

DFCM State of the Department - 2022

Anna Flattau, MD, MSc, MS
Alumni Professor & Chair
March 16, 2022



Jefferson

Thomas Jefferson University
HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

A snapshot of a dynamic ecosystem....

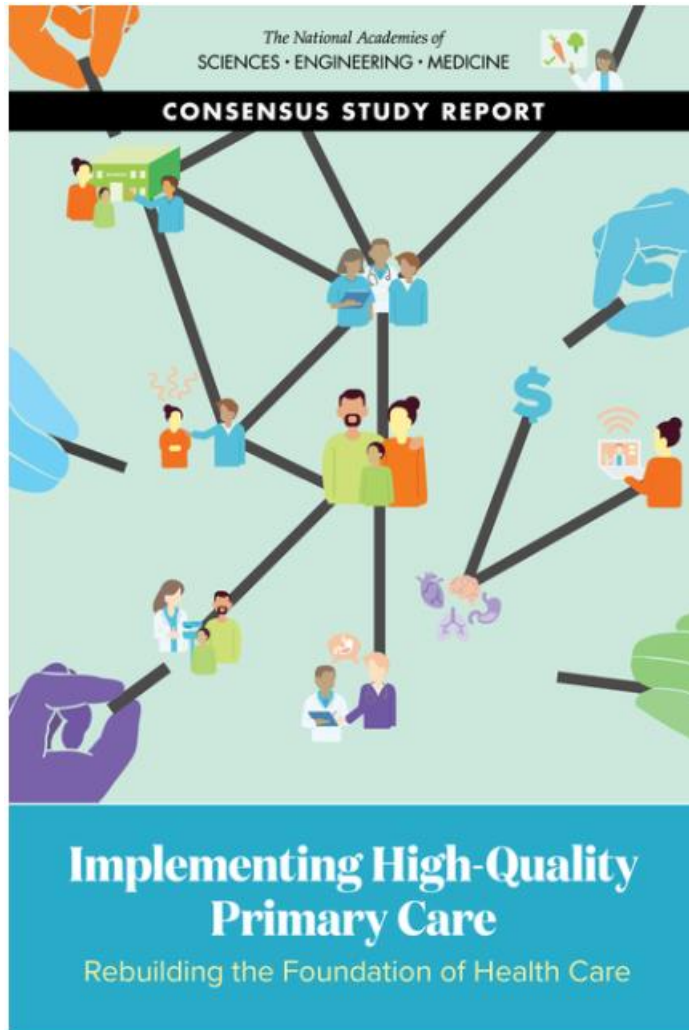
- Today we will together consider:
 - The extraordinary accomplishments of the last 12 months
 - The opportunities that these create for our ongoing growth
 - How we are evolving and will evolve as a team

Optimizing Healthcare by Putting People First

- **The mission** of the Department of Family and Community Medicine (DFCM) is to provide outstanding and equitable care to all people. Our ultimate goal is to optimize the health of all our patients, families, and communities.
- **Our vision:** DFCM as a place that values continuous growth of its clinicians, educators and staff to offer comprehensive healthcare to our evolving community, through clinical excellence, education, and advocacy for systemic change to address the impact of racism and inequities affecting our community.

National Academy of Medicine report:

“an implementation plan for high-quality primary care in the United States”



“High-quality primary care is the foundation of the health care system. It provides continuous, person-centered, relationship-based care that considers the needs and preferences of individuals, families, and communities. Without access to high-quality primary care, minor health problems can spiral into chronic disease, chronic disease management becomes difficult and uncoordinated, visits to emergency departments increase, preventive care lags, and health care spending soars to unsustainable levels.”

5 Objectives of NAM implementation plan:

1. Pay for primary care teams to care for people, not doctors to deliver services.
2. Ensure that high-quality primary care is available to every individual and family in every community.
3. Train primary care teams where people live and work.
4. Design information technology that serves the patient, family, and interprofessional care team.
5. Ensure that high-quality primary care is implemented in the United States.

Medical education: new approaches

ACGME Program Requirements for Graduate Medical Education in Family Medicine Summary and Impact of Major Requirement Revisions

Requirement #: Definition of Specialty

Requirement Revision (significant change only):

Family physicians are generalists who care for diverse individuals in the context of their families and communities through accessible, comprehensive, continuous, and coordinated care. They provide empathic, compassionate, equitable, culturally humble and relationship-based care to their patients of all ages and life stages in a wide variety of settings.

As routinely the first contact for medical care, family physicians seek to understand and address the undifferentiated problems and health goals of patients. They have expertise in managing complexities and are able to address multiple co-morbidities through coordinated inter-disciplinary and inter-professional care. They are advocates for high-quality, cost-effective care providing high value to improve health outcomes and the patient experience, and to reduce care costs. Family physicians work to integrate knowledge of the structural determinants of health to advance equity in health and health care for all.

Family physicians provide care within the context of their patients' families and community, often caring for multigenerational members of the same family. This opportunity for contextual care gives family physicians an important perspective for understanding barriers to health. They use critical thinking skills in the service of understanding the patient illness experience, to arrive at a common shared therapeutic approach.

Family physicians are skilled in behavioral health, seeing the whole person and recognizing the breadth of unmet behavioral health needs in an increasingly complex society.

Family physicians excel at coordinated team-based care and are values-driven advocates of efficient care through their membership on diverse, inter-professional teams. They are superb communicators and serve as teachers to patients, colleagues, and community groups. They employ respect and compassion with colleagues and teams, as well as with patients and families. They embrace the concept of team care as members and leaders of the multiple teams required to provide complex and coordinated care.

Family physicians engage in self-reflection as master adaptive learners who continually assess professional development needs.

Family physicians are social justice advocates for their patients and their communities, engaging in health policy and local organizations, as appropriate, to voice and mitigate the impact of structural social determinants on health outcomes. They understand complex health issues and apply ethical principles to health care decisions as they care for diverse patient populations with diverse value structures within an unequal medical system.

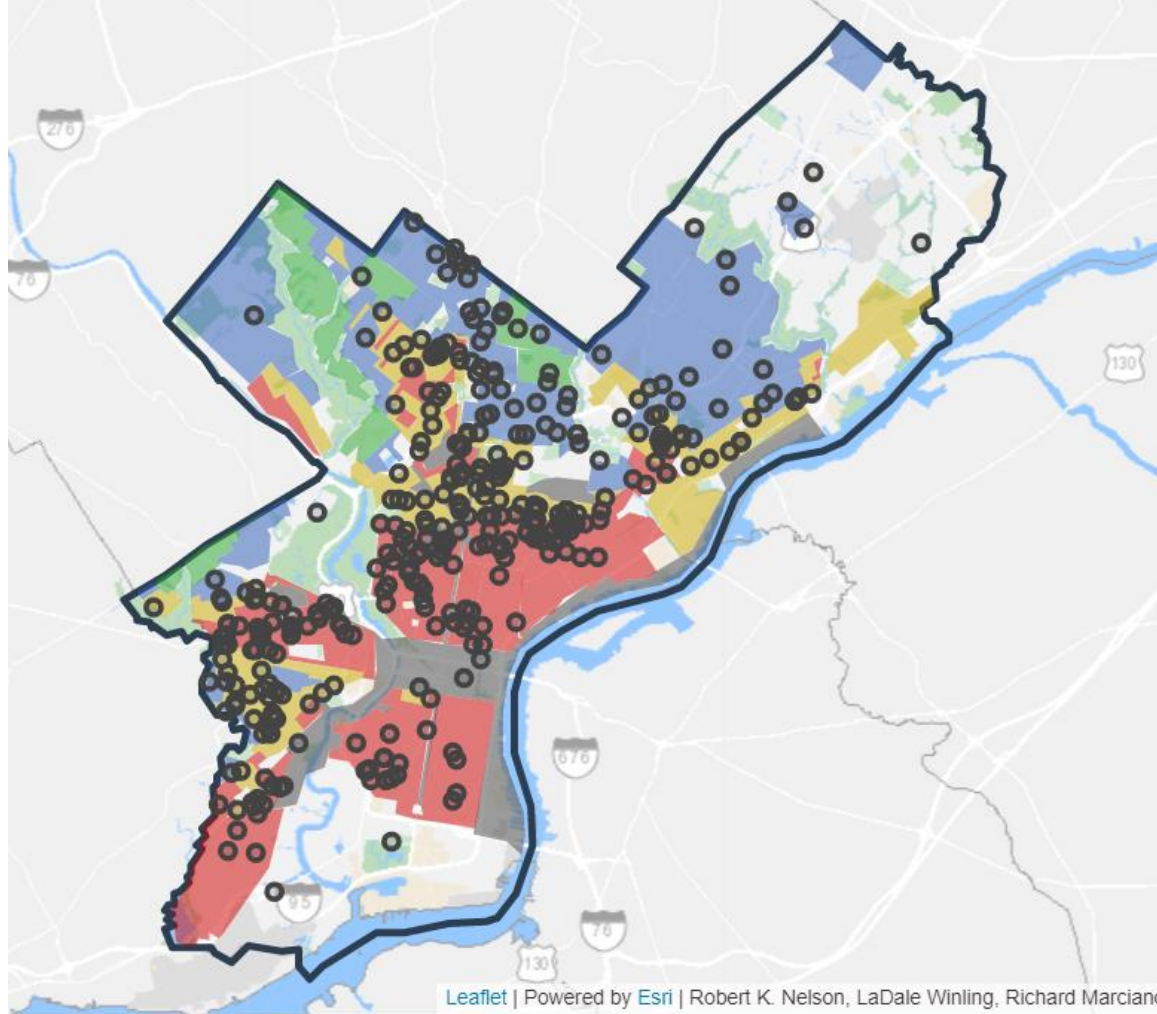
Family physicians critically analyze and appropriately apply technology to provide better and more personal clinical care.

