

Building a Better ED: Jefferson Hospitals Reduces Wait Time, Speeds High-Quality Patient Care

After the opening of Jefferson's expanded Emergency Department early last year, a task force at Jefferson worked over the course of 2009 to develop and deliver strategies that improve patient flow in the ED and reduce overcrowding. The initiative is part of the Jefferson Balanced Scorecard, a group of projects in progress to drive positive results in measurable ways. The funding for the team's continuing efforts comes from Urgent Matters, a Robert Wood Johnson Foundation-funded learning network of just six hospitals across the country working collaboratively to implement rigorous performance measures, assess existing operations and develop strategies to improve ED throughput and output. So far, the results include a significant reduction in wait time and the amount

of time from check-in through discharge. Although the Urgent Matters initiative at Jefferson has focused on Fast Track (non-urgent) patients, many of the benefits have positively affected all ED patients.

"Our goal for 2010 is to further reduce the time patients spend in the ED at Jefferson, while continually maintaining the highest quality patient care," says Linda Davis-Moon, Executive Director for ED Strategic Initiatives. "Our target turn-around time for patients is 90 minutes."

So, how did Jefferson achieve a better-operating ED, as highlighted in an article in a December 24 *Philadelphia Inquirer* article? A new quick-registration system to prioritize patient care levels, the development of

staff dedicated to taking care of non-critical injuries and better utilization of space are just a few of the initiatives that made the difference.

The groundbreaking work being undertaken by Jefferson's Urgent Matters team will ultimately help hospitals across the country tackle the difficult issue of ED and hospital overcrowding, as well as significantly advance the field of quality improvement performance measurement for emergency departments.

Jefferson is an officially designated Level 1 Regional Resource Trauma Center and is one of only 18 hospitals in the United States that is both an official Trauma Center and a federally designated Regional Spinal Cord Injury Center.

Patient and Caregiver Grateful to Jefferson Neurosurgeon for 'Mystery' Diagnosis

Nelson Anzoategui had suffered greatly before he was brought to Jefferson and came under the care of neurosurgeon James Evans, MD, in June 2008. Previously misdiagnosed by physicians at other facilities, Nelson had undergone three surgeries to remove brain tumors and receive a shunt placement – procedures that left him still ailing.

Upon meeting with Nelson for the first time, Dr. Evans immediately conducted a comprehensive medical history and told him that he did not think his prior tumors, located around the brain stem, had been acoustic neuromas, as was first diagnosed. Dr. Evans insisted on getting complete medical records for Nelson and when

he received them, diagnosed him with a cranial base epidermoid tumor, a benign tumor that can occur along the cranial base which can be devastating when recurrent.

"When epidermoid tumors do recur, they can often be nearly impossible to completely remove and can affect critical neurovascular structures, placing the patient at risk," says Dr. Evans. "If left untreated, these tumors can progressively enlarge, compress the brain stem and cause neurological deterioration, such as weakness, numbness, impaired vision, hearing loss and swallowing difficulty."

It is still not known why epidermoid tumors form in some people.

"The prior surgeries that Nelson

had undergone resulted in cognitive deficits, so I went with him to every office visit," said Debra Rubin, Nelson's friend and caregiver. "Dr. Evans not only listened to Nelson, but also gave me as much time as I needed to ask him questions. That kind of bedside manner is such a luxury these days."

In November of 2008, Dr. Evans operated on Nelson to remove the tumors. A follow-up surgery took place in December. Then, in June 2009, Nelson's case was presented to the Jefferson Brain Tumor Board, a group of physicians who bring together expertise from many medical and surgical disciplines

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Jefferson Project Wins 'Rosalynn Carter Leadership in Caregiving Award'

Former First Lady Rosalynn Carter presented an award to Tracey Vaue Earland, MS, OTR/L, Jefferson Center for Applied Research on Aging and Health (CARAH) (pictured on right), and Mimi Jacobs, PT, GCS, PCS, Fox Rehabilitation (pictured at left), at the Rosalynn Carter Institute for Caregiving Awards Gala on October 22. The special merit award recognizes the success of implementing the Environmental Skill-Building Program in Fox Rehabilitation – a program that provides house calls to older adults. "This award will support our continued effort to implement the program in practice settings for families caring for individuals with dementia," said Tracey. Learn more about this and other CARAH projects. Visit www.jefferson.edu/jchp/carah.



Jefferson Awarded Multi-Million Dollar NIH Grant to Create Autoimmune Disorders Center of Excellence

The Department of Neurology at Jefferson Medical College (JMC) has been awarded a multi-million dollar grant from the National Institutes of Health (NIH) for the creation of a center of excellence to study autoimmune diseases from basic science research to its translation into clinical applications. The five-year grant initially totals over \$4 million, but could be as much as \$10 million by the end of the award period. The center is one of nine in the country and the only one in Pennsylvania.

"Our priority for this award and center is to translate basic science research into practical, clinical applications in autoimmune diseases," said Abdolmohamad Rostami, MD, PhD, Professor and Chair of the Department of Neurology at JMC and at Thomas Jefferson University Hospital; Director of the Multiple Sclerosis and Neuroimmunology Research Laboratory; and Director of the new center.

