Master of Science in Athletic Training

Jefferson College of Rehabilitation Science



Presentation Overview

- Program Description
- Plan of Study
- Sample Student Work
- Outcomes
- Careers
- Professional Associations
- Student Profile
- Faculty Profile
- Alumni Profile



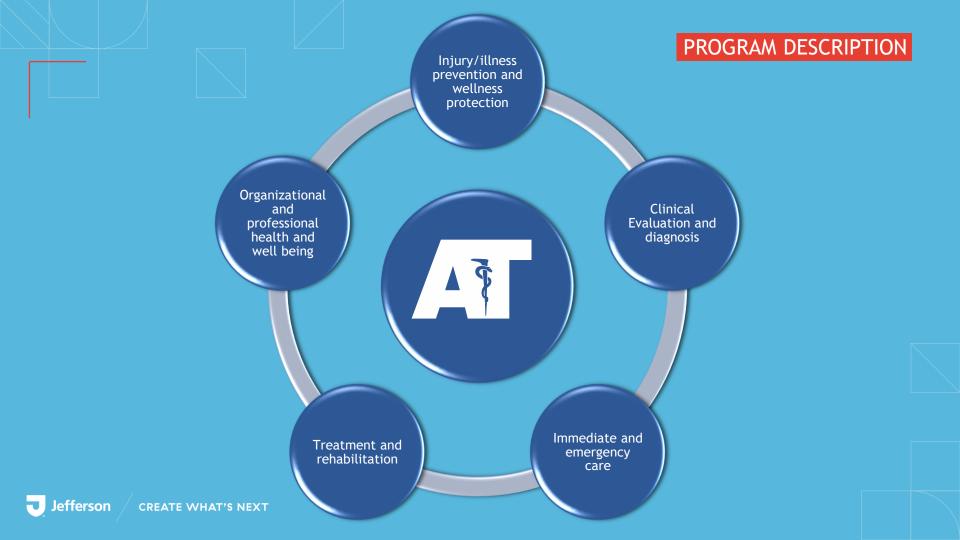


Dr. Kelly D. Pagnotta

Master of Science in Athletic Training, Program Director







PLAN OF STUDY

Fall 1 (8 Weeks)	Spring 1(8 Weeks)
	ATP 625 Prevention, Evaluation and Treatment of Athletic
ATP 600 Emergency Care (4 credits)	·
ATP 602: Scientific Inquiry and Writing (1 credit)	Injuries I (Upper Extremity) (4 credits)
ATP 605 Fundamentals of Athletic Training (4 credits)	ATP 630 Therapeutic Modalities (3 credits)
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ATP 610 Basics of Rehabilitation (3 credits)	ATP 635 Human Physiology <i>(3 credits)</i>
ATP 615 Functional Human Anatomy (3 credits)	ATP 645 Motor Control and Human Movement (3 credits)
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Fall 2 (8 Weeks)	Spring 2 (8 Weeks)
ATP 620 Practicum in Athletic Training I (3 credits)	ATP 640 Practicum in Athletic Training II (3 credits)
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*Immersive Clinical	*Immersive Clinical
Total Fall Credits= 18	Total Spring Credits= 16
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Summer 1 or Summer 2 (6 Weeks)

ATP 660 Specialty Practicum in Athletic Training (2 credits)*Immersive Clinical

Summer (12 Weeks)

ATP 691- Research/Collaborative Project (1 credit) (Asynchronous online course)

Total Summer Credits= 3

Fall 1 (8 Weeks) ATP 661 Practicum in Athletic Training III (3 credit) *Immersive Clinical	Spring 1 (8 Weeks) ATP 662 Practicum in Athletic Training IV (3 credit) *Immersive Clinical
Fall 2 (8 Weeks) ATP 665 Prevention, Evaluation and Treatment of Athletic Injuries II (Lower Extremity) (4 credits) ATP 675 Strength and Conditioning (3 credit) ATP 685 Organization and Administration in Athletic Training (2 credits) ATP 690 General Medical Condition and Pharmacology in Athletic Training (3 credit)	Spring 2 (8 Weeks) ATP 670 Prevention, Evaluation and Treatment of Athletic Injuries III (Spine and advanced techniques) (4 credits) ATP 695 Psychological Aspects of Injury and Rehabilitation (3 credit) ATP 696 Special Topics in Athletic Training (2 credits) ATP 692 Research/Collaborative Project II (1 credit)
Total Fall Credits= 15	Total Spring Credits= 13
GRADIIATION MAY	

GRADUATION MAY **Total Program Credits= 65**

SAMPLE STUDENT WORK















74%

92%

89%

Accreditation

 Accredited through the Commission on Accreditation of Athletic Training Education through 2024

EMPLOYERS OF JEFFERSON GRADUATES

- Springfield Township High School
- Framingham State University
- Delaware State University
- Dr. Lee Cohen
- Cinnaminson High School
- AND MORE...



