



Leadership LIVE

2018
2019

A series of workshops, special events, and community service opportunities designed to further your leadership development.



Jefferson

Philadelphia University +
Thomas Jefferson University

HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

Jefferson.edu/LeadershipLIVE

“ This leadership experience has shown me that leadership is not a solitary enterprise. It has shown me that leadership can be found in teamwork, communication, and kindness. Most importantly, I have learned that I don’t have to change who I am to be a successful leader. I am free to be myself. As long as I work hard, success will follow. ”

– Rosetta Williams
Sidney Kimmel Medical College





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The Leadership Team expresses its thanks to the Farber Foundation for its generous continued support of the Leadership LIVE program.

Leadership LIVE Guiding Statements

Philosophy/Key Assumptions

- Leadership development should be accessible and inclusive
- Leadership is a process rather than a position
- The program is informed by the Leadership Identity Development Model
- Each individual has the capacity to develop and practice leadership within multiple contexts

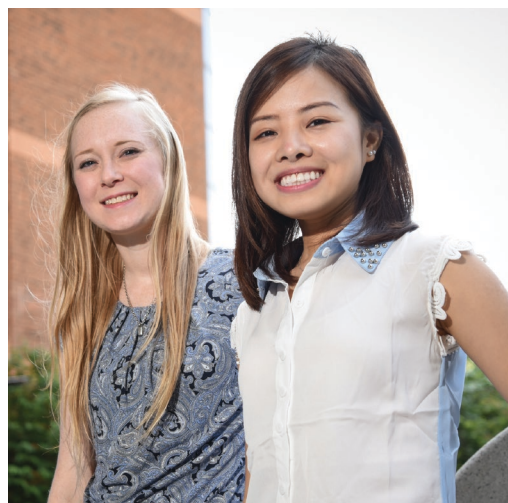
Mission

The mission of Leadership LIVE is to promote leadership as an integral aspect of higher education. We strive to empower students to be ethical leaders in their industries and the global community, teaching them that leadership is a process, not just a position. Leadership LIVE fosters an awareness of self and others, the value of teamwork, and an understanding of living and leading in diverse contexts.

Learning Outcomes

By participating in this program students will be able to:

- Increase awareness of self and others in relation to leadership
- Demonstrate the skills necessary to work collaboratively
- Discuss theoretical and practical knowledge about leadership
- Understand leadership as a process
- Identify opportunities to enhance leadership development
- Engage in leadership behaviors



Curriculum

The Leadership Team designs the Leadership LIVE program each academic year to ensure that all of the core concepts below are integrated. While individual sessions may reflect one or more of the core concepts, the program as a whole reflects the curriculum in its entirety.

I. DIVERSITY

- Diversity in leadership styles • Diversity among team members
- Collaborating in a global workforce

II. INTEGRITY

- Excellence • Ethical standards • Professionalism • Respect

III. PERSONAL AND PROFESSIONAL DEVELOPMENT

- Self-awareness • Leadership as a learned behavior • Networking
- Motivation of self and others • Professional organizations • Mentoring

IV. PRINCIPLES OF LEADERSHIP

- Creativity • Stylization • Qualities of a leader

V. SERVICE

- Commitment to leadership outside of the workplace • Community service
- Being a role model

VI. TEAMWORK

- Communication • Assertiveness • Conflict resolution • Being a change agent
- Working with strengths

Register for Leadership LIVE!

To register, simply visit: Jefferson.edu/LeadershipLIVE

- Many sessions are offered twice, once in the afternoon and once in the evening. Please attend whichever offering accommodates your schedule.
- There is no charge to participate in Leadership LIVE
- Program is open to all matriculated students at Thomas Jefferson University

Leadership LIVE Program Calendar

Please refer to the corresponding sections in this brochure for detailed information on sessions and service activities.