"Primarily we will be focusing on multiple sclerosis (MS) and systemic lupus erythematosus (SLE), but we will also be investigating other autoimmune diseases like scleroderma. The center's team will investigate how these diseases are produced, with the ultimate goal of finding new and successful ways to treat them."

Currently, Dr. Rostami is investigating the role of Th17 cells, a pro-inflammatory T-cell subset in MS and ways to suppress these cells in the hope of finding better treatments for the disease.

Other researchers of the Autoimmune Diseases Center of Excellence at Jefferson are: Sergio Jimenez, MD; Timothy Manser, PhD; Thomas Leist, MD, PhD; Guang-Xian Zhang, MD, PhD; Bogoljub Ciric, PhD; and Ziaur Rahman, PhD.

VITAL SIGNS: DECEMBER 2009		Budget	Actual	Prior Year
TJUH, Methodist, Geriatric Psychiatry, Jefferson Hospital for Neuroscience	Admissions	3,737	3,738	3,849
	Length of Stay	5.66	5.46	5.59
	Patient Days	21,165	19,955	21,392
	Outpatient Visits	35,888	35,786	35,689
	Patient Satisfaction Score (combined average): 84.9			

Raising the Roof on Outstanding Health and Medical Education

Jefferson continues to build on its vision for the future with the start of the construction of 901 Walnut this year. After the demolition of the existing building at the corner of 9th and Walnut scheduled to begin in February, Jefferson will construct a state-of-the-art, 11-story facility.

The new building will house the clinical programs for neuroscience (neurology and neurological surgery), freeing up space in the Jefferson Hospital for Neuroscience for additional inpatient use. In addition, the structure will be the new academic home for the Jefferson schools of Health Professions, Pharmacy, Population Health and Nursing. Construction is tentatively scheduled to begin in March/April 2010.





The Adopt-a-Family gift drive at Jefferson brought in donations for nearly 450 local women, men and children in transition. Thanks to all who donated gifts and volunteered time for this worthy cause. Pictured are Jacquelyne Roundtree, Melissa Cadet, Susan McFadden and Tessa Lawrence, members of the Committee of Student Advisors, who helped to coordinate the drive along with JeffPeds and TJUH Volunteer Services.

Accreditations and Designations

- Joint Commission Re-Accreditation
- Blue Distinction Center for Spine Surgery and Knee and Hip Replacement
- Get With the GuidelinesSM Stroke Gold Performance Achievement Award

SAVE THE DATE

“The Development of Immunotherapy for the Treatment of Patients with Cancer”

The Annual John H. Gibbon Lecture
Hosted by the Department of Surgery

April 1, 2010
BLSB, Room 105-107, 7 to 8 a.m.

Guest Lecturer:

Steven A. Rosenberg, MD, PhD
Chief of Surgery, National Cancer Institute,
and renowned cancer researcher



The portrait of Gerald J. Marks, MD, FACS, FASCRS, was recently presented to Thomas Jefferson University. Dr. Marks is an Alpha Omega Alpha Honor Society graduate of Jefferson Medical College where he received his general surgery and colorectal surgical training. A member of the Jefferson faculty for nearly 50 years, Dr. Marks has had a distinguished surgical career and has made numerous contributions to the field of colorectal surgery. Pictured are Drs. Charles J. Yeo, Gerald Marks, John Marks (Dr. Marks' son) and Jay Bannon.

Long-Term Lifestyle Changes Result in 34 Percent Lower Risk of Developing Diabetes

An ongoing research study by Jefferson staff members has found that patients who adopted a healthier lifestyle – including reducing total calorie intake and getting some exercise – have a 34 percent lower risk of developing diabetes. Those patients who embraced the lifestyle changes also experienced drops in heart disease risk factors including blood pressure, cholesterol and triglycerides.

The study, sponsored by the National Institutes of Health, Centers for Disease Control and Prevention, Indian Health Service and the American Diabetes Association, was

conducted in 27 centers nationwide and included over 3,800 patients who were at a high risk of acquiring the disease.

Jefferson trial site Principal Investigator Serge Jabbour, MD, Interim Director, Division of Endocrinology, Diabetes & Metabolic Diseases Jefferson Medical College, Thomas Jefferson University and his co-authors reported their findings in the online edition of *The Lancet*.

The Diabetes Prevention Program Outcomes Study (DPPOS) is a continuation of the Diabetes Prevention Program (DPP) which began in 1996. DPPOS will continue through 2013.

“Diabetes has become a problem of literally epidemic proportions here in the United States,” said Dr. Jabbour. “This study shows that people at high risk can delay the onset of this disease for years by embracing some moderate lifestyle changes. This delay can save both the patient and the healthcare industry millions of dollars in treatment and resources.”

“After 10 years of these combined studies our results point to weight loss being the key to delaying the onset of diabetes.

Learn more online at www.jeffersonhospital.org/news.



