - Free to all children who qualify; see website for how to qualify	https://www.pa.gov/agencies/dhs/resources/early-learning-child-care/early-intervention-services.html

New Jersey

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	WEBSITE
State of New Jersey Department of Health	Toll free line 888-653-4463	- The New Jersey Early Intervention System (NJEIS) implements New Jersey's statewide system of services for infants and toddlers, birth to age three, with developmental delays or disabilities, and their families. - The cost of Early Intervention services for a child is determined by their family income. Families whose income is less than three times the federal poverty level will receive Early Intervention Services at no cost.	https://www.nj.gov/health/fhs/eis/for-families
State of New Jersey Department of Health	Toll free line 888-653-4463	- The Autism Registry links families to special child health case management services as well as statewide resources for children with special health care needs and their families.	https://www.nj.gov/health/fhs/autism/

Delaware

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	WEBSITE
Patient Information Center of Delaware INC./ Birth to Three	New Castle County: 302-283-7240 OR 1-800-671-0050 Kent/Sussex Counties: 302-424-7300 OR 1-800-752-9393	- In Delaware, the Birth to Three Early Intervention Program (Birth to Three), a component of the Delaware Department of Health and Social Services (DHSS) is the "Lead Agency" (State office responsible for general supervision of the early intervention system). Birth to Three, provides services coordination early intervention services. Eligible infants and toddlers with disabilities, aged birth to three, have the right to receive early intervention supports and services. Families of these children also have the right to receive early intervention supports and services so that the parents can assist in their child's development.	https://picofdel.org/early-childhood/

Play and Recreation Programs:

Pennsylvania

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	LOCATION
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Neurodiverse Network for the Early Years	By phone at (717)-724-7780.	- Play Group on the 1st and 3rd Friday of the month from 9:00AM-10:30AM. - Parents and children have an inclusive safe place for meeting and socializing on Friday mornings! All families are welcome, this is a great opportunity to meet other parents with kids of a similar age! This is an opportunity to share stories, tips and tools! Or one can decide to sit quietly and hangout. - Children 5 years and younger welcome (caregiver must stay)	405 Bridget Street New Cumberland, PA 17070
We Rock The Spectrum Kid's Gym	By phone at (215)-904-6280	- We Rock the Spectrum NE Philly provides children with a fun and motivational environment to help them in the areas of strength, movement, sensory processing, communication, positive behavior modification, social interactions, and self-care skills. Our unique equipment assists all children in their neurological growth and development.	12357-59 Academy Road, Philadelphia, PA 19154
Be Like Buddy	Based on activity	- Provides a list of sensory-friendly activities in Pennsylvania	Based on individual activity Website: https://www.belikebuddy.com/sensoryfriendly/pennsylvania
Autism R.E.C.	By phone at (215)- 789-3289	- Rotating schedule of activities and programs throughout the year (Social Saturday) - Access to before and after care - Summer club available from June to August	1140 S. 26th Street, Philadelphia, PA 19146 Website: https://www.autismrec.org/

New Jersey

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	LOCATION
Be Like Buddy	Based on activity see websites for more information	- A list of activities and business that are catered towards individuals with Autism and/or higher sensory support needs - Includes locations across the state of New Jersey	Based on individual activity Website: https://www.belikebuddy.com/newjersey
Whole Spectrum Autism	Based on activity see websites for more information	- A list of activities and business that are catered towards individuals with Autism and other intellectual or developmental disabilities - Includes locations in Delaware, Pennsylvania, New Jersey, and New York	Based on individual activity Website: https://wholespectrumautism.org/autism-friendly-family-fun/

We Rock The Spectrum Kid's Gym	By phone at (732)-339-8002	- RTS is committed to providing a safe, nurturing, and fun environment to foster learning, exploration and safe sensory experiences. Through our nonprofit My Brother Rocks The Spectrum Foundation, we provide social skills groups and activities for children across the spectrum	1642 Stelton Rd, Suite 403, Piscataway, NJ 08854 Website: https://werockthespectrum Piscataway.com/
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Delaware

