

Decision Counseling Guide - C

Decision to be made:

Patient: _____

MRN: _____

Counselor: _____

ID: _____

Date: _____

People have values that may favor **Option A:** _____ or **Option B:** _____
Use this guide to identify your patient's values goals and clarify their preference.

STEP ONE: Identify goals that make your patient favor one option (A/B) over the other (A/B).

Goal(s) That Favor Option A

Goal(s) That Favor Option B

STEP TWO: Select the most important goals (up to the top 3), and rank those in order of importance (1= most important, 2 = 2nd most important, 3 = 3rd most important). Enter the top reason(s)/goal(s) below. Review the top goal(s) to make sure the order is correct.

Top Goal(s)

Favors Option A

Favors Option B

1. _____

2. _____

3. _____

STEP THREE: Check a box below showing what your patient wants to do about _____
on a scale of 0 to 10 (0 = I really don't want to, 5 = I'm unsure, 10 = I really want to). Enter the result.

I don't want to				I'm unsure				I want to			
0	1	2	3	4	5	6	7	8	9	10	

STEP FOUR: Indicate the decision you and your patient have made.

Choose Option A: :

Choose Option B:

Other (Specify): _____

STEP FIVE: Enter the action plan developed with your patient.

Do Option A:

Do Option B:

Other (Specify): _____

Comments: _____