Congratulations to all of our “STAR” employees who were honored at the annual celebration in January. Pictured are colleagues who have received recognition from the STAR Employee Recognition Program for several years in a row. Standing with David McQuaid, TJUH Executive Vice President and COO (left) and Tom Lewis, TJUH President and CEO (right), are Tara Waters (3 Center), Sheri Lenard (9 Center), Tom Phillips (Patient Services), Patty Dallmer (9 Center) and Jay Leshner (9 Center). Not pictured: Joseph Merek (9 Center) and Regina LaBarth (7 West).

Pharmacy Professor Develops Prostate Cancer Drug

Vincent C.O. Njar, PhD, Professor of Medicinal Chemistry in the Department of Pharmaceutical Sciences at Jefferson School of Pharmacy, has produced a new drug that is a candidate for resistant prostate cancer. The clinical trials of the drug, TOK-001 (formerly VN/124-1), started on November 5, 2009, when the first study participant received it at Cancer Centers of the Carolinas/Greenville Hospital, South Carolina.

Every year in the U.S., more than 200,000 men are diagnosed with prostate cancer, which is one of the leading causes of cancer-related deaths of men. Prostate cancer cells are unique in that their growth is stimulated and supported by the male sex hormones, or androgens, which are produced mainly in the testes. Prostate cancer can be treated by surgical removal of the testes or through the use of medications that reduce androgen production. However, in many individuals, these

therapies fail after several years, allowing the cancer to regrow and thrive as castration-resistant prostate cancer (CRPC).

The only currently approved treatment for CRPC is taxotere, which has serious side effects in some patients, thus limiting its use. An effective treatment that is better tolerated by patients would extend survival and improve quality of life. TOK-001 can potentially reduce the production of androgen, block androgen interaction with intracellular receptors that mediate the hormone's effects and reduce the number of receptors available to interact with the hormone.

TOK-001 was developed by Dr. Njar in collaboration with Angela Brodie, PhD, Professor of Pharmacology at the University of Maryland School of Medicine. The current clinical development of the candidate drug is being sponsored by Tokai Pharmaceuticals of Cambridge, Massachusetts.

‘Mystery’ Diagnosis

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and specialize in the treatment of neurological tumors.

Based upon the discussion of the board, Dr. Evans recommended radiotherapy (radiation therapy) to assure that any remaining tumor cells were prevented from progressing.

“This was the right plan, since Nelson might not survive another surgery,” Debra said. Her friend is now on the road to recovery, making slow but steady progress. She credits that progress to our staff's responsiveness and high quality of care.

“Whenever there was an issue with Nelson's health, his nurse would call back quickly and always followed up with him. The doctors and nurses at Jefferson treated Nelson like he was their only patient and they really cared about him.”

So impressed was Debra with Nelson's care at Jefferson Hospital for Neuroscience that she nominated his caregiver team for the Hospital's STAR Employee Recognition Program for service excellence.

“I believe my friend will live with a much greater quality of life thanks to the caring team who saved his life,” Debra added. “A lot of people in the healthcare field don't get recognized. This group has been really amazing. I want to see the staff receive the thanks they deserve.”

“We are all very pleased with Nelson's outcome,” said Dr. Evans. “He was in a very difficult situation when he came to Jefferson. We hope he will continue to improve and have long-lasting benefits as a result of his treatment here.”

A survivor of a ruptured brain aneurysm and also under the care of Thomas Jefferson's Department of Neurosurgery, Debra knows the value of good healthcare.

“Jefferson saves lives every day. They saved my life, and while I don't remember much from my experience when I was first brought to Jefferson, I knew it was the right place for Nelson. My loyalties will always be with Jefferson.”

PEOPLE

TJU President Robert Barchi, MD, PhD, has announced that two Thomas Eakins professorships have been awarded to the following staff members: internationally renowned apoptosis researcher, **Emad Alnemri, PhD**, and **Michael P. Lisanti, MD, PhD**, Chair of the Department of Stem Cell Biology and Regenerative Medicine.

A group of neurosurgeons, including Jefferson's **David Andrews, MD, FACS**, took the lead in improving the quality of care for patients with brain metastases by drafting the first national evidence-based, multidisciplinary treatment guidelines for this type of tumor. The new treatment guidelines are now available from the American Association of Neurological Surgeons and the Congress of Neurological Surgeons. Dr. Andrews is Professor and Vice-Chair of Clinical Services in the Department of Neurological Surgery at Jefferson Hospital for Neuroscience.

Jefferson staff members were featured prominently at the Annual Meeting of the American Society of Anesthesiologists in October. Anesthesiology residents **Rammy Alam, DO**, and **Brad Taicher, DO**, along with **Richard Epstein, MD**, won the first place award in the scientific exhibit presented by the Anesthesia Patient Safety Foundation. During the meeting, faculty from Jefferson lectured at refresher courses, moderated scientific panels and scientific paper presentations, and presented the results of their scholarly activities in poster discussion sessions. Jefferson's Anesthesiology residency program remains in high demand, with a record number of well-qualified candidates applying and competing for a position.