- “The program must partner with other family medicine residency programs through regional learning collaboratives to share resources to facilitate programs and their Family Medicine Practice (FMP) sites attaining educational and community aims.”
- “The program director should integrate multiple non-physician professionals to augment education as well as inter-professional team clinical services.”
- “Residents must recognize and utilize community resources to promote the health of the population and partner to respond to community needs.”
- Emphasis on resident wellness

Social injustice/ structural determinants of health

1937 Assessment Grades from the Homeowners' Loan Corporation

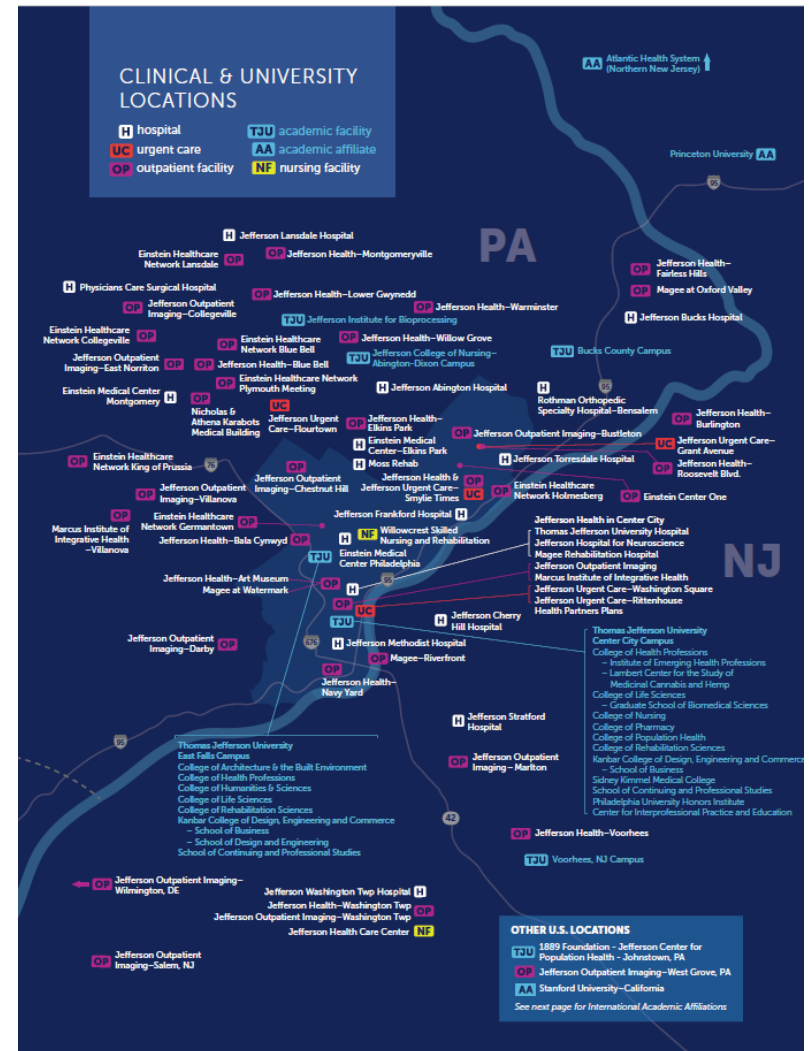
■ A: "Best" ■ B: "Still Desirable" ■ C: "Definitely Declining" ■ D: "Hazardous" ■ Commercial/Industrial



“I’m sick and
tired of being
sick and tired”
- Fannie Lou
Hamer

An enterprise that provides primary care at scale

- 260 FTE primary care physicians
- 842 FTE primary care staff
- Second-largest physician cohort among Jefferson's 20 service lines (ER/hospital physicians=299)
- Now with two additional primary care networks at Einstein



As an academic department, we have unprecedented opportunities

Our strengths include:

- Excellence in clinical care
- Dedicated, creative, and innovative staff members
- Master educators
- Extraordinary trainees
- Strong research infrastructure
- Commitment to social justice and anti-racism
- Profound dedication to improving individual and community health

Who We Are

Faculty	50
Clinical Staff	85
Administrative Staff	16
Clinical Fellows	9
Research Fellows	6
<u>Residents</u>	<u>30</u>
TOTAL:	190

Volunteer Faculty	51
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National Recognitions, including:



- Brooke Salzman and the JCIPE team received the "Creativity in Practice and Education Award" from the National Academies of Practice for their "Complex Care Curriculum"



- Dr. John Liantonio earned Fellow status from the American Academy of Hospice and Palliative Medicine.



- Dr. Kristine Swartz and her team at Methodist for winning the Trailblazer Award from NICHE and the ABIM Foundation, which recognizes interdisciplinary collaboration in promoting mobility.

Philanthropy Update

Department Metrics

- FY22 DFCM Funds Raised to Date- **\$892,461**

Department Victories

- Hansjörg Wyss Wellness Center- 60 unique donors, **\$5.38M** to \$6M goal
- The Friends of Robert Perkel Professorship- **\$1.21M** to date
- Geriatric Med/Palliative Care- **\$10,000** gift from the Martin and Nora Salzman Foundation



We Are Creative - With a Sense of Purpose

Yeo Writing Prize Winners:

First Place:

“June”

- by David Peters
(Resident, Family &
Community Medicine)



From left, David Peters, Chanel Hart and Ellen Solomon, at Jefferson Hospital University, are the inaugural winners of Jefferson's Theresa and Charles Yeo Writing Prize, for essays detailing their experiences during the pandemic.
Jose F. Moreno/ Staff Photographer

Second Place:

“The Elevator Crisis”

-by Ellen Solomon
(Medical Student
working with Mary
Stephens, Family &
Community Medicine)

Third Place:

*“Being a Black Nurse
during Two Pandemics:
A Test of Faith”*

-by Chanel Hart (Nurse,
Family & Community
Medicine)

Our Leadership Team



Geoffrey Mills, MD
Associate Professor
Medical Director, JFMA



George Valko, MD
Gustave and Valla Amsterdam Professor of Family and
Community Medicine
Executive Vice-Chair



Anna Flattau, MD, MSc, MS
Alumni Professor and Chair
& Vice President for Primary Care Services,
Jefferson Health



Noah Lazarus, MBA
Administrator



Susan M. Parks, MD
Professor
Director, Division of Geriatric Medicine and
Palliative Care



Christine M Jerpak, MD
Associate Professor



Maria Hervada-Page, MSS
Associate Program Director
Clinical Assistant Professor



Robert J. Motley, MD, MHCDS
Ellen M and Dale W Garber Professor of Family Medicine
Vice Chair, Community Medicine



Krys E. Foster, MD, MPH, FAAFP
Clinical Assistant Professor
Director, [Diversity, Inclusion and Social Justice for DFCM](#)

Growth of Our Department

Faculty Appointments

- Gillian Love
- Simon Newsom
- Jessica Deffler
- Pooja Padgaonkar
- Alexa Waters
- Greg Jaffe
- Liz Daly

Promotions

- Barbara Cymring to Clinical Assistant Professor
- Kathryn Traves to Associate Professor
- Brooke Salzman to full Professor
- Danielle Snyderman to full Professor
- Jim Plumb to Emeritus Professor

Post-docs and academic staff

- Shane Gill, Post-doc fellow
- Ethan Haymovitch, Post-doc fellow
- Rachel Ludeke, Post-doc fellow
- Meghan Gannon, Post-doc fellow
- Ava Darby, Research Coor'd
- Melanie Chalfin, Research Coor'd
- Steven Smith, Residency Coor'd
- Allison Herens, Research Coor'd

New clinical staff hires

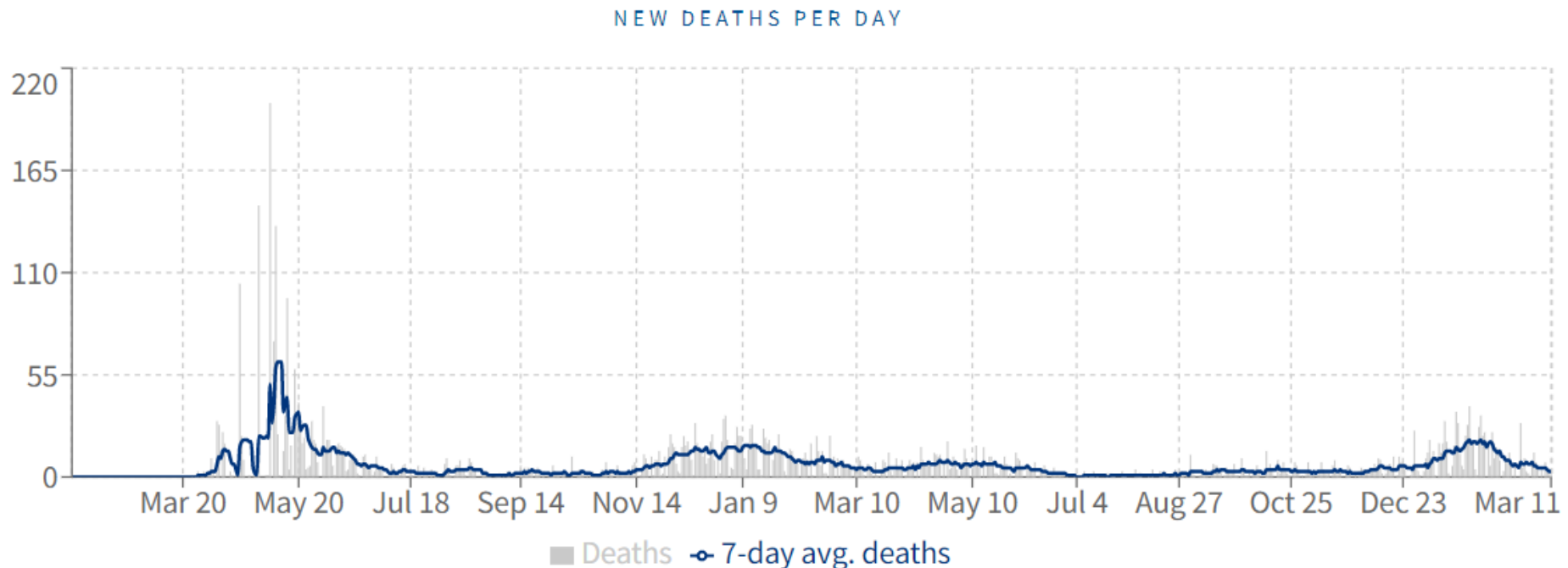
- Chris Aviso, NP
- Megan Barry, Nurse Coordinator
- Olga Felton, NCC
- Karin Roseman; Social Work
- Kelly Simone, MA
- Leslie Rodriguez, MA
- Christina Butler-Hardy, MA
- Kia Sanders, MA
- Edwin Stapleton. MA
- Ivori Murphy. MA
- Catrice Taylor, MA
- Anitra Bullock, MA
- Daniele Hallager, MA
- Keimani Chamberlain, MA
- Christian Wooding, MA
- Maria Myrtaj, MA
- Nakia Wise, MA
- Naeema Wilkes, MA - Wyss
- Pamela Haines, Patient Registrar
- Kadijah White, Patient Registrar
- Simone Gudger. Patient Registrar
- Vivian Williams, Patient Registrar
- Alisha Molina, Patient Act Rep

In Memorium: Daniel Z. Lewis



Our achievements

All of our achievements this year reflect persistence in the face of the COVID pandemic.