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	LOCATION
Be Like Buddy	Based on activity see website for more information	- A list of activities and business that are catered towards individuals with Autism and/or higher sensory support needs - Includes locations across the state of Delaware	Based on individual activity Website: https://www.belikebuddy.com/delaware
Autism Delaware	Based on activity see website for more information	- Includes activities for children with autism and their families that are on a rotating schedule - Events are run by Autism Delaware and other community organizations - Some events are free or low cost but some require payment	Based on individual activity Website: https://www.autismdelaware.org/events/

Resources for adults;

Transition Programs:

Pennsylvania

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	WEBSITE
ASD Next	By phone at (877)-231-4244 Via email at info@paautism.org Or by filling out the contact form https://asdnext.org/contact-us/	- ASDNext is designed to connect Pennsylvania teens and adults with autism to the most helpful resources and information, and with others in their community.	https://asdnext.org/

Arc Human Services	By phone at (724)- 745-3010.	- Student Transition Program is designed for young adults 16-21 diagnosed with intellectual and developmental Disabilities (IDD) and Autism Spectrum Disorder (ASD).	https://archumanservices.org/student-transition-program/
Peal Center	By phone at (215)-567-6143 Via email at info@pealcenter.org	- PEAL Center's 21 and Able Project, Powered by United Way helps young adults with disabilities transition smoothly from the last day of high school to the first day of adult life by increasing employment, housing opportunities and other support.	https://www.pealcenter.org/21-and-able/

New Jersey

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	WEBSITE
Alpine Learning Group	By phone at (201)-612-7800 Contact form https://www.alpinelearninggroup.org/contact-us/	- Success Academy (Ages 14-21); Ideal for learners who need moderate support while developing essential employment and life skills on campus and in the community. - Business Academy (Ages 16-21); Designed for learners who require minimal support as they build workforce-ready skills or prepare for college.	https://www.alpinelearninggroup.org/programs-services/transition-programs/
The Arc of New Jersey	By phone at (732)-246-2525 Jerisa Maseko jmaseko@arcnj.org Jeannette Mull jmull@caunj.org	- Planning for Adult Life is a statewide project funded by the NJ Division of Developmental Disabilities (DDD) to assist young adults (between the ages of 16-21) with developmental disabilities and their families in charting a life course for adulthood.	https://planningforadulthood.org/

Work Programs:

Pennsylvania

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	WEBSITE
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ASD Next	By phone at (877)-231-4244 Via email at info@paautism.org Or by filling out the contact form https://asdnext.org/contact-us/	- ASDNext is designed to connect Pennsylvania teens and adults with autism to the most helpful resources and information, and with others in their community.	https://asdnext.org/
BARC Developmental Services	Quakertown Production Services: By phone at (215)-536-4048 Warminster Production Services: By phone at (215)-672-6010	- The Vocational Services Department of BARC Developmental Services provides vocational assessment, training, work experience, habilitative supports, job placement, and retirement activities for nearly 250 adults with intellectual disabilities and Autism, age 21 and older, in two modern industrial employment training centers in Warminster and Quakertown, Pennsylvania.	https://www.barcprograms.org/vocational-services/

New Jersey

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	WEBSITE
The Arc of New Jersey	By phone at (732)-246-2525 Via email at info@arcnj.org	- The Arc of New Jersey's Project HIRE is a supported employment program designed to connect people with disabilities to integrated employment opportunities in their community.	https://www.arcnj.org/programs/project-hire/project_hire.html

Delaware

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	WEBSITE
Opportunity Center, Inc. (OCI), A ServiceSource Affiliate	By phone at (302)-762-0300	- Specialized employment program to assist individuals diagnosed on the Autism spectrum in obtaining employment and increasing self-sufficiency. The program is designed to increase the participation of individuals on the Autism spectrum in the labor market, with a focus on young adults transitioning out of high school.	https://www.servicesource.org/delaware-autism-services/
Autism Delaware POW&R Program – Newark Office	By phone at (302)-224-6020	- Autism Delaware POW&R Program provides: Vocational opportunities for adults with autism. Age: 21 years and older. - Serving New Castle County.	https://www.autismdelaware.org