Modern Healthcare quoted **Ed Barr**, TJUH Manager for Environmental Services, in an article on how hospitals are seeking alternatives to incineration in dealing with hazardous medical waste. In 1986, well ahead of the release of new EPA standards, Jefferson shut down its incinerator, opting for a more cost-effective alternative for waste processing.

Jefferson Medical College students **Katherine Bering** and **Matthew McClain** received medical student scholarships of \$2,000 from the Lycoming County Medical Society. Katherine is a first-year student and Matthew is a second-year student.

Jane Cavanaugh, RN, has won an Honorable Mention in the Leadership Category in *The New York Times* 2009 Tribute to Nurses Program. She is a staff nurse in Jefferson's Intensive Care Nursery.

The Phillies medical staff, including Jefferson orthopedic surgeon, **Michael Ciccotti, MD**, earned the *Dick Martin Award* from Baseball Prospectus for keeping the team in top physical condition. The award gives the Phillies bragging rights as having the "best medical staff in baseball."

Michael DellaVecchia MD, PhD, FACS, has been selected as a Regional Castle Connolly Top Doctor. He is Director of the Wills Eye Emergency Department at Jefferson.

Caltaldo Doria, MD, PhD, FACS, Director of the Division of Transplantation at Thomas Jefferson University Hospitals and Associate Professor of Surgery at Jefferson Medical College, is the recipient of the *Career Achievement Award* issued by the international association, Pugliesi nel Mondo. The award recognizes distinguished individuals born and raised in the Puglia region of Italy.



The Jefferson Awards Gala raised \$600,000 for Thomas Jefferson University and Hospitals at the Philadelphia Downtown Marriott on October 22. More than 500 guests honored Joseph and Marie Field (left), who received the *Award of Merit*, and Herbert E. Cohn, MD, JMC '55, (pictured with his wife, Natalie), who accepted the *Achievement Award in Medicine*. Proceeds will benefit the Joseph and Marie Field Laboratory for Cerebrovascular Research and education and research in thoracic and endocrine surgery.

PEOPLE

Thomas Force, MD, is spearheading a collaborative effort to define future research initiatives for identifying triggers and developing new therapies for hypertrophic cardiomyopathy (HCM) — the number one cause of sudden death in young people — which is often diagnosed when it's too late for medical intervention. He is James C. Wilson Professor of Medicine and Clinical Director, Center for Translational Medicine.

Leonard Gomella, MD, FACS, is the recipient of the University of Kentucky Medical Alumni Association's *Distinguished Alumnus Award* for his accomplishments in and commitment to academic medicine. This honor recognizes graduates of the medical school or residency program who have achieved a high level of distinction in their careers and have focused their efforts on the educational experience of medical students, residents, interns and/or fellows.

Mark Graham, MD, FACP, Associate Professor of Medicine at JMC, has received the PA Chapter of the American College of Physicians *2009 Clinical Practice Award*.

Dorothy Holt, PharmD, has been recognized as Preceptor of the Year by the Philadelphia College of Pharmacy (PCP), part of the University of the Sciences. She received the honor for her outstanding impact on PCP students during their five-week rotation at Jefferson.

Richard Kaplan, MD, was recently appointed to the Board of Directors of the Magee Rehabilitation Hospital Foundation. Dr. Kaplan has been a member of the Department of Rehabilitation Medicine at Jefferson since 1976.

Walter Koch, PhD, FAHA, Director of the Center for Translational Medicine in the Department of Medicine of Jefferson Medical College, has been awarded a *Method to Extend Research in Time (MERIT) Award* from the National Heart, Lung and Blood Institute (NHLBI) of the National Institutes of Health, which will provide \$3.9 million over 10 years. In addition, Dr. Koch was also chosen to deliver the Thomas W. Smith Memorial Lecture at the American Heart Association Scientific Sessions last November.

David Levin, MD, Professor and Chair Emeritus of the Department of Radiology, received the Gold Medal of the Radiological Society of North America at its annual meeting in December.

Irwin Levitan, PhD, has been appointed founding Chair of the new Department of Neuroscience at Jefferson Medical College and Director of the Farber Institute for Neurosciences of Thomas Jefferson University. Dr. Levitan is a distinguished and internationally renowned neuroscientist and, with his recruitment, Jefferson further strengthens its position as a center of undisputed excellence in basic, translational and clinical neuroscience research.

Michael Neiman has achieved certification in Healthcare Accreditation (CSHA). This is a certification given by the Association for Healthcare Accreditation Professionals.

The Pennsylvania State Nurses Association has appointed **Sharon Rainer, MSN, CRNP**, as Chair of the Government Relations Committee. She is currently a faculty member and coordinator of the Family Nurse Practitioner Program in the Jefferson School of Nursing at Thomas Jefferson University.

Jefferson staff members showcase their expertise in a new book published by Elsevier, *Images from the Wards: Diagnosis and Treatment*. The book is authored by **James S. Studdiford, MD, FACP**; **Marc Altshuler, MD**; **Brooke Salzman, MD**; and **Amber Tully, MD**, and includes input from more than 60 Jefferson contributors and consultants from a variety of departments. The book is now available at the Jefferson Medical and Health Science Bookstore, located at 1009 Chestnut Street.

