

Jefferson Urology News

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P. KENNETH BROWNSTEIN, MD, HONOREE AT JEFFERSON AWARDS GALA



P. Kenneth Brownstein, MD, of the Urology Department received the Achievement Award in Medicine for upholding the Jefferson tradition of unparalleled excellence in clinical medicine from University President Dr. Robert Barchi and TJUH President Tom Lewis.

WELCOME – AKHIL DAS. MD



Dr. Akhil Das joins the Department of Urology at Thomas Jefferson University with an appointment as Assistant Professor. Dr. Das obtained his doctoral degree of Medicine at Hahnemann University and completed his general surgery and urology training at Jefferson in 1997. His endourology fellowship was with an internationally recognized urologist, Dr. Peter Gilling in Tauranga, New Zealand. During this fellowship, he focused on minimally invasive surgeries for female urinary incontinence.

In 1998 he became an Assistant Professor of Urology at New York Medical College in Valhalla, NY. Dr. Das was appointed the Director of Neurourology at New York Medical College and lead the female voiding dysfunction program.

Most recently, Dr. Das has been in private practice in Los Alamos, New Mexico. He now returns to Jefferson Urology Associates to head our Female urology program. While in private practice, he maintained an active interest and involvement with female urology and serves as a physician trainer for many of the commonly used minimally invasive techniques for incontinence.

The entire urology faculty is thrilled that Akhil and his family have returned to Jefferson.

CHAIRMAN'S LETTER

Dear Friends,

As we approach the holiday season it is always a good time to reflect on the high points of the past year for our Department. Dr. Pat Shenot was featured on CBS evening news for his first engineered bladder tissue transplant in an adult in the world using the Tengion protocol. The Departments of Urology and Cell Biology of the Kimmel Cancer Center co-hosted the "Spirit of Courage Award" presentation to Prostate Cancer Foundation founder Michael Milken. Dr. Kenny Brownstein was honored at the 2008 Jefferson Awards Gala for his long term contributions to the institution. Dr. Ed Trabulsi was chosen to participate in the coveted AUA Leadership Program.

Internationally, Dr. Bagley has represented our Department at meetings far and wide from Egypt to China. In addition to several invited lectures in Italy, Dr. Andrea Morrione went to University College in Cork Ireland for an invited lectureship.

Drs. Lallas, Pe and associates were awarded a Blue Ribbon of distinction at the 2008 American College of Surgeons meeting in San Francisco. Our chief residents achieved fellowship positions at top programs in pediatric urology (Dr. Nelson at Texas Children's Hospital) and andrology (Dr. Gittens at Baylor), ironically both in Houston. We also welcomed back Dr. Akhil Das as an accomplished clinician specializing in female urology.

I am very proud of the accomplishments of our faculty and dedicated urology staff. It is through the support of all the members of the Department that we are able to carry out our joint mission of patient care, teaching and research. We look forward to continued growth and success for our Department in 2009. On behalf of Tricia and our boys, we extend to everyone best wishes for the holiday season and a healthy and prosperous new year.

Lenny

2008 JEFFERSON AWARDS GALA

More than 550 people gathered at the Park Hyatt Philadelphia at the Bellevue Hotel on November 6 to celebrate the Annual Jefferson Awards Gala. The event recognized the outstanding work of a Jefferson urologist and two prominent members of the Philadelphia-area community.

P. Kenneth Brownstein, MD, received Jefferson's Achievement Award in Medicine for upholding the Jefferson tradition of unparalleled excellence in clinical medicine. Dr. Brownstein has been a member of Jefferson's Department of Urology for 36 years. Among his patients, students and colleagues, Dr Brownstein is known for his warm, friendly manner and compassion for others.



Jefferson's Award of Merit was presented to Christina and Jeffrey Lurie for the wide range of contributions they have made, and continue to make, to Greater Philadelphia through partnerships with Jefferson as well as their own charitable organizations, the Eagles Youth Partnership and the Lurie Family Foundation.

The gala raised more than \$600,000 which will support prostate and bladder cancer research and the Jefferson Breast Care Center.