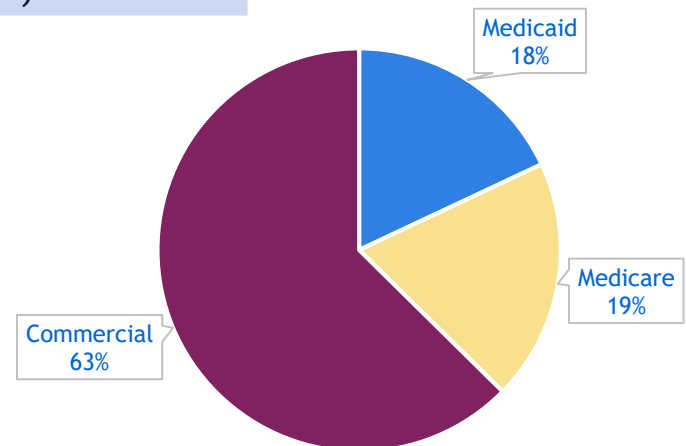


Primary Care Clinical Services

Practice Demographics

Practice	Annual Visits 2021	# of Active Patients (24M Panel)
JFMA	58,644	25,266
Sports Med	3,333	--
Center for Healthy Aging	5,192	1,637
Navy Yard	11,031	5,147
South Broad	4,859	3,050

Dr. Geoff Mills appointed
as Medical Director



Philly Magazine's Top Docs 2021

Family Medicine

- Marc Altshuler (Center City)
- Christine Arenson (Center City)
- Joshua Barash (Center City)
- Edward Buchanan (Center City)
- Christopher Chambers (Center City)
- Harris Cohen (Abington)
- Robert Danoff (Northeast)
- Victor Diaz (Center City)
- Brett Fissel (Abington)
- Christine Hsieh (Center City)
- Scott Kuptsow (New Jersey)
- Leonard Malamud (Northeast)
- Warren Matthews (Abington)
- Rachel Notte (Abington)
- Philip Perilstein (Abington)
- Robert Perkel (Center City)
- Rachel Rosen (Abington)
- Suzanne Shorten (Abington)
- George Valko (Center City)
- Kenneth Weiss (Abington)
- David Zalut (New Jersey)

Team-Based Care

- In-basket and Refill protocol
- CMA role change
- Care pathways
- Coumadin program
- MOUD program
- Behavioral health consultant growth and transitions
- Clinical pharmacist growth
- Policy / procedures



Renea Berry RN: *The James B. Erdman Award for Excellence in Interprofessional Collaborative Practice*

Operational Optimization



Quarterly
dashboards



Improved
empanelment



Cross training
and
standardization



Operational
support and
advocacy for
affiliated
practices



EPIC
optimization

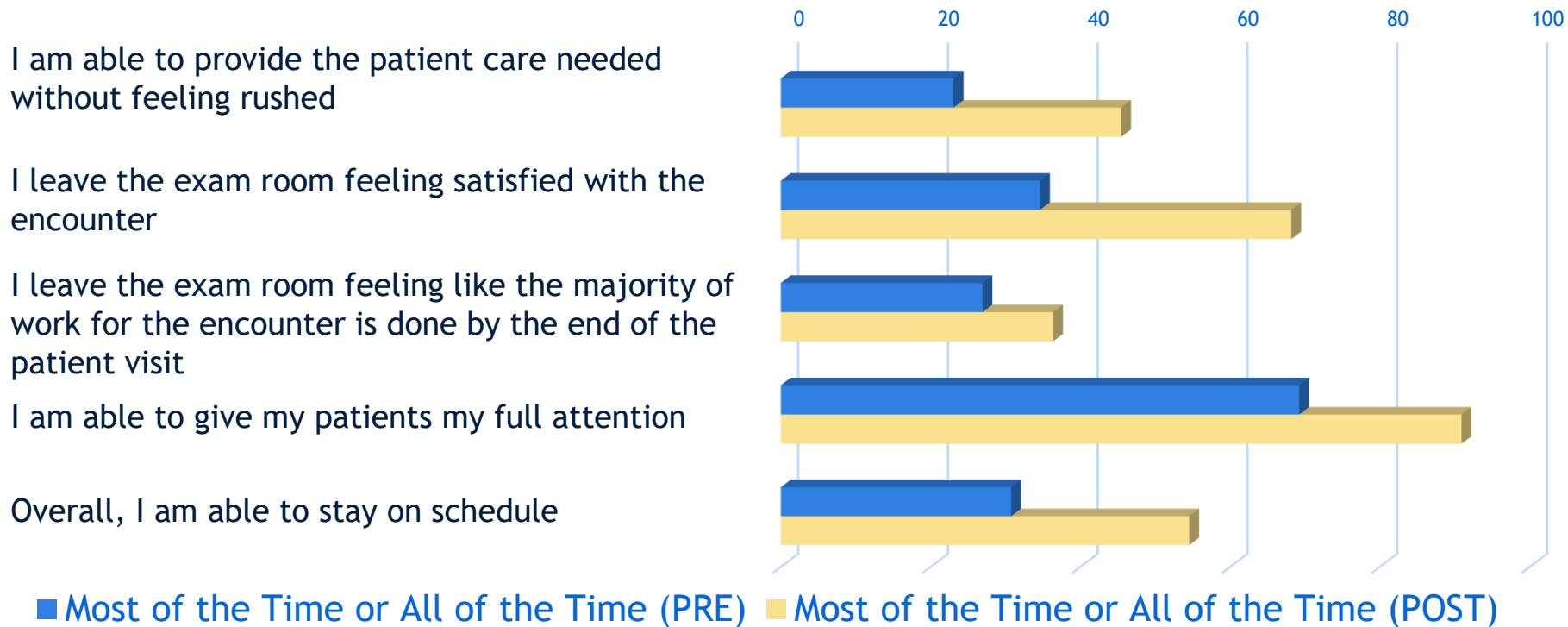
Patient Experience

- Visit template changes
- Ongoing remodel
- Customer service training
- Communication/outreach
- Focus on phone access
- Amazing work by registration staff and med recs!
- Brochure / Marketing

DFCM Practices: Likelihood to Recommend Practice (Top Box Score)



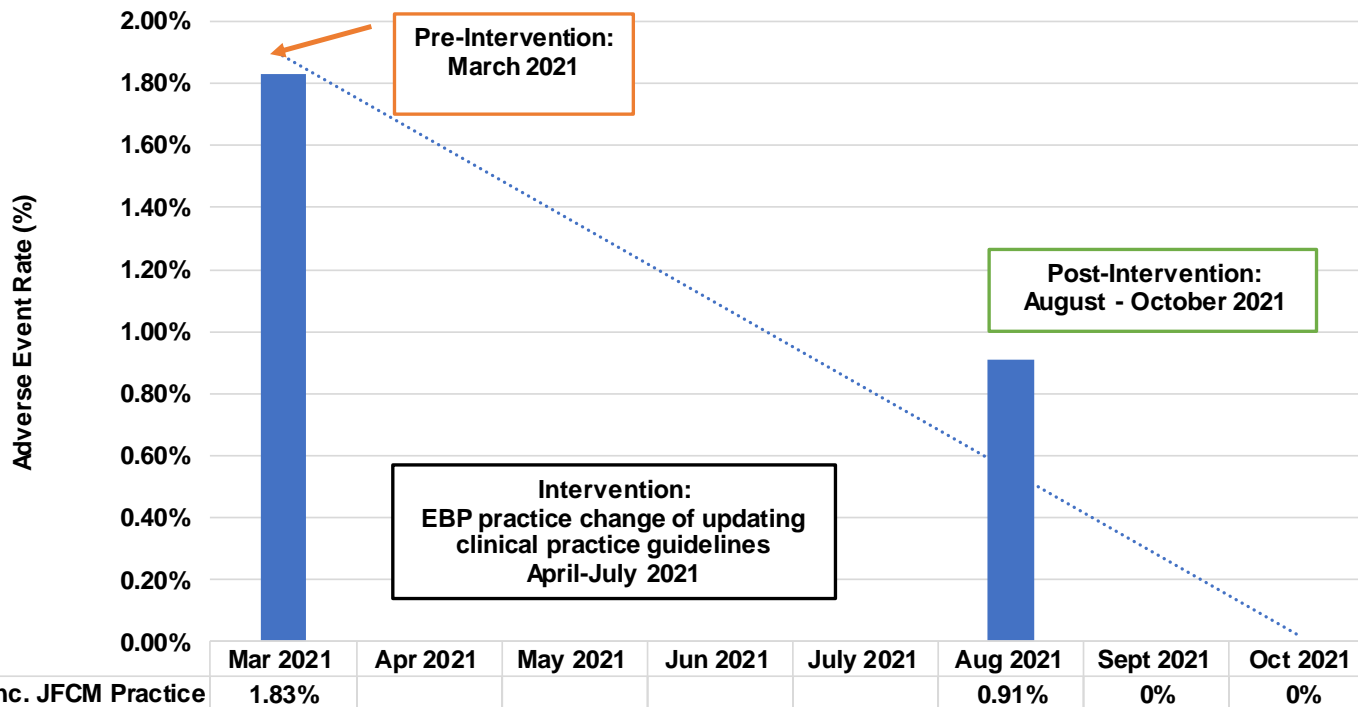
Impact of Template Change - Provider Survey



Anticoagulation Program

- Safely manage the population of patients currently prescribed Coumadin and other oral anticoagulants.
- Team-based approach that focuses on access, patient safety, and improved patient outcomes. Our team includes clinical nursing, certified medical assistants, physicians, nurse practitioners, and clinical pharmacists.

**SE2EOb: TJUH Inc. Jefferson Family & Community Medicine Practice
Improvement in Warfarin Adverse Events leading to
ED Visits or Hospitalization**



Staff Members:

- Geoffrey Mills, MD, PhD
- Shirley Bonanni, PharmD, BCPS
- Catherine DiSandro, BSN RN
- Shakia Miller, CMA

Diabetes Pathway

A comprehensive way of managing our diabetic population using a team-based approach incorporating multiple disciplines.

Who gets referred to the Pathway?

- Newly diagnosed patients
- Patients with new diabetes medications
- Patients who have uncontrolled diabetes

How do you refer a patient to this Pathway?:

- Warm hand-off from provider to nursing team either in person or via "nurse triage pool"
- RN schedules initial pathway appointment to assess patient
- Patient is scheduled to meet with other clinicians as indicated by needs
- 3 month follow up with provider for check-in.