ACHIEVEMENTS

Jefferson is one step closer to developing an AIDS vaccine. Researchers found that a rabies virus-based vaccine administered to monkeys protected against the simian equivalent of the HIV virus (SIV). The data were published in the journal *Vaccine*.

A team from the Jefferson Center for Applied Research on Aging and Health (CARAH) and Center in the Park, a senior center with which CARAH collaborates, received an award from the National Institute of Senior Center recognizing outstanding, innovative research in the senior center field. The team's winning research project was entitled: "Harvest Health: Translation of the Chronic Disease Self-Management Program for Older African Americans in a Senior Setting."

Researchers at Jefferson's Kimmel Cancer Center have identified a new mechanism of blocking HIV-1 from entering cells. The results of the Jefferson study might also be extended to understand the activities and limitations of drugs including local anesthetics, antibiotics and immunosuppressive agents used in clinical practice.

Positron emission tomography (PET) imaging of non-small cell lung cancer prior to receiving radiation therapy should not be the basis for determining areas that may benefit from higher doses of radiation, according to research presented by TJUH investigators at the 51st American Society for Radiation Oncology Annual Meeting. Findings indicate that it may be more appropriate to do a scan halfway through treatment and plan an additional radiation dose around that.

Jefferson received a Distinction Award in the category of Best Employee Recruitment Site at the 2009 eHealthcare Leadership Awards ceremony. The awards recognize the very best websites of a wide range of healthcare organizations.

Researchers from Thomas Jefferson University, the Pasteur Institute in Paris, and Yale University have identified a mechanism that helps bacteria avoid destruction in cells. They reported in *PLoS ONE* a way in which intracellular pathogens exploit the biological attributes of their hosts in order to escape destruction.

Thomas Jefferson University Hospitals is first in Pennsylvania to offer an FDA-approved device that helps individuals with certain types of spinal cord injuries breathe on their own again, without the support of a ventilator. Michael Weinstein, MD, Assistant Professor in the Department of Surgery at Jefferson, is among the first surgeons in the United States to implant the NeuRx DPS™ in patients with spinal cord injuries who lack voluntary control of their diaphragms.

Thomas Jefferson University is expanding its stem cell research program with a new academic department at Jefferson Medical College: Stem Cell Biology and Regenerative Medicine. The department will have two main focuses. The first is the use of stem cells as therapy for a variety of diseases, such as atherosclerosis, diabetes and neurodegenerative disorders, among others. The second focus is on cancer stem cells, identifying cancer stem cell markers and cancer stem cell treatment targets.

A Jefferson study may redefine how a chronic autoimmune disease is diagnosed. Researchers from Jefferson Hospital for Neuroscience have taken a novel approach in looking at the variables associated with chronic inflammatory demyelinating polyneuropathy (CIDP). Their study appeared in the *Journal of Clinical Neuromuscular Disease*.

Researchers from the Biotechnology Foundation Laboratories at Thomas Jefferson University have identified a way to increase the oil in tobacco plant leaves, which may be the next step in using the plants for biofuel. Their paper was published online in *Plant Biotechnology Journal*.

JEFFCALENDAR

SEMINARS

Wednesday, February 10

• Women's Health Source, Emily Rubin, RD, "Approaches to Healthy Eating," New resolutions...new diet. Learn about eating the right things to improve your weight and health. Time: noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. RSVP to 1-800-JEFF-NOW. (Free lunchtime program.)

Saturday, February 20

• Center for Education and Development of Clinical Homeopathy/Myrna Brind Center of Integrative Medicine, Homeopathy Course for HealthCare Professionals, Ronald Boyer, MD, Internationally Recognized Authority in the Education and Practice of Homeopathy, "Clinical Homeopathy," 9 a.m. to 5 p.m., BLSB. For more information, call the CEDH at 610-325-0918. Also, Sun., Feb. 21, Mar. 19 and 20; Apr. 17 and 18.

Wednesday, February 24

• Women's Health Source, Danielle Duffy, MD, "Women and Heart Disease." Did you know that women present with cardiac symptoms differently from men? Join us for this life saving lecture. Time: noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. RSVP to 1-800-JEFF-NOW. (Free lunchtime program.)

Thursday, March 11

• Women's Health Source, Marianne Ritchie, MD, "The Convenient Truth About Your Colon." March is Colon Cancer Awareness month - learn what you can do to avoid this preventable disease. Time: noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. RSVP to 1-800-JEFF-NOW. (Free lunchtime program.)