Athletic Training

OUTLOOK

Employment of athletic trainers is projected to grow 19 percent from 2018 to 2028, much faster than the average for all occupations.

Demand for athletic trainers is expected to increase as people become more aware of the effects of sports-related injuries, and as the middle-aged and older population remains active.



- National Athletic Trainers' Association
 - NATA is the professional organization for athletic trainers.
- Board of Certification
 - BOC is the national certifying body for athletic trainers.
- Commission on Accreditation of Athletic Training Education
 - CAATE is the accrediting body for athletic training programs.



Jacie Fabro

Kaua'i, Hawaii CLASS OF 2021

Deciding on the athletic training route so late in my undergraduate career left me worried about whether not I'd be behind in the pursuit of my career endeavors. After speaking with Dr. Ricker Adkins, I was able to gain better insight into the program and learned about how this program, with full clinical immersions, would help prepare and lead me toward a career in athletic training. Additionally, his support during the application process alone gave me an indication of the type of faculty that I would be learning from and that support has transcended across all faculty.

From lecture to lab, I love how hands on and clinically immersive the program is as it helps to put what we are learning to use and in turn helps to build that confidence and experience in our clinical skills. The professors also cultivate an environment that makes learning interactive, purposeful and fun as well as comfortable enough to ask questions and have conversations to gain a better understanding. You're also working so closely with your classmates that it becomes like a little family that helps each other through the stressful times and cheers you on through the good.





Steven Hartman

North Wales, PA CLASS OF 2021

I came to Jefferson because Jefferson has always been a renowned name in healthcare professions. The professors and administrators in this program have always be open and honest to the students regarding help and questions about the program. Additionally, the campus is situated in a nice area of Philadelphia with plenty of open space. It is also a short train ride or car ride away from Center City.

The best part of the program is the interaction between the professors and students with plenty of hands-on lessons to excel learning.







DR. KELLY PAGNOTTA

ASSOCIATE PROFESSOR, PROGRAM DIRECTOR

BS IN ATHLETIC TRAINING FROM CALIFORNIA UNIVERSITY
OF PENNSYLVANIA
MA FROM UNIVERSITY OF CONNECTICUT
PhD FROM UNIVERSITY OF CONNECTICUT

Dr. Pagnotta is a certified and licensed athletic trainer. She has numerous professional publications and serves as a CAATE site visitor, as well as journal and grant reviewer. She is an EMT and works as a per diam AT at local high schools.

COURSES

- ATP- 600- EMERGENCY CARE
- ATP- 691- RESEARCH/COLLABORATIVE PRACTICE I
- ATP- 692- RESEARCH/ COLLABORATIVE PRACTICE II
- ATP- 695- PSYCHOLOGICAL Aspects of Injury and Rehabilitation





Dr. Kelly Pagnotta

ASSOCIATE PROFESSOR, PROGRAM DIRECTOR

Dr. Pagnotta has been an athletic trainer for 10+ years with a variety of settings. She has worked with collegiate, high school and middle school athletes, as well as at medical tents for road races. She serves on numerous committees with the college and university and is an active member at the local, state and national levels of athletic training.

"Don't ask what the world needs. Ask what makes you come alive and go do it. Because what the world needs is people to come alive"- Howard Thurman.

The profession of athletic training makes Dr. Kelly Pagnotta come alive. The biggest piece of advise to give is find your why and your motivation. Graduate school can be difficult, if you keep your motivation in the front of your mind it will help you through the program. Jefferson is a fantastic place with amazing resources and faculty. We treat our program like a family. You're going to work for everything you earn here, but in the end, it will be well worth it.







DR. RICKER ADKINS

ASSISTANT PROFESSOR, CLINICAL EDUCATION COORDINATOR

BS IN ATHLETIC TRAINING, UNIVERSITY OF DELAWARE MS IN EXERCISE AND SPORT SCIENCE, EASTERN KENTUCKY UNIVERSITY

CLINICAL DOCTORATE IN ATHLETIC TRAINING, TEMPLE UNIVERSITY

Dr. Adkins' professional background brings a combination of 10 years of clinical experience along with his time educating professionals being a part of four different university CAATE accredited programs.

COURSES

- ATP 602 SCIENTIFIC INQUIRY AND WRITING
- ATP 625/670- PREVENTION, EVALUATION AND TREATMENT OF ATHLETIC INJURIES
 - UPPER EXTREMITY (625)
 - SPINE AND ADVANCED TECHNIQUES (670)
- ATP 620/640/660/661/662- PRACTICUMS
- ATP 691- RESEARCH/COLLABORATIVE PRACTICE I
- ATP 692- RESEARCH/ COLLABORATIVE PRACTICE II

Dr. Ricker Adkins



ASSISTANT PROFESSOR, CLINICAL EDUCATION COORDINATOR

Is a Certified Athletic Trainer with over 10 years of experience in the sports medicine field. In addition to his clinical doctorate in athletic training from Temple University he achieved an additional Teaching in Higher Education Certification with a focus on online instruction.