- Session Time 12-1 pm
- Session Time 5:30-6:30 pm
- Special Event 5:00-7:30 pm
- Special Event 5:30-7:30 pm

- Leadership Portfolio Submission Deadline
- Service Activity
- Leadership Ceremony 5-8 pm

September 2018						
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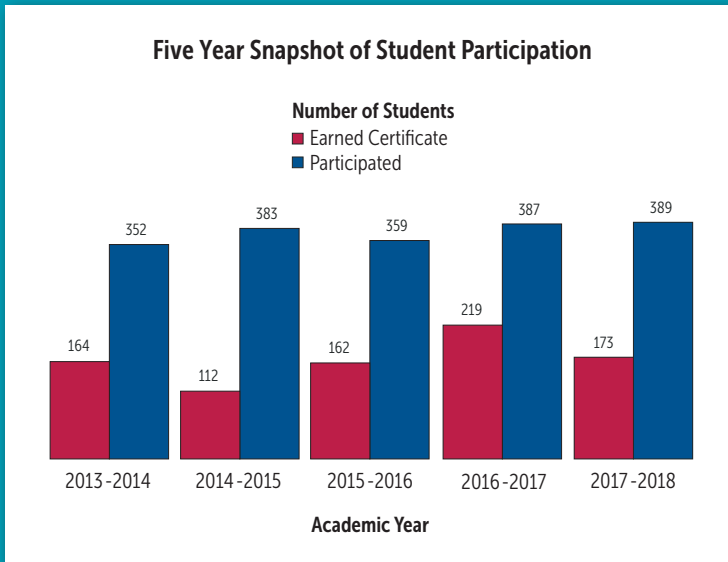
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Leadership LIVE Participation



Recognition Opportunities

Leadership Certificate

Participants who earn at least eight leadership credits during the 2018-19 academic year will receive a Leadership Certificate. Earning your Leadership Certificate is a great accomplishment to highlight on your resume and reference in your future job interviews. Even more importantly, your participation in the Leadership LIVE program can benefit you throughout your professional career.

Leadership Ceremony

Participants who earn at least eight leadership credits during the 2018-19 academic year will be invited to attend the Leadership Ceremony on Monday, April 8, 2019, where Leadership Certificates will be presented.

Leadership Transcript

All participants will have the option of receiving a Leadership Transcript at the end of the academic year. The Leadership Transcript will provide you with a detailed record of your participation in the program, listing the specific sessions you attended during the year.

Leadership Credits do not transfer over from one academic year to the next.

Leadership LIVE Sessions Information

The abbreviation “LC” indicates the number of Leadership Credits for each session. Leadership Credits are determined by the content of a session in relation to the length of the session. Some sessions may be the same length of time but be worth a different number of Leadership Credits as they are weighted differently due to the content and learning experience.

1. Getting Started: Beginning Your Leadership Journey (1 LC)*

Presenters: Jennifer M. Gronsky, MA and Rebecca LeFevre, MSL

Leadership Curriculum: Personal and Professional Development, Principles of Leadership

Monday, September 24 | 12 PM – 1 PM | JAH, Brent Auditorium

Tuesday, September 25 | 5:30 PM – 6:30 PM | JAH, Brent Auditorium

Wednesday, September 26 | 12 PM – 1 PM | Hamilton, Connelly Auditorium

In this first session, we will provide an overview of the Leadership LIVE program and engage in a discussion on the many definitions and philosophies of leadership. From there we will transition into a conversation on values and self-awareness, a foundational topic in leadership. Self-awareness is essential for leaders, and one way to increase your self-awareness is through knowing your values and reflecting upon how they influence your beliefs and actions. We will briefly discuss the principles of values-based leadership and lead participants through an activity to identify their core values

***Note: Content for this first session will be similar to last year, so you may not wish to repeat this session if you previously attended.**





2. Defining Moments: Reflect to Discover Your Strengths (1LC)

Guest Presenter: Katie D. Scheuer, MEd

Leadership Curriculum: Diversity, Principles of Leadership, Personal and Professional Development

Monday, October 8 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

Tuesday, October 9 | 12 PM – 1 PM | JAH, Eakins Lounge

How do our past experiences prepare us for the future? In this session we'll explore that question by having participants create a journey line to pinpoint their defining moments, and identify their strengths by reflecting on personal and career experiences. By recognizing your leadership qualities, you'll learn how to boost your confidence at work, lead great teams, and prepare for interviews...all through the power of reflection. As philosopher and educator John Dewey said, "We do not learn from experience; we learn from reflecting on experience."