Medication for Opioid Use Disorder Efforts

- JFMA weekly clinic:
 - 30 active patients
 - Evaluation underway: staff focus groups and patient interviews
- Project HOME Health Services:
 - 4 sites, 280 active patients
 - 1 year pre/post covid evaluation: no change in patient retention, no change in demographics
- Education
 - Interprofessional MOUD Project ECHO Program, 8-week session, started 1/31/22
 - Partnership with JCIPE, Project HOME, Pathways to Housing

Security & Wellness

Security

- Security assessments at clinical, academic, and hospital sites
- JFMA security guard
- Locking doors as part of remodel
- Trainings
- Strongline Badges on the way



Wellness

- Leveraged Jefferson Resources (First Call and Rise programs)
- Guided Meditation workshops (Dr. Rachelle Rene & team)
- Dedicated Wellness Room at JFMA

*“The
Zen
Den”*



Clinical learning environment

- Trainees learn from the environment in which they work
- All of our team members, faculty and staff, contribute to this education
- 30 residents
- Fellowships
 - HIV fellowship - directed by Dr. Marshal Miller
 - Ensures training of family physicians to provide expert care for patients with HIV
 - Dr. Simon Newsom is designing implementing HIV Pre-exposure Prophylaxis (PrEP) smart set QI project

And Yes - We Are Under Construction....



Maternal-Child Health and Gynecology

MCH/GYN Update

- New team members:
 - Dr. Liz Daly joined MCH faculty in May 2021
 - Dr. Barb Cymring has joined Drs. Buchanan and De La Cruz in providing GYN procedures at JFMA
- In-hospital care for pregnant/postpartum patients and their newborns from Wyss Wellness Center and Stephen Kline Medical Center
- Wyss Center has increased prenatal volume from recently resettled Afghan Refugees
- Planning is underway to increase prenatal and pediatric visit volume at JFMA



PHYSICIANS

Edward Buchanan, MD
Board Certification: Family Medicine and Obstetrics / Gynecology
Areas of Interest: Surgical procedures including tubal ligation, hysterectomy, D&C, LEEP's

Joshua Barash, MD
Board Certification: Family Medicine
Areas of Interest: Obstetrics and pediatric care

Marisol de la Cruz, MD
Board Certification: Family Medicine & completed Women's Health Fellowship
Areas of Interest: Gynecology, primary care for women and post-menopausal management

Elizabeth Daly, MD
Board Certification: Family Medicine
Areas of Interest: Pregnancy care, pediatric care and care for the whole family

Barbara Cymring, MD
Board Certification: Family Medicine
Areas of Interest: General GYN care, cervical cancer screening and colposcopy, vaginitis and vulvar conditions and contraception

Jessica Deffler, MD
Board Certification: Family Medicine
Areas of Interest: Health of immigrants and refugees, including pregnant patients and children, fluent in Spanish

SUPPORT STAFF

Deb Carl MEd, RN, IBCLC
Board Certification: International Board Certified Lactation Consultant
Areas of Interest: Breastfeeding support and health education

Latasha Pearson, CMA, LARC
Long Acting Reversible Contraception Coordinator



JeffersonHealth.org/FamilyMedicine

3/24/2023



Family Medicine Associates

Maternity Care and Gynecology Services



We provide comprehensive care for our patients throughout their lifespan.

- **Obstetrics** | Preconception counseling, prenatal care, labor and delivery, postpartum care, mental health support for new mothers, breastfeeding support and care for your baby
- **Pediatric Care** | Newborn care and lactation support, well child checks and vaccinations for all ages (infants, school age children, adolescents and older teens), sick visits
- **Gynecology** | Cervical cancer screening, contraception, family planning, abnormal Pap smear management (colposcopy), abnormal uterine bleeding and sexual dysfunction
- **Post-Menopausal** | Screening for osteoporosis, management of hot flashes and other menopausal symptoms
- **Primary Care** | Preventive health, mental health support, screening for high blood pressure, cholesterol and diabetes, nutritional counseling, breast cancer and colorectal cancer screening

The Jefferson Family Medicine Difference

Our practice cares for you and your whole family and places a true emphasis on community. We are committed to equality and social justice and strive to always be mindful of structural racism and address disparities in our healthcare system. By listening and encouraging open conversations, we support our families so that they can have a safe, fulfilling, family-led healthcare experience.

A Team Approach

Our practice includes residents from Thomas Jefferson University, attending physicians and nurses who work collaboratively to provide you with personalized, high-quality care when you need it. Our affiliation with Thomas Jefferson University Hospital connects you with the region's top specialists and the latest, evidence-based care.

SCHEDULE AN APPOINTMENT

1-800-JEFF-NOW | JeffersonHealth.org/FamilyMedicine

Jefferson Family Medicine Associates
33 South 9th Street, Suite 301
Philadelphia, PA 19107
215-955-7190



New brochure for our obstetric/women's health services will be available soon! Please distribute this to your patients.

Division of Geriatric Medicine & Palliative Care

Geriatric Programs

- **Center for Healthy Aging**
 - Dissemination site for the Alzheimer's and Dementia Care (ADC) program (UCLA) - Judy Heredia, CRNP is the lead dementia care specialist
 - Age-Friendly Health System certified
 - SAGE-certified practice
 - Providers: Brooke Salzman, MD, Lauren Hersh, MD, Judy Heredia, CRNP and Susan Parks, MD (Medical Director)



Annual Alzheimer's Walk



Geriatric Programs

In-patient geriatric consult service

Kristine Swartz, MD, Lauren Hersh, MD, Gillian Love, MD and Mary Szymanski, CRNP

ACE unit at Methodist

Kristine Swartz, MD (Medical Director)

Long-term care programs

The Hill at Whitemarsh

Danielle Snyderman, MD, Medical Director

The Watermark

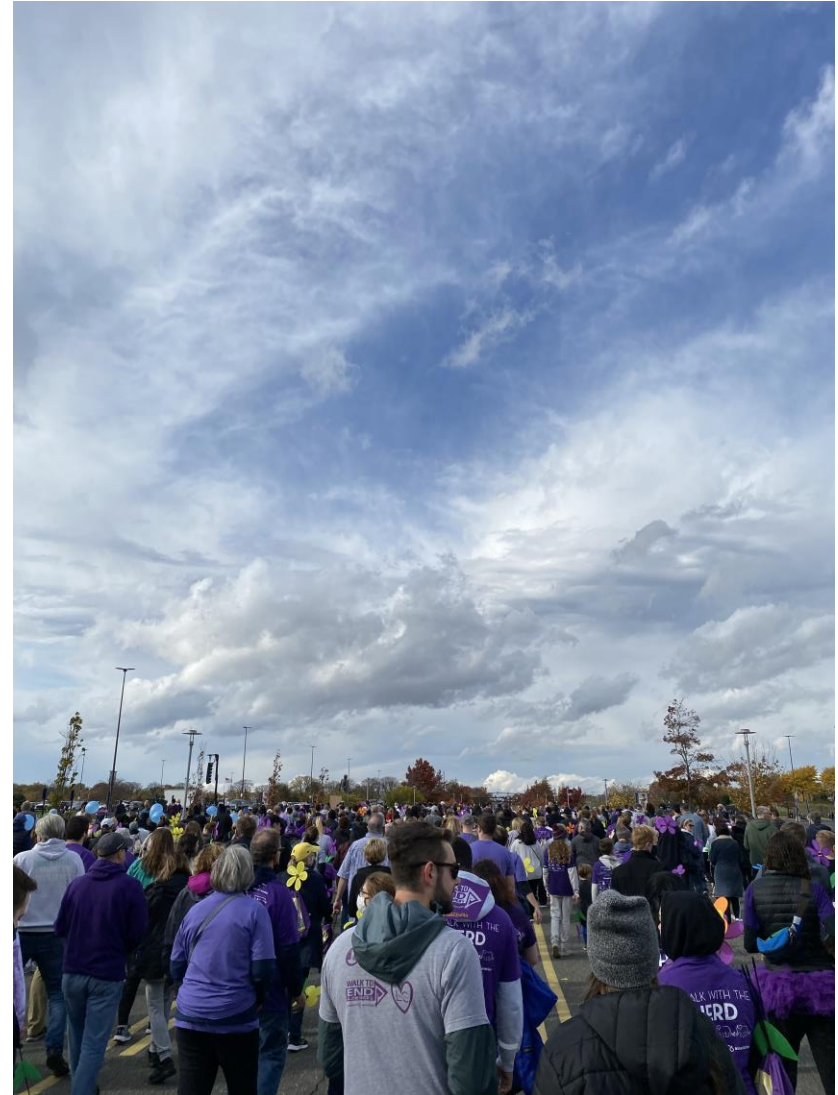
Jaja Jarra, MD

Senior Adult Oncology

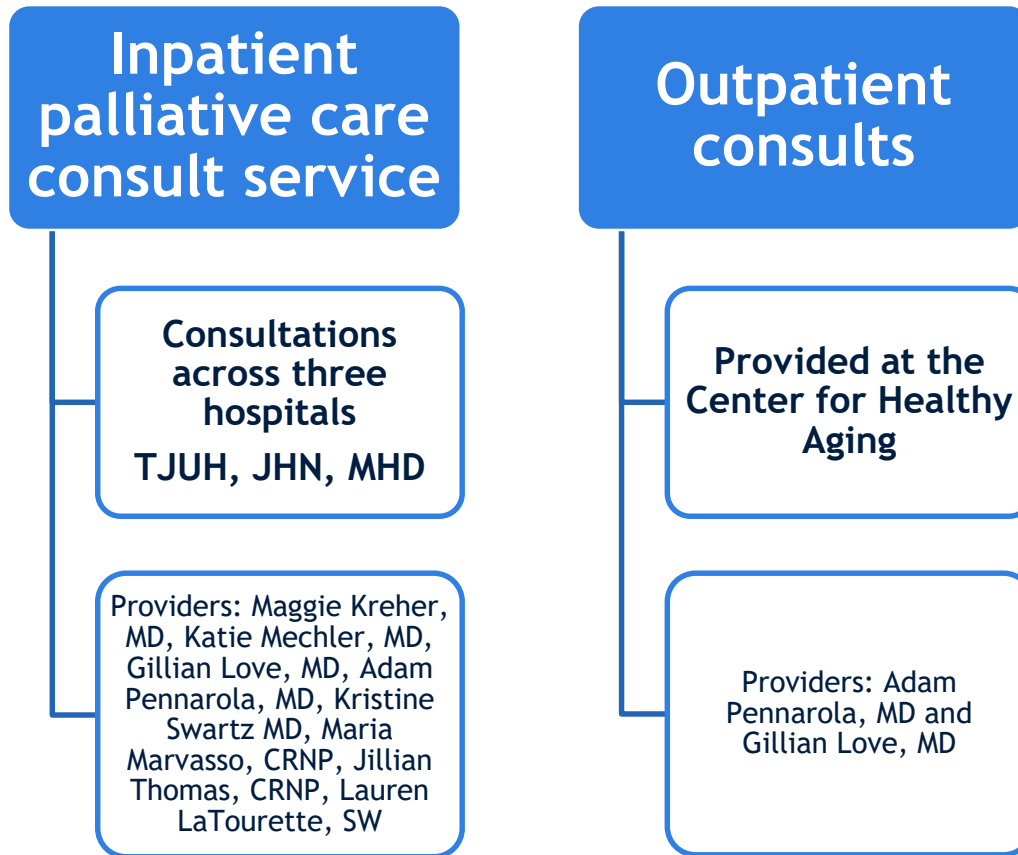
Kristine Swartz MD (Co-Director), Lauren Hersh MD

