



## Senior food boxes and food resources

The Commodity Supplemental Food Program (CSFP) provides donated food to low-income seniors through monthly "senior boxes".

Philabundance packs and distributes these boxes to locations throughout the Delaware Valley, ensuring that more seniors have access to shelf-stable foods. Boxes contain approximately 30 pounds of canned and boxed food including vegetables, fruit, juice, pasta, milk, cereal, canned meat and a non-meat protein.

## CONTACT PHILABUNDANCE

**CONTACT A CHW** 

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