

Thomas Jefferson University Establishes School of Health Policy and Population Health



David B. Nash, MD, MBA

Thomas Jefferson University has established an important new academic initiative: the founding of the Jefferson School of Health Policy and Population Health (JSHPPH). This new school, which will begin enrolling students in September 2009, builds on Jefferson's strengths in health policy and population health and reaffirms our position as a leading, innovative academic medical center.

JSHPPH will provide graduate academic programming, continuing education courses and conferences

and sustained research and consulting in areas of health policy, healthcare quality and safety and chronic care management. Jefferson will be the only university in the nation to offer a Master's Degree in Chronic Care Management. Students will also be able to pursue a Master's in Health Policy and in Healthcare Quality and Safety, as well as doctorates in Health Policy (PhD or DrHP) and Population Health Sciences (PhD).

David B. Nash, MD, MBA, a board-certified internist, has been named the School's Founding Dean. Dr. Nash, the Dr. Raymond C. and Doris N. Grandon Professor of Health Policy, is internationally recognized for his work in outcomes management,

medical staff development and quality-of-care improvement. He has been with Jefferson since 1990, when he founded the original Office of Health Policy. Most recently Dr. Nash served as Chair of the Department of Health Policy.

Dr. Nash's tenure at Jefferson mirrors the growing recognition that providers must be educated with a global view of healthcare in order to improve the health of populations in the U.S. Focused on policy and population health, with an interdisciplinary curriculum that allows medical, nursing and allied health students to take classes together, the JSHPPH fills a critical need in public health education.

Annual Free Prostate Cancer Screenings Draw 400



Photo: Dave Super

Prostate cancer shows no symptoms in its earliest stages and, in some cases, men starting at age 35 should have screenings. Pictured is Mashari Hamilton of Jefferson's Clinical Laboratory conducting a portion of the prostate cancer screening for a participant. Special thanks go to Tricia Gomella, MD, who arranged for free refreshments from Philly Soft Pretzel Factory, Wawa, Starbucks and Lindt Chocolate. Dr. Gomella is a founding member of the Friends of the Kimmel Cancer Center.

Hospital Trauma Program Granted Level 1 Accreditation

Jefferson Hospital President and CEO, Tom Lewis, recently announced that the TJUH trauma program has received a full two-year accreditation as a Level 1 Regional Resource Trauma Center by the Pennsylvania Trauma System Foundation. Accreditation

was granted after a site visit by the organization.

Jefferson is one of only 18 hospitals in the U.S. that are both an official Trauma Center and a Regional Spinal Cord Injury Center. Patients with the most serious injuries are brought to Jefferson by the emergency medical

squads and by physician-initiated transfer from other hospitals. As a Level 1 Center, Jefferson also conducts research and continuing education programs for health professionals in trauma care. For more information, call **215-955-4960**.

Komen Awards Jefferson Over \$1.5 Million in Grants to Study Breast Cancer

With the goal of delivering cures to patients sooner, Susan G. Komen for the Cure® recently announced an unprecedented \$100 million in grants to American and international scientists, including four Jefferson researchers. Drs. Jasmin, Witkiewicz, Rui and Frank are recipients.

"We've revamped Komen's research program, challenging the best minds to solve the most difficult

issues in breast cancer," said Hala Modellmog, President and CEO of Susan G. Komen for the Cure. "These grants are geared to results – finding cures, tailoring treatments and resolving the issues that have stymied the search for a breast cancer cure."

The grants awarded to Thomas Jefferson University and Jefferson's Kimmel Cancer Center include:

- Diagnostic and Prognostic Biomarkers Jean-Francois Jasmin, PhD: \$450,000
- Diagnostic and Prognostic Biomarkers, Agnieszka Witkiewicz, MD: \$450,000
- Pathobiology, Hallgeir Rui, MD, PhD: \$180,000
- Nutritional Prevention, Philippe Frank, PhD: \$450,000