Geriatrics Fellowship

- Dr. Kristine Swartz MD, Fellowship Director
- Current Fellows
 - Michael Danielewicz MD
 - Emma deLouw MD
- Successful 2022-23 match
 - Lili Flink MD, JFMA
 - Christopher Azzolino MD, Jefferson Abington Family Medicine
- Fellowship research
 - Delirium education initiatives - accepted poster AGS
 - Improving Medical Competencies for LGBT+ Older Adults- accepted poster AGS
 - Interprofessional curriculum development session - AAHPM



Palliative Care Programs



John Liantonio, MD, MBA, Director

Palliative Care Fellowship

- John Liantonio, MD, MBA Fellowship Director
- Current Fellows
 - Mark Falk, MD, Liz Spina, DO, Erin Kelly, DO, Adam Pennarola, MD
- Successful 2022-23 match
 - Daniel Boron-Brenner DO - Emergency Medicine from Einstein
 - Michael Danielewicz MD -JFMA, Jefferson Geriatrics
 - Dayna Hovern MD - Internal Medicine at Lankenau
- Fellowship research
 - Grief/bereavement, Advance Directives in ALS, SICU Trigger Program, Collaboration with Pulmonary Medicine, Primary Palliative Care Education, Creating LGBTQ Educational Milestones for HPM Fellowship Programs
 - AAHPM this year - 2 podium presentations, 8 posters

Division of Sports & Exercise Medicine

Sports Medicine

- Continued growth and expansion of clinical practice and academics
 - 834 Walnut St practice is thriving and growing
 - Dr. Marschilok has started seeing patients at the Navy Yard Practice
 - New Uninsured Sports Medicine clinic at Wyss center - only pending credentialing!
- Active search for new Director of the Division of Sports and Exercise Medicine



- Establishing a Sports Medicine Fund to:
 - Enhance research program with funding for a research assistant and support of Faculty and Fellows
 - Develop an Exercise Performance Lab in memory of our late colleague, Dr. Michael Ross



Michael Ross, MD

Sports Medicine Fellowship

- Wonderful Fellowship match this year:
 - Dr. Greta Bires
 - Dr. Michael Bozzi
 - (Special shout out to Dr. Caitlyn Haines who had a terrific match at her medical alma mater, Penn State Hershey)
- Current Fellows are having a terrific year and already setting their sites on the future:
 - Dr. Willy Gonzalez - SM Rothman Orthopedics in White Plains, NY
 - Dr. Michael Haines - FM/SM hybrid at Penn State Hershey

Jefferson Continuing Care Program

Jefferson Continuing Care Program



- We are celebrating our third anniversary this year!
- Since Karin Roseman LSW - social work - joined our team we've sparked tremendous growth
 - 350 total new patients evaluations (up from 189 last year)
 - 20 patients transitioned into general family medicine
- Many thanks to Michael Hurchick, MD and lead Medical Assistant Janet Giordano along with the entire Navy Yard clinical & admin team.



*Mary Stephens, MD, MPH,
FAAFP, FAADM, Medical
Director and
Karin Roseman, LSW*

Training physicians to care for people with disabilities

- New grant award from the Pennsylvania Developmental Disabilities Council
- ***Increasing Access to Quality Healthcare for People with Disabilities: A Co-Designed Educational Curriculum for Family Medicine Residents***
- Four family medicine residency programs, including our own!
 - Hire persons with disabilities to develop & deliver the program
 - Reach over 90 Family Medicine residents across Jefferson



Program for Supportive Health Care

Program for Supportive Health Care



Lara Weinstein, MD, MPH - Medical Director

- Supports people with mental illness and substance use disorders in accessing the healthcare they need to achieve their own health and recovery goals
- Adapts the healthcare system to the person's needs rather than the other way around.
- Grounded in primary care and helps people with access across the healthcare system to meet their needs holistically
- Clinical care provided in partnership with Project Home



Jefferson Mental Illness, Addiction, & Primary Care (JeffMAP) Fellowship (T32)

Collaborative, multi-department, interdisciplinary training program focusing on substance use, mental health, or telehealth in primary care

Fellows

- Meghan Gannon
 - *Social support for mothers with opioid use disorder*
- Ethan Haymovitch
 - *GIS mapping of MOUD treatment and resources in Philadelphia*
- Rachel Ludeke
 - *Social connection & health for young adults transitioning out of foster care*
- Shane Gills
 - *Definitions and screening of trauma among black men in primary care*

Leadership

- Lara Weinstein, MD, DrPH, Director and Erin L. Kelly, PhD, Co-Director
- Program Steering Committee: Randa Sifri, MD; Amy Cunningham, PhD, MPH; Robert Sterling, PhD; Diane Abatemarco, PhD, MSW; Kristin Rising, MD, MSHP; Anna Marie Cheng, MD

Addiction Medicine Clinical Fellowship

- 1 year clinical fellowship in partnership with psychiatry
- Program directors: Lara Carson Weinstein (Addiction Medicine), William Jangro (Addiction Psychiatry)
- 2021-2022 inaugural fellows: Michal Noonan(FM), Elise Paquin(FM)
- 2022-2023: 2 addiction psychiatry fellows, 1-2 addiction medicine fellows
- Rotations: Jefferson Narp (Methadone), Consult Liaison Psychiatry, inpatient/outpatient acute pain service, inpatient/outpatient palliative care service, elective/research block
- Continuity clinic: SKWC, PTH, Jefferson Psychiatry outpatient addiction clinic

Medical Student Education

Medical Student Education Updates

Marisyl de la Cruz -> Phase 2 Clerkship Director

Barbara Cymring -> Phase 3 Family Medicine Pathway; Director and Family Medicine Interest Group (FMIG) Advisor

Gregory Jaffe -> co-director for Scholarly Inquiry - Population Health Research

Cindy Cheng -> Associate Director for Scholarly Inquiry – Clinical & Translational Research

Faculty roles in JeffMD

- **9** clinical skills small group leaders
- **4** skill observation and reflection group leaders
- **6** Scholarly Inquiry project mentors
- **4** case-based learning facilitators

Medical Student Education by the Numbers

248 completed Family Medicine clerkship

107 fourth year students who took a course/elective in our department

38 in PSAP

17 in the Urban Underserved Program

41 students working with DFCM researchers

- 10 Scholarly Inquiry
- 12 MD research elective
- 19 volunteer/other research

A pipeline to the future of family medicine

35 students in the Family Medicine Interest Group

18 in the FMIG mentoring program

17 matched in Family Medicine in 2021

27 in FM Pathway graduate this year

22 in FM Pathway will graduate next year

Annual Dean's Awards

Dean's Award for Excellence in Education

- Cynthia Cheng, MD
- Andrew Dayneka, MD
- Daniel DiCola, MD
- Amy Gruber, MD
- Donna Kaminski, MD
- Mary Stephens, MD

Dean's Award for Faculty Mentoring

- Margaret Kreher, MD

Outstanding Clinician Award

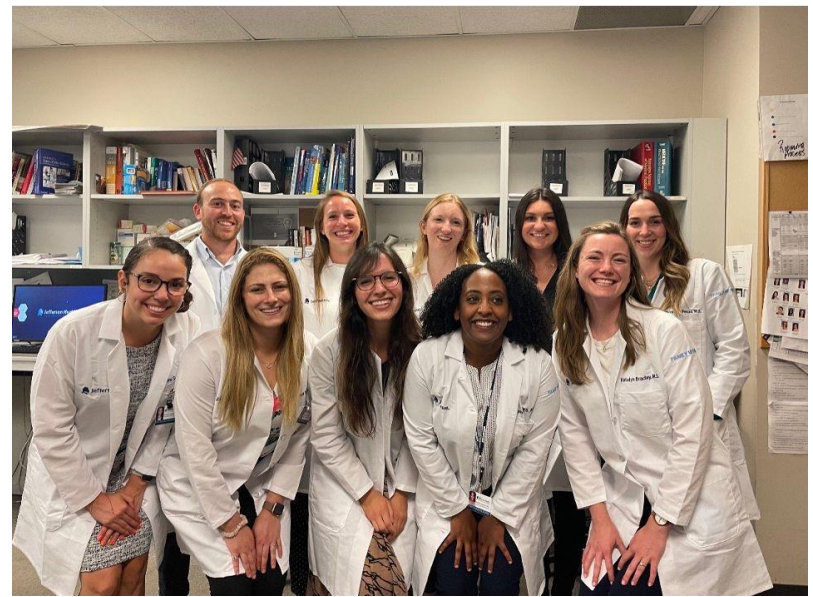
- Lara Weinstein, MD

Faculty Team Achievement Award

- Hospital Medicine COVID-19 Taskforce - Christopher Haines, MD and Marshal Miller, MD

Residency Education

Our First Years



Our Second Years

Our Third Years



Residency Program Curriculum

New experiences for 2021-2022

- MOUD Clinic weekly for senior residents, led by Dr. Greg Jaffe
- Expanded experiences at Wyss to care for larger immigrant community

Future changes for 2022-2023

- Formalized POCUS curriculum
- MATER
- Expanded community experiences led by new Assistant Program Director

Expanded Areas of Concentration for PGY2-PGY3

- Population Health/Practice Management (1)
- Women's Reproductive Health (1)
- Sports Medicine (5)
- Immigrant/Refugee Health (4)
- Geriatrics (1)
- Stephen Klein Wellness Center/Urban Underserved FQHC (3)
- Mazzoni Center/LGBT Primary Care (1)
- Integrative Health (1)
- Disability Care (1)
- Academic Medicine (1)
- Public Health Advocacy (1)

PGY3—Where are they going?