Dr Brownstein and Family: Michael Brownstein, PhD(son), Lisa (wife), Kenny, Jules (grandson), Erik Brownstein (son), Carrie Brownstein, MS(daughter) and Raymond Teets, MD (son-in-law)



Dr and Mrs. P Kenneth Brownstein and Mr. and Mrs. Jeffrey Lurie

MICHAEL MILKEN - SPIRIT OF COURAGE AWARD

Jefferson's Kimmel Cancer Center and Departments of Urology and Cancer Biology presented the Spirit of Courage Award to Michael Milken, prostate cancer survivor, philanthropist and founder of the Prostate Cancer Foundation. This was held with "Spirit of Courage" Prostate Cancer Symposium and Book Launch

Milken wrote the forward for the new book "Prostate Cancer: Signaling Networks, Genetics and New Treatment Strategies," edited by Richard G. Pestell MD, PhD and Marja Nevalainen MD, PhD of Jefferson's Kimmel Cancer Center. Drs. Gomella and Valicenti contributed the chapter on the "Future of Prostate Cancer".



"Spirit of Courage" Award (left to right: Dr. Richard Pestell, Neil Rodin, Michael Milken, and Dr. Leonard Gomella



SANDIP VASAVADA, M.D.

2008 DAVID M. DAVIS VISITING PROFESSOR

The Department of Urology had the distinct pleasure of hosting Dr. Sandip “Sandy” Vasavada as the 2008 David M. Davis Visiting Professor. Dr. Sandip “Sandy” Vasavada serves as the Urologic Director, Center for Female Pelvic Medicine and Reconstructive Surgery at the Cleveland Clinic Foundation within the Glickman Urological Institute. Together with his other colleagues he helps represent one of the largest Centers for Female Pelvic Medicine in the country. He is also an Associate Professor of Surgery (Urology) at the Cleveland Clinic Lerner College of Medicine.



Dr. Vasavada completed his medical school training in the competitive six-year combined BS/MD program at the Northeastern Ohio Universities College of Medicine in 1991. Upon graduation, he began his urology residency at the Cleveland Clinic Foundation and graduated from the residency program in 1997. Subsequently, he began a fellowship in Female Urology, Neurourology and Reconstruction at the UCLA School of Medicine in Los Angeles, CA. He then took a position as an Assistant Professor of Urology at the Thomas Jefferson Medical College in Philadelphia prior to returning to Cleveland in 2001.

Dr. Vasavada has published numerous manuscripts and book chapters in the area of voiding dysfunction and urinary incontinence and has been named to “Top Docs” in Philadelphia and Cleveland magazines. Dr Vasavada has key roles in a grant from the State of Ohio (Biomedical Research Technology Transfer grant (BRTT) aiming to study the effects of dorsal genital nerve stimulation on bladder over activity as well as three NIH-SBIR grants aiming to evaluate neuro-modulation in complex patient subgroups.

Dr. Vasavada presented “Current and Evolving Role of Mid Urethral Slings for Stress Urinary Incontinence” and “Innovations in Female Pelvic Medicine and Reconstructive Surgery”. These lectures were informative and well received by the diverse audience of over 60 urologists, residents, students, and nurses.

Our urology residents from Jefferson had the opportunity to discuss several complex female urology cases with Dr. Vasavada. These discussions served as a very strong educational forum for the residents and students on the assessment and management of challenging female urinary incontinence cases. Thanks to Drs. Slotoroff and Waldman, who coordinated the itinerary and the residents for well prepared and organized case presentations.



RESIDENTS AND FELLOWS GRADUATION 2008

The Department of Urology said farewell to their 2008 graduation class - Craig Slotoroff, MD (TJUH Urology Residency), Ilan Waldman, MD (TJUH Urology Residency), Raymond W Pak, MD (The C. R. Bard Fellowship in Endourology and Laparoscopy) and Yew-Lam Chong, MBBS, MRCSEd, MMed,FAMS (Fellow in Endourology & Laparoscopy). Immediately after the David M. Davis Visiting Professorship, the D.M. Davis Graduation Banquet was held in Chadds Ford, PA. In addition to the extended Jefferson faculty and current residents, many former residents who are in local practice attended the event. The residents, fellows and their families had an opportunity to reflect on their years at Jefferson and appreciation for the great training and support that they received. The graduates received a framed calligraphy documentation of their completion of study authorized and signed by the faculty and detailed with a picture depicting the Entrance Hall of Jefferson Medical College graced with the famous Gross Surgical Painting. They also received a personalized and huge Hershey chocolate bar to remember the years of study in this state.