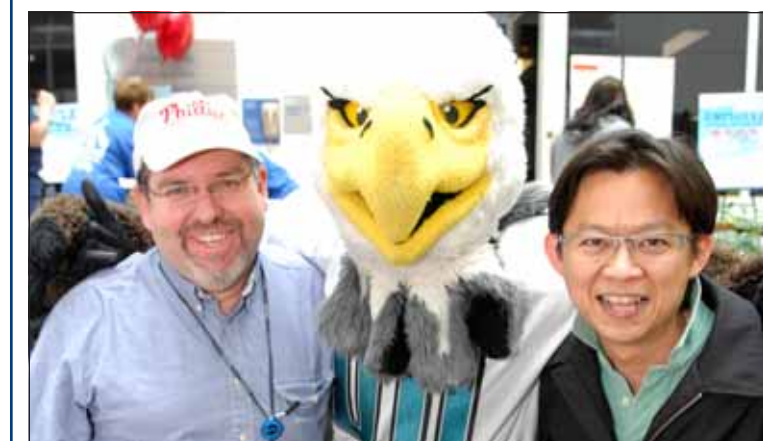


Photo: Robert Neroni

Employee Appreciation Days at Jefferson

John Lackey of Radiology and Udomchai Techavipoo, a Neuroscience research fellow, get "SWOOPed" up in the fun in the Jefferson Hospital Atrium on October 29. Of course, more excitement was on the way – that night, the Phillies won the World Series!

Jefferson Forms Vital Partnerships with Leading Regional Institutions

This fall, Thomas Jefferson University joined forces with Christiana Care Health System, Nemours/Alfred I. duPont Hospital for Children and the University of Delaware to form a consortium that will allow patients to more quickly benefit from research. The Delaware Valley Institute for Clinical and Translational Science (DVICT) brings together the capabilities of four primary medical and educational institutions with close affiliations to three other academic institutions, 33 hospitals, more than 130 research and clinical specialty centers, and 14 schools and colleges.

Through the Institute, innovative collaborations will be established between experts in medical practice, health economics and policy, population sciences, public health, and biomedical and materials sciences. Joint projects of member institutions are already underway.

"We're using our strengths, sharing our data, involving the communities and eliminating the usual compartmentalized infrastructure to open the doors to new ideas," said Robert L. Barchi, MD, PhD, President, Thomas Jefferson University.

Jefferson formed another partnership with the University of Delaware in September of this year.

In the academic area, this partnership will support successful implementation of existing collaborations in the Medical Scholars Program (which leads to a bachelor's degree from UD and a medical degree from Jefferson), occupational therapy and pharmacy, as well as the possible development of expanded collaboration in such areas as nursing, health policy, population health, rehabilitation sciences, physical therapy and biomedical engineering. In addition, policies and procedures will be developed to allow students to enroll in courses and gain academic credit at either institution.

Building on the shared educational opportunities of both institutions, the partnership also will facilitate the development and submission of joint proposals for externally funded research in areas of shared priority, and procedures will be developed to facilitate research collaboration and processing of joint initiatives.

Earlier this year, both institutions signed an agreement for the creation of a new degree program that offers a Bachelor of Science degree and a doctor of pharmacy degree.

VITAL SIGNS: OCTOBER 2008

TJUH, Methodist, Geriatric Psychiatry, Jefferson Hospital for Neuroscience

	Budget	Actual	Prior Year
Admissions	4,038	4,105	4,048
Length of Stay	5.69	5.28	5.66
Patient Days	22,957	22,650	22,240
Outpatient Visits	43,551	39,802	42,911
Patient Satisfaction Score (combined average): 84.4			

Jefferson Hosts First InterProfessional Education Conference

On October 23, leaders in education and healthcare as well as social services professionals, policy makers, researchers and interested stakeholders gathered together to exchange information on interprofessional care learning models.

In addition to speakers, "InterProfessional Care for the 21st Century: Redefining Education," featured a Network at Lunch and Poster Session/Connections Event, allowing participants to forge new partnerships and stimulate dialogue to develop novel approaches in interprofessional curricular and scholarly activities.

The event was an initiative of the Jefferson InterProfessional Education Center, whose mission is to promote excellence in healthcare through interprofessional education and scholarship. More information is available online at <http://jeffline.jefferson.edu/jcipe> or by calling JCIPE at 215-955-0639.



Kelly Kroll took time to personally present her donation for research to Jefferson's Takami Sato, MD, and Neal Flomenberg, MD. Also pictured is Richard Kroll, Kelly's husband.

A Gift in Remembrance: Kelly Kroll Raises \$5,000 for Melanoma Research

Before her mother, Bonnie, passed away in 2001, Kelly Kroll vowed to raise awareness of skin cancer and to raise money for the melanoma research conducted by Takami Sato, MD, at Jefferson's Kimmel Cancer Center. Kelly went on to establish the Bonnie Kroll Melanoma Memorial after Bonnie lost her battle with ocular metastatic melanoma.