Molly Allanoff, MD
Methodist -
Hospitalist



Michael Bozzi, MD
JFMA Sports
Medicine Fellowship



Elizabeth Clark, MD
Primary Care -
Main Line Health



Greta Bires, MD
JFMA Sports Medicine
Fellowship



Lilli Flink, MD
JFMA Geriatrics
Fellowship



Caitlyn Haines, MD
Penn State - Sports
Fellowship



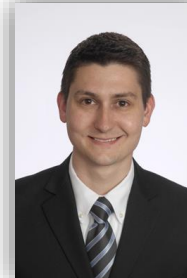
Brittany Hozik, MD, MS
Primary Care—South
Carolina



Jose Medina, MD, MSW
JHN - Hospitalist



Madeline Taskier, MD
George Washington-
Health Policy
Fellowship



Robert Wiley, MD
Primary Care--
Philadelphia

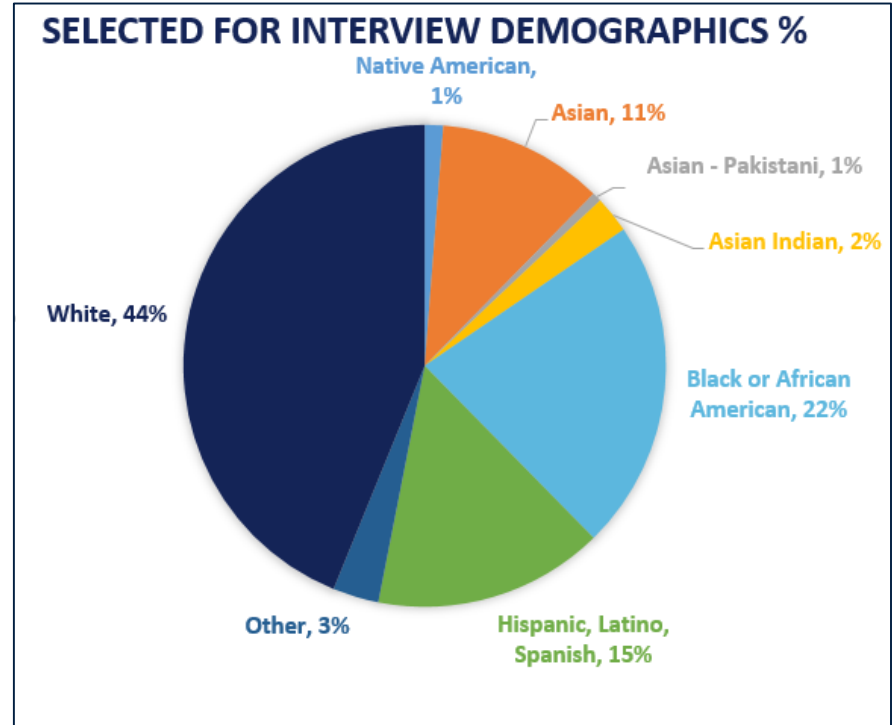
Residency Program: Recruitment

1,221 Applications Received

- 67 Medical Schools
- 24 States



162 Applicants Interviewed



Community Medicine

Community Medicine

JeffHOPE

- >2000 annual encounters at 5 care sites
- Manuscript on clinic redesign published in *Academic Medicine*
- Shout out to Jeff Fam Med resident volunteers



MLK Day neighborhood clean-up with Esperanza Health

SKMC rural Physician Shortage Area Program (PSAP)

- PSAP recognized this year as a “best practice” in PA Joint State Gov’t Commission’s Report on PA primary care workforce
- This year: 40 applicants screened, 10 students accepted
- Alumni directory being built to increase mentorship, networking
- Juniata College added as an undergrad affiliate

P.S.A.P.



Serving our communities, big and small

Wyss Wellness Center started seeing patients in June 2021



Wyss partners with the community organization SEAMAAC to serve immigrants in South Philadelphia.



1400 patients seen since opening

1800 total visits

800 New Patient visits

Uninsured patients make up 35% of our visits.



Wyss partnered with NSC to conduct **over 250 new arrival exams for Afghan refugee families** from October to present.

NSC is settling 500 refugees in Philadelphia.



Nationalities
Service Center

Wyss Mobile Vaccine Clinic

The Jefferson Mobile Vaccine Clinic started at the Wyss Wellness Center in May 2021

Over **5,000** patients vaccinated including over 400 kids

DON'T WAIT VACCINATE
JOIN THE FIGHT AGAINST COVID-19

COVID-19 Vaccine Clinic
Clinica de Vacunas COVID-19
Pfizer 1st, 2nd & booster shots!

Every Sunday 12-6p, Every Mon & Tues 2-8p
Todos los Domingos 12:00-18:00h
Todos los Lunes y Martes 14:00-20:00h

Wyss Wellness Center
1902 S. 8th Street
Philadelphia, PA 19148

Walk-ins Welcome! No se necesita cita!
No Cost - No Insurance - No ID Needed
Sin Costo - Sin Seguro - Sin Identificación

Call for questions or appointments.
Llame para preguntas o citas.
215-512-2173

Jefferson Health.

QR Code

Agos 5 and up
Parent or Guardian Consent Required
Edad de 5 años en adelante.
Se requiere el consentimiento de los padres o el tutor legal.



Research

Research Organization Structure

- Randa Sifri, MD: Director of Research
- Amy Cunningham, PhD, MPH: Associate Director
- Chris Chambers, MD: Director of Clinical Trials
- Erin Kelly, PhD: Research Assistant Professor
- Allison Casola, PhD, MPH, MCHES: Senior Research Investigator
- Richard Faulkner: Research Administrative Assistant/Coordinator

Research Coordinators

Melanie Chalfin, MPH

Ava Darby

Kaitlyn Davis, MS, MPH

Dhruvi Shah, MPH

Kelsey Smith

Research Fellowship

Randa Sifri, MD: Fellowship Director

Amy Cunningham, PhD, MPH: Assistant Fellowship Director

Howard Rabinowitz, MD: Fellowship Faculty

Fellows

Adam Pennarola, MD, MPH

Focus Area: Graduate and Undergraduate Palliative Care
Medical Education

Alexa Waters, MD

Focus Area: Chronic Disease Management and Prevention

DFCM Research Topic Areas

Chronic Care Management, Quality Improvement, Practice Transformation, Primary Care Team Wellness

- Cunningham, Mills, Cheng, Rene, Sifri

Volume 34, Issue 3
August 2021



FEATURE ARTICLES | MARCH 12 2021

Patient Markers of Successful Diabetes Management

Amy T. Cunningham^a, Pouya Arefi^a, Alexandra T. Gentsch^a, Geoffrey D. Mills^a, Marianna D. LaNoue^a, Amanda M.B. Doty^a, Brendan G. Carr^a, Judd E. Hollander^a, Kristin L. Rising^a

Check for updates

Corresponding author: Amy T. Cunningham, Amy.Cunningham@jefferson.edu
Diabetes Spectr 2021;34(3):275–282
<https://doi.org/10.2337/ds20-0099>

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Cite

Get Permissions

PURPOSE

Sports Medicine

- Close, Marschilok



Int J Sports Phys Ther. 2021; 16(1): 72–86.
Published online 2021 Feb 2. doi: [10.26603/001c.18806](https://doi.org/10.26603/001c.18806)

PMCID: PMC7872445
PMID: [33604137](https://pubmed.ncbi.nlm.nih.gov/33604137/)

Risk Factors for Stress Fractures in Female Runners: Results of a Survey

Therese E Johnston, PT, PhD, MBA,¹ Allison E Jakavick, PT, DPT,¹ Caroline A Mancuso, PT, DPT,¹ Kathleen C McGee, PT, DPT,¹ Lily Wei, PT, DPT,¹ Morgan L Wright, PT, DPT,¹ Jeremy Close, MD,² Ayako Shimada, MS,³ and Benjamin E Leiby, PhD³

• Author information • Article notes • Copyright and License information • [Disclaimer](#)

Cancer Screening and Prevention

- Sifri, Chambers



Review Article

A learning community approach to identifying interventions in health systems to reduce colorectal cancer screening disparities

Lillian C. Man^{a,*}, Melissa DiCarlo^b, Emily Lambert^b, Randa Sifri^c, Martha Romney^d, Linda Fleisher^e, Ronald Myers^b

Geriatrics/Palliative Care

- Salzman, Parks, Swartz, Hersh, Liantonio

Lessons Learned From a Pilot Project on Telemedicine Advance Care Planning in an Urban Geriatric Primary Care Office

American Journal of Hospice & Palliative Medicine[®]
1-4
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DOI: [10.1177/10499091211036978](https://doi.org/10.1177/10499091211036978)
journals.sagepub.com/home/ajhp

Olivia M. Seecof, MD¹, Molly Allanoff, MD¹, John Liantonio, MD², and Susan Parks, MD²

Integrated Community Health

- Motley, Casola

Resources, Frameworks, and Perspectives

Mask Use During COVID-19: A Social-Ecological Analysis

Allison R. Casola, PhD, MPH, CHES¹,
Brianna Kunes¹
Amy Cunningham, PhD, MPH¹
Robert J. Motley, MD, MS^{1,2}

DFCM Research Topic Areas

Medication for Opioid Use Disorder (MOUD), Medical Marijuana, and Serious Mental Illness

- Weinstein, Kelly

SUBSTANCE ABUSE
2021, VOL. 42, NO. 4, 858-864
<https://doi.org/10.1080/08897077.2021.1876202>



“It’s a place that gives me hope”: A qualitative evaluation of a buprenorphine-naloxone group visit program in an urban federally qualified health center

Sunny Lai, MD, MPH^a, Erica Li, MD ^a, Alexis Silverio, MPH^a, Robin DeBates, LCSW^b, Erin Lee Kelly, PhD^a, and Lara Carson Weinstein, MD, MPH, DrPH^a

^a Department of Family and Community Medicine, Thomas Jefferson University, Philadelphia, Pennsylvania, USA ^b Project HOME Health Services, Philadelphia, Pennsylvania, USA

Refugee/Global Health

- Payton, Altshuler



Primary Care: Clinics in Office Practice

Volume 48, Issue 1, March 2021, Pages 83-97



Preventive Care and Management of Chronic Diseases in Immigrant Adults

Colleen Payton PhD, MPH ^a, Sarah Kimball MD ^b, Nicole Chow Ahrenholz MD ^d, Mark L. Wieland MD MPH ^f

Health Disparities and Medical Education

- de la Cruz, Kelly, Casola, Sifri, Jaffe

RESEARCH

A qualitative analysis of third-year medical students’ reflection essays regarding the impact of COVID-19 on their education

Erin L. Kelly ^a, Allison R. Casola ^a, Kelsey Smith ^a, Samantha Kelly and Maria Syl D. de la Cruz ^a

Women, Maternal, and Child Health

- Casola, Foster

Maternal and Child Health Journal (2020) 24:405–411
<https://doi.org/10.1007/s10995-020-02894-7>

FROM THE FIELD



Assessing the Development of Collective Impact Initiatives Addressing Maternal and Child Health

Sarah Landry¹ ^a, Vicki Collie-Akers¹, Kara Foster², Denise Pecha², Chad Abresch²