Day Services:

Pennsylvania

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	LOCATION
Commonwealth of Pennsylvania	By phone at 1-(866)-539-7689	- It is a fully integrated, comprehensive system of care that includes physical health, behavioral health, social, recreational, transportation, employment, therapeutic, educational, crisis, in-home support, and independent living services.	Cumberland, Dauphin, Chester, and Lancaster County Website https://www.pa.gov/agencies/dhs/resources/intellectual-disabilities-autism/autism-services/adult-community-autism-program.html
United Way Pennsylvania	By phone at 211	- Resource center for locating programs and information for individuals with Autism Spectrum Disorder and their families	Serves all of Pennsylvania Website https://www.pa211.org/
Community Resource Connects	Based on program	- Resource center for locating programs and information for individuals with Autism Spectrum Disorder and their families	Serves all of Pennsylvania Website https://communityresourceconnects.org/CustomCategoryNav/get_programs/ahJzfnNIYXJjaGJlcnRoYS1ocmRyGwsSDk5hdkJhckNhdGVnb3J5GICAIQuaq8YLDa/ahJzfnNIYXJjaGJlcnRoYS1ocmRyGwsSDk5hdkJhckNhdGVnb3J5GICAIvZ5_sJDA?postal=19118&nav_set_id=ahJzfnNIYXJjaGJlcnRoYS1ocmRyHgsSEU5hdkJhckNhdGVnb3J5U2V0GICAIJuaraAKDA

New Jersey

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	LOCATION
Spectrum 360	By phone at (973)-509-3050	- Independence360, also known as Spectrum360 adult services, helps enrich the lives of adults with autism and related disabilities. - Our day habilitation program offers a person-centered and tailored experience for our adults in an active, safe and supportive environment encouraging growth and development. Independence360's prevocational/supported employment services provides training for individuals seeking employment skills	Whippany, NJ and Livingston, NJ Website https://spectrum360.org/independence360/

Quest Autism Programs Inc.	By phone at (202)-425-8397 Via email at info@questnj.org	- QAP is a DDD-approved day program that provides services to adults with autism who primarily reside in Bergen County, New Jersey. The program enrolls adults over age 21 who continue to require individual supports after they have completed their school-based education.	159 Godwin Avenue Midland Park, NJ 07432 Website https://www.questnj.org/adult-day-program
New Jersey Institute for Disabilities	By phone at (732)-549-6187	- NJID's Adult Day Programs serve persons with disabilities at five Adult Training Centers throughout New Jersey. Recognizing the individuality of every client, programs are tailored to exceed the expectations of the individuals and families who turn to NJID for services and supports.	Port Reading, NJ; Piscataway, NJ; Toms River, NJ; Barnegat, NJ; Iselin, NJ Website https://www.njid.org/dayprograms
Skylands Center	By phone at (908)-850-6440	- Skylands Center offers several services for adults with autism and related intellectual disabilities. These services include a day habilitation center offering a safe and personally nourishing environment and two group homes.	Doctors Park Building 3, Hackettstown, NJ 07840 Website https://www.skylandscenter.org/
The Center for Autism	By phone at (973)-732-9301	- The Center for Autism supports the principles that adults with Autism Spectrum and Pervasive Developmental Delays shall pursue productive and meaningful lives and should achieve integration within our community.	341 Roseville Ave Newark, NJ 07107 Website https://centerforautismnj.org/

Delaware

ORGANIZATION NAME	CONTACT PERSON	RELEVANT SERVICE/NOTES	LOCATION
Autism Delaware	Based on location	- Resource center for locating programs and information for individuals with Autism Spectrum Disorder and their families	Serves all of Delaware Website https://www.autismdelaware.org/resource-directory-category/adult-services/
Forward Journey Adult Day Services	By phone at (302)-731-0301	- Forward Journey is an adult day program for people with multiple, severe disabilities. Participants enjoy personalized, enriching activities while also enhancing functional mobility.	New Castle County: 52 Reads Way New Castle, DE 19720 Kent County: 699 S. Carter Rd #1 Smyrna, DE 19977 Website https://forwardjourney.org/