"Dr. Sato extended her life with quality for as long as he possibly could. He is talented, compassionate and dedicated to delivering the highest degree of care to his patients," said Kelly.

Kelly's establishment of the memorial fund appeared in a newsletter distributed by Gettysburg College, her Alma Mater, and touched another reader, a 90-year-old alumnus. He contacted Kelly and pledged a \$2,500 donation. Kelly and her husband Richard then matched his donation, and presented Dr. Sato with a check for \$5,000.

Hospital Information Systems Staff Help Kids on 'Day of Caring'



As part of the United Way's Day of Caring, members of Hospital Information Systems volunteered on September 10 at the Sally Watson Center Crisis Nursery in Philadelphia. Rick Kleindienst, Marie O'Conner, Autumn Rugletic, Larry Lawhorn, and Jarrad Gholston worked with the children, participated in a flower planting project and organized donations made by the public. To participate in an upcoming community service project with IS staff members, please contact Rick at 215-503-1611 or email Richard.Kleindienst@jeffersonhospital.org.

A 'New Age in Dementia Care' at Jefferson

The Jefferson Center for Applied Research on Aging and Health (CARAH) invited health professionals, family caregivers and students to an exciting one-day summit at the state-of-the-art Hamilton Building in September.

"A New Age in Dementia Care: Turning Evidence into Practice" brought together nationally recognized experts who presented innovative models for clinical services, considerations for training health professionals in new approaches to care and new directions in research to support non-pharmacologic dementia care. The program emphasized evidence-based approaches that support culturally diverse persons with dementia and their families in the home and community.

The event celebrated the opening of CARAH's new virtual Living Laboratory for Elder Care. The Laboratory embraces a new vision for closing the research-practice gap by providing evidence-based clinical services in the varied life spaces of



Photo: David Lunt

Laura Gitlin, Director of Jefferson's Center for Applied Research on Aging and Health (at center), is pictured with Katie Maslow, MSW, of the Alzheimer's Association and Richard Schulz, PhD, Director, University Center for Social and Urban Research (University of Pittsburgh). Among the many speakers at the September summit, media personality and 2005-2008 chairperson of the Alzheimer's Disease International, Orien Reid, shared her insights on global dementia including care and programs across cultures.

older adults and their families, training health professionals in these evidence-based programs and informing new directions in research

to improve the lives of older adults and their caregivers.

For more information on CARAH, please call 215-503-4716.

Jefferson Miles Mack Community Service Award Established



At a memorial service for long-time employee Miles Mack held on September 25, Executive Vice President and COO David McQuaid

announced the establishment of the Jefferson Miles Mack Community Service Award. The award will be given annually to a deserving employee who is making a difference in the community – and displaying the exceptional character and commitment to service that Miles embodied every day.

More than a hundred people attended the service to honor Miles, who had been with Jefferson for 16 years in the Patient Transportation Department. His tragic and untimely death has affected many throughout Jefferson.

"It is truly a sad day at Jefferson when someone from our family is unexpectedly taken away from us in this way," says David. "And while we may seem like a large organization, when tragedy strikes, we see how closely we are connected to one another."

The Jefferson Miles Mack Community Service Award will honor the deeds of a truly inspirational member

of the Jefferson and Philadelphia community. Every day, Miles touched the lives of staff, patients and the kids of Philadelphia who were part of the X-Tra Miles Youth Basketball League he founded. To those who knew him, Miles was an extraordinary man who stepped up to make a difference in the lives of many. He made personal sacrifices and expected little in return.

"This is Jefferson's way to honor Miles's spirit of service in a very meaningful way," says David. "And we hope it will inspire others to follow his good example."

Department of Surgery Establishes Pancreas Tumor Registry

Jefferson's Charles J. Yeo, MD, has announced the creation of a longitudinal pancreatic cancer study. The new Jefferson Pancreas Tumor Registry (JPTR) will allow participants to engage in long-term follow-up and receive information regarding scientific and epidemiological breakthroughs.

"The purpose of the registry is to further study whether pancreatic cancer occurs more frequently in families with a history of the disease," said Dr. Yeo, Samuel D. Gross Professor and Chair, Department of Surgery at Jefferson Medical College, and principal investigator of JPTR. "It will also be used to determine the environmental and occupational risk

factors to which pancreatic cancer patients have been exposed."

Participants in the JPTR are asked to complete a detailed questionnaire and may be asked to submit a blood sample and/or cheek swab. The questionnaires are designed to elicit the family health history of a patient with pancreatic cancer or a non-affected family member, and to document exposure to occupational and environmental factors, such as residential radon, asbestos and second-hand tobacco smoke.