Clinical Trials

- **COVID Vaccine Trial (Inovio)**

- Phase 2 study of a COVID vaccine candidate in people 18+ at high risk of COVID exposure
- DNA vaccine given as 2 doses, 1 month apart intradermally alongside an electroporator to aid in uptake of the vaccine
- Nearing completion

- **Meningitis Vaccine Trial (Pfizer)**

- Phase 3 study of a pentavalent Meningitis vaccine in girls and boys ages 10-26
- Conducting visits into July

- **HPV Vaccine and COVID Vaccine Concomitant Administration Trial (Merck/ Moderna)**

- Phase 3 study of concomitant administration of Merck's HPV vaccine and Moderna's COVID vaccine in boys and girls 9-11 who are naïve to both vaccines
- Plan to open for enrollment in the next month

- **Lean Into the SOAR Initiative (LISI) (Exact Sciences)**

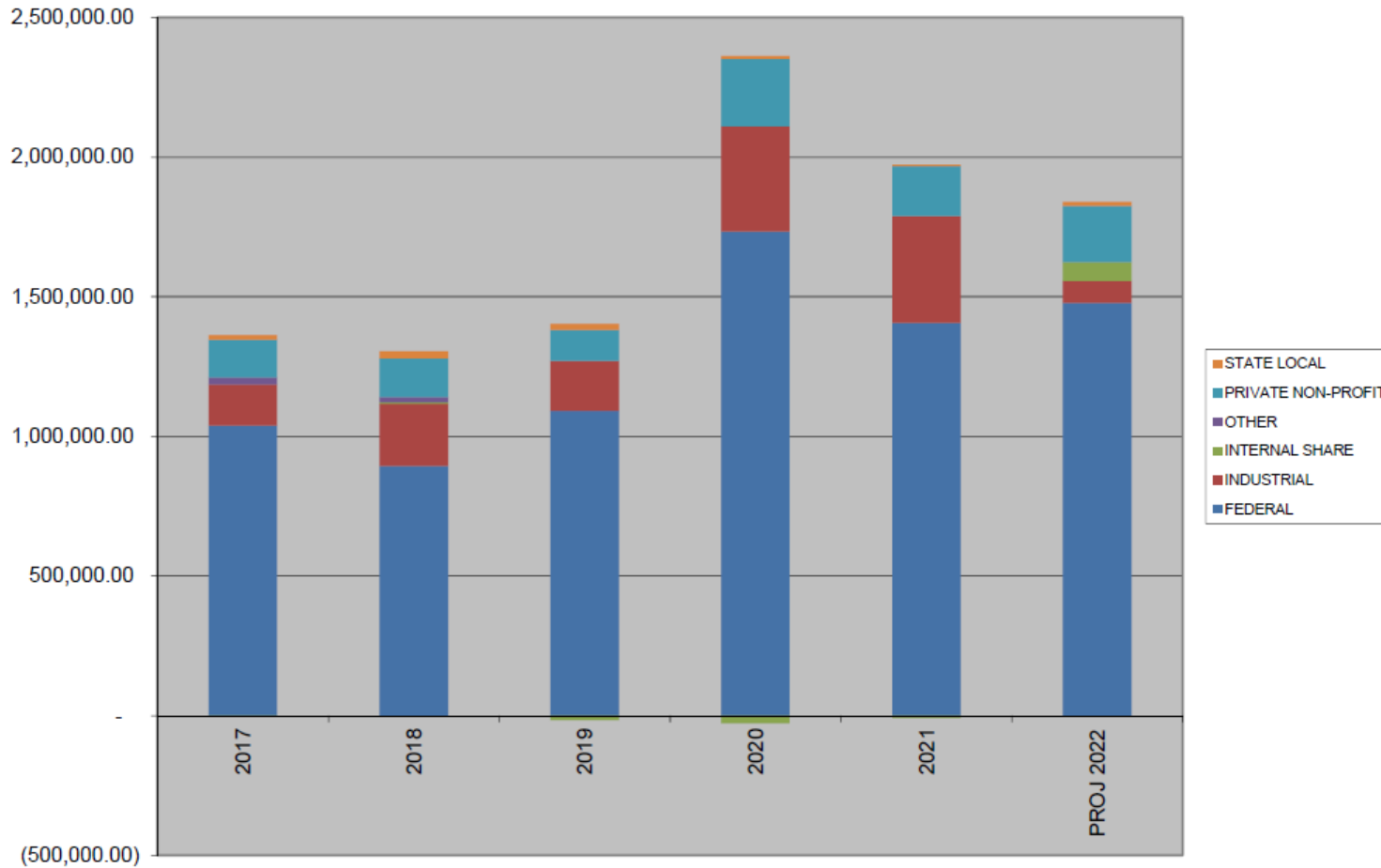
- Pilot study of patient and provider receptivity both to a multi cancer early detection blood test and to participation in the SOAR trial
- Surveys to providers at Jefferson & phone interviews with patients

- **Screening Of All comeRs (SOAR) (Exact Sciences)**

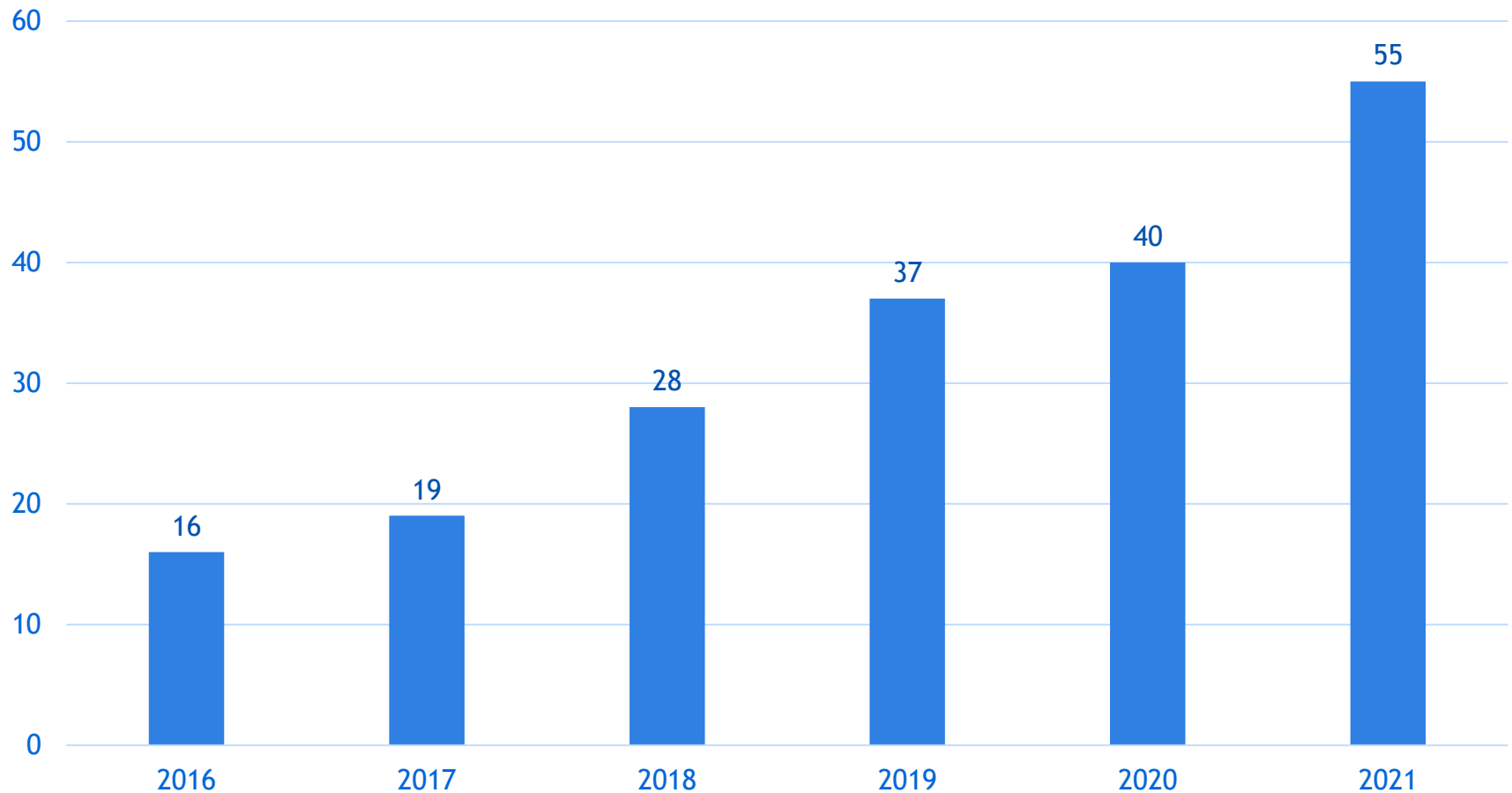
- Will open late 2022 across Jefferson Primary Care and other sites
- Enroll 10,000 patients at Jefferson
- Tests the efficacy of a multi cancer early detection blood test

Grant funding

FY 2017 - Projected FY 2022



Increasing Number of Publications Per Year



<u>PAPER TOPIC</u>	<u>NUMBER OF PAPERS</u>
Medical Education	9
Community Health and Medicine & Pop Health	8
Geriatrics and Palliative Care	6
SMI, Substance Use, Housing	6
Primary Care Practice and Management	5
MCH, Women's, & Reproductive Health	4
Refugee Health	4
Chronic Disease	3
Academic Medicine, Faculty Development & Retention	3
Disability Research	2
Health Services Research	2
Cancer Screening & Prevention	1
Provider Wellness & Workforce Health	1
Sports Medicine	1

DFCM Presentations 2021

39 Oral and poster presentations in 2021, across 21 conferences

- Annual Assembly of Hospice and Palliative Care
- American Academy of Developmental Medicine & Dentistry
 - Collaborative Family Health Association Annual Conference
 - One Voice Conference
- American College of Neuropsychopharmacology Annual Meeting
- American College of Osteopathic Pediatricians Fall Conference
- American Geriatric Society Annual Meeting
- American Medical Society of Sports Medicine Annual Meeting
- American Public Health Association Annual Meeting
- Cannabis Research Conference
- D.C. Health Communication Conference
- DSMIG-USA Annual Symposium
- House Staff Poster Session
- National Down Syndrome Congress Annual Convention
- North American Primary Care Research Group Annual Meeting
- Mid-Atlantic Telehealth Resource Center Summit
- Pop Talk Webinars: JCPH Population Health Leadership Series
- Society for Menstrual Cycle Research Menstrual Research Slam
- Society for Social Work and Research Conference
- Society of Teachers of Family Medicine
 - Annual Meeting
 - Conference on Practice & Quality Improvement
 - Conference on Medical Student Education

Social Justice, Inclusion, and Health Equity Committee

DFCM_Diversity@jefferson.edu

WE STAND UNITED
AGAINST RACISM AND INJUSTICE





State of the Committee!

