

# Advances in Integrative Nutrition CME/CE Conference

November 10-11, 2022

Thomas Jefferson University \* Live Virtual CME/CE Conference

A/O 10/26/22

DAY 1	THURSDAY 8:15AM - 5:00PM	PRESENTER
8:15-8:30AM	Welcome and Introductions: Meeting Overview, Course Objectives and Obtaining Credit, Participation Instructions	Dr. Daniel Monti Dr. Mary Gozza-Cohen
8:30-9:30	The Great Disconnect: Diet, Nutrition, and Health Status in the US	Dr. Daniel Monti
9:30-10:30	Creating High Impact Nutrition Programs	Dr. Rani Polak
10:30-10:45	Morning Meditation	Dr. Aleeze Moss
10:45-11:45	<i>Keynote: The Bernard Marcus Esteemed Lecture: Whole Person Health</i>	Dr. Helene Langevin, Director of National Center for Complementary and Integrative Health at the National Institutes of Health
11:45-12:30PM	Nutrition and the Pediatric Population	Dr. Bryan Levey
12:30 - 1:30	LUNCH	
1:30 - 2:30	Advanced Nutrition and Lifestyle Concepts from bone health to osteoporosis in the post-menopausal woman	Dr. Anthony Bazzan
2:30 - 3:30	Dietary Principles and Metabolic Health	Dr. Yiu Tak Leung
3:30 - 4:00	Afternoon Meditation	Dr. Diane Reibel
4:00 - 5:00PM	Ketogenic Diet	Dr. Sara Gottfried
DAY 2	FRIDAY 8:15AM - 4:30PM	PRESENTER
8:15 - 9:15AM	Homeostasis: Integrating Cell Biology, Nutritional Biochemistry and the potential role of peptides	Dr. George Zabrecky
9:15 - 10:15	Current Research on Nutrients and Brain Physiology	Dr. Andrew Newberg
10:15 - 11:15	The Power of Personality	Dr. Anna Tobia
11:15 - 11:30	Morning Meditation	Dr. Aleeze Moss
11:30 -12:30PM	Men's Health: Diet and Nutrition Considerations for Midlife and Beyond	Dr. Anthony Bazzan
12:30 - 1:30	LUNCH	
1:30 - 2:30	Evidence-Based Popular Diets for Body and Brain	Dr. Reina Marino
2:30 - 3:30	Nutritional Psychiatry	Dr. Umadevi Naidoo
3:30- 4:30PM	Nutrients as Pharmaceuticals: When is it a Dietary Supplement or a Pharmacological Intervention?	Dr. Andrew Newberg