Research has shown that certain rare genetic conditions are associated with an increased risk of pancreatic cancer, including familial breast-ovarian

cancer, familial melanoma, familial colon cancer, hereditary pancreatitis and Peutz-Jegher's syndrome (a rare hereditary condition that results in gastrointestinal polyps). "While we have not identified a causative gene yet to allow predictive testing for pancreatic cancer, we can offer risk assessments and surveillance via imaging, blood tests and endoscopic ultrasound for patients with a strong family history of pancreatic cancer," adds Dr. Yeo.

Learn more about the Registry by calling 215-955-9402 or visit <http://www.jeffersonhospital.org/pancreas/article16736.html>.

Caregivers of Brain Tumor Patients Attend Free Workshop

Jefferson Hospital hosted a special workshop for caregivers of brain tumor patients on October 17. Sponsored by the National Brain Tumor Foundation, the event provided attendees with information about symptoms, treatments, cognitive and personality changes, legal issues and more. Pictured here, a workshop participant receives a back massage from Doreen Lafferty of the Jefferson - Myrna Brind Center of Integrative Medicine.



Photo: David Lunt

PEOPLE

Todd Albert, MD, was recognized for his excellence and achievement in the field of orthopedics by the Arthritis Foundation of Eastern Pennsylvania. The foundation honored him with the *Sir John Charnley Award* in October. Dr. Albert is the Richard H. Rothman Professor and Chair, Department of Orthopedics, and Professor of Neurosurgery, Thomas Jefferson University and Hospitals and The Rothman Institute.

Gregory J. Artz, MD, recently joined the Department of Otolaryngology – Head and Neck Surgery at TJUH. He was named an assistant professor at Jefferson Medical College. He specializes in hearing, balance and facial nerve disorders. He is also specialty trained in skull base surgery and the treatment of acoustic neuromas, meningiomas and glomus tumors.

Robert L. Brent, MD, PhD, was honored as the recipient of the prestigious *2008 Alfred I. duPont Award for Excellence in Children's Health Care* by Nemours, one of the nation's largest children's health systems. He was recognized for his lifetime commitment in the field of radiation biology and his leadership in pediatric clinical care, research and education. Dr. Brent is Emeritus Chairman of Pediatrics and Professor of Radiology, Pathology and Anatomy at Jefferson Medical College.

David M. Cognetti, MD, recently joined the Department of Otolaryngology-Head and Neck Surgery at Thomas Jefferson University Hospital and was named an assistant professor at Jefferson Medical College. Dr. Cognetti specializes in head and neck oncologic surgery as well as thyroid and parathyroid disorders. His training includes endoscopic and open organ preservation surgery for laryngeal cancer and minimally invasive thyroid and parathyroid surgery.

Anthony Doemer, MS, physics resident in the Department of Radiation Oncology, recently received the *2008 Simon Kramer Society-BEST Medical International Fellowship Award*. Presented at the American Society for Therapeutic Radiology and Oncology meeting in Boston, Anthony's paper – entitled "Dosimetric Evaluation of Targets and Organs at Risk for Head and Neck Cancer Cases During an Adaptive Treatment Course" – was one of two recognized with the honor.

Cataldo Doria, MD, PhD, received the designation of "Transplant Surgeon of the Year" from the American Liver Foundation Delaware Valley Chapter (ALF). Dr. Doria is Director of the Division of Transplantation at Jefferson Hospital and Associate Professor of Surgery at Jefferson Medical College.

Randy Haines has been elected 2009 Vice President of Region I of the Association of Energy Engineers. Randy is Energy Manager for the Jefferson Health System and Thomas Jefferson University.

Mary E. Hill has been named Administrator for Hospitalists, Intensivists and TJUH Practices. She has served in senior positions at Voluntary Hospitals of America, Johns Hopkins Hospital and Duke University Medical Center.

Sergio A. Jimenez, MD, has been awarded the prestigious title of Master of the American College of Rheumatology for his outstanding contributions to the field of rheumatology through scholarly achievement and service to patients, students and profession. Dr. Jimenez is Co-Director, Jefferson Institute of Molecular Medicine, and Director of the Division of Connective Tissue Diseases in the Department of Dermatology and Cutaneous Biology at Jefferson Medical College.

Jefferson Students: Sign up for JeffALERT

Update your contact information in BannerWeb today to get campus emergency messages via text message, email and voicemail.