While at Temple University's athletic department for over five years he oversaw care for several teams and was an adjunct instructor and preceptor for the Athletic Training Department. Prior to his arrival in Philadelphia, Dr. Adkins spent three years working collegiately in Kentucky (Georgetown College, Eastern Kentucky University) before landing on North Broad Street.

At Georgetown, he served as the Athletic Trainer for all of the Tigers' athletic programs, including the 2012 NAIA National Championship men's basketball team.

Finally, Dr. Adkins expresses, that teaching at Jefferson is special contribution to reshape the future of our professional starting with our students who will leave their own legacies. Jefferson students stand out to me in particular due to their continual investment in themselves as well as their classmates. Jefferson as an institution makes itself uniquely qualified to prepare graduates for the work of tomorrow by the interprofessional learning dimension it fosters at its core.



FACULTY PROFILE



DR. ERIN PLETCHER

ASSISTANT PROFESSOR,

BS IN REHABILITATION SCIENCE, UNIVERSITY OF PITTSBURGH MS IN SPORT AND RECREATION ADMINISTRATION, JAMES MADISON UNIVERSITY

PhD IN REHABILITATION SCIENCE, UNIVERSITY OF PITTSBURGH

Dr. Pletcher is a certified and licensed athletic trainer and certified strength and conditioning specialist. She serves on multiple local and national professional organizations and as a reviewer for several journals.

COURSES

- ATP 610- BASICS OF REHABILITATION
- ATP 615- FUNDAMENTALS OF ATHLETIC TRAINING
- ATP 625- PREVENTION, EVALUATION AND TREATMENT OF ATHLETIC INJURIES
 - UPPER EXTREMITY (625)
- ATP 645- MOTOR CONTROL AND HUMAN MOVEMENT
- ATP 691- RESEARCH/COLLABORATIVE PRACTICE I



Dr. Erin Petcher

FACULTY PROFILE

ASSISTANT PROFESSOR

Dr. Pletcher has been a certified athletic trainer for over 15 years, working in a variety of athletic settings. She was an assistant professor at Rowan University from 2017-2020 where she also taught in Rowan's Athletic Training Education Program. Prior to that, Dr. Pletcher received her doctorate from the University of Pittsburgh while working in the Neuromuscular Research Laboratory / Warrior Human Performance Research Center on injury prevention and performance enhancement in the United States military. Dr. Pletcher has also been the Head Athletic Trainer and Assistant Director of Athletics at Philadelphia University where she oversaw healthcare for 18 varsity sports teams. Her research interest primarily lies within musculoskeletal factors and coordination of softball athletes and the effect of a competition season on individual athletes.

If you never try, you'll never know.

Collaboration and experiential learning is what stands out the most to Dr. Pletcher at Jefferson. It allows students to navigate their own path and cultivates an atmosphere of "see where it goes". Students are able to practice critical decision making skills in a safe environment. This unique approach to learning leaves our graduates with a future that has yet to be defined.





Marlie Doriston

Adjunct Instructor, Thomas Jefferson University Exercise Specialist, Fit-4-Life, Inc. Northfield, NJ (Hometown) Philadelphia, PA (Current City) Class of 2019

Marlie Doriston is an adjunct professor in the Department of Athletic Training in the College of Rehabilitation Sciences. She recently graduated with her master's of science in athletic training from Thomas Jefferson University. Marlie has 10 years of experience working as a fitness professional. She also teaches personal trainer certification courses at community college throughout NJ, PA, and DE.

I am so proud to have been a member of the Inaugural Masters of Athletic Training Cohort at Jefferson University. The staff holds all its students to the highest academic and professional standards. This program pushed my intellectual capacity and shaped me in the clinician/educator I am today.

Advice: Do not be afraid to try something new. Great things happen outside your comfort zone.





Katie Soltanuk

Assistant Athletic Trainer, Delaware State University Pennsville, New Jersey (Hometown) Northeast, Maryland (Current Town) Class of 2019

I chose to attend Jefferson University because of the curriculum progression and being able to learn this profession with a hands on approach. Being apart of this program, it allowed me to learn a plethora of different areas of athletic training from treating chronic and acute injuries to proper communication. The skills that I had learned from this program and the professional relationships that I had developed over the past few years got me to a job that I could potentially retire from 30+ years from now.

"There are no shortcuts to any place worth going" -Beverly Stills

This program was an emotional rollercoaster ride it was exciting, difficult, stressful, and may even question your career path. However, it was ALL worth it when I treated my first athlete as a Licensed Athletic Trainer.



