Improve the Lives of Families Living with Dementia

Become a Certified Provider of Skills2Care

Help older adults in your community effectively manage dementia and other challenges of aging with Skills2Care, a new home-based occupational therapy service. Developed and tested by researchers and clinicians at Thomas Jefferson University, the program has been proven to reduce caregiver’s stress while helping them:

- Manage challenging behaviors such as wandering or refusing help,
- Engage their family member in meaningful activities,
- Make their home safer.

As part of the Jefferson School of Health Professions, Jefferson Elder Care provides training for occupational therapists and customized consultation for agencies to integrate and promote this market-ready, reimbursable service.

Fee Schedule – Per Trainee cost:

- 1-10 trainees  $2000/per person
- 11-19 trainees  $1500/per person
- 20 trainees  $1200/per person

Schedule:

2013
Session 4: November 14 & 15

2014
Session 1: February 13 & 14
Session 2: May 15 & 16
Session 3: August 14 & 15
Session 4: November 13 & 14

- Sessions include a maximum of 20 participants, minimum of five. If minimum enrollment is not reached by one month prior to session, enrollees will be credited to attend next scheduled session.
- Fees: $2,000. Add $200 late fee if registering less than 30 days prior to session.
- Trainees are responsible for travel and lodging.

For more information:
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Research to develop and test Skills2Care™ has been supported by funds from the Administration on Aging, Alzheimer’s Association, National Institutes of Health (NIMH, NIA, NINR), Pennsylvania Department of Health Tobacco Settlement, Farber Family Foundation, and the Rosalynn Carter/Johnson & Johnson initiative.

“I am so grateful that I have a new tool to offer my patients and their families. Skills2Care™ has provided me with a new approach to manage patient’s who have Alzheimer’s and Related Dementias. The daughter of a patient who had participated in Skills2Care™ called recently to say, ‘This is huge! It has made such a difference in my life.’ The family had been having increasing difficulty managing the mother’s illness. When I offered Skills2Care™ it was the first time I felt like I was making a difference in both their lives.”

— Debbie Schwartz, OTR/L
New Jersey

Training Sessions
Held at Thomas Jefferson University

Group Training Sessions are held four times per year on the Thomas Jefferson University campus in Philadelphia, PA.

Schedule:

2013
Session 4: November 14 & 15

2014
Session 1: February 13 & 14
Session 2: May 15 & 16
Session 3: August 14 & 15
Session 4: November 13 & 14

 Held at Agency Site

The Jefferson team can visit any location to train five or more occupational therapists. Fees will be discounted for larger trainee sessions, travel expenses are additional.

Fee Schedule – Per Trainee cost:

- 1-10 trainees  $2000/per person
- 11-19 trainees  $1500/per person
- 20 trainees  $1200/per person

Occupational Therapists can earn 30 contact hours of continuing education from Skills2Care™ training.

To register for any of these sessions, go to: www.jefferson.edu/elder_care or call 215-503-6791.

The individuals pictured did not make the statements in this brochure.
Skills2Care™ slows the decline in daily functioning of persons with dementia, and reduces challenging behaviors that can trigger nursing home placement. This home-based program improves well-being and skills of family caregivers. Occupational therapists teach family caregivers how to manage the day-to-day challenges of dementia, and methods for taking care of themselves. Care strategies are uniquely tailored to the needs and environments of each family.

The program is recognized by the Administration on Aging as an evidence-based program that can be delivered through aging service networks.

**Training & Certification**

Occupational therapists must be trained and certified in order to provide Skills2Care™.

**Certification Requirements**

- Four hours of assigned readings
- Eight hours of Web-based training
- Two days of on-site training
- One case presentation to demonstrate application of core treatment principles and integration of key components of intervention
- Up to five coaching sessions via teleconference
- Up to five completed cases (minimum of three sessions per case) within eight months
- Certification is for two years followed by annual re-certification requirement

**Training Topics**

- Dementia and understanding challenging behaviors
- Nature of caregiving and cultural considerations
- Program components and delivery procedures

**Agency Benefits**

**New Revenue Opportunity**

Agencies can develop a new revenue stream through Skills2Care™. Agencies should see a fast return on the training investment, depending on the number of cases seen.

**Ongoing Clinical Support**

To receive Skills2Care™ certification, the occupational therapist must complete up to five cases within six to eight months following their training. Tailored coaching is provided at intervals throughout this period, ensuring that the agency’s clients are receiving a high quality service, and that a portion of the training investment is returned within six months.

**Onsite Training**

Jefferson Elder Care can train and certify between five and 20 occupational therapists in Skills2Care™ at any agency location in the U.S. (See back page for details.)

**Deductible Expense**

Most agencies can deduct the cost of continuing education from their federal taxes. Typically, a business can deduct up to $5,250 in expenses per employee if these expenses are for work-related education and training programs.

**Skills2Care™ Training Certification & License Fees**

<table>
<thead>
<tr>
<th>Description</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Initial Two-Year Certification (includes training and materials, Listserv access, and notification of evidence-based revisions to intervention protocol)</td>
<td>$2,000.00</td>
</tr>
<tr>
<td>Annual Recertification after first two years (includes Listserv access and notification of evidence-based revisions to intervention protocol)</td>
<td>$200.00</td>
</tr>
<tr>
<td>Marketing/Program Consultation (available upon request)</td>
<td>$200.00/hr</td>
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</tbody>
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License and Training Agreement must be signed by agency or occupational therapist. No fee

**Payment and Reimbursement**

Skills2Care™ can be:

- Integrated into the patient’s occupational therapy plan of care. When provided to families as part of the patient’s treatment, Skills2Care™ may be reimbursed by Medicare Part A or B.
- Provided to family caregivers as a paid consulting service.
- Provided through aging service networks through the National Family Caregiver Support Program.

**Certification Training for Occupational Therapists**

Jefferson Elder Care trains and certifies occupational therapists in Skills2Care™. Once certified, therapists can provide the service in their community for up to two years. Certification can be easily renewed after two years.