Dr. Chong presented to Dr. Bagley a very rare "Finger Lakes" vintage wine labeled "Bagley's Pecker Head Red".

The departmental staff had the opportunity to extend their best wishes to the graduates at a reception held at the Triumph Brew Pub. It was a time for everyone who had worked with the residents and fellows over the years to wish them well.

Dr. Slotoroff will be joining a urology practice in Southern New Jersey affiliated with the Atlantic Care Health System where he will practice general urology and continue his work in minimally invasive urology. Dr. Waldman will be joining four other urologists at Shore Urology practice in Monmouth County, New Jersey. Dr. Pak will be joining a large multi-specialty medical practice in Orange County New York. He will be focusing on minimally invasive urology as part of a 5-man urology team associated with the Orange Regional Health System. Dr. Chong will return to his practice in the Department of Urology, Tan Tock Seng Hospital where he hopes to contribute to the further development of endourology and laparoscopy in Singapore.



DR BAGLEY'S ENDOUROLOGY TEAM IN ASSIUT, EGYPT

The recent trip to Egypt was designed to study two endoscopic devices: The LMA StoneBreaker™, an endoscopic impact lithotripter and the PercSys Accordion, a device which blocks the ureter to prevent retrograde migration of calculi. This study was orchestrated in collaboration with Thomas Jefferson University and the University of Assiut whereby a large number of patients would receive treatment within a short time period.

The team from Jefferson included: Cindy Walker, RN, who works in the TJUH Urology Surgical Suite and in our JUP office and Bridget Lepchuk, CST, who runs the procedure area in our Jefferson patient office. These medical support personnel have used their vacation time for this trip. Chris Pagnani, MD, a JMC Alumni '07 assisted in data collection. Dr. Demetrius Bagley headed the TJU Philadelphia team and Dr. Magdy El-Akkad headed the team from Assiut.

The study was designed to treat as many patients with distal ureteral calculi endoscopically with the LMA StoneBreaker™ as possible. Upon arrival, the freighted instruments were still not available and were sequestered in Customs. These items were released relatively early but the team was delayed by two days. The Assiut team chimed in diligently working on the Labor Day (May Day) a holiday to treat 3 patients. The teams now had available 6 more days for treating patients. Other limitations were present with only two fluoroscopic units, one of which did not function. Therefore, the combined teams were down to the usage of one endoscopic room each day.

Despite these unforeseen factors, 21 study patients were treated as well as an additional patient with a bladder stone. Considerable data was obtained on the efficiency of fragmentation and the techniques and use of the LMA StoneBreaker™ and the PercSys Accordion device.



TJU Team –Dr. Bagley, Dr. Pagnani, Bridget Lepchuk, CST, Cindy Walker, RN



Hotel and Administrative building of the University of Assiut



Distal Left Ureteral stone



Urologists from Assiut treat patients in the study with Drs. Bagley and El-Akkad.



Stone fragments

At a meeting for all faculty and residents in Assiut, Dr. Bagley presented a talk on “Ureterscopy 2008”. On a separate occasion, Bridget and Cindy respectively gave discussions of Jefferson Urology and the urology operating room to the Assiut nurses. This led to an open interactive session with questions extending well beyond the limitations of the talks.

DR BAGLEY'S ENDOUROLOGY TEAM IN ASSIUT, EGYPT (continued)

The trip itself was quite demanding. On Saturday, April 26 during the morning session of the Urology Congress in Philadelphia Dr Bagley's presented "Current Endoscopic Management of Urolithiasis" followed by a panel discussion until 12:30 pm. At this time the participants were gathered by van and taken to J.F. Kennedy airport for an 11 hour flight on Egypt Air to Cairo. The following afternoon the TJU team visited the Egyptian Museum in Cairo. On Monday, the team traveled by van to Assiut (4 plus hours) where they stayed in the Guest House/Hotel on the grounds of the University (\$30 per room per day including breakfast). The team was provided with security when they were off the hotel's premises. The team often felt that these measures were excessive.



