

Family and Community Medicine

Outpatient Palliative Care

at the Jefferson Center for Healthy Aging



If you would like to schedule an appointment with a palliative care specialist, please call **215-955-6664.**

What is Palliative Care?

(pal-lee-uh-tiv)

Palliative Care is medical care for patients facing serious illness.

Patients receive palliative care at the same time that they are receiving treatments for their illness. It does not replace your primary treatments.

The primary goal of palliative care is to alleviate symptoms associated with serious illness including pain, shortness of breath, nausea and others.



Complex Decision Making & Advance Care Planning

Palliative Care Specialists can help you and your family make decisions about the type of medical care you would like if you were to get sicker. Advance Care Planning (ACP) is planning that is centered around preparing for your future. We will assist you with this process.

Patient-Friendly Care

We recognize that people with advanced illness often have multiple appointments and leaving home may be difficult. To make things as easy as possible, we offer telemedicine appointments and assistance in setting them up. Our office has an inter-professional team, including a pharmacist, social worker, and behavioral health consultant.

Our palliative care team can help patients who have a serious disease such as:

- Advanced Heart Failure
- Advanced Lung Disease including COPD and Interstitial Lung Disease
- Advanced Kidney Disease
- Advanced Liver Disease
- Advanced Dementia from Alzheimer's. Parkinson's or Vascular Disease
- Cancer*

We recognize that dealing with serious illness can be very complicated. We pride ourselves on our excellence in communication and can help in coordinating your care.

^{*} Patients of Sidney Kimmel Cancer Center should be seen at the Neu Center for Supportive Medicine. Please call 215-955-1888 to schedule an appointment.