Friday, March 12 - Thursday, March 13

• Jefferson InterProfessional Education Center, 2nd Annual Conference, Keynote Speaker: Joan Weiss, PhD, RN, CRNP, Director, Division of Diversity and Interdisciplinary Education Health Resources and Services Administration, "Interprofessional Care for the 21st Century: Redefining Education and Practice," 4 to 7 p.m., Hamilton Bldg. Also, Sat., March 13, 8:15 a.m. to 3:15 p.m., Keynote Speaker: Madeline Hubbard Schmitt, PhD, RN, FAAN, FNAP, Professor Emerita, Professor of Nursing, University of Rochester. (Educators, clinicians, researchers, policy-makers, and other stakeholders in health and social services arena should attend.)

Wednesday, April 7

• Women's Health Source, Dr. Bernard Merizalde, "Women's Health and Homeopathy." What is Homeopathy and how can it help women in planning for their health and well being? Join us for this powerful program. Time: noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. RSVP to 1-800-JEFF-NOW. (Free lunchtime program.)

Wednesday, April 14

• Women's Health Source, Rae Conley, MSN, RN, CRN, Clinical Nurse Specialist, "Fido: Friend or Foe?" Dog bites are traumatic both physically and mentally. Learn the warning signs to avoid this warm-weather injury. Time: noon to 1 p.m., 925 Chestnut St., 2nd fl. conference room. RSVP to 1-800-JEFF-NOW. (Free lunchtime program.)

LECTURE

Thursday, April 1

Annual John H. Gibbon Lecture, Steve Rosenberg, MD, PhD, National Cancer Institute, "The Development of Immunotherapy for the Treatment of Patients with Cancer," 7 to 8 a.m., 105-107 BLSB.

Monday, April 12

Dermatology and Cutaneous Biology, Lecture Series on Tissue Engineering and Regenerative Medicine, Dr. Di Chen, University of Rochester, "Beta-catenin is a key mediator for the development of degenerative disc disease," noon to 1 p.m., 139 JAH.

FORUMS

Wednesday, February 10

• Health Policy, Carolyn Choh Fleming, MBA, Professor of Marketing, Department of

Pharmaceutical Marketing, Saint Joseph's University, "Turning Dialogue Into Data: Leveraging Patient and Physician Insights for Behavioral Change," 8:30 to 9:30 a.m., 101 BLSB.

Wednesday, March 10

• Health Policy, Kenneth J. Braithwaite, II, Senior Vice President, Hospital and Health System Association of Pennsylvania, Delaware Valley Hospital Council, and Laval Miller-Wilson, Executive Director, Pennsylvania Health Law Project, "How Pennsylvania's Budget Shapes Service Delivery," 8:30 to 9:30 a.m., 101 BLSB.

Wednesday, April 14

• Health Policy, Michael Christopher Gibbons, MD, MPH, Associate Professor, Johns Hopkins Urban Health Institute," 8:30 to 9:30 a.m., 101 BLSB.

GRAND ROUNDS

Wednesday, February 3

• Family and Community Medicine, Steven K. Herrine, MD, Associate Director/Liver Transplant, Dept. of Gastroenterology & Hepatology, TJU, "Update on Hepatitis C," 8 to 9 a.m., 101 BLSB; also, Wed., Feb. 10, Matthew Adler, MD, PGY 3 and Chidinma Osefo, MD, PGY 2, 8 to 9 a.m., 105/107 BLSB.

Friday, February 5

• Neurosurgery, David W. Roberts, MD, Visiting Professor, MD, topic t/b/a, 7 a.m., DePalma Aud. Also on Fri., Feb. 12, Sonia Teufack, MD; Fri., Feb. 19, Kim Williams, MD; Fri., Feb. 26, Journal Club.

Wednesday, February 24

Schwartz Center Rounds at Jefferson, 12 to 1 p.m., 101 BLSB. Lunch is provided and will be available at 11:45 a.m. Subsequent sessions on the fourth Wednesday of each month: 3/24/10, 4/28/10, 5/26/10, and 6/23/10.

Friday, March 5

• Neurosurgery, Chengyuan Wu, MD, topic t/b/a, 7 a.m., DePalma Aud. Also, Fri., Mar. 12, David I. Krieger, MD; Fri., Mar. 26, Journal Club; Fri., Apr. 2, Rohan Chitale, MD and Fri., Apr. 30, Journal Club.

Wednesday, March 10

• Family and Community Medicine, Anne Hackman, MD, PGY 3, Vasudha Koganti, MD, PGY 2, "Morbidity and Mortality," 8 to 9 a.m., 105/107 BLSB. Also, Wed., Mar. 17, Richard C. Wender, MD, Chairman, Town Meeting; Wed., Apr. 7, Kathryn Conniff, MD, PGY 3 and Stephen Fleegle, MD, PGY 2; and Wed., Apr. 22, Annual Spring Conference, Brucker Lecture, Kynett Symposium and Clinical Updates, 8 a.m. to 3 p.m., 101 BLSB. (Also, Thursday, April 23).

MEETINGS

Monday, February 8

• TJUH Executive Committee of the Medical Staff, 5 p.m., 636 Scott. Also, Mar. 8 and Apr. 12.

Tuesday, March 16

• TJUH Women's Board, Executive Committee, 10 a.m., 1645 Thompson. Also, Tue., Apr. 20.