3. Managing Ethical Dilemmas in Healthcare (1LC)

Presenter: Jennifer Fogerty, MEd

Leadership Curriculum: Integrity, Principles of Leadership

Monday, October 22 | 12 PM – 1 PM | JAH, Eakins Lounge

Tuesday, October 23 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

As healthcare professionals you will face ethical dilemmas during your career. Are you ready to face those dilemmas? It is important that you know the steps you will take before something occurs so you can respond quickly and appropriately. In this session we will use ethical frameworks and organizational guidelines to help develop an action plan for ethical dilemmas. Real life scenarios, such as the case of Dr. Larry Nassar and the US gymnastics team, will be explored to determine where the many ethical breakdowns occurred.

4. SPECIAL EVENT – Be the Change: The Road to Equality (2LC)*

Guest Presenter: Amanda Owens, Executive Director of the Justice Bell Foundation

Leadership Curriculum: Diversity, Integrity, Personal and Professional Development

Wednesday, November 7 | 5:00 PM – 7:30 PM | JAH, Brent Auditorium

The current political climate has individuals paying special attention to issues that affect individuals at personal, national, and global levels. Featuring the Executive Director of the Justice Bell Foundation, this program will examine gender inequality and what it means for all of us, particularly as future healthcare and industry leaders. Participants will be asked to engage in introspection on their current perceptions and knowledge of the landscape of equal rights.

This interactive discussion will be followed by a screening of the documentary film *Equal Means Equal*, which presents “an unflinching look at how women are treated in the United States today. Examining both real-life stories and precedent-setting legal cases, director Kamala Lopez uncovers how outdated and discriminatory attitudes inform and influence seemingly disparate issues...” Following the film, participants will be asked to consider their reaction to what they saw, reflect on how their perspective may have changed, and discuss how they can become further engaged.

***Note: This event will also count towards the Asano Humanities and Health Certificate. Students attending this program may earn dual credit towards both the Leadership LIVE Certificate and the Asano Humanities and Health Certificate.**

5. Teamwork and Wellness (1 LC)

Presenter: Jennifer Ravelli, MPH and Guest Presenter: Elena Umland, Pharm D

Leadership Curriculum: Integrity, Personal and Professional Development, Teamwork

Tuesday, November 13 | 12 PM – 1 PM | JAH, Eakins Lounge

Wednesday, November 14 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

A highly functioning team benefits patients, providers, and administrators through increased communication and the merging of expertise. Much research has been developed to show that people who work in teams have lower stress, less burnout, and a more fulfilling work environment. This session will review the social ecology of both poorly functioning and highly functioning teams. The presenters will help future leaders develop a culture of wellness in teams they are part of and those they may lead.

“This leadership experience has equipped me with the tools needed to be a more competent and effective leader. I’ve learned how and when to stand up for others without a voice, what it means to be an advocate and the importance of stress relief on one’s mental status as a leader.”

– Ndidi Enwereji,
Jefferson College of Population Health



6. This I Believe: Developing Your Personal Mission Statement (1LC)

Presenters: James Dyksen, MEd and Lisa Kozlowski, PhD

Leadership Curriculum: Personal and Professional Development, Principles of Leadership, Teamwork

Monday, November 26 | 12 PM – 1 PM | JAH, Eakins Lounge

Tuesday, November 27 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

A mission statement forces you to think deeply about your life, clarify the purpose of your life, and identify what is really important to you. It imprints your values and purposes firmly in your mind so they become a part of you rather than something you only think about occasionally. This session will give participants the opportunity to identify the beliefs that underlie behaviors and to inspire conversations about points of connection. Participants will actively draft a personal mission statement inspired by the This I Believe series, first introduced by acclaimed journalist Edward R. Murrow in a 1950s radio program, notably revived by NPR in recent years, and used by a number of other organizations.

7. Unconscious Bias (1LC)

Presenters: Chris Miciek, MA and La'Verne Webb, MA

Leadership Curriculum: Diversity, Principles of Leadership, Teamwork

Monday, January 7 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

Tuesday, January 8 | 12 PM – 1 PM | JAH, Eakins Lounge

Managing unconscious bias is a vital step in building leaders that are innovative, dynamic, and inclusive. Identifying the biases that creep into our thinking, decision-making, communication, and interpersonal engagement helps us assess these perceptions and improve our actions and communications. This leads to clearer leadership. It also assists bridging social gaps by giving us not only awareness, but the tools, to alter how we perceive the actions and speech of others we want or need to engage.

