

Community and Trauma Counseling

Department of Counseling and Behavioral Health
College of Health Professions

Presentation Overview

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Professional Counselors practice the prevention and treatment of mental, emotional, and behavioral disorders and associated stresses that interfere with mental health and normal growth and development. The Master of Science in Community and Trauma Counseling Program provides graduates with the knowledge and skills for trauma-informed practice as community mental health counselors across a breadth of settings including agency and institutional settings, professional private practice, and other environments influenced by traumatic events and extreme stress.

YEAR ONE

PLAN OF STUDY

PRE-FALL

Foundations of Trauma Counseling

FALL

Orientation to the Counseling Profession
Advanced Counseling Theory and Practice
Psychopathology
Practicum I-Theory and Practice of Counseling

SPRING

Neurobiology of Trauma
Human Growth and Development
Social and Cultural Diversity
Practicum II

SUMMER

Assessment in Counseling
Group Work in Community and Trauma
Counseling/Experiential Group
Attachment, Relationships and Family Therapy
Research and Evaluation

YEAR TWO

PRE-FALL

Childhood Trauma
Foundations of Addictions

FALL*

Adv. Clinical Interventions in Trauma Counseling I
Internship I

SPRING*

Career Development
Adv. Clinical Interventions in Trauma Counseling II
Internship II



- **MS in Community and Trauma Counseling with Art Therapy Specialization**

- 69 credit curriculum prepares students for state licensure (LPC) and the Art Therapy Board Certification (ATR-BC) credential. *Coursework begins in the summer before standard CTC curriculum, with three AT specific courses.*
- Specialization Specific Courses: Ethics, Standards & Professional Orientation in AT; History and Theory of Art Therapy; Studio and Techniques of Art Therapy; Group Work in Art Therapy and Counseling (*replaces Group Work in Community and Trauma Counseling*); Art Therapy Assessment (*replaces Advanced Interventions II*).

- **MS in Community and Trauma Counseling with Child Trauma and Play Therapy Specialization**

- 66 credit curriculum prepares students for state licensure (LPC) and the Registered Play Therapist (RPT) credential.
- Specialization Specific Courses: Foundations of Child Centered Play (*fall year 2*); Historically Significant Approaches: Directive Play Therapy (*fall year 2*); Integrative Seminar: Intersectionality and Play Therapy (*replaces Advanced Interventions II*).

- **MS in Community and Trauma Counseling with Trauma, Addictions and Recovery Specialization**

- 66 credit curriculum prepares students for state licensure (LPC) and the Certified Advanced Alcohol and Drug Counselor (CAADC) credential
- Specialization Specific Courses: Screening, Assessment and Treatment Planning for Addiction (*fall year 2*); Ethical Treatment and Intervention for Addiction (*fall year 2*); Neurobiology and Psychopharmacology of Addiction (*replaces Advanced Interventions II*).

GRADUATION RATE

85%

 PLACEMENT RATE

94%

Completion rates do not account for students who extend their time to complete clinical hours, require remediation on clinical skill development, or move to part-time status.

 Honor Society

- Delta Sigma Mu is the CTC program's chapter of Chi Sigma Iota, the national counseling honor society. Delta Sigma Mu includes current students (both as members and in leadership roles) and alumni, offering networking and service opportunities.

 EMPLOYERS OF JEFFERSON GRADUATES

- Northeast Treatment Centers
 - My Sister's Place
 - Children's Crisis Treatment Center
 - George Washington University
 - Lenape Valley Foundation
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JOB TITLE

Mental Health Counselor (Licensed Professional Counselor- once post-graduate licensure requirements are met).

OUTLOOK

According to the Bureau of Labor Statistics (2018) employment of mental health counselors is projected to grow 23 percent from 2016 to 2026, much faster than the average for all occupations. Employment growth is expected as people continue to seek addiction and mental health counseling.

The majority of CTC graduates are employed within community mental health agencies, others are employed in K-12 school settings, higher education counseling centers, child welfare organizations, residential treatment centers, and private practice settings.