Surveillance by the security police

On May 8, after 3 cases in the operating room the team traveled to Luxor, 6.5hour trip. On Friday, there was a full day of sightseeing which included: the Valley of the Kings, Luxor Museum (one of best small museums in the world) and the sound and light show at Karnak Temple. An early flight the next day took the team to Cairo with accommodations at a hotel near the Pyramids. The final day was spent with an excellent tour guide viewing the pyramids, the Sphinx and the Solar boat also included over the two weeks were trips to two fabulous restaurants in Assiut, the functional bazaar in Assiut (think very busy Italian Market) and the more touristy gold and t-shirt bazaars in Luxor and Cairo. Some personal episodes require more detailed recitation. Feel free to ask Bridget about the camel attack.

The academic results were significant. Chris Pagnani has completed and submitted two papers for publication. Bridget and Cindy submitted 3 abstracts for SUNA. The Teams efforts involved two video presentations. Papers resulting from this study have been presented at the meeting of the Egyptian Urology Association and at the World Congress of Endourology.

Overall, it was a very productive experience where patients were successfully treated and collaboration with the urology team in Assiut was established with plans for future studies. For Bridget and Chris, it was their first trip to Egypt while it was Cindy's second trip and Dr. Bagley's 14th.

DR COSTAS LALLAS, CO-DIRECTOR OF AUA LAPAROSCOPY COURSE

In April, Dr. Costas Lallas traveled to Monterrey, Mexico, to participate in an AUA sponsored Hands-on Renal Laparoscopy Course for the Mexican Society of Urology. The course was designed for urologists interested in acquiring or expanding their laparoscopic surgical skills in performing radical nephrectomy, partial nephrectomy and nephroureterectomy. Dr. Lallas lectured on the basics of laparoscopy as well as conducting an animate laboratory practicum which include simulated human surgery and hands on swine surgery. This course was co directed by Robert Ferrigni, MD, Mayo Clinic, AZ, Guillerm Martinez, MD, Monterrey, Mexico and Costas Lallas, MD, Thomas Jefferson University, Philadelphia, PA.



Faculty and Participants of the course



Simulated Laparoscopic Surgery



Swine Surgical Lab



Drs Ferrigni and Martinez

THE 103rd ANNUAL AUA SCIENTIFIC MEETING

The 103rd Annual Scientific Meeting of the American Urological Association was held at The Georgia World Congress Center in Orlando, Florida, May 17-23. The Theme selected for the Meeting is "New Research, New Thinking, New Practices". This is the largest meeting of urologic professionals in the world. Our attendings and residents had the opportunity to learn about the latest advances in urology and present their scientific endeavors. Faculty who attended are the following: Leonard Gomella, MD, Raffaele Baffa, MD, Demetrius Bagley, MD, Gaurav Bandi, MD, Kenneth Brownstein, MD, Deborah Glassman, MD, Larry Goldstein, MD, Irvin Hirsch, MD, Scott Hubosky, MD, Patrick Shenot, MD, Edouard Trabulsi, MD. Our residents included Craig Slotoroff, MD, Ilan Waldman, MD, Jim Johannes, MD, Eric Nelson, MD, and Paul Gittens, MD, along with our fellows - Raymond Pak, MD and Yew Lam Chong, MD.

Alumni and Faculty of Jefferson Medical College and Thomas Jefferson University Hospital were cordially welcomed at a reception during the AUA Meeting hosted by Leonard G. Gomella, MD, on Sunday, May 18, 2008 at the Columbia Room of the Peabody Hotel.