8. I asked. They said YES! Engaging Your Team Members (1LC)

Presenter: Colleen Dempsey, EdD, RT(R)(ARRT)

Leadership Curriculum: Personal and Professional Development, Teamwork

Tuesday, January 22 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

Wednesday, January 23 | 12 PM – 1 PM | JAH, Eakins Lounge

Members of a team who share the same vision and work together towards achievement of a goal can be highly effective. These are highly engaged individuals of their organization. In addition to being effective at their work, these members may also contribute to high morale and increased performance of their duties. As emerging leaders, one must be able to understand and identify the knowledge and skills needed to be able to lead their organization towards positive goals and outcomes. This session will allow participants to gain a deeper awareness of others and the value of teamwork and employee engagement as related to exhibiting and supporting leadership behaviors.

9. SPECIAL EVENT – The Defamation Experience (2LC)*

Presented by: The Defamation Experience (www.defamationtheplay.com)

Leadership Curriculum: Diversity, Integrity, Personal and Professional Development, Teamwork

Monday, February 4 | 5:30 PM – 7:30 PM | Hamilton, Connelly Auditorium

As leaders it is essential to be able to communicate respectfully and effectively with others, understand one's own biases, advocate for others, and effect change. Take this unique opportunity to further develop and practice those skills through participating in this interactive experience which opens with a courtroom case that participants will not only witness but for which they will also serve as the jury.

This nationally acclaimed interactive experience explores issues of race, class, religion, gender, and the law. After witnessing the courtroom drama, participants will engage in a deliberation and facilitated discussion leading to a jury vote. The Defamation Experience provides an opportunity to “engage in civil discourse about the most pressing issues of our day” and will challenge you to re-examine your perspectives and continue your personal growth and leadership journey.

***Note: This event will also count towards the Asano Humanities and Health Certificate. Students attending this program may earn dual credit towards both the Leadership LIVE Certificate and the Asano Humanities and Health Certificate.**

“Throughout all of the sessions, I learned that being a leader is more than just being able to make decisions and stand up while publically speaking. A leader is someone who is able to listen to others’ opinions, be open to change, and guide others through inspiration.”

– Olivia Obst,
Jefferson College of Nursing



10. How to Burn Bright Without Burning Out: Understanding the Connection Between Living Well and Leading Well (1LC)

Guest Presenter: Deanna Nobleza, MD

Leadership Curriculum: Integrity, Personal and Professional Development

Monday, February 18 | 12 PM – 1 PM | JAH, Eakins Lounge

Tuesday, February 19 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

The typical health professional's lifestyle is demanding and depleting so it's important for students to be proactive about their emotional health and well-being. In this session, students will learn to recognize signs and symptoms of burnout and develop effective ways to tackle it (and better yet, prevent it). Students will be introduced to the PERMA model of wellbeing, a theory of Positive Psychology, and will learn about a variety of self-care/stress management techniques to customize their own "coping toolboxes." Students will better understand how failure to attend to one's own wellness can negatively affect one's ability to lead, and how taking better care of oneself can allow you to be a more energetic, productive, and inspiring leader.

11. Am I Overreacting? (1LC)

Presenter: La'Verne Webb, MA and Guest Presenter: Don Trahan Jr, PhD

Leadership Curriculum: Diversity

Monday, March 4 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

Tuesday, March 5 | 12 PM – 1 PM | JAH, Eakins Lounge

This session will introduce the concept of microaggressions, which are behaviors or statements that can inflict insult or injury despite our intentions to the contrary. We will engage the students in activities to provide a better understanding of what microaggressions are and discuss how they can impact our work towards inclusion across difference. We will explore the many ways in which microaggressions can show up in daily life, and how we can disrupt them and disperse their harmful and splintering effects.