JeffALERT

PEOPLE

Harish Lavu, MD, was named Assistant Professor of Surgery at Jefferson Medical College. He specializes in hepatobiliary and pancreatic surgery.

Rajnish Mago, MD, has been honored with a *Young Investigator Award* from NARSAD, the world's leading charity dedicated to mental health research. The award provides research funding over two years to develop a novel, patient-rated, Internet-based rating scale for identification and assessment of side effects of psychiatric medications. Dr. Mago is Director of the Mood Disorders Program in the Department of Psychiatry and Human Behavior at Thomas Jefferson University.

Edith Mitchell, MD, won the *Tree of Life Award* from The Wellness of You, a local nonprofit organization. The award recognizes health professionals who are committed to making a difference in community health. Dr. Mitchell has also been accepted as a member of the 2008-2009 class of Fellows in the Hedwig van Ameringen Executive Leadership in Academic Medicine Program for Women. She is Clinical Professor, Department of Medical Oncology at Jefferson Medical College and Associate Director of Diversity Programs at Jefferson's Kimmel Cancer Center.

Catherine Verrier Piersol, MS, OTR/L, has been named the Clinical Director of the new Living Laboratory for Elder Care, part of the Jefferson Center for Applied Research on Aging and Health (CARAH) at Thomas Jefferson University.

Glenn J.R. Whitman, MD, Professor of Surgery, has been appointed Director of the Surgical Cardiac Care Unit at Thomas Jefferson University Hospital. He has been teaching at Jefferson since September 2007. Previously he was Director of Transplantation and Associate Hospital Director for Perioperative Services at Temple University Hospital.

Science Park in Poland Renamed After Polio and Rabies Vaccines Pioneer



Hilary Koprowski, MD, one of the world's outstanding biomedical researchers over the last half-century, was honored by his native country with the renaming of a major science and technology park in his honor. The multimillion-dollar Gdansk Science and Technology Park, located in the north/central part of Poland, was officially opened and renamed the Hilary Koprowski Science and Technology Park during a ceremony in early September.

Dr. Koprowski's ground-breaking work in polio and rabies has greatly advanced vaccine research. In the late 1940s, his efforts resulted in the production of the first oral polio vaccine that was used extensively to immunize people on four continents. In the 1970s, his passionate interest in the area of rabies led him to develop a new tissue culture-based vaccine that is more effective and less painful than the traditional Pasteur technique.

"It is befitting that a scientist of his stature has a park, dedicated to new science and technology, named after him," said Richard Pestell, MD, PhD, Director of Jefferson's Kimmel Cancer Center.

"Dr. Koprowski is a world-renowned virologist and immunologist whose dedicated research has left an indelible mark on humanity."

Dr. Koprowski is Professor of Cancer Biology at Jefferson Medical College and Jefferson's Kimmel Cancer Center, and Director of both the Center for Neurovirology and the Biotechnology Foundation Laboratories at Thomas Jefferson University.

ACHIEVEMENTS

Researchers at Jefferson's Kimmel Cancer Center have established a laboratory prostate cancer cell line they believe will become a valuable research tool in both understanding and treating prostate cancer. In a recent issue of *Clinical Cancer Research*, the researchers say these cells will provide a much needed new model system for development of diagnostics and therapeutics for prostate cancer.

Thomas Jefferson University Hospital is the first hospital in Pennsylvania, and one of the first in the U.S., to use the latest implantable cardiac device technology to treat patients who suffer from irregular heart beats and heart failure. The recently FDA-approved implantable cardioverter-defibrillators (ICDs) allow physicians more sophisticated remote monitoring over the Internet, cutting out needless trips to the hospital for those patients who suffer from arrhythmias, heart failure and those at risk for sudden cardiac arrest.

A research team led by investigators at the Department of Surgery at Jefferson Medical College and Jefferson's Kimmel Cancer Center has achieved a substantial "kill" of pancreatic cancer cells by using nanoparticles to successfully deliver a deadly diphtheria toxin gene. The findings reflect the first time this unique strategy has been tested in pancreatic cancer cells, and the success seen offers promise for future pre-clinical animal studies, and possibly, a new clinical approach.

Drs. Parvizi, Hozack and Austin, orthopedic surgeons from the Rothman Institute at Jefferson, hosted a September webcast that presented current approaches to hip surgery for young and active older adults. The webcast featured demonstrations, discussions and interactive participation from viewers. To view the program visit www.JeffersonHospital.org/webcast.