AUA 2006 ABSTRACTS REPRESENTING AUTHORSHIP BY TJU FACULTY & TJUH RESIDENTS

- **#204 Pak, RW**, Kelly, J, Yanke, B, Hubosky, S, Bagley, DH. Metachronous Bladder Tumors in Patients Managed Endoscopically for Primary Upper Tract TCC: Are They Always Predictive of Primary Upper tract Recurrence?
- **#487 Martin, GL**, Castle, EP, Desai, PJ, **Lallas, CD**, Ferrigni, RG, Andrews PE, Humphreys, MR. Outcomes of Laparoscopic Radical Nephrectomy in the Setting of Vena Caval and Renal Vein Thrombus – 7 Year Experience
- **#1114 Nelson, E**, Chacko, J, Ncheman, A, Figueroa, TE. Preoperative Stenting in Pediatric Ureterscopy Is there an advantage?
- **#1336 Fassan, M**, A'Arca, D, Letko, J, Vecchione, A, Morrione, A, Gardiman, M, McCue, P, Wildemore, Rugge, M, Shupp-Byrne, D, Gomella, LG, **Baffa, R**. Mitostatin, a novel mitochondria protein, that acts as a tumor suppressor in prostate cancer cells.
- **#1495 Bandi, G**, Wilkinson, EA, Nakada, SY. Nifedipine Inhibits Ureteral Contractility in a Dose-Dependent Manner
- **#1639 Bandi, G**, Wilkinson, EA, Nakada, SY. Effect of Hydrocortisone in Combination with Doxazosin and Nifedipine on Ureteral Contractability
- **#1972 Halpern, EJ**, **Johannes, JR**, Pe, M, Forsberg, F, Gomella, LG, Trabulsi, EJ. Analysis of Prostate Cancer Detected by Flash Replenishment Imaging.
- **#2006 Montorsi, F**, Gomella, LG, Black, L, Somerville, M. Relationship Between LUTS and BMI with Sleep Quality and Nocturia: Reduce baseline Data.

AUA POSTGRADUATE COURSES PRESENTED BY OUR ATTENDING

- "Prostate Ultrasound", Faculty: *Edouard J Trabulsi, MD*
- "Flexible Ureterscopy for Renal Stones", Faculty: *D Bagley, MD*
"Endoscopic Visualization for Flexible Ureterscopy"
- "Creating the Incontinent Urethra", Faculty: *Patrick Shenot, MD*
- "Hormonal Therapy & Prostate Cancer: Evidence Based Approaches in 2008"
Course Director: *Leonard G Gomella, MD*
- "Managing Refractory Overactive Bladder Conditions: Translating the Pathophysiology of Refractory Conditions into Successful Management Outcomes", Faculty: *Patrick J Shenot, MD*

39th Annual Society of Urological Nurses and Associates

Emily Feeney, RN, Darlene Bewick, CRNP, Josephine Tucker, LPN, and Bridget Lepchuk, CST attended the Society of Urological Nurses and Associates, October 3-6 at the Philadelphia Convention Center. Classes were taken by all. During this time Darlene passed her board examinations and is now a Certified Urological Nurse Practitioner. Congratulations upon this achievement.

THOMAS JEFFERSON UNIVERSITY ALUMNI AND FACULTY WELCOME RECEPTION AT THE ANNUAL AUA MEETING



DR. HANS LILJA VISITS THE DEPARTMENT OF UROLOGY AND THE KIMMEL CANCER CENTER

The Department of Urology and the Kimmel Cancer Center hosted a recent visit by Dr. Hans Lilja, one of the pioneers of PSA assays to detect prostate cancer. He is an attending research clinical chemist in the Departments of Clinical Laboratories, Surgery (Urology Service), and Medicine (Genitourinary Oncology Service) at Memorial Sloan-Kettering Cancer Center. As the discoverer of free PSA and other prostate-related proteins, he is primarily interested in circulating tumor markers that predict the development and progression of prostate cancer, as well as the possibility that these related markers play a key role in the pathogenesis of prostate cancer. Dr. Lilja has contributed to over 180 peer-reviewed scientific publications, primarily detailing the relationship of biomarker proteins, prostate physiology, and pathology. After an illustrious career at

Lund University in Sweden, he moved to Memorial Sloan-Kettering Cancer Center to continue his prostate cancer work. Dr. Lilja gave a KCC grand Rounds presentation on PSA screening for prostate cancer where he reviewed his latest research findings. He also met with several members of the Department of Cancer Biology and Urology to discuss possible collaborations in the field.