CLASSES

Tuesday, February 2

• Jefferson-Myrna Brind Center of Integrative Medicine, The Mindfulness Institute, "Mindfulness for Psychotherapists," 6:30 to 9:30 p.m., Bryn Mawr Hospital, Bryn Mawr, PA. An 8-week course: Tuesday evenings through March 23. (This program was developed specifically for therapists, counselors and social workers, but is applicable to healthcare providers in other therapeutic environments as well.) For more information or to obtain a registration form, visit our website at www.jeffersonhospital.org/mindfulness, select 'Professional Training' and click on the yellow box for this program, or call Don McCown at 215-913-8866.

Thursday, February 11

• Nursing, Parent Education, Prenatal Breastfeeding Class (free program to all expectant and new moms), 6 to 8 p.m., 1840 Gibbon. No RSVP necessary! Call Parent Education for more information

at 215-955-6713. Also, Wed., Feb. 24, Thurs., Mar. 25, Tue., Mar. 30, Mon., Apr. 12 and Wed., Apr. 21.

Thursday, February 18

• Nursing, Parent Education, "Infant and Child CPR for Families and Friends." Time: 6 to 9 p.m., 1840 Gibbon. Also, Mon., Mar. 22 and Wed., Apr. 7. Fee \$35 /couples, \$60.; RSVP needed. Call 1-800-JEFF-NOW.

Wednesday, March 10

• Nursing, Parent Education, "Pediatrician's Night?" Practical tips from a pediatrician on preparing for your new baby. Time: 7 to 9 p.m., 1840 Gibbon. Free program. RSVP to 1-800-JEFF-NOW.

Tuesday, March 23

• Nursing, Parent Education, Calling all parents, grandparents and caregivers. Join us for our Car Seat Safety Night at Jefferson, 7 to 9 p.m., 1840 Gibbon. This free community program is a must for new families. Keep your baby safe! Call 1-800-JEFF NOW to RSVP.

Saturday, March 27

• Nursing, Parent Education, "Sibling Class." Time: 10 a.m. to noon, 1840 Gibbon. Free program. RSVP to 1-800-JEFF-NOW.

SPECIAL EVENTS

Wednesday, February 3

• WXPN Musicians On Call plays for Jefferson patients. Also on Weds., Feb. 10, 17 and 24; Mar. 3, 10, 17, 24, 31; Apr. 7, 14, 21, 28.

Wednesday, February 10

• Nursing, Parent Education, Maternity Hospital Tour, 6 p.m. (promptly), Lobby, Pavilion. (Children under the age of 16 will not be permitted onto the Maternity units during the flu (H1N1) season. Also, Weds., Feb. 24, Mar. 10, 24, Apr. 14 and 28 (Tour: 2nd and 4th Wed. of every month). For more information, call 1-800-JEFF NOW.

Thursday, April 22

• Women's Board of TJUH, Jewelry Sale, 8 to 4 p.m., Gibbon, W. Atrium, 11th St. Also on Friday, April 23.

RELIGIOUS

Tuesday, February 2

• Come join our Tuesday Prayer and Bible Study Class, noon, JAH. All are welcome. Please contact Annette Chesson at 215-955-8991 for more information or e-mail annette@praynowministry.com. Also, Tues., Feb. 9, 16, 23; Mar. 2, 9, 16, 23 and 30; and Apr. 6, 13, 20 and 27.

Thursday, February 4

• Christian Bible Study, Prayer and Fellowship group, 1 to 2 p.m., Room 220, Hamilton Bldg. Also Thurs., Feb. 11, 18, 25; Mar. 4, 11, 18, 25; Apr. 1, 8, 15, 22, and 29. Call Doretha at 267-231-7463 or email DJohn91@yahoo.com

Friday, March 26

• Inspirational video presentation/Bible study, 3 separate sessions: noon to 1:30 p.m., 139 JAH. All welcome. Call Luel at 610-717-2824, Ester at 215-955-5951. Also, Fri., April 30.

SUPPORT/EDUCATION

Tuesday, February 2

• Parent Education Nursing, Breastfeeding and Pumping Mothers group meets every Tuesday, noon to 1 p.m., 833 Chestnut St., 3rd fl., Family Medicine Conference Room. All breastfeeding moms and babies, patients and employees are invited. Walk-ins and brown bags are welcome! Call Parent Education at 215-955-6713 for more information. Also every Tuesday in Feb., Mar. and Apr. 2010.

Wednesday, February 3

• Comprehensive Acute Rehabilitation Unit, Stroke Support Group, 12:30 to 1:30 p.m., Patient Lounge, 363 Main Bldg. (Group meets the 1st Wed. of every month.) Also, Weds., Mar. 3 and Apr. 7, 2010.

Thursday, February 4

• Kimmel Cancer Center, Radiation Therapy Information Session, 10 to 11 a.m., G312 Bodine. Also, every Thursday in Mar. and Apr., 2010.