SALARIES

MAX

\$70,100



MEDIAN

\$45,740

Job Outlook
(2018-2020) +22%



- **American Counseling Association**

- ACA's mission is to Promote the professional development of counselors, advocate for the profession, and ensure ethical, culturally-inclusive practices that protect those using counseling services.

- **American Mental Health Counselors Association**

- AMHCA's mission is to advance the profession of clinical mental health counseling by setting the standard for: Collaboration, Advocacy, Research, Ethical Practice, and Education, Training, and Professional Development.

- **National Board of Certified Counselors**

- NBCC is the premier credentialing body for counselors, ensuring that counselors who become board certified have achieved the highest standard of practice through education, examination, supervision, experience, and ethical guidelines.



Meilinda Ko

CLASS OF 2020

Meilinda has completed her clinical placement at Keystone Hospice House, working as a bereavement counselor for those who've lost someone they loved. Most of her clients are older adults (50+). Meilinda's aims to continuing to develop a specialization in grief and loss / bereavement post-graduation

"The CTC program shaped me as a clinician and scholar through gaining more knowledge of trauma and how it affects people- it has become my lens now. It's interesting (and sometimes slightly disheartening) to see the world through a trauma lens. A lot of situations make more sense, and it's made me curious about what more significant changes (like medical policies) can be made to improve the lives of trauma-impacted communities."



Dr. Nicole G. Johnson

ASSISTANT PROFESSOR & COORDINATOR OF CLINICAL
DEVELOPMENT
DEPARTMENT OF COUNSELING AND BEHAVIORAL HEALTH,

BA IN PSYCHOLOGY- TEMPLE UNIVERSITY
M.ED. IN COUNSELING PSYCHOLOGY- TEMPLE UNIVERSITY
PhD IN COUNSELOR EDUCATION & SUPERVISION, REGENT
UNIVERSITY

Dr. Johnson's clinical experience centers around working with individuals with substance use and mental health disorders. She is the President of the Greater Philadelphia Area Counseling Association (GPACA) and a Subject Matter Expert in Addictions.

COURSES

- CTC 602- PRACTICUM I
- CTC 701- PRACTICUM II
- CTC 791- INTERNSHIP I
- CTC 792- INTERNSHIP II
- CTC 614- ADDICTIONS THEORY AND PRACTICE

Dr. Nicole G. Johnson

DEPARTMENT OF COUNSELING AND BEHAVIORAL HEALTH,
ASSISTANT PROFESSOR & COORDINATOR OF CLINICAL DEVELOPMENT

Dr. Johnson has served in community counseling for almost 20 years in Philadelphia and the surrounding counties. A clinician at heart, Dr. Johnson has developed a professional perspective to care for the client and the clinician. She dedicates time to the building of professionals' expertise, as she believes this is the key to effective service provision. In addition, she has a passion to educate the community and reduce stigma around mental health. Professionally, she serves in local, regional and national organizations committed to the development of the field of counseling, professionals counselors and substance use disorder treatment.

“As counselors we ride along with others on their journey of life. This role is a humbling yet rewarding experience.”

In addition to maintaining a private clinical practice including providing individual/family counseling, training, supervision and consultation to other professionals, Dr. Johnson loves teaching at Jefferson with a team dedicated to sharing knowledge of the impact of trauma on the human experience. In the CTC program, faculty prepare students to engage in community and trauma mental health counseling. With the unique perspective and knowledge gained from this program around trauma, Jefferson graduates are equipped to build healing relationships that promote wellness in the individual and community.

Amelia Napolitano

Psychotherapist, Column Health
Addiction / Mental Health Outpatient Clinic
Somerville, MA
CLASS OF 2019

The primary skills and knowledge that Amelia calls upon in her professional practice that were learned and honed in the CTC program are the clinical decision-making skills, talk therapy skills, specific trauma interventions, and a focus on collaboration and coordination of care.

“I strive to provide quality and compassionate care. My time in the CTC program has taught me how to convey professionalism and empathy, while also remaining an authentic and veracious individual.”





Jefferson

Thomas Jefferson University