From left to right, Drs. Gomella, Baffa, Valicenti, Trabulsi, Nevalianan, Lilja and Pestell gather following Dr. Lilja's KCC grand rounds presentation.

CLINICAL TRIAL HIGHLIGHTS

Title: Phase II, Randomized, Double-blind, Multi-centered Study of Polyphenon E in Men with High-grade Prostatic Intraepithelial Neoplasia (HGPIN)

Principal Investigator: Edouard Trabulsi, MD

Sponsor: NIH through the Moffitt Cancer Center

One of our goals is to develop safe medicines or nutritional supplements that can prevent the progression of pre- cancer conditions or early cancers to prostate cancer. Our studies have shown green tea to stop prostate cancer growth in a small group of men diagnosed with HGPIN (high grade prostatic intraepithelial neoplasia, which is new and abnormal growth in epithelial cells of the prostate, showing some changing features of cancer). HGPIN has a higher risk of progressing to prostate cancer than someone who does not have this condition. There were no bad side effects in this group treated with green tea tablets. Similarly, other human studies have been completed that have shown the safety of taking this green tea tablet called Polyphenon E, a polyphenol. Polyphenols are a group of chemical substances found in plants such as green tea leaves that act as antioxidants, guarding the body from damaging effects of free radicals. Based on the promising results of our studies and that of others, we want to conclusively see if green tea can stop the progression of HGPIN to prostate cancer.

Purpose: To evaluate safety and efficacy of Polyphenol E, found in green tea, in preventing progression of HGPIN to prostate cancer

Protocol Treatment: Patients will be randomized and enrolled into one of two treatment arms:

- 1) Capsules containing 400 mg EGCG provided by Polyphenon E per day for 12 months
- 2) Matching Placebo capsules per day for 12 months

Patient Eligibility: • ≥ 8 core prostate biopsy with proven HGPIN (at least one core) • Biopsy performed within last 6 months • Biopsy shows no evidence of atypical small acinar proliferation (ASAP) or cancer • Age 30-80 • PSA ≤ 10 ng/ml • Must washout from drugs that affect PSA (e.g. testosterone, dutasteride, etc.). Washout period allowed • Must be willing to stop use of nutritional or herbal supplements, and have low consumption of tea.

2008 Urology Fellow C.R. Bard Fellow in Endourology and Laparoscopy

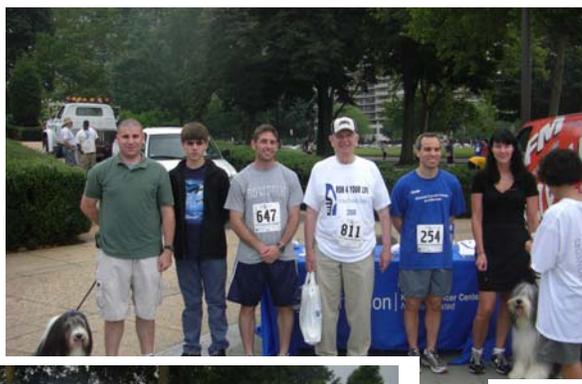
Dr. Nicholas T. Leone is our new C.R. Bard Fellow in Endourology and Laparoscopy. Dr. Leone graduated from The University of Delaware in 2003 with a BS in Biology. He received his MD from Thomas Jefferson Medical College in 2008. Dr Leone completed his general surgery internship urologic residency at the Hospital of the University of Pennsylvania. He will be mentored by Dr D Bagley in Endourology and Drs. C Lallas and E Trabulsi in Laparoscopy for a fellowship period of one year



Dr. Nicolas T. Leone

Department of Urology and the Kimmel Cancer Center Support "Run 4 Your Life" Fathers Day 2008 Prostate Cancer Run

Sponsored by the Foundation for Breast and Prostate Health



Jefferson Urology News Notes

Drs Leonard and Barbara Frank celebrated their 50th Wedding Anniversary (August 17, 2008). Many more years together with peace, good health and cherished love.

Congratulations to **Dr. Leonard Gomella** who was elected to the American Association of Genitourinary Surgeons. This membership is limited to the top 75 academic urologists in the United States. Drs Gomella and Bagley are members, which is a testimony to the academic leadership of our Urology Department at Jefferson Medical College.