Monday, February 8

• Rehabilitation Medicine, Swallowing Disorders Support Group for any person or family member who has a swallowing

problem or is unable to eat by mouth because of the swallowing problem, meets the second Monday of the month, noon to 1 p.m., OP Rehab Conference Room, 25 S. 9th St., Philadelphia. Contact Addy Schultz, CCC-SLP/L at 215-955-0122 or email: Adeline.Schultz@jeffersonhospital.org. Also Mondays, Mar. 8 and Apr. 12.

Monday, February 8

• Kimmel Cancer Center, Jefferson Journaling: A Program for Women Facing Cancer - A workshop providing techniques and tools for journaling to reduce stress, noon to 1 p.m., G312 Kimmel Cancer Center. Call 1-800-JEFF-NOW. Also, Mon., Mar. 8 and Apr. 12.

Wednesday, February 10

• Kimmel Cancer Center, Back in the Saddle: A workshop designed to help patients and families address the many issues that may arise after the completion of treatment, 5 to 7 p.m., G312 Kimmel Cancer Center. Also, Wed., Apr. 28. To register, call 215-955-8370 or register online at jeffersonhospital.org/cancerprograms

Thursday, February 11

• Kimmel Cancer Center at Jefferson, Facing Breast Cancer with Information and Support, Katherine Rehm, LCSW, and Kathryn Noble, LCSW, Oncology Social Workers, KCC, TJU, "Managing Emotions and Coping with Adjustment," noon to 1:30 p.m., 105 BLSB. To register, call 215-955-8370 or register online at jeffersonhospital.org/cancerprograms

Wednesday, February 17

• Neurosurgery, Aneurysm and AVM support group for individuals, family members, and friends who have been affected by a cerebral aneurysm, subarachnoid hemorrhage, or AVM, 6:30 p.m., 909 Walnut, 3rd fl. conference room. (Meets the 3rd Wed. of the month.) If you have any questions, please call Jill Galvao at 215-503-1714. Also Weds., Mar. 17 and Apr. 21, 2010.

Thursday, February 18

• Rehabilitation Medicine, Nu-Voice Club of Center City, a support group for laryngectomy patients, family members and friends, meets the third Thursday of every month except July and August, noon to 1:30 p.m., 9490 Gibbon. Contact Barbara Baskin, MS, at 215-955-2554, email: Barbara.Baskin@jeffersonhospital.org, or Nancy Travers, MA, at 215-955-2554, e-mail: Nancy.Travers@jeffersonhospital.org Also, Thurs., Mar. 18 and Apr. 15, 2010.

Thursday, February 25

• Kimmel Cancer Center, Navigating the New Normal, "Coffee and Conversation" - an educational and support program for adults between the ages of 18 and 45 who are living with cancer or have a history of cancer. The program will be lead by a licensed social worker. Time: 7 to 8:30 p.m., Starbucks, 10th & Chestnut Sts, Philadelphia. Also, Thurs., Mar. 25 and Apr. 22. To register, call 215-955-8370 or register online at jeffersonhospital.org/cancerprograms

Thursday, February 25

• Kimmel Cancer Center at Jefferson, Current Topics in Cancer, David Andrews, MD, Professor, Department of Neurosurgery, TJU, "Cognitive Changes in Brain Tumor Patients," noon to 1:30 p.m., G-312 Bodine. To register, call 215-955-8370 or register online at jeffersonhospital.org/cancerprograms

Thursday, March 11

• Kimmel Cancer Center, Man-to-Man, an educational program for men facing prostate cancer, Pat Shenot, MD, Assistant Professor, JMC, Department of Urology, "Post-Prostatectomy Voiding Dysfunction," noon to 1:30 p.m., 105 BLSB. To register, call 215-955-8370 or register online at jeffersonhospital.org/cancerprograms

Thursday, March 18

• Kimmel Cancer Center at Jefferson, Current Topics in Cancer, Susan Littman, MD, Assistant Professor, Department of Medical Oncology, TJU, "Colorectal Cancer," noon to 1:30 p.m., G-312 Bodine. To register, call 215-955-8370 or register online at jeffersonhospital.org/cancerprograms

Tuesday, March 23

• Rehabilitation Medicine, Spasmodic Dysphonia, 4 to 5 p.m., Outpatient Rehab Medicine Offices, 25 S. 9th St. Contact Addy Schultz, CCC-SLP/L at 215-955-0122 or e-mail: Adeline.Schultz@jeffersonhospital.org

Monday, April 5

• Nursing, Parent Education, "Grandparents Night." Time: 7 to 9 p.m., 1840 Gibbon. Free program. RSVP to 1-800-JEFF-NOW.

Thursday, April 22

• Kimmel Cancer Center, "Hereditary Gynecological Malignancies," Norman Rosenblum, MD, Professor, Department of Ob/Gyn, TJU. This program will provide an overview of ovarian cancer treatment with an emphasis on hereditary gynecological malignancies related to BRCA 1 and 2 mutations and other hereditary syndromes, noon to 1:30 p.m., G312 Kimmel Cancer Center. To register, call 215-955-8370, 1-800-JEFF-NOW or register online at jeffersonhospital.org/cancerprograms

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