12. Fostering Civility (1LC)

Presenter: Marybeth Pavlik, MSN, RN and Guest Presenter: Jeannette Kates, PhD, MSN, CRNP, GNP-BC

Leadership Curriculum: Diversity, Principles of Leadership, Teamwork

Monday, March 18 | 12 PM – 1 PM | JAH, Eakins Lounge

Tuesday, March 19 | 5:30 PM – 6:30 PM | JAH, Eakins Lounge

Treating one another with civility and respect is fundamental to establishing and sustaining healthy workplaces and fostering interpersonal relationships. Civility is essential to the development and ongoing success of highly-functioning teams and highly-effective organizations. In this session, we will discuss what civility is and how it is reflected in actions. Engaging in thoughtful self reflection of your behaviors is an important step toward improving your competence as a leader, colleague, and team member. Participants will have the opportunity to evaluate their own levels of civility, strengths, and areas for improvement.

Leadership Portfolio (2 LC)

Facilitator: James Dyksen, MSED

Leadership Curriculum: Personal and Professional Development, Principles of Leadership

The Leadership Portfolio option provides students with an opportunity to illustrate their leadership development through a compilation of their leadership learning and experiences. A Leadership Portfolio is an ongoing reflection of the individual accomplishments, skills, activities, programs and other related experiences that have contributed to personal leadership development. Students can use a leadership portfolio when they need to demonstrate their leadership abilities, such as in a job or internship interview. The portfolio will include a personal statement on leadership, resume, listing of leadership experiences, reflective essays on leadership experiences, and an essay on leadership growth. Students can access detailed information on the Leadership Portfolio by visiting jefferson.edu/LeadershipLIVE. The deadline for submission of the Leadership Portfolio is **March 15th**.

“ Leadership LIVE has been an incredibly valuable experience to me during my time at Jefferson. I appreciate the interdisciplinary opportunities I had to practice leadership with my peers and future colleagues from across the various health and sciences professions on campus. I trust that Leadership LIVE has instilled in all of us the spirit to lead together across disciplines and deconstruct the hierarchies which exist in healthcare.”

– Elana Sitnik,
Jefferson College of Life Sciences

Leadership in Action: Serving the Community (2 LC)

Leadership Curriculum: Diversity, Integrity, Personal and Professional Development, Principles of Leadership, Service, Teamwork

Service is an important component of leadership. This session will provide participants with the opportunity to actively engage and reflect upon a service opportunity within the community. A variety of service opportunities will be offered during the fall and spring semesters. Students may select the one that best fits with their own goals and personal philanthropy.

Students who complete a service activity AND complete the corresponding online reflection within one week of the service activity will receive TWO Leadership Credits (2LC). Registration is on a first-come, first-serve basis; all students must sign-up in advance to participate. Due to popular demand, students may only be able to participate in one service activity per year. However, if space is available in a service activity and no additional students are volunteering, a student may sign up for a second service activity.

An email will be sent to all students registered for the Leadership LIVE program with additional details on each of the service activities and instructions on how to sign up. You may also visit the Service Activities page of our Leadership LIVE website (jefferson.edu/LeadershipLIVE) for additional information.

Please note that a maximum of two Leadership Credits will be awarded regardless of the number of opportunities completed.

Fall Semester Service Activities

Friends of Clark Park | Saturday, September 22 | 9:30 AM – 1 PM

Veterans Affairs Medical Center | Saturday, October 6 | 1:30 PM – 3:30 PM

SHARE: Bagging Saturday | Saturday, October 13 | 9 AM – 12 PM

Sunday Breakfast Rescue Mission | Saturday, October 20 | 10 AM – 1 PM

Ronald McDonald House of Southern NJ | Friday, October 26 | 4:30 PM – 7:30 PM

MANNA | Tuesday, October 30 | 5 PM – 8 PM

Philly AIDS Thrift | Monday, November 5 | 4:30 PM – 7:30 PM

Philabundance | Saturday, November 17 | 8:30 AM – 12 PM

Spring Semester Service Activities

Our spring service activities will be finalized later in the fall semester. Updates will be posted on the Service Activities page of our Leadership LIVE website.

Leadership Ceremony

Monday, April 8th, 2019 | 5 pm - 8 pm | Hamilton, Connelly Auditorium

2018-19 Leadership Team

The Leadership LIVE program is coordinated by the Programming Team in the Office of Student Life and Engagement.

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