Nurse-Family Partnership: Scaling Evidence-Based Model to Break the Cycle of Poverty & Produce Inter-Generational Outcomes

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Background

Nurse-Family Partnership® is a community health program that improves the lives of vulnerable mothers, children and families. It interrupts the intergenerational cycles of health disparities and poverty that often plague at-risk communities, by giving mothers the tools to be advocates for themselves and champions for their children. No other maternal child health program combines powerful evidence, proven return on investment and scaled reach and impact—which means that Nurse-Family Partnership may be nearly unique in its potential to benefit society across a number of health, wellness and economic metrics.

Target Population

Problems Addressed

• First-time mothers living in poverty and facing other adverse social determinants of health
• Some of the problems addressed by the Nurse-Family Partnership model include:
  • Prenatal health problems caused by stress and addiction during pregnancy
  • Pre-term delivery
  • Serious injuries and ingestions in young children
  • Child abuse and neglect
  • Childhood mortality
  • Behavioral and emotional problems among children

Outcomes

• Smoking in pregnancy 125%
• Pregnancy-induced hypertension 133%
• Closely spaced births (15 months postpartum) 125%

$ TANF payments 17% (9 years post-partum)
• Person-months on Medicaid 18% (35 years post-partum)
• Costs if on Medicaid 110% (through age 18)

• Emergency department use for childhood injuries 134%
• Full immunization 111%
• Language delay 141%

Return on Investment

Distribution of Federal, State, and Local Government Cost Savings per Family Served by NFP Nationwide (Present Value at 3% Discount Rate)


Description

Nurse-Family Partnership is a network of over 270 local programs in 42 states, the U.S. Virgin Islands, and some Tribal Communities. The Nurse-Family Partnership National Service Office:
• Helps establish and implement this effective, high quality program with fidelity to its evidence-based model
• Advocates for greater access to state and federal funding for implementation, and for public policies that support the needs of vulnerable families
• Encourages broad public awareness to drive enrollment in the program and support for breaking the intergenerational cycle of poverty
• Undertakes rigorous research and continuous quality improvement to further reduce disparities

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