Philadelphia Magazine May Issue 2008 along with the Castle Connolly organization has published "Best Doctors in America" and our region's "Top Docs", who have been selected by peer physicians. The Department is pleased to have **Drs. Demetruis Bagley, Leonard Gomella and Patrick Shenot** highlighted in the urology section.



Dr. Bagley was acknowledged for his expertise in Endourology, kidney stones, kidney cancer, ureter and renal pelvic cancer; Dr. Gomella for Prostate cancer, laparoscopic surgery, urologic cancer and Dr Shenot for Voiding dysfunction/spinal cord injury, voiding dysfunction, genitourinary disorders, incontinence.

In October **Dr Robert Linden**, PGY-5 resident, attended the 6th Annual Surgical Symposia sponsored by The Society of Urological Prosthetic Surgeons and The Sexual Medicine Society of North America. This surgical symposium, open to a select number of Urology residents, featured field leaders in the surgical management of erectile dysfunction, penile reconstruction and male stress incontinence. Congratulations to Rob on his successful endeavors to attend this valuable program in resident education.



The American College of Surgeons (Genitourinary) had chosen as one of 2008's Posters of Exceptional Merit the following: "The Impact of Surgical Delay on Renal Mass Interval Growth Based on Preoperative Imaging and Final Pathologic Specimen." This study was in collaboration with **Drs. J. Johannes, M. Pe, R. Pak, D. Glassman, D. Shupp Byrne, E. Trabulsi, C. Lallas, and L.G. Gomella**. The poster was one of eight selected as "Exceptional Merit" out of over 500 poster presentations. Congratulations!

Dr Edouard Trabulsi was interviewed by Health Day News for Healthier Living. The article entitled "Rethinking Prostate Cancer in Older Men" which questioned "watchful waiting" (active surveillance) vs aggressive treatment. It noted that better information on the benefits and risks of active surveillance will be determined by late next year, through a study called "Prostate Cancer Intervention versus Observation Trial. This study is co-sponsored by The National Cancer Institute and The Department of Veterans Affairs. To review this article go online at <http://www.healthday.com/Article.asp?AID=616528>

Dr Costas Lallas has been training surgeons at Reading Hospital, Reading, PA (Berks County) on the skills of laparoscopic and robotic surgery, using the *DaVinci™* Robot. Dr Lallas has been interviewed in an article entitled "Reading Hospital Surgeons Applaud Robotic Assistant" by Reporter Adam Wilson, found in the "The Reading Eagle" Newspaper. Dr Lallas noted that "Robotics accounts for 65 percent of prostatectomies. But that doesn't mean 65 percent of urologists do robotics." Lallas also stated, "Robotic Surgery is not going away and will just continue to grow ...patients equate physicians as being the cutting-edge and they equate physicians who perform robotics with medical excellence.

Darlene Bewick, CRNP, received a distinguished 20 year service award this fall. The certificate was presented on behalf of Thomas Jefferson University Hospital by Drs. Shenot and Gomella.

Drs Leonard and Barbara Frank have graciously subscribed to the Walnut Street Theatre Season by which two tickets are provided to available residents for each featured performance. They feel this is a well deserved night out for our residents. All are grateful to the Franks.



Dr P Shenot, D Bewick CRNP, Dr L Gomella



2008 OFFICE BARBEQUE LUNCHEON

The Department of Urology treated the entire staff to an office barbeque. Honey-dip chicken, barbequed ribs, pork pull, biscuits and beans were enjoyed by all. Good company made good conversation throughout the luncheon.