The Jefferson Scleroderma Center and the Scleroderma Foundation recently held its Scleroderma Patient Education Workshop. Medical professionals from Jefferson, Georgetown University School of Medicine and Northwestern University spoke at the event.

Jefferson ER Expands to Better Serve Community

Jefferson's Emergency Department recently expanded to offer more than 50 treatment rooms. We are proud to continue our highest level of care in what is now one of the largest emergency facilities in Philadelphia.

Give the Gift of Blood

Donors with all blood types are needed. Stop by the Jefferson Blood Donor Center at 8230 Gibbon or call 215-955-7791. Center hours are 8:30 a.m. to 4 p.m., Monday through Friday. Monday blood donors receive a \$5 Atrium Cafeteria meal voucher.

Want to learn more about news developments at Jefferson?
Visit us at www.jeffersonhospital.org/news.

JEFFCALENDAR

Jefferson Staff Members Receive Honors



Edith Mitchell, MD, (second from left) received the *Tree of Life Award* from The Wellness of You, a non-profit health education and resource organization. Also pictured: John A. Rich, MD, MPH, Professor and Chair, Department of Health Management and Policy at Drexel University; Faatimah Gamble, President of The Wellness of You, Inc.; Kenny Gamble, Chairman of Universal Companies; Edward S. Cooper, MD, Emeritus Professor of Medicine at the University of Pennsylvania School of Medicine and Patricia Kane, PhD, Director, Medical Research at BodyBio, Inc.



Mayor Michael Nutter toasts Jefferson's Todd Albert, MD, who was recently honored with the Arthritis Foundation of Eastern Pennsylvania's *Sir John Charnley Award*. Also pictured is *Arthritis Ambassador Award* recipient, Victor Finnegan, President and CEO, American Expediting Company.

SEMINARS/CONFERENCES

Thursday, December 4

- Women's Health Source, Lynn Bucovetsky, Registered Dietician, Certified Diabetic Educator, TJUH, "Nutrition and Menopause: How to Avoid the Weight Gain?" noon to 1 p.m., 925 Chestnut, 2nd fl. conference room.

Friday, December 5

- Jefferson-Myrna Brind Center of Integrative Medicine, "Mindfulness-Based Stress Reduction for Professionals," Medical Health Professionals Workshop, 9:30 a.m. to 5 p.m., BLSB. Call 1-800-JEFF-NOW.

Thursday, December 11

- Continuing Medical Education - "Patient Safety Considerations in Nutrition Support," featuring nationally renowned speakers, 7 a.m. to 12:15 p.m., Mandeville Conference Room, 101 BLSB (continuing Medical Education credits).

FORUM

Wednesday, December 10

- Health Policy, Molly A. Rose, RN, PhD, Christine Arenson, MD, Co-Directors - Center for InterProfessional Education, TJUH, "Jefferson Center for InterProfessional Education," 8:30 to 9:30 a.m., 218 Curtis. Call 215-955-6969.

GRAND ROUNDS

Wednesday, November 26

- Family and Community Medicine, David S. Tichansky, MD, FACS, Associate Professor of Surgery, Director, Minimally Invasive and Bariatric Surgery, Department of Surgery, and Janine Kyrillos, MD, Department of Medicine, TJU, "Bariatric Surgery," 8 to 9 a.m., 105/107 BLSB.

- Pediatrics, Departmental Meeting, Scotthland Conference Room, 700 College, noon.

- Methodist Hospital, Medical Grand Rounds, Perry R. Weiner, DO, Clinical Assistant Professor, JMC, "BPH," noon, Morgan Conference Center, Methodist Hospital.

Wednesday, December 3

- Methodist Hospital, Medical Grand Rounds, Lewis Rose, MD, Clinical Associate Professor, JMC, "Update in Multiple Myeloma: New Approaches to Treatment - Changing the Paradigm," noon, Morgan Conference Center, Methodist Hospital.

Thursday, December 4

- Medicine, Gregory Kane, MD, Vice Chairman for Education, Acting Division Director, Division of Pulmonary and Critical Care, Residency Program Director, Department of Medicine, TJUH, "Physician Workforce Needs: Academic Medicine's Response to Projected Shortages," noon, DePalma.

Thursday, December 11

- Medicine, Anthony J. DiMarino, MD, Division Director, Gastroenterology and Hepatology, TJUH, "Update in GI," noon, DePalma.

Friday, December 12

- Neurosurgery, Leslie Sutton, MD, "Pediatric Neurosurgery," 7 a.m., DePalma Aud.

