Clinical Shadowing and Mentor Program

DR. KATHRYN TRAYES- FACULTY ADVISOR
SARA SPIELMAN- GENERAL TRACK COORDINATOR
ASHLEY T. NGUYEN- AMWA TRACK COORDINATOR
Goal of the Program

- The program matches each student with a Jefferson Faculty Physician with the intention of providing a long-term, informal, advising relationship.

- It aims to:
  - provide students with a clinical mentorship opportunity that spans their medical education
  - provide students with an experienced mentor who can offer advice on education, future career plans, work-life balance, and networking opportunities,
  - provide shadowing experiences to assist the student in exploring different fields of medicine.
The Clinical Shadowing and Mentor Program is an overarching program that provides three different mentorship opportunities.

First-years can choose one of three paths:
- General Clinical Shadowing and Mentor Program (CSMP)
- American Medical Women's Association (AMWA) Faculty Mentor Program
- Office of Diversity & Inclusion Initiatives Mentor Program
After signing up, you will fill out a survey to help make a better match (specialty interests, topics you would like to discuss, etc.)

First year coordinator will make matches and send them out once completed
After choosing the AMWA track, mentees will have the opportunity to meet most of the potential mentors during the Mentor Match Meet & Greet dinner in January/February.

- There will also be a brief profile provided for each mentor prior.

After Mentor Match Meet & Greet, mentees will submit their Top 3 Mentors based on personal connection and/or shared interests.

First year coordinator will make matches and send them out once completed in February/March.
Diversity and Inclusion Track

- Provides an opportunity for students from URM and/or LGBTQ backgrounds to identify a faculty mentor who shares similar experiences
- After signing up, will be contacted by Dr. Tracy Trice
- Meet with Dr. Trice from the Office of Diversity & Inclusion Initiatives to discuss interests and what you are looking to get out of your mentor relationship
- Will be matched by Dr. Trice
- Note: because Dr. Trice has to meet with everyone individually, this process takes longer than the other tracks
Diversity and Inclusion Track Mission

- To develop and maintain a formal faculty and URM and/or LGBTQ medical student mentoring program
- To foster mentoring relationships between URM/LGTBQ medical students and physicians/researchers in academic medicine
- To establish a communication network between SKMC faculty to enhance opportunities for URM medical students
- To improve communication between students and faculty for an improved advocacy group experience ie - SNMA, LMSA, JeffLGTBQ, etc.
General Expectations for the Program

- Meet at least twice before the end of the school year
  - Initial meeting, and one other meeting/shadowing experience.
- Maintain contact over the summer via email, phone, or a meeting.
- Meet at least twice per semester during the second year
  - Once towards the beginning of a semester, and a second time as you see fit.
The student is expected to contact the mentor to schedule meetings
  - Slight AMWA difference; physician mentor will make the first contact
The student is expected to come prepared to each meeting with topics they wish to discuss.
The mentor is expected to be responsive to the student in a timely manner.
Next Steps

- You will be receiving an email with a survey link to sign up for one of the three tracks.

- If interested in participating, please fill this out by **11:59pm Sunday, November 27** and wait for further instructions from the track’s coordinator.

- If you are interested in being one of the first year coordinators, fill out the application that will be emailed out and send it to Sara, Ashley, and Dr. Trayes by **11:59pm on Sunday, November 13**.
  - We will be conducting brief interviews, if necessary, the week after Thanksgiving break.
Alternatives to Getting Matched with a Mentor

- Shadowing!
  - Less commitment
  - Can explore many specialties
  - Can still form relationships with physicians
Contact Information

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