A lot has happened in the last year!

Diversity, Inclusion & Social Justice

Family & Community Medicine

Chair's Message

- Diversity, Inclusion & Social Justice +
- Residency +
- Fellowship Programs +
- Medical Student Education +
- Research +
- Division of Geriatric Medicine & Palliative Care +
- Community Health +
- Faculty & Leadership +

About Us

The Department of Family and Community Medicine (DFCM) was founded with a mission to provide the best possible care to our patients and to train an outstanding new generation of family physicians.

To do this successfully, it fundamentally requires dismantling the biases and injustices impacting our teams, patients, and the communities we serve. Health cannot be optimized while members of our community are impacted by racism and discrimination. Addressing these, intentionally and explicitly, must be and is part of our mission.

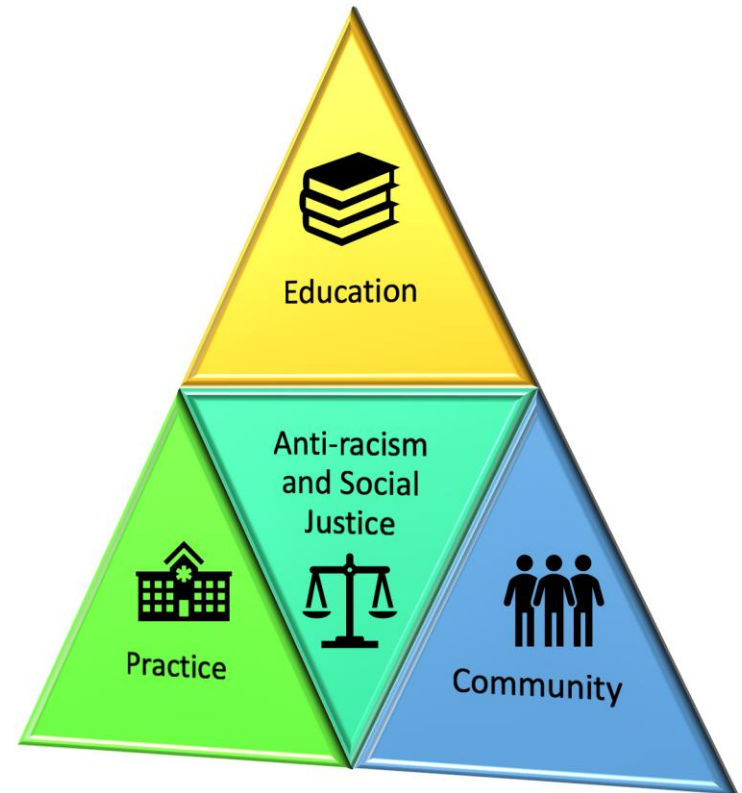
As a department, we have committed to continuous self-development and action towards justice, equity, and health equity. We



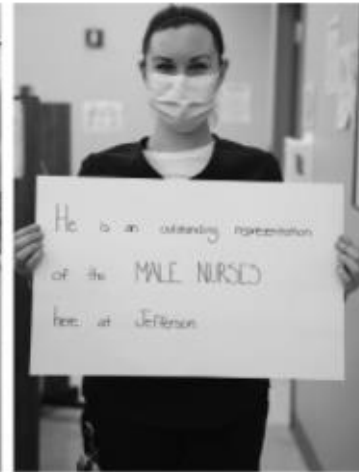
*Krys E. Foster, MD,
MPH, FAAFP;
Director, DFCM
Diversity, Inclusion
& Social Justice*

Committee Objectives

- To increase awareness of racism, diversity and inclusion issues affecting our Department, patient populations and community
- To identify and prioritize interventions that can increase Department responsiveness to racism, diversity and inclusion issues
- To develop a strategy and actionable steps that assures a Departmental commitment to social justice, health equity, diversity and inclusion



Racism in Healthcare - Ubuntu Photo Project on Microaggressions



Newly implemented: Lecture Series for Social Justice, Inclusion and Health Equity!



- Kicked off informally last summer with Dr. Kari-Claudia Allen, MD
- September 1, 2021 - "Healthcare Reimagined: An Introduction to Racism in Medicine"

Most viewed article and most frequently amplified on social media in 2021, *Annals of Family Medicine* - Dr. Krys Foster, lead author

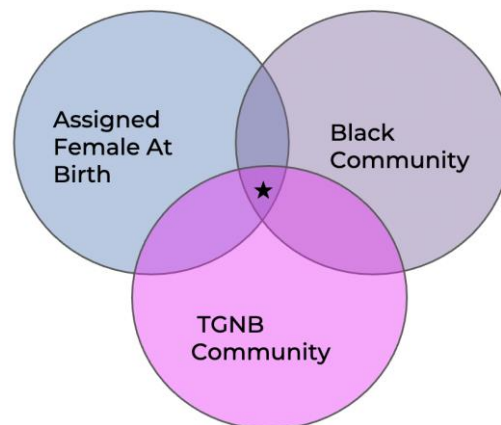
A screenshot of a document titled "DEAR WHITE PEOPLE" with a list of bullet points. To the right of the text is a video inset showing a woman with long dark hair wearing a red shirt, identified as Dr. Krys Foster. The document text includes:

DEAR WHITE PEOPLE

- Listen to Black people and other people of color
- Support leaders in and advocates for vulnerable communities with tangible resources that include not only money, but also your time, expertise, and your voice
- Identify, sponsor, and mentor your colleagues of color to serve as leaders
- Acknowledge your role in preserving terms of leadership for yourself without proactively seeking more diverse voices at decision-making tables. Recognize the BIPOC voice and talent in your organization and promote or foster their roles in leadership
- Explore your own biases, uproot them, and dismantle them
- Shoulder the responsibility of learning about the roots of systemic and institutionalized racism in the United States and actively teach this history to others. Remember that it is a privilege to educate yourself about systemic and BIPOC racism, when the alternative is to experience it
- Apply an anti-racist equity lens to every decision you make and seek out structured tools to help you do this consistently and with accountability⁹
- Use your privilege to advocate for systematic changes in our society to truly address anti-Black racism and systemic racism, as well as the social determinants of health

Recent phenomenal lecture on January 19, 2022, by Dr. Nyasha George, MD, AAHIVS titled "The Intersection of Reproductive Health, Race, and Gender Identity"

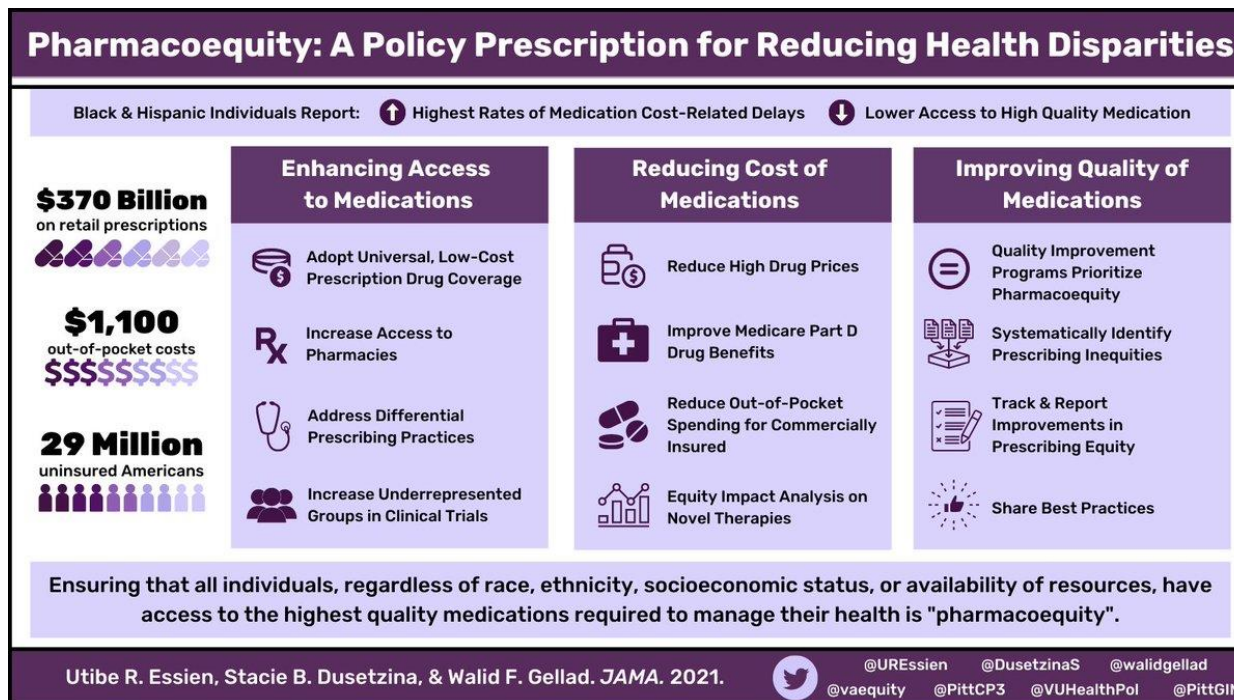
- Physician, Associate Medical Director and LGBTQ Health Champion
- Stephen Klein Wellness Center
- TJU FMR Graduate 😊



SAVE THE DATE! June 9, 2022

The next lecture for the Social Justice, Inclusion and Health Equity series will feature:

Dr. Utibe Essien, MD, MPH, Assistant Professor of Internal Medicine, University of Pittsburgh



And more achievements...

- Krys Foster and Danielle Snyderman selected through a national competition to participate in STFM's Antiracism Collaborative
- SJIHE "IDEA" (Inclusion, Diversity, Equity and Antiracism) Library
- Departmental Learnings and Workshops
- Work towards Diversity and Recruitment in Hiring
- Workplace inclusion
- Anti-discrimination policies and communication with patients
- Didactic intervention (IDEA)





Moving into the future...



Furthering our mission in 2022 and beyond

Clinical

- Develop and exchange best practices across Jefferson Primary Care
- Redesign primary care service delivery while ensuring sustainability

Education

- Elevate medical student education in primary care and community health
- Build cross-program collaborations among the 5 Jefferson FM residencies
- Train the primary care physician workforce of the future

Research

- Establish Jefferson Primary Care as a practice-based research network
- Continue and accelerate upward trajectory of publications

Community

- Dismantle white supremacy within our own walls and through advocacy
- Center community voices in community medicine



Jefferson

Thomas Jefferson University

HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

Jefferson.edu

Should I put all our names and emails here for contact information?