DATES TO REMEMBER IN 2008

- The International Robotic Urology Symposium (IRUS), Las Vegas, NV, **January 12-14, 2009**
- AUA Urology Match Results, **January 26, 2009**
- Resident's Night Competition Manuscripts and PowerPoint presentations due **February 13, 2009.**
- ASCO Genitourinary Cancers Symposium, Orlando, FL, **February 26-28, 2009**
- Gordon Conference, Insulin-Like Growth Factors in Physiology & Disease, Ventura, CA, **March 22-27, 2009**
- Philadelphia Urologic Society Residents Night (PUS), **March 30, 2009**
- American Society for Laser Medicine and Surgery (ASLMS), National harbor, MD, **April 1-5, 2009**
- American Institute Ultrasound Medicine (AIUM), New York, NY, **April 2-5, 2009**
- American Association Cancer Research (AACR), Denver, CO, **April 18-22, 2009**
- American Urological Association (AUA), Chicago, IL, **April 25-30, 2009**



TRAVELIN DOCS

April 2-6	D Bagley	American Society for Laser Medicine and Surgery, Kissimmee, Florida
April 9-15	D Bagley	American Association of Genitourinary Surgeons, Naples, Florida,
April 17	D Bagley	"Ureteroscopy 2008", SUNY Upstate, Syracuse, NY New York,
April 19	D Bagley	"Ureteroscopic Management of Upper Urinary Disease", Woodlands Inn and Resort, Wilkes Barre, PA,
April 26	D Bagley	"Current Endoscopic Management of Urolithiasis" Urology Congress Meeting, Philadelphia, PA
May 3-8	L Gomella	"Evolving role of 5 ARI in Prostate Cancer" Congress on Steroid Hormones in Cancer, Erice, Sicily
May 15-21	Faculty	Annual AUA Meeting, Orlando, FL
May 17	P Shenot	"Creating the incontinent Urethra" Society for Urodynamics and Female Urology Annual Meeting, Orlando, FL
June 4	L Gomella	"Prostate Cancer 2008", Men's Health Symposium, Massachusetts Medical Society, Waltham, MA
June 6	E Trabulsi, L Gomella	RTOG Spring Meeting, Philadelphia, PA
June 13	L Gomella	"Prostate Cancer Basics for Primary Care", Los Angeles, CA
June 24	P Shenot	"Reflex Voiding in the Management of Neurogenic Bladder Dysfunction" American Spinal Injury Association Course, San Diego, CA
June 26	E Trabulsi	"Innovations in the Ultrasound Detection of Prostate Cancer. Grand Rounds, Greensboro, NC
June 28-29	E Trabulsi	ECOG Spring Meeting, Boston, MA.
July 9	P Shenot	"Management of Neurogenic Bladder" Physical Medicine & Rehabilitation Lecture Series, Magee Rehabilitation Hospital, Philadelphia, PA
July 25-26	E Trabulsi	AUA Leadership Symposium, Linthicum, MD
September 8	C Lallas	Transplant Outreach Program, "Living Donor Nephrectomy", Atlantic City, NJ
September 11	P Shenot	Interstim Proctorship, Crittenton Hospital, Rochester, MI
September 12	D Bagley	"Ureteroscopic Therapy 2008". Wake Forest University Health Sciences, Winston, Salem,
September 16-19	A Morrione	Co-chairman GH/IGF Signaling oral session: "Grb10-mediated recruitment of Eps15 to the IGF-IR regulates ligand-dependent receptor internalization and signaling", International Congress of the GRS and the IGF Society, Italy.
September 17	P Shenot	Invited Speaker, "Surgical Management of Neurogenic Bladder" Grand Rounds, Philadelphia College of Osteopathic Medicine, Philadelphia, PA
September 20	Faculty	Fall Urology Symposium, Avalon New Jersey
September 22	A Morrione	"Growth Factor Signaling in Cell Growth and Transformation", University of Milan, Bicocca, Italy. Department of Biotechnology
September 25-27	Faculty	Mid-Atlantic AUA, Cambridge, MD
September 25	P Shenot	"Botulinum Toxin and Other Neuromodulators for the Treatment of Refractory Voiding Dysfunction", Satellite Symposium, Mid-Atlantic AUA, Cambridge, MD

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meetings and academic programs.

<http://www.jefferson.edu/urology/>

WELCOME



Jakeeva Murray Surgical Scheduler
Tyana Trehere Surgical Scheduler
Cindy Caruso Patient Representative/Nursing

CONGRATULATIONS

Drs. Edouard and Karen Trabulsi are the proud parents of twin sons. Marc Edouard arrived at 4:45 pm and weighed 5 lbs 12ozs. Michael Victor arrived at 4:46 pm and weighed 4 lbs. 8 ozs.