Wednesday, December 17

- Methodist Hospital, Medical Grand Rounds, Julie Brahmer, MD, MSc, Assistant Professor of Oncology, John Hopkins University School of Medicine, "Non-small Cell Lung Cancer: Critical Choices for the Curable Patient," noon, Morgan Conference Center, Methodist Hospital.

- Kimmel Cancer Center, Mace L. Rothenberg, MD, Professor of Medicine, Hematology/Oncology, Ingram Professor of Cancer Research, Vanderbilt - Ingram Cancer Center, topic t/b/a, noon, 101 /12 BLSB.

Thursday, December 18

- Medicine, "Mortality and Morbidity," conference, noon, DePalma.

Friday, December 19

- Neurosurgery, Journal Club, 7 a.m., DePalma Aud.

Friday, January 9

- Neurosurgery, Steven Falowski, MD, "Research Summary," 7 a.m., DePalma Aud.

Friday, January 16

- Neurosurgery, Peter Amenta, MD, t/b/a, 7 a.m., DePalma Aud.

Friday, January 23

- Neurosurgery, Sussan Salas, MD, t/b/a, 7 a.m., DePalma Aud.

Friday, January 30

- Neurosurgery, Journal Club, 7 a.m., DePalma Aud.

GRAND ROUNDS - VIDEO TELECONFERENCES WILL BROADCAST FROM LECTURE HALL, duPONT HOSPITAL FOR CHILDREN

Wednesday, November 26

- Pediatrics, John Shoffner, MD, President and CEO, Medical Neurogenetics, LLC, VA Medical Center, Northside Hospital, Children's Healthcare of Atlanta; Associate Professor of Biology, Georgia State University, "Clinical and Research Advances in Mitochondrial Disease," 8 a.m., (from duPont Hospital for Children to Jefferson, AtlantiCare, Christiana Care Health System, Bryn Mawr and Lankenau).

Wednesday, December 3

- Pediatrics, Joel A. Fein, MD, MPH, Attending Physician, CHOP, Director and Principal Investigator, Philadelphia Collaborative Violence Prevention Center; Associate Professor of Pediatrics and Emergency Medicine, University of Penn School of Medicine, "Violence Prevention in our Community: The Physician's Perspective," 8 a.m., (from duPont Hospital for Children to AtlantiCare, Christiana Care Health System, Bryn Mawr and Lankenau).

Wednesday, December 10

- Pediatrics, Gary A. Emmett, MD, FAAP, Director of Hospital Pediatrics, Professor of Pediatrics, TJUH, "Hyperbilirubinemia," 8 a.m., (from Jefferson to duPont Hospital for Children to AtlantiCare, Christiana Care Health System, Bryn Mawr and Lankenau).

Wednesday, December 17

- Pediatrics, Glenn Stryjewski, MD, Associate Pediatric Residency Program, Director, JMC/duPont Hospital for Children; Assistant Professor of Pediatrics, JMC and Steven Selbst, MD, Vice Chair for Education, Director of Residency Program, JMC/duPont Hospital for Children; Professor, Pediatric, JMC, "Holiday Bowl," Medical Jeopardy," 8 a.m., (from duPont Hospital for Children to Jefferson, AtlantiCare, Christiana Care Health System, Bryn Mawr and Lankenau).

MEETINGS

Monday, December 8

- Executive Committee of the Medical Staff, TJUH, 5 p.m., 636 Scott.

Thursday, December 18

- Thomas Jefferson University Hospitals, Inc. Board, 8 a.m., 101 BLSB.

Monday, January 12

- Executive Committee of the Medical Staff, TJUH, 5 p.m., 636 Scott.

Tuesday, January 20

- Women's Board of TJUH, Executive Committee Meeting, 9:30 a.m., 636 Scott.

SPECIAL EVENTS

Wednesday, November 26

- WXPN Musicians On Call plays for Jefferson patients.

Wednesday, December 3

- TJUH Women's Board (Martha Jefferson Dept.), Jewelry Sale, 8 a.m. to 4 p.m., W. Atrium, 11th Street side. Proceeds benefit patient care projects. Payroll deduction is available (continues through Thurs., Dec. 4).

UPCOMING EVENTS

Mindfulness-Based Stress Reduction for Medical Health Professionals

December 5

Discover the powerful effects of mindfulness - present-moment awareness - on your mind, body and overall well-being. On Friday, December 5, the Jefferson - Myrna Brind Center of Integrative Medicine offers a one-day workshop for medical professionals to help them learn the theory and practice of "mindfulness."

Studies on mindfulness-based stress reduction (MBSR) show that it decreases bodily pain, improves vitality and reduces anxiety and depression in patients. Among the institutions doing research on MBSR, Jefferson's Diane Reibel, PhD, and her colleagues have conducted studies to examine the effects of mindfulness on health, and have provided mindfulness training to hundreds of individuals over the past 12 years.

"I see many patients debilitated with chronic pain who, through mindfulness, are able to improve their quality of life and function in the world again," says Diane. "I also see patients who are severely depressed tell me that mindfulness has helped them break out of old patterns, start new jobs,

enter healthy relationships and make other positive changes."

For further information and to register for a workshop, visit the Jefferson - Myrna Brind Center of Integrative Medicine website (www.jeffersonhospital.org/cim) or call 1-800-JEFF-NOW.

Patient Safety Considerations in Nutrition Support

December 11

Physicians, nurses, dietitians, pharmacists and other providers are invited to learn the latest information on promoting patient safety in relation to nutrition support. Nationally renowned speakers will be featured and conference participants will learn both how to improve patient safety by providing optimum nutrition support and how to maximize patient safety in the delivery of nutrition support.

Continuing Education Credits available. Jefferson Medical College is accredited by the ACCME and ACPE. ADA credit is pending.

Please contact the Office of Continuing Medical Education at 215-955-6992 or visit <http://jeffline.jefferson.edu/jeffcme>.

- WXPN Musicians On Call plays for Jefferson patients. Also, Wed., Dec. 3, 10, 17 and 24.

- TJU Choir rehearsal, 7 to 8:30 p.m., 139 JAH. also, Wed., Dec. 10.

Friday December 12

- TJU Choir and Orchestra 39th Annual Holiday Concert, featured work is Vivaldi's "GLORIA," plus music of the season, 8 p.m., St. Luke and the Epiphany Church, 330 South 13th Street, between Pine and Spruce Streets. The concert is free and open to the public. Call 215-790-5195 or 790-5194.

RELIGIOUS

Friday, November 21

- Inspirational video presentation/Bible study, 3 separate sessions: noon, 12:30 p.m. and 1 p.m., 139 JAH. All welcome. Call Luel at 610-717-2824, Ester at 215-955-5951. Also, Friday, December 19.

Tuesday, November 25

- Come join our Tuesday Prayer and Bible Study Class, noon, JAH. All are welcome. Please contact Annette Chesson at 215-955-8991 for more information or email annette@praynowministry.com. Also, Tuesdays, December 2, 9, 16, 23 and 30.

Thursday, December 4

- Christian Bible Study, Prayer and Fellowship group, 1 to 2 p.m., 302 MOB. Students are welcomed to attend Also Thursdays, December 11 and 18. Call Doretha at 267-231-7463 or email DJohn91@yahoo.com.

SUPPORT GROUPS

Tuesday, November 25

- Rehabilitation Medicine, Spasmodic Dysphonia, 4 to 5 p.m., Outpatient Rehab Medicine Offices, 25 S. 9th St. Contact Addy Schultz, CCC-SLP/L at 215-955-0122 or email: Adeline.Schultz@jeffersonhospital.org

Thursday, November 27

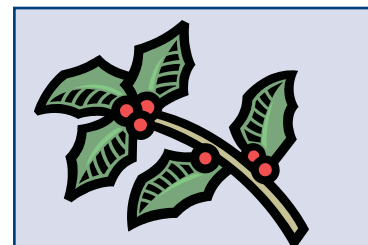
- Kimmel Cancer Center, Radiation Therapy Information Session, 10 to 11 a.m., G312 Bodine. Also on Thurs., Dec. 4, 11 and 18; January 8, 15, 22 and 29.

Thursday, December 11

- Kimmel Cancer Center, Man-to-Man, Leonard G. Gomella, MD, Chair, Department of Urology, TJU, "PSA Rising Post-Treatment," noon to 1:30 p.m., 101 BLSB. Call 215-955-8370 to register.

Wednesday, December 17

- The Delaware Valley Brain Tumor Support Group, a program for individuals diagnosed with a brain tumor and their families, 7 p.m. to 8:30 p.m., 105 BLSB. Call 215-955-4429 to register.



Free Holiday Concert December 12

Join the Thomas Jefferson University Choir and Orchestra for an evening featuring Vivaldi's "Gloria" and music of the season. See more information in the "Special Events" section on this page.